

FlexCreme®

Hesslink RL Jr, Kristee Emens-Hesslink K, Armstrong DW III, The Effects of Celadrin Topical Cream Treatment to Improve Facial Skin Appearance. Imagenetix in-house study, Mar 2007.

Kraemer WJ, Ratamess NA, Maresh CM, Anderson JA, Volek JS, Tiberio DP, Joyce ME, Messinger BN, French DN, Sharman MJ, Rubin MR, Gomez AL, Silvestre R, Hesslink Jr RL. *A Cetylated Fatty Acid Topical Cream with Menthol Reduces Pain and Improves Functional Performance in Individuals with Arthritis*. Journal of Strength and Conditioning Research, 2005, 19(2), 475-480.

Kraemer WJ, Ratamess NA, Maresh CM, Anderson JA, Tiberio DP, Joyce ME, Messinger BN, French DN, Sharman MJ, Rubin MR, Gomez AL, Volek JS, Silvestre R, Hesslink Jr RL. *Effects of Treatment with a Cetylated Fatty Acid Topical Cream on Static Postural Stability and Plantar Pressure Distribution in Patients with Knee Osteoarthritis*. Journal of Strength and Conditioning Research, 2005, 19(1), 115 –121.

Kraemer WJ, Ratamess NA, Anderson JA, Maresh CM, Tiberio DP, Joyce ME, Messinger BN, French DN, Sharman MJ, Rubin MR, Gomez AL, Volek JS, Hesslink Jr. RL. *The effects of a cetylated fatty acid topical cream on functional mobility and quality of life of patients with osteoarthritis*. J Rheumatology, 2004, 31:767-74.

Kraemer WJ, Ratamess, NA, Anderson, JA, Tiberio, DP, Joyce, ME, Messinger, BN, Volek, JS, French, DN, Sharman, MJ, Gomez, AL, Spiering, BA, Vescovi, JD, Silvestre, R, Maresh, CM, & Hesslink Jr, RL. *Treatment with a cetylated fatty acid topical cream with menthol reduces pain and improves functional performance in patients with osteoarthritis*. FASEB Journal, March 24, 2004, 18(5):925.14.

Islam A, Gallaher CM, and Gallaher DD. Absorption and metabolism of a cetylated fatty acid. FASEB J. 2003, 17(4): A341.

Davies SJ, Harding LM, Baranowski AP. A novel treatment of postherpetic neuralgia using peppermint oil. Clin J Pain. 2002 May-Jun;18(3):200-2.

Gallaher DD, Gallaher CM, Hesslink R Jr. Digestion and metabolism of cetylated fatty acids in rats. FASEB J. 2002, 16 (4): A365.

Hesslink Jr. RL, Armstrong III DA, Nagendran MV, Sreevatsan S, Barathur R. Cetylated fatty acids improve knee function in patients with osteoarthritis. J Rheumatology, 29:1708-1712, 2002.

Hesslink R Jr, Armstrong D 3rd, Nagendran MV, Sreevatsan S, Barathur R. Cetylated fatty acids improve knee function in patients with osteoarthritis. J Rheumatol. 2002 Aug;29(8):1708-12.

Barathur RR, Bookout JB, Sreevatsan S, Freedland ES, Hesslink Jr. RL. A fatty acid ester (CMC) improves quality of lifeomes in osteoarthritis (OA) patients. FASEB J. 2001, 15(4): A265.

Iguchi K, Okumura N, Usui S, Sajiki H, Hirota K, Kiran K, Myristoleic acid, a cytotoxic component in the extract of from serenoa repens, induces apoptosis and necrosis in human prostatic LNCaP cells. The Prostate 2001;47:59-65.

Buckle J. Use of aromatherapy as a complementary treatment for chronic pain. Altern Ther Health Med. 1999 Sep;5(5):42-51.

Peppermint: Drugdex Drug Evaluations, Micromedex Inc. Healthcare Series, 1999.

Diehl HW, May EL. Cetyl myristoleate isolated from swiss albino mice: an apparent protective agent against adjuvant arthritis in rats. J Pharm Sci 1994;83(3):296-99.

Bonnet C, Bertin P, Cook-Moreau J, Chable-Rabinovitch H, Treves R, Rigaud M. Lipoxygenase products and expression of 5-lipoxygenase and 5-lipoxygenase-activating protein in human cultured synovial cells. Prostaglandins 1995;50(3):127-35.

Bromm B, Shcharein E, Darsow U, *et al*. Effects of menthol and cold on histamine- induced itch and skin reactions in man. *Neurosci Lett* 1995;187:157–60.