



AGELOC™ EDITION GALVANIC SPA® II

QUICK START TREATMENT GUIDE

Use the chart below to select the proper conductor and products to start your treatment now!

TREATMENT	PRODUCT	TREATMENT SETTING	USAGE FREQUENCY
Face 	Galvanic Spa® Facial Gels with ageLOC™ Step 1: Pre-Treat  Step 2: Treatment 	Pre-Treat: 1 Treatment: 2	2–3 times per week
Spot Treatment 	Tru Face® Line Corrector 	3	Daily, morning and night (eye area: 1–2 minutes, deeper lines: 3–5 minutes)
Body 	Galvanic Spa® II Body Shaping Gel 	4	2–3 times per week, (morning and night each time)
Scalp 	Nutriol® Hair Fitness Treatment 	5	3 times per week

**New spa users should first test on their arm. Use only as instructed. You can also find the Treatment Compatibility Codes on the back of each compatible product.*

NOTE: This guide is not intended to provide you with all the information necessary to operate your instrument or perform a treatment. Please read through your user's manual in its entirety prior to using your Galvanic Spa instrument or accompanying products. For a complete walk through of a Galvanic Spa treatment, consult the "Galvanic Spa II ageLOC Edition Instructional DVD" available online at nuskin.com. Check with your physician before using the Galvanic Spa II instrument if you have extra sensitive skin, skin conditions, are pregnant, have a pacemaker, are epileptic, wear metal braces, or have a metal implant. DO NOT use over any rash, broken capillaries, or an inflamed or open wound. DO NOT use longer than the recommended times or frequencies listed above. This cosmetic device may not be for all users or skin types. If you experience any reaction, discontinue use immediately.

STEP BY STEP INSTRUCTIONS

1. Make sure the plastic film is removed from both the front and back of the ageLOC Galvanic Spa® II instrument, or the treatment will not work. It is also helpful to have a damp cloth, NaPCA Moisture Mist or spray bottle with water, scissors, and a mirror on hand.

2. Apply Product

	Galvanic Spa® Facial Gels with ageLOC™	Snip off the tip of the Pre-Treat Gel and squeeze the entire contents of the vial onto your hand. Smooth over face and neck. Do not rub in. Repeat process for Treatment Gel!*
	Tru Face® Line Corrector	Smooth generous amount of product over one target area at a time (e.g., eye area, forehead, nose, or around mouth). Do not rub in.
	Galvanic Spa® II Body Shaping Gel	Smooth generous amount of product over one target area at a time (e.g., arms, legs, thighs, or buttocks). Do not rub in.
	Nutriol® Hair Fitness Treatment	After activating the product†, apply evenly by squeezing the applicator, allowing a few drops at a time to flow onto the scalp until the whole vial is emptied.

†Consult the instructions that came with the Nutriol product to learn how to do this.

3. **Program Instrument**—Select the appropriate treatment setting by pressing the selection button until the desired selection is highlighted.
4. **Perform Treatment**—Hold the instrument with a moistened hand, with your fingers making full contact with the chrome panel. Touch the unit to your skin (or scalp) and you will hear one, two, or three beeps signaling that the instrument has self-adjusted the current level to your skin type. Begin lightly massaging only where product has been applied. Remember to keep the instrument in constant contact with your skin (or scalp). **For external use only.** Avoid direct contact with the eye area, lips, and mouth. If you lose contact with the chrome panel at any time, simply adjust your hold and resume your treatment. The instrument beeps at 10 second intervals during treatment to indicate that it is working. Once treatment time reaches 30 seconds remaining, it will beep every five seconds until treatment is complete.

**The Facial Gels with ageLOC are a two-step treatment process. After following the above steps for the Pre-Treat Gel, remove excess gel and repeat steps 2–4 for the Treatment Gel.

5. **Completing a Treatment**—When you hear a long beep followed by two short beeps, your treatment is complete. Turn off the instrument by pressing the selection button until the display is blank. For the Facial Gels or Body Shaping Gel, remove any remaining product from your skin. For Tru Face Line Corrector or Nutriol, rub in remaining product as these are both leave-on products. Remove the conductor and clean the instrument and conductor with a damp cloth.

For more detailed treatment instructions, please consult your user's manual that came with the ageLOC Edition Galvanic Spa II instrument. Use only as instructed.