

BODY BURN 30

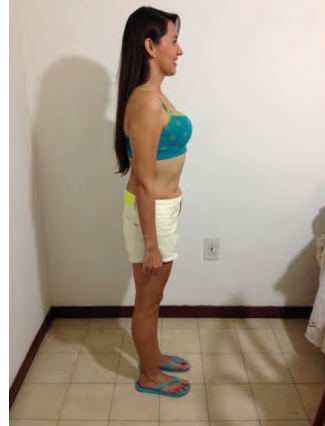
Before and After Example Pictures



DAY 1



DAY 90



Before and after pictures are crucial. Use these pictures as an example when doing your before and after photos. Please do not put date, day, or other watermarks on your photos. High quality photos will enhance your results.

As you are completing the Body Burn 30 Program, make sure to record your key statistics (pounds lost, inches lost, etc.) as well as take photos at days 1 and 30. At the end of the program, come back and enter the Body Burn 30 Competition!



DAY 1



DAY 30



DAY 60



DAY 90



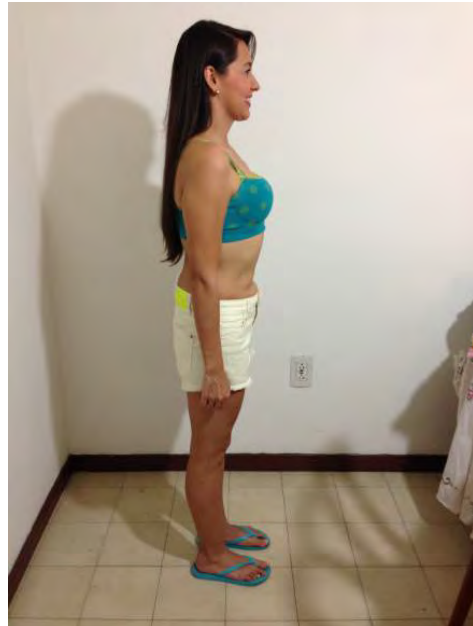
DAY 1



DAY 30



DAY 60



DAY 90



DAY 1



DAY 30



DAY 60



DAY 90