

MarineOmega

OMEGA-3 SUPPLEMENT WITH KRILL OIL



POSITIONING STATEMENT

Marine Omega is a dietary supplement that provides essential omega-3 fatty acids and krill oil rich in EPA and DHA for optimal health and wellness, including normal heart function, brain function, immune health and joint health.

MEET MARINEOMEGA

Pharmanex's MarineOmega is a convenient and safe way to increase dietary intake of omega-3 fatty acids. The ultra-pure fish oil in MarineOmega is extracted from fish harvested from pristine marine waters. MarineOmega is manufactured to the high standards of the Pharmanex's 6S Quality Process guaranteeing that each bottle is free of harmful levels of toxins, contaminants, and heavy metals. MarineOmega also contains vitamin E to preserve product freshness by preventing oxidation.

MarineOmega also contains an important scientific discovery - krill oil. Krill is a small ocean-going crustacean that contains a high concentration of EPA and DHA in a unique phospholipid form that passes through the harsh digestive system with DHA intact. This unique krill source passes through the brain-blood-barrier with ease, making it a logically beneficial and bioavailable source not found in other fish oil products.

Krill oil also contains antioxidant carotenoid astaxanthin and a unique flavonoid - the first flavonoid to be extracted from a non-plant or algae source that provides additional antioxidant benefits. MarineOmega is the first omega-3 product to contain the benefits of krill oil.

MarineOmega is conveniently formulated to provide an optimal level of 1,000 mg/day of ultra-pure EPA and DHA omega-3 fatty acids with krill oil in two gel capsules. It also includes lemon oil for a pleasant aroma and minimal fishy flavor.

WHAT POWERS IT

- Refined Fish Oil Concentrate—A re-esterified triglyceride form of fish oil, which is more concentrated than standard fish oil but still provides a bioavailable form of EPA and DHA
- Krill Oil—Provides highly bioactive EPA and DHA in a unique phospholipid form

WHY YOU'LL LOVE IT*

- Provides an excellent source of EPA and DHA for optimal health
- Supports normal brain function and wellness
- Promotes cardiovascular health
- Promotes a healthy immune response
- Supports joint function and mobility
- Promotes skin health and beauty

TRY THESE WITH IT

- LifePak
- G3
- Cholestin

WHO SHOULD USE THIS PRODUCT?

MarineOmega is for all individuals seeking the anti-aging benefits of omega-3 fatty acids in optimal levels. Adults and children who do not consume five to six servings of fish each week, or who choose to avoid the risk of toxins and heavy metals common to fish, should take MarineOmega.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

LEARN MORE ABOUT IT

What are the key ingredients in MarineOmega?

Each daily dose of MarineOmega provides 100 mg of Krill Oil, an excellent source of EPA, DHA, and phospholipids. MarineOmega also provides 2200 mg of marine lipid concentrate, which contains 1000 mg EPA and DHA. In addition, natural vitamin E is added as an antioxidant, and lemon is used to impart a pleasant odor.

What are EPA and DHA?

Both EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid) are omega-3 fatty acids scientifically classified as nutrients essential to human nutrition. EPA and DHA are vital to the body because they are building blocks for other fatty acids needed by the body, and many types of cells and tissues are comprised of these nutrients (for example, they are abundant in brain and retinal tissue).

Is MarineOmega scientifically substantiated?

Scientific studies have shown that omega-3 fatty acids from fish help support cardiovascular health, immune response, healthy inflammatory balance, brain function, joint function and mobility, and healthy skin conditions. Studies have also shown that in recent years people are consuming foods that result in a higher intake of omega-6 fatty acids, and a lower intake of omega-3 fatty acids.*

Is MarineOmega safe?

MarineOmega is safe at the recommend dosages. Under the strict Pharmanex® 6S Quality Guarantee for efficacy and safety, Pharmanex sources fish and krill that are free of harmful levels of toxins, contaminants, or heavy metals. People on high-dose aspirin therapy, people taking anti-coagulation drugs and people on any other prescription medication should consult a physician before taking this or any other dietary supplements. Discontinue use of this product two weeks prior to surgery.

What is the difference between MarineOmega and Optimum Omega?

MarineOmega includes krill oil for several additional benefits, including advanced EPA and DHA benefits targeting brain function. MarineOmega also provides double the EPA & DHA per bottle compared to Optimum Omega.

Can I get all of the omega-3s that I need in my diet alone?

People who eat fish every day can get most of the omega-3s that they need. However, with the growing concern over dioxins and pollutants, many experts recommend limiting fish intake to once per week for certain types of fish. Supplementation with fish oil is a convenient way to add omega-3 fatty acids into the daily diet.

Key Scientific Studies

1. Sampalis F, et al. Evaluation of the effects of neptune krill oil on the management of premenstrual syndrome and dysmenorrhea. *Alternative Medicine Review*, 2003; Volume8, Number 2.
2. Parris M. Kidd, Ph.D. Krill Omega-3 Oil: Nutraceutical synergy on the cutting edge. *Total Health*, Volume 25, No.4.
3. Kris-Etherton PM, Harris WS, Appel LJ. American Heart Association Scientific Statement: Fish consumption, fish oil, omega-3 fatty acids, and cardiovascular disease. *Circulation*, 2002;106:2747-2757.
4. Nestel P, Shige H, Pomeroy S, Cehun M, Abbey M, Raederstorff D. The n-3 fatty acids eicosapentaenoic acid and docosahexaenoic acid increase systemic arterial compliance in humans. *Am J Clin Nutr*, 2002; 76:326-30.

Supplement Facts

Serving Size: Two Softgels

	Amount Per Serving	% Daily Value
Refined Fish Oil Concentrate	2,200 mg	*
Omega-3 Fatty Acids:		
EPA	600 mg	*
DHA	400 mg	*
Krill Oil	100 mg	*

*Daily Value not established.

OTHER INGREDIENTS: Gelatin, Glycerin, Hydroxypropyl methylcellulose phthalate, Sorbitol, Triacetin, Vitamin E, Lemon Oil, Soy Lecithin.

DIRECTIONS FOR USE

Take two (2) softgels with eight (8) ounces of liquid with your morning or evening meals. Store in a cool, dry place.

WARNINGS

Keep out of reach of children. If you are pregnant or lactating, consult a physician before using this product. Do not use this product while taking any prescription drug(s) without the advice of your prescribing physician.

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