



g3活能飲品

g3™



g3 有效提升皮膚胡蘿蔔素指數
can improve Skin Carotenoid Score

g3 活能飲品是一種營養豐富的健康飲品，由木鱉果、枸杞、刺梨及沙棘果四種超級水果製成。配方蘊含高濃度及容易被身體吸收的脂胡蘿蔔素，能為身體提供高效抗氧化保護及維持身體整體健康。臨床研究更證實持續每天飲用 g3 活能飲品，能有效提升皮膚胡蘿蔔素指數。

g3 is a nutrient-rich drink that blended with 4 superfruits, gac, Chinese lycium, cili fruit and Siberian pineapple. It contains unusually concentrated amounts and highly-bioavailable lipocarotenes in order to provide powerful antioxidant protection and rejuvenation in our body. Clinical studies show that consistently drinking of g3 can help increase Skin Carotenoid Score.

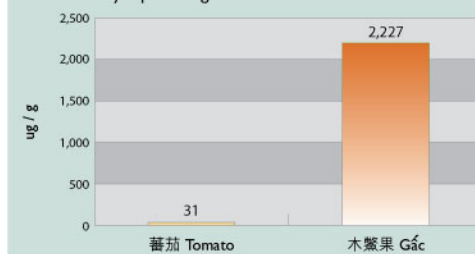


CLINICAL STUDY 1

g3活能飲品中超級水果的健康功效及臨床研究 文章被刊登於營養學期刊中

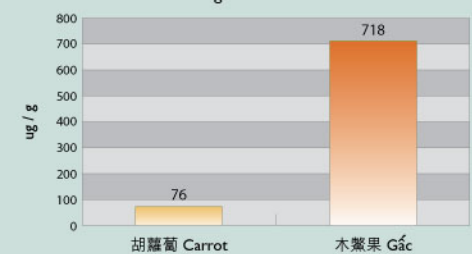
由Pharmanex科學家Dr. Doug Burke及Dr. Le Te Vuong所撰寫，有關g3活能飲品中4種超級水果的健康功效及研究文章已刊登於2005年12月之*Current Topics in Nutraceutical Research*期刊中。文章闡述g3活能飲品中的木鱉果、刺梨、枸杞及沙棘果均蘊含多種營養素，含量也較其他食物豐富；多項臨床研究更顯示能促進身體的抗氧化功能、心血管、免疫系統及身體整體健康。

木鱉果的蕃茄紅素含量比蕃茄多70倍
Lycopene in gac is 70 times more than tomatoes



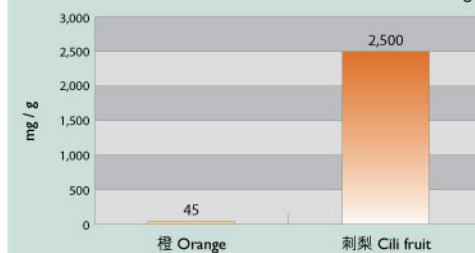
臨床研究顯示，蕃茄紅素能有效降低罹患前列腺癌等慢性疾病的機會。
Clinical studies show that lycopene can lower the incidence rate of chronic diseases such as prostate cancer.

木鱉果的β-胡蘿蔔素含量比胡蘿蔔多10倍
Beta-carotene in gac is 10 times more than carrots



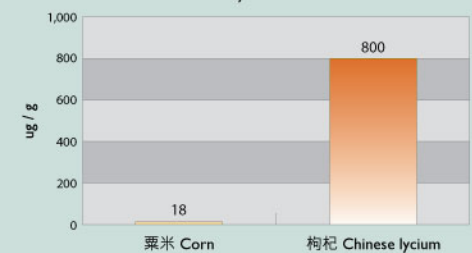
臨床研究顯示，β-胡蘿蔔素能有效預防夜盲症。
Clinical studies prove that beta-carotene can prevent night-blindness.

刺梨的維他命C含量比橙多60倍
Vitamin C in cili fruit is 60 times more than orange



臨床研究顯示維他命C能促進自然殺手細胞活性，有效提升身體免疫系統功能。
Clinical studies show that Vitamin C can promote the Natural Killer cell activity in enhancing immune function.

枸杞的玉米黃素含量比粟米多40倍
Zeaxanthin in Chinese lycium is 40 times more than corn



臨床研究證實，玉米黃素能減低患上視網膜退化所引致的黃斑點病變及白內障的機會。
Clinical studies prove that zeaxanthin can reduce the risk of Age-Related Macular Degeneration and cataract.

資料來源 Source: Current Topics in Nutraceutical Research Vol. 3, No.4, pp. 259-266, 2005

CLINICAL STUDY 2

g3活能飲品比市面健康飲品更有效提升抗氧化能力 Comparison of Enhancing Antioxidant Ability g3 vs Nutritious Drinks

34位從沒有服用如沛補充營養素或飲用蘊含豐富胡蘿蔔素果汁的測試者隨機分成3組，分別連續8星期每天飲用4安士g3活能飲品、品牌N及品牌X的營養果汁。測試者每2星期透過Pharmanex生物光子掃描儀量度皮膚胡蘿蔔素指數。

研究結果 | 飲用g3活能飲品的測試者之皮膚胡蘿蔔素指數明顯平均提升9,500；飲用品牌N及品牌X營養果汁之測試者，其皮膚胡蘿蔔素指數則沒有改變。

34 subjects who have not taken LifePak or drunk any juices rich in carotenoid were assigned to 3 different groups randomly. They have to drink 4 fl. oz. g3, nutritious juices Brand N and X daily for 8 weeks and measure their Skin Carotenoid Scores by Pharmanex BioPhotonic Scanner for every 2 weeks.

Results | The study shows that those subjects who drank g3 increased the Skin Carotenoid Score by 9,500 on average but no increase for those who drank Brand N and Brand X fruit juices.

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