Reishi Studies Published

A number of studies have recently been published regarding the use of reishi mushroom, *Ganoderma lucidum*. Each of the studies is summarized below.

**Study 1**
Summary: This article addresses the major composition, and preclinical and clinical evidence that support the preventive effects of Ganoderma mushroom, and discusses two possible mechanisms.

Reference
(full study available by request)

**Study 2**
Summary: The purpose of this study was to evaluate the biologic activity of samples of *Ganoderma lucidum* from different sources. *Ganoderma lucidum* has demonstrated strong activity against the proliferation of unhealthy cells.

Reference

**Study 3**
Summary: *Ganoderma lucidum*, as a dietary supplement, was evaluated to determine the effectiveness for modulating the behavior of highly invasive unhealthy human breast cells. The study demonstrated that *Ganoderma lucidum* inhibits cell adhesion, and cell migreation.

Reference