



# YOUR HEART HEALTH MATTERS

Do you know that 15 people die from cardiovascular disease (heart attack and stroke) every day in Singapore? (Source: Singapore Heart Foundation)

Worried that you are the next victim? Take control today as a healthy heart goes hand in hand with a healthy life! While a healthy diet and regular physical activity would definitely guard you against health disease, you can also choose to build a healthier heart through daily supplements.

The **Nu Skin Heart Health Pack** is a comprehensive system consisting of **MarineOmega™**, **Cholestin®** and **LifePak®** that provides you with the necessary components to maintain your cardiovascular health.



## MarineOmega

This essential dietary supplement combines ultra-pure fish oils with the highest grade krill oil from pristine marine waters developed to help promote wellness and cardiovascular health.

### Benefits

- Omega-3 fatty acids reduces the risk of CVD according to the American Heart Association based on epidemiological and clinical studies
- Omega-3 fatty acids from fish oil are effective in lowering blood pressure, reducing total cholesterol and increasing high density lipoproteins i.e. good cholesterol

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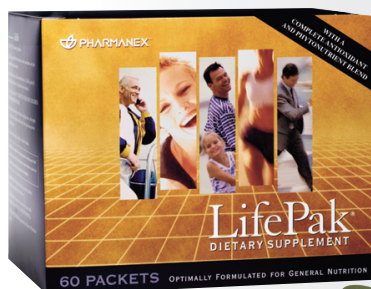
## Cholestin

A breakthrough all natural solution for the maintenance of healthy cholesterol levels.

### Benefits

- Reduces total cholesterol as well as low density lipoproteins (LDL) i.e bad cholesterol
- Promotes healthy cholesterol levels to support normal cardiovascular functions

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## LifePak

A comprehensive nutritional supplement scientifically formulated to provide an array of antioxidants, vitamins and minerals typically lacking in the average adult diet. 1 of the 7 benefits include supporting a healthy cardiovascular system.

### Benefits

- Significantly increase serum antioxidants and decrease LDL-oxidation
- Delivers the optimum types and amounts of vitamins, minerals, trace elements, anti-oxidants and phyto-nutrients to support and enhance a healthy cardiovascular system

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**Choose Nu Skin's Heart Health Pack today for a healthier heart and a healthier life!**



NU SKIN  
THE DIFFERENCE. DEMONSTRATED.®

JOINTLY ACCREDITED BY



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