

Nutritional Facts

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Serving size: 128g		
Servings Per Container: 15 (30 child servings)		
Amount Per Serving		
Calories		480
Calories from Fat		90
Calories from Saturated Fat		15
		% Daily Value*
Total Fat	10g	16%
Saturated Fat	1.5g	7%
Stearic Acid	0g	
Polyunsaturated Fat	5g	
Monounsaturated Fat	2.5g	
Cholesterol	0mg	0%
Sodium	10mg	0%
Potassium	890mg	25%
Total Carbohydrates	85g	28%
Dietary Fibre	14g	56%
Sugars Other	1g	
Carbohydrates	67g	
Protein	16g	
Vitamin A		50%
Vitamin B2		120%
Vitamin B12		100%
Vitamin C		100%
Vitamin D		50%

Vitamin E		120%
Vitamin K		50%
Calcium		50%
Zinc		70%
Iodine		80%
Copper		70%
Chromium		70%
Iron		45%
Thiamin		120%
Niacin		60%
Folate		70%
Biotin		35%
Phosphorus		70%
Magnesium		80%
Selenium		100%
Riboflavin		110%
Pantothenic Acid		110%
Manganese		120%
* Percent Daily Values are based on a 2000 calories diet.		