



NU SKIN®

Product Guidebook



# About Nu Skin

Nu Skin is a global integrated beauty and wellness company that helps people look, feel and live their best with products that combine the best of science, technology and nature, including an award-winning line of beauty device systems.



## BEAUTY FROM THE OUTSIDE Personal Care

Let's time-travel to the future. Imagine your future self – glowing with confidence from head to toe! With Nu Skin, no matter where you are in your journey, our personal care range offers solutions that work to make you look and feel amazing!



## BEAUTY FROM INSIDE OUT Wellness

We are committed to helping you achieve the best version of yourself. Our intelligently formulated food supplements, beauty supplement, wellness programme and targeted solutions are inspired by nature and powered by science.

## IT ALL BEGINS WITH INNOVATION

Since Nu Skin was founded in 1984, innovation and collaboration have always been at the heart of what we do. You can see it in the quality of our products and the way we work — leading scientists, ground-breaking technologies, and partnerships with scientific institutions come together to create.



## SCIENCE AT THE FOREFRONT

We aspire to shift the unshiftable and change the world around us, one amazing product, or one amazing person, at a time.

There is no better example than our ageLOC science. This revolutionary **anti-ageing research and technology** led to the creation of some of our most-loved and innovative products and devices. We are always looking to work with the keenest minds in science.

Our products are researched, tested, and developed by a team of over **75 in-house scientists** around the world, and guided by our **Scientific Advisory Board**. Comprising experts in various fields, this collective think tank provides unique insights that help us innovate and deliver new and exciting products long into the future.

We have invested in large research & development centers: together, our **Centre for Anti-Ageing Research** in our American hometown Provo and our **Greater China Innovation Park** total 3944 square meters, featuring 11 state-of-the-art labs used for the development and evaluation of Nu Skin products.

## CORE VALUES

We are not only innovative, but also value being ethical, optimistic, realistic, sustainable and compassionate. We aim to empower people and be a Force for Good (you can find our Force for Good section at the end of this catalogue) and a Force for Green, but we recognize that things don't come fast or easy. This is why we are working hard to reach our goals and deliver on expectations.

## SELLING DIRECT

Loving our products doesn't have to be the end of your Nu Skin journey. For many of our Brand Affiliates, it is just the beginning. Whether you're interested in sharing your favourite products with your friends or see yourself taking it even further by building an entire business, don't hesitate to ask the person you are in contact with regarding Nu Skin products or go to nuskin.com for more information.



### AGELOC

The magic starts here. Experience the power of Nu Skin's famous anti-ageing ingredients.

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### TRU FACE

Target your visible signs of skin ageing and age your own way with this line of powerful, targeted solutions.

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### NU SKIN BODY CARE

Nu Skin's entire Body Care range is formulated to offer that gentle pampering touch from tip to toe.

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### NU SKIN HAIR CARE

From shampoos to conditioners and hair masks, Nu Skin's Hair Care line is designed to take care of your hair.

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### NU SKIN 180°

The power of this anti-ageing regimen makes it the obvious choice for youthful looking skin.

23-26



### NUTRICENTIALS

With a combination of cutting-edge science and powerful plant extracts, Nutricentials helps increase your skin's ability to adapt to environmental stressors, leaving it beautiful and radiant.

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### AP 24

From fresh breath, to bright teeth, to shimmering, shining lips, the AP 24 range has everything you need.

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### PHARMANEX

The Pharmanex range boasts a collection of innovative food supplements and programmes designed to support and help your body.

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### NU SKIN HERITAGE

Our Nu Skin Heritage products cover your skin's hydration needs.

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### NU COLOUR

Nu Colour blends intense colour with the best of skincare science.

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Beauty Focus is all about beauty science in your daily supplement. It's about the visible results you observe and enjoy, the secret to a beautiful appearance.

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### TRTHRIV FOCUS TEA

Designed to contain more than just tea, TRthriv Focus Tea is a drink that helps you to kickstart your day.

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Protect and moisturise your skin with Sunright.

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### EPOCH

Experience Epoch and discover the secrets of nature; the world's rituals transformed into a range of face, hair and body products.

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Empowers you to customise your wellbeing journey.

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### TR90

Transform the way you eat, move and live in 90 days.

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## AGELOC

### unlock the secrets of youthful looking skin

The magic starts here. Experience the power of Nu Skin's famous anti-ageing ingredients. Together with the cutting-edge technology of our LumiSpa, Galvanic, and WellSpa devices and everything in between, our ageLOC science offers all your skin needs to target the visible signs of ageing for a beautiful, youthful reflection.



## AGELOC SCIENCE

### look as young as you feel

Meet ageLOC - the jewel in the Nu Skin crown. The product of years of scientific collaboration and unparalleled research, it has helped drive us into this new era of anti-ageing skincare.

Exclusive to Nu Skin, it's this technology that helps us help you. By tackling the visible signs of skin ageing at their source, the ageLOC products work to diminish their appearance and unlock a youthful looking and feeling you.

#### INNOVATION THROUGH COLLABORATION

Innovation and collaboration lie at the heart of our success, driving Nu Skin to its role as a leader in the world of wellness and beauty with a wide range of products and patented technologies. It's this that sets us apart and helps us set the bar in the anti-ageing industry. By understanding and targeting the sources of ageing through our products, we can provide solutions with clear, visible and demonstrable results.

But of course, we don't do this alone. Our team of in-house scientists thrive in an atmosphere dedicated to research and development. It's by forging collaborative relationships with leading research institutions that Nu Skin continuously develops amazing skin care products to take the industry by storm.

#### THE SCIENCE BEHIND THE MAGIC

Nu Skin is tackling the visible signs of ageing like never before. Working together with some of the world's leading anti-ageing researchers, Nu Skin's scientists have identified key groups of functional clusters of genes that play an important role related to the appearance of signs of ageing. Our exclusive ageLOC science targets these ultimate sources of ageing to develop products that help you look and feel younger.

#### THE BALANCE OF YOUTH

Identifying these key groups is just the first step – it is also important to understand that by influencing the expression profile of these functional groups of genes, this could potentially impact these aging attributes. Balancing the expression profile of a certain group of genes is a subtle process: the expression profile of different functional groups of genes means that some gene expressions are turned down and others up with age. So it is not as simple as switching them on or off.



### GENTLE CLEANSE & TONE

ANTI-AGEING FOAMING CLEANSER  
& TONER 60 ML

Combine cleansing and toning into one simple step with ageLOC Gentle Cleanse & Tone. The luxurious dual-action formula softly foams to gently cleanse, protect skin cells, and prepare the skin for the next step in your skin care regimen. It also works at the natural pH level, while our ageLOC ingredients work to tackle the visible signs of ageing skin at the source.

Use twice a day, both morning and night. Moisten face and neck with lukewarm water. Pump three times onto your fingertips and gently massage your face and neck, avoiding direct contact with the eyes. Rinse with warm water and pat dry. ageLOC Gentle Cleanse & Tone's package size and usage instructions are optimised to last for 30 days.

Not only will you save time in a busy schedule by combining your cleansing and toning tasks, you'll also experience that ageLOC Gentle Cleanse and Tone is formulated with mild cleansing ingredients, gentle enough for all skin types.



### FUTURE SERUM

ANTI-AGEING FACIAL SERUM 30 ML

ageLOC Future Serum and the power of its ageLOC ingredients blend reveal youthful looking skin in eight different ways. Target the visible signs of skin ageing at their source, hydrate and enjoy a smoother, brighter looking skin, radiant skin tone while reducing the appearance of pores, lines & wrinkles. That's some combo!

Before moisturising both morning and evening, pump twice onto your fingertips and apply the serum in an upward, outward motion to your face and neck, avoiding the eye area. ageLOC Future Serum's package size and usage instructions are optimised to last for 30 days.

ageLOC Future Serum tackles the visible signs of ageing skin at the source. It's pretty great at multi-tasking, too – you'll experience eight different skin benefits in one small package!



### RADIANT DAY SPF 22

ANTI-AGEING DAY-TIME FACIAL  
MOISTURISER 25 ML

Lightweight and easy to use, ageLOC Radiant Day SPF 22 visibly brightens and hydrates skin while reducing the visible signs of skin ageing. This silky smooth formula leaves your skin feeling smooth and soft, and reduces the appearance of fine lines and wrinkles to deliver radiant, flawless looking skin. It also protects your skin from excessive sun exposure.

Each morning, squeeze a pea-sized amount onto your fingertips and apply in an upward, outward motion to your face and neck, avoiding the eyes. ageLOC Radiant Day SPF 22's package size and usage instructions are optimised to last for 30 days.

ageLOC Radiant Day and ageLOC Transforming Night are siblings! Sharing many hydrating and anti-ageing ingredients, they ensure that your facial skin receives a stream of complementary benefits for optimal effect!



### TRANSFORMING NIGHT

ANTI-AGEING NIGHT-TIME  
FACIAL MOISTURISING CREAM 30 ML

Reduce the appearance of pores and preserve the look of youth with ageLOC Transforming Night, a rich hydrating cream, so you wake up to glowing, smooth, supple looking skin. Fuelled by mild ingredients and our ageLOC blend, it hydrates, rejuvenates and tackles the the visible signs of skin ageing at the source.

To complete your evening regimen, scoop a small amount of the product onto your fingertips and apply in an upward, outward motion to your face and neck, avoiding the eye area. ageLOC Transforming Night's package size and usage instructions are optimised to last for 30 days.

ageLOC Transforming Night and ageLOC Radiant Day are siblings! Sharing many hydrating and anti-ageing ingredients, they ensure that your facial skin receives a stream of complementary benefits for optimal effect!



REASONS TO LOVE

HOW TO USE

DID YOU KNOW



introducing  
**AGELOC WELLSPA iO SYSTEM**

Discover holistic solutions that will complement your evolving personal wellbeing needs and experience revitalising, restoring, and relaxing beauty and wellness benefits that will help you look and feel your best with ageLOC WellSpa iO System. Welcome to the future of self-care!

Whether it is to **Revitalise** your skin's appearance for a self-confidence win, **Restore** your overall feeling of wellbeing, or **Relax** your body after exercise or a long day, you will elevate your beauty and wellness rituals with the power of ageLOC WellSpa iO System.

This exclusive device system boasts ageLOC cosmetic products that deliver scientifically proven benefits you can feel and see and a personalised adaptive microcurrent technology integrated in the device to comfortably adjust the intensity of the current to your skin conductivity in real time. The ageLOC WellSpa iO System includes Bluetooth® Connectivity that allows you to connect the device with the Nu Skin Vera app on your phone.

Use just three times a week or daily, and you'll experience the benefits: revitalised skin appearance, restored feeling of wellbeing helping you look and feel better, and improved overall relaxation so that you can feel more centred and balanced.

It's time to enjoy the ultimate at-home spa experience and feel the benefits of the ageLOC WellSpa iO system!



**AGELOC WELLSPA iO ESSENTIAL SYSTEM**  
 (THE DEVICE + AGELOC BODY SERUM + AGELOC BODY ACTIVATING GEL)

ageLOC WellSpa iO System inputs (i) smart self-care and outputs (o) visibly firmer and tighter skin for a more youthful, vibrant appearance along with a feeling of wellbeing. This exclusive device system features ageLOC cosmetic products that deliver scientifically proven benefits you can feel and see, as well as a groundbreaking microcurrent device.

Use three times per week to daily. To revitalise, apply a sufficient amount of ageLOC Body Serum onto the target areas and lightly glide the ageLOC WellSpa iO device over your skin, following the instructions provided. Similarly, to restore and relax, apply ageLOC Body Activating Gel to your skin, following the instructions provided, to cover the entire body area.

The ageLOC WellSpa iO device features a unique US patent-pending metallic node design that was created to optimise current flow and help provide a smooth, comfortable manual massage while contributing to skin stimulation. It's designed to optimally fit the contours of your body and glide smoothly over your skin.

The availability of some products may vary per country. To check product availability consult the price list or visit [www.nuskin.com](http://www.nuskin.com). Coming soon to South Africa - August 2024.



**AGELOC BODY POLISH**

IN-SHOWER BODY EXFOLIANT – 125 ML

This body polish contains a blend of physical (cellulose), chemical (glycolic acid), and enzymatic (papain) exfoliators that work together for a soft, smooth look and feel. And the Body Silhouette Blend, a carefully crafted blend of botanical ingredients, targets multiple factors to reveal a firm, contoured, and lifted skin appearance.

In the shower or bath, gently massage the product onto wet skin using firm, circular motions. Rinse off immediately and pat dry. Use at least three times per week to daily, as desired. For best results, use as part of ageLOC WellSpa iO Revitalise regimen including ageLOC WellSpa iO device + ageLOC Body Serum and ageLOC Dermal Effects.

ageLOC Body Polish is a two-in-one in -shower step. It cleanses and exfoliates your skin at the same time!

The availability of some products may vary per country. To check product availability consult the price list or visit [www.nuskin.com](http://www.nuskin.com). Coming soon to South Africa - August 2024.

**REASONS TO LOVE**

**HOW TO USE**

**DID YOU KNOW**



### AGELOC BODY SERUM

FIRMING BODY SERUM – 100 ML



### AGELOC BODY ACTIVATING GEL

WELLBEING BODY GEL – 150 ML



### AGELOC DERMATIC EFFECTS

BODY CONTOURING LOTION – 150 ML



### AGELOC WELLSPA iO REPLACEMENT CHARGER

CHARGING BASE FOR  
AGELOC WELLSPA iO DEVICES

#### REASONS TO LOVE

The ageLOC Body Serum was designed to be used with the device as part as the Revitalise Regimen and was formulated for skin with an appearance of cellulite. It helps to visibly firm and tighten the skin and features a blend of hydrating ingredients that supports skin smoothness and a more youthful appearance. ageLOC Body Serum also supports visible contouring, improvement of skin brightness and overall skin appearance.

#### HOW TO USE

Use three times per week to daily. Apply a sufficient amount of ageLOC Body Serum onto the target areas (e.g. upper arms, upper thigh/buttock, or abdomen) and begin your ageLOC WellSpa iO session. Lightly glide the device over the skin up towards the centre of your body and back down in slow, circular movements. As the final step, apply ageLOC Dermatic Effects by massaging it in a firm, upward circular motion.

#### DID YOU KNOW

ageLOC Body Serum is a conductive medium, necessary to the optimal functioning of the device, ensuring a proper, continuous flow of the adaptative microcurrent. As part of your Revitalise regimen, you can reapply ageLOC Body Serum as needed during the session.

ageLOC Body Activating Gel leaves a cooling sensation with your Restore and Relax ageLOC WellSpa iO routines. It contains WellBe Blend – a carefully crafted blend of Crithimum Maritimum and Ashwagandha Root Extracts that helps target the overall feelings of wellbeing.

Use up to once a day. Apply a sufficient amount of ageLOC Body Activating Gel to the desired target areas on clean skin, and lightly glide on the body area in long, upward strokes for the Restore routine, or in slow, upward circular strokes (paying special attention to areas that are tight), for the Relax routine. Once the entire body area has been covered, massage any remaining gel into the skin.

ageLOC Body Activating Gel also contains ageLOC Blend – a proprietary ingredient blend that targets the visible signs of skin ageing to preserve the look of youth.

Skin with the appearance of cellulite is a common issue. ageLOC Dermatic Effects helps improve the appearance of skin firmness and thanks to the proprietary ageLOC ingredients blend; it also promotes a youthful, vibrant skin appearance by leveraging the natural Alpha Hydroxy Acid (AHA) in Honey Extract and it also helps promote skin cell turnover to reveal radiant and smooth looking skin.

Apply twice daily, morning and night to arms, thighs, buttocks and/or abdomen. Massage in a firm, upward, circular motion. For optimal results, use as part of ageLOC WellSpa iO Revitalise regimen, including ageLOC Body Serum + ageLOC WellSpa iO device and ageLOC Body Polish.

Designed for skin with an appearance of cellulite, this daily body contouring and moisturising lotion also contains technology to diffuse light instantly to improve the appearance of the skin's surface.

If your ageLOC WellSpa iO device is feeling low, then use this charger. Specifically designed for the ageLOC WellSpa iO device, the charger uses wireless charging. Easy to use, the replacement charger ensures you'll always be ready to enjoy the WellSpa iO experience!

Once your device is clean and dry, place it on the charger. The pulsing green light indicates the device is charging. When the light remains lit, it means that your ageLOC WellSpa iO device is fully charged. For optimal battery life, do not keep the charger plugged in when not in use or after the device has reached full charge.

Always store your charger in a dry environment.

#### REASONS TO LOVE

#### HOW TO USE

#### DID YOU KNOW





## AGELOC BOOST

### Your ultimate skin brightening system

Two minutes may not feel like much – but they have the power to change your day. A chance romantic encounter, a lottery win, a surprise visit – 120 seconds can be truly transformative. Still don't believe us? Meet the ultimate glow-giver ageLOC Boost System and see for yourself! When used for 2 minutes on the face every day for 12 weeks, you can expect the following visible improvements to your skin<sup>1</sup>:

- 75% more brightness
- 103% more plumpness
- 90% more bounce
- 104% more firmness
- 66% more skin smoothness
- 57% improvement in pore visibility
- 64% more skin softness

How did we achieve this, you ask? Well first, ageLOC Boost's cutting-edge, patent-pending Variable Pulse Microcurrent, sends intermittent, variable pulses to the skin. The pulses are also charge-balanced, so they switch polarities from positive to negative and back again every 2.4 seconds. When combined with the powerful ingredients of our Activating Serum, ageLOC Boost Device optimises and activates the skin for a more youthful complexion!

Told you, it's simply brilliant!

<sup>1</sup> Results obtained from a third-party professional assessment based on a 12-week in vivo, single-blind consumer use study with 32 female subjects aged 25 to 40 who used the ageLOC Boost System once a day for 12 weeks.

<sup>2</sup> Results obtained from a third-party professional assessment based on a 6-week in vivo, consumer use study with 20 female subjects, between 25 and 40 years old, who used ageLOC Boost Activating Serum together with the ageLOC Boost Device, 1/day, for 6 weeks.



### BOOST SYSTEM

FACIAL SKIN BRIGHTENING SYSTEM

Let your skin glow brighter. Combining its breakthrough Variable Pulse Microcurrent Technology with the potent ingredients of the Activating Serum, ageLOC Boost System brings out your skin's brilliant best, leaving it visibly brighter, plumper, and bouncier, helping to improve the appearance of dark spots and illuminating your complexion with a youthful radiance and even tone. All in two minutes a day!

Once a day after cleansing and toning. Step 1: Turn on device by swiping up. Step 2: Dispense 3 pumps of the Activating Serum onto the device's conductive surface. Spread over one half of the face. Step 3: Swipe up again. Glide conductive surface over face. Step 4: Repeat step 2 & step 3 on other half of the face. Step 5: Device automatically turns off. Massage excess Activating Serum into skin, then follow with your daily skincare regimen.

You can expect to see the first visible results on skin plumpness, bounce, brightness, firmness, pore visibility (and more) after 7 days only, when using the system once a day! What's more? Benefits will last throughout the day!

The availability of some products may vary per country. To check product availability consult the price list or visit [www.nuskin.com](http://www.nuskin.com)



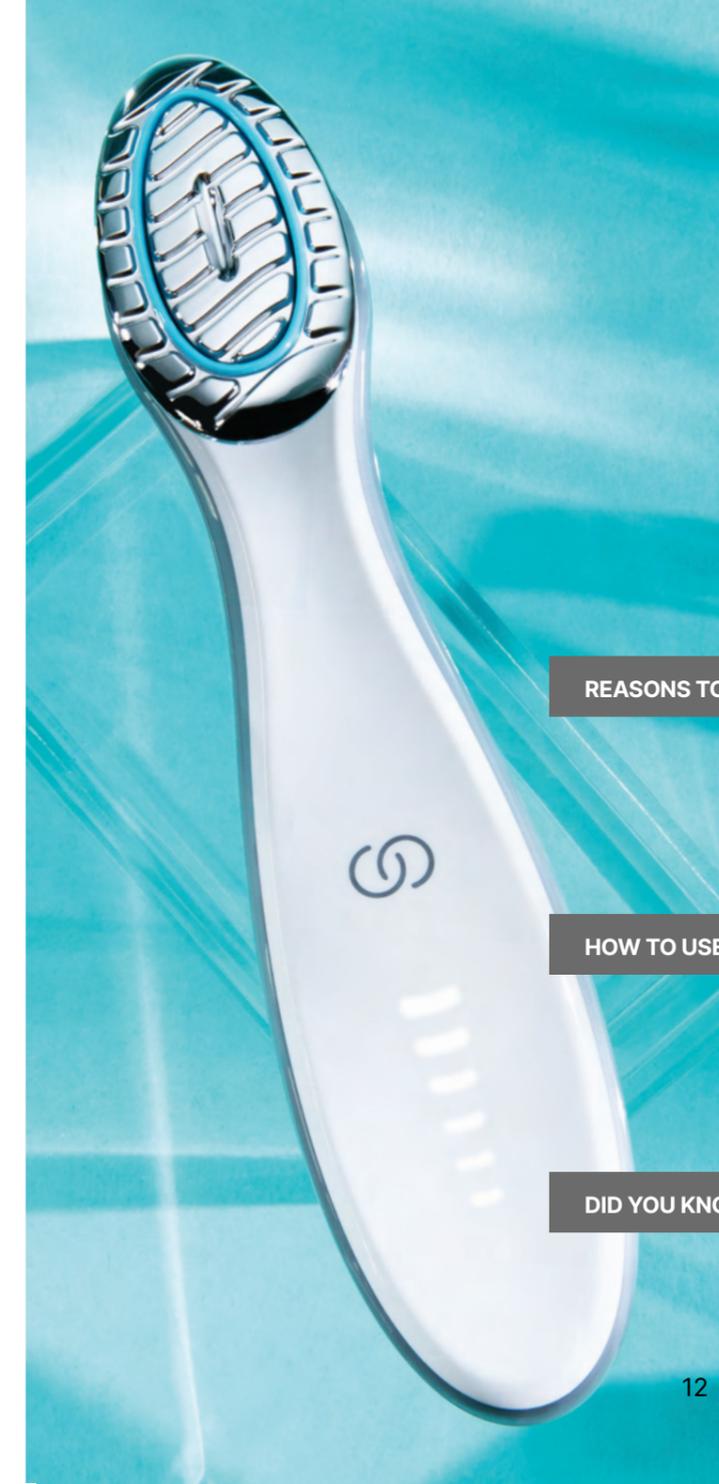
### BOOST ACTIVATING SERUM

FACIAL BRIGHTENING SERUM 40ML

The perfect partner to ageLOC Boost device, the Activating Serum ensures that the unique, patent-pending Variable Pulse Microcurrent is effectively delivered to your skin. It's infused with skin-brightening ingredients, a hydrating plumping blend, a caviar lime fruit extract for gentle exfoliation and our proprietary ageLOC Blend to target the visible signs of skin ageing at the source.

Once a day after cleansing and toning. Step 1: Turn on device by swiping up. Step 2: Dispense 3 pumps of the Activating Serum onto the device's conductive surface. Spread over one half of the face. Step 3: Swipe up again. Glide conductive surface over face. Step 4: Repeat step 2 & step 3 on other half of the face. Step 5: Device automatically turns off. Massage excess Activating Serum into skin, then follow with your daily skincare regimen.

ageLOC Boost Activating Serum contains Sea Daffodil Extract that helps to improve the appearance of dark spots. Since it is a protected species, we source it through Controlled Environment Agriculture (CEA). CEA ingredients grow within an enclosed environment, ensuring traceability and sustainability from seed to solution.



REASONS TO LOVE

HOW TO USE

DID YOU KNOW

## AGELOC GALVANIC SPA AND AGELOC

for skin that's youthful looking from head to toe

The ageLOC Galvanic Spa combined with specifically designed cosmetic products, helps achieve a youthful look from head to toe, with conductors for the face, scalp and body. You'll watch in wonder as the appearance of fine lines and wrinkles is reduced, a radiant complexion comes to life, and your scalp and skin are revitalised. Designed to optimise the benefits of our accompanying skin care products through galvanic current, the secret to youthful looking skin lies at your fingertips.



**GALVANIC SPA**

ANTI-AGEING SKIN REVITALISING DEVICE

When used with different Nu Skin products, this intuitive, modern device employs self-adjusting galvanic current commonly used in spas to help optimise their benefits. Smooth the appearance of fine lines and wrinkles, rejuvenate your complexion, and revitalise your skin's appearance. Bring the spa experience into your home with remarkable results.

Use together with the ageLOC Galvanic Spa Facial Gels, Tru Face Line Corrector, ageLOC Nutriol Intensive Scalp & Hair Serum, or ageLOC Body Shaping Gel and the appropriate Galvanic Spa conductor. Following the specific usage instructions, apply the product on your skin. Attach the conductor and select from Application #1 to #5 as directed.

The device sets the level of current that each skin type needs, ensuring a comfortable and effective experience every time. Aside from the ageLOC Galvanic Spa Facial Gels, your device also works with Tru Face Line Corrector, ageLOC Nutriol Intensive Scalp & Hair Serum, and ageLOC Body Shaping Gel, with specific benefits from each. Try them out!

*The availability of some products may vary per country. To check product availability consult the price list or visit [www.nuskin.com](http://www.nuskin.com)*



**GALVANIC SPA FACIAL GELS**

REFRESHING & REVITALISING ANTI-AGEING FACIAL GELS 8 X 4 ML

Used together with Nu Skin's ageLOC Galvanic Spa device, ageLOC Galvanic Spa Facial Gels bring that spa-like experience into the comfort of your own home, firming and lifting your skin while removing impurities and helping to visibly reduce lines and wrinkles\*. Our ageLOC ingredients target the visible signs of skin ageing to help reveal your youthful look.

Use the gels together with your Galvanic Spa device and Face Conductor 2 or 3 times a week. Smooth the Pre-Treat Gel onto your face and neck and begin by selecting Application #1 on your device for the first application. Keep the device in contact with your skin. Remove any excess product and repeat the process with the Treatment Gel, selecting Application #2.

Using the Facial Gels with the ageLOC Galvanic Spa and Face Conductor ensures you get the optimal benefits from these products.

*\* Results obtained from a 2020 third-party professional assessment based on a 4-week in vivo, single-blind, randomised consumer use study with 30 female subjects who used the system three times a week.*



**GALVANIC SPA FACE CONDUCTOR**

FACIAL CONDUCTOR

This handy tool offers the ideal surface to use with your ageLOC Galvanic Spa Facial Gels. Its unique grooves create an area that captures more ageLOC product between the conductor and the skin. As the Face Conductor is moved around the skin, fresh product is captured and moved on the skin.

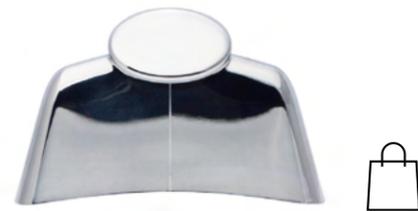
Use the facial conductor together with your Galvanic Spa device and ageLOC Galvanic Spa Facial Gels 2 or 3 times a week. Smooth the Pre-Treat Gel onto your face and neck and begin by selecting Application #1 for 2 minutes. Keep the device in contact with your skin. Remove any excess product and repeat the process with the Treatment Gel, selecting Application #2 for 3 minutes.

This tool is only suitable for use with the ageLOC Galvanic Spa and ageLOC Galvanic Spa Facial Gels.

**REASONS TO LOVE**

**HOW TO USE**

**DID YOU KNOW**



**GALVANIC SPA  
FOCUS AREA CONDUCTOR**

FOCUS AREA CONDUCTOR

The smooth, oval-shaped node of the Galvanic Spa Focus Area Conductor allows for better contact on key areas of your skin, helping to optimise the effects of Tru Face Line Corrector as it targets the fine lines and wrinkles around your mouth, eyes and forehead.

**REASONS TO LOVE**

Press firmly to snap the conductor into place. Smooth a generous amount of Tru Face Line Corrector over the lines around your mouth, nose, eyes and forehead, applying to one target area at a time. Do not rub in. Avoid direct contact with your eyes. Select Application #3 and spend maximum 5 minutes on the entire face each morning and night.

**HOW TO USE**

You can use this handy add-on with both the ageLOC Galvanic Spa and Tru Face Line Corrector.

**DID YOU KNOW**



**GALVANIC SPA  
SCALP CONDUCTOR**

SCALP CONDUCTOR

Redesigned with optimised ergonomics, this helpful comb-like conductor is easier to use than ever before. Its tines have more surface area than the older model and are contoured to fit the shape of the scalp, increasing contact by up to 50% percent and making sure you get the most from your ageLOC Nutriol Intensive Scalp & Hair Serum.

Press firmly to snap the conductor into place. Apply ageLOC Nutriol Intensive Scalp & Hair Serum on dry or damp hair. Part hair as necessary to mist serum directly onto scalp and roots. Gently massage product into scalp with fingers and comb away any unruly strands. Select Application #5 and use for 2 minutes, morning and night.

As the name suggests, the Galvanic Spa Scalp Conductor is a great addition to your ageLOC Galvanic Spa and is key in achieving the benefits of ageLOC Nutriol Intensive Scalp & Hair Serum.



**GALVANIC SPA  
BODY CONDUCTOR**

BODY CONDUCTOR

Formed with three rounded nodes for product coverage, Galvanic Spa Body Conductor is easy to use together with ageLOC Body Shaping Gel.

Press firmly to snap the conductor into place. Smooth a generous amount of ageLOC Body Shaping Gel over one target area (arms, abdomen, thighs or buttocks). Do not rub in. Select Application #4 and spend 5 minutes on each target area, 3 days per week.

You can use your ageLOC Body Shaping Gel with both this device, and the Galvanic Body Spa!



**BODY  
SHAPING GEL**

BODY CONTOURING GEL 150 ML

Used with the Galvanic Spa, this gel targets the sources of visible signs of skin ageing and smooths the appearance of cellulite for a firmer, contoured skin appearance. Formulated to refresh the skin, the visible signs of ageing are reduced, and the appearance of dimpled areas is evened out, all to help improve the overall look and feel of your skin.

**REASONS TO LOVE**

For optimal results, use together with the Galvanic Spa, once per day, 3 days a week on your arms, abdomen, buttocks and/or thighs. Apply the gel to the desired area then wet your hands before using the device to massage the area until the cycle ends. Wipe away any excess with a damp cloth and follow up with ageLOC Dermal Effects.

**HOW TO USE**

This gel, designed to be compatible with the Galvanic Spa device, is specially formulated to refresh the appearance of your skin, while reducing the visible signs of ageing.

**DID YOU KNOW**



introducing  
**AGELOC LUMISPA iO SYSTEM**

The foundation of a solid skincare routine is its very first step – cleansing!

When you cleanse your face right, you get rid of all traces of makeup, dirt, and daily grime. But when you cleanse your face with ageLOC LumiSpa iO System, your skincare gets smarter, results get better, and benefits go way beyond cleansing! Powered by IoT, meaning “internet of things” or physical objects designed to connect, the ageLOC LumiSpa iO includes **Bluetooth® Connectivity** that allows you to connect the device with the **Nu Skin Vera app** on your phone.

In just two minutes, twice a day, you experience multiple clinically proven skin benefits that intensify over time like thorough cleansing, softness, smoothness, radiance, reduced appearance of pores, clarity, and freshness.

And thanks to its smart IoT technology, you get to superpower your routine with features like **Customised Skincare Routines, Intelligent Coaching, Selfie Timeline, Easy Reordering**, personalised product recommendations, usage trends, awards, and so much more!

The benefits don't end there! When your device is attached to **ageLOC LumiSpa iO Accent Head** and used with ageLOC LumiSpa IdealEyes, it works to promote brighter, healthy-looking skin around the eyes while helping it look firmer, smoother, and more hydrated.



**AGELOC LUMISPA iO SYSTEM**  
 POWERFUL, GENTLE, SMART SKINCARE SYSTEM 100ML

LumiSpa iO System inputs (i) smart skin care and outputs (o) radiant, healthy and youthful-looking skin. Thanks to Bluetooth® Connectivity, you can connect the device with the Nu Skin Vera app on your phone unlocking a set of features that provide intelligent guidance to better use your LumiSpa iO device and keep you on track with your skincare goals.

Once your device and phone are paired and your routine is selected, wet your face with lukewarm water and then dispense an ample amount (bigger than an almond) of LumiSpa Activating Cleanser onto your hand. Apply evenly to your face and then cleanse with your LumiSpa iO device for two minutes. Follow with next steps in your skincare routine.

ageLOC LumiSpa Activating Cleansers are the only formulations tested and approved for use with the LumiSpa iO device that deliver the full system benefits and promote healthy, youthful-looking skin. The LumiSpa device is also available to purchase in a non-connected version.



**AGELOC LUMISPA ACTIVATING CLEANSER**  
 CREAMY FACIAL CLEANSER FOR DRY SKIN 100ML

Dry, flaky skin can be a challenge. The ingredients in this cleanser are formulated to tackle just that. It contains a blend of humectants to help protect and maintain skin's natural moisture, providing skin comfort. Additionally, Salicyloyl Phytosphingosine helps soothe the skin.

Once your device and phone are paired and your routine is selected, wet your face with lukewarm water and then dispense an ample amount (bigger than an almond) of LumiSpa Activating Cleanser onto your hand. Apply evenly to your face and then cleanse with your LumiSpa iO device for two minutes. Follow with next steps in your skincare routine.

Each ageLOC LumiSpa Activating Cleanser is formulated with ingredients selected to help with specific needs of each skin type. Essential to the LumiSpa system experience, they enable precise cushioning and interaction with the skin, optimising the effectiveness of the LumiSpa iO device's proprietary 2 Sense-Motion action. Compatible with both LumiSpa and LumiSpa iO device.



**AGELOC LUMISPA ACTIVATING CLEANSER**  
 CREAMY FACIAL CLEANSER FOR SENSITIVE SKIN 100ML

If you have sensitive skin, cleansing isn't always easy. But our most gentle Activating Cleanser is here to help! Its fragrance-free formula is formulated with a mild surfactant system designed to thoroughly cleanse your skin while keeping dryness, itchiness, and tightness in check.

Once your device and phone are paired and your routine is selected, wet your face with lukewarm water and then dispense an ample amount (bigger than an almond) of LumiSpa Activating Cleanser onto your hand. Apply evenly to your face and then cleanse with your LumiSpa iO device for two minutes. Follow with next steps in your skincare routine.

Each ageLOC LumiSpa Activating Cleanser is formulated with ingredients selected to help with specific needs of each skin type. Essential to the LumiSpa system experience, they enable precise cushioning and interaction with the skin, optimising the effectiveness of LumiSpa iO device's proprietary 2 Sense-Motion action. Compatible with both LumiSpa and LumiSpa iO device.

**REASONS TO LOVE**

**HOW TO USE**

**DID YOU KNOW**



### AGELOC LUMISPA ACTIVATING CLEANSER

CREAMY FACIAL CLEANSER  
FOR NORMAL TO COMBINATION SKIN 100ML

This cleanser contains a blend of gentle cleansing agents for normal to combination skin. It is formulated with Coco-Betaine, combined with Glycerin and a blend of selected algae and plants extracts such as Milk Thistle (Silybum Marianum Seed) Oil, Porphyra Umbilicalis Extract, and Nannochloropsis Oculata Extract, to help balance skin's natural moisture barrier.

#### HOW TO USE

Once your device and phone are paired and your routine is selected, wet your face with lukewarm water and then dispense an ample amount (bigger than an almond) of LumiSpa Activating Cleanser onto your hand. Apply evenly to your face and then cleanse with your LumiSpa iO device for two minutes. Follow with next steps in your skincare routine.

#### DID YOU KNOW

Each ageLOC LumiSpa Activating Cleanser is formulated with ingredients selected to help with specific needs of each skin type. Essential to the LumiSpa system experience, they enable precise cushioning and interaction with the skin, optimising the effectiveness of LumiSpa iO device's proprietary 2 Sense-Motion action. Compatible with both LumiSpa and LumiSpa iO device.



### AGELOC LUMISPA ACTIVATING CLEANSER

CREAMY FACIAL CLEANSER  
FOR BLEMISH PRONE SKIN 100ML

Suited for blemish-prone skin, this cleanser features a mild, fragrance-free formula that contains Salicylic Acid, a BHA, to help clear pores and reduce the appearance of skin breakouts. It is low foaming to avoid additional skin irritation while also containing Carnosine to provide antioxidant protection.

Once your device and phone are paired and your routine is selected, wet your face with lukewarm water and then dispense an ample amount (bigger than an almond) of LumiSpa Activating Cleanser onto your hand. Apply evenly to your face and then cleanse with your LumiSpa iO device for two minutes. Follow with next steps in your skincare routine.

Each ageLOC LumiSpa Activating Cleanser is formulated with ingredients selected to help with specific needs of each skin type. Essential to the LumiSpa system experience, they enable precise cushioning and interaction with the skin, optimising the effectiveness of LumiSpa iO device's proprietary 2 Sense-Motion action. Compatible with both LumiSpa and LumiSpa iO device.



### AGELOC LUMISPA ACTIVATING CLEANSER

CREAMY FACIAL CLEANSER  
FOR OILY SKIN 100ML

Oily skin getting a little out of hand? This cleanser contains a combination of functional cleansing agents for oily skin that includes, among others, Coco Betaine, Japanese Knotweed (Polygonum Cuspidatum Root Rextract) and Pomegranate Juice Extract, leaving your skin clean and fresh.

Once your device and phone are paired and your routine is selected, wet your face with lukewarm water and then dispense an ample amount (bigger than an almond) of LumiSpa Activating Cleanser onto your hand. Apply evenly to your face and then cleanse with your LumiSpa iO device for two minutes. Follow with next steps in your skincare routine.

Each ageLOC LumiSpa Activating Cleanser is formulated with ingredients selected to help with specific needs of each skin type. Essential to the LumiSpa system experience, they enable precise cushioning and interaction with the skin, optimising the effectiveness of LumiSpa iO device's proprietary 2 Sense-Motion action. Compatible with both LumiSpa and LumiSpa iO device.



### AGELOC LUMISPA iO SILICONE HEAD

HYGIENIC NON-ABRASIVE SILICONE HEADS  
NORMAL / GENTLE / FIRM

Part of the ageLOC LumiSpa iO System, the Silicone Head is a soft, non-abrasive silicone surface that is more hygienic than brushes commonly found in the market. Its sophisticated design helps to maximise product benefits while making your skin more receptive to subsequent products. Available in Normal, Firm, and Gentle options to deliver a personalised cleansing experience.

The Silicone Head is designed to be easy to clip on or take off. To make sure your device stays in tip-top shape, thoroughly rinse the device, the head and the back of the head after each use and leave it to dry completely. Remember to apply the Activating Cleanser directly on your face and not on the Silicone Head.

Smart device sensors recognise whether it is the Accent Head or one of the Silicone Heads that it is attached and alert you with a Replacement Badge in the app when it's time to replace it! These heads are uniquely designed to be compatible with ageLOC LumiSpa iO device. The heads compatible with non-connected LumiSpa are also available to purchase separately.

*Product also available in blue*



### AGELOC LUMISPA iO ACCENT & IDEALEYES

FIRMING AND REFRESHING EYE CARE KIT

Made as an attachment for your ageLOC LumiSpa iO device, the Accent Head has been painstakingly crafted to enable precise cushioning and interaction with your skin. In just one minute a day, together with IdealEyes, the system works hard (and smart) to promote brighter, firmer, smoother, more hydrated, and healthy-looking skin around the eyes. Ideal, isn't it?

Apply ageLOC LumiSpa IdealEyes on the skin around the eye (avoiding the eyelids or eyes themselves). Following the bone structure around the eye area, glide LumiSpa Accent iO using slow gentle motion. Take care not to scrub or move across the skin quickly. The device will pause briefly after 30 seconds indicating that it's time to move to the other eye area. Massage the excess cream into the skin around your eye.

Thanks to the sensors in the LumiSpa iO Accent Head, your LumiSpa iO device will automatically detect that it has the Accent Head on and will work as recommended. The LumiSpa iO Accent Head is uniquely compatible with the LumiSpa iO device while IdealEyes is compatible with both LumiSpa and LumiSpa iO device. The Accent Head for the non-connected LumiSpa device is available to purchase separately.



### AGELOC LUMISPA BLEMISH SERUM

PORE-CLEARING SERUM FOR BLEMISH PRONE  
SKIN 30 ML

Clear the way for smooth, healthy-looking skin! ageLOC LumiSpa Blemish Serum is the ultimate solution for congested complexions. It helps tackle the appearance of blemishes while working to keep future breakouts at bay. Combining this with Nu Skin's proprietary ageLOC ingredient blend, the multi-action serum simultaneously promotes youthful-looking skin.

After cleansing with your ageLOC LumiSpa iO System, apply a thin layer to the entire face evenly. If you would like to use a second serum, please allow two minutes before applying it. Follow with your favourite moisturiser. Use daily, morning and night.

Noni Extract (Morinda Citrifolia Extract) included in this formula is obtained through Controlled Environment Agriculture (CEA) – a technology-based approach to growing and cultivating ingredients that are sustainable. It provides comfort and a soothing feeling to the skin. The presence of Silver is also visible in the gray hue of the serum.

#### REASONS TO LOVE

#### HOW TO USE

#### DID YOU KNOW



**TRU FACE**

Target your visible signs of skin ageing. Age your own way.

Target your visible signs of skin ageing and age your own way with this line of powerful, targeted solutions. Specially formulated to tackle specific skin ageing concerns, the Tru Face range is the ideal addition to your skincare routine, letting you pay special attention to the areas that need it most.



**LINE CORRECTOR**

LINES AND WRINKLES FACIAL SMOOTHING GEL 30 ML

Every wrinkle tells a story – a unique tale of every frown, smile and laugh. Tru Face Line Corrector targets these visible signs of skin ageing, helping to soften the appearance of fine lines around your mouth, eyes and forehead, leaving wrinkles – and the stories they tell – much harder to see.

Apply both morning and night to lines around the eyes, mouth and forehead. Follow with your Nu Skin moisturiser of your choice. For optimal results, use with ageLOC Galvanic Spa and the Focus Area Conductor, selecting Application #3 for 2-5 minutes. Follow with your Nu Skin moisturiser of choice.

After just 4 weeks, a combination of Tru Face Line Corrector and ageLOC Galvanic Spa has shown to have better results on the appearance of fine lines than using Tru Face Line Corrector alone for 8 weeks\*.

\*Results obtained from a third-party professional assessment based on an 8 weeks in vivo single site single blind split face study.



**AGELOC TRU FACE ESSENCE ULTRA**

FACIAL FIRMING SERUM 60 CAPSULES

ageLOC Tru Face Essence Ultra is Nu Skin's firming powerhouse. Its incredible formula combines our exclusive, scientifically validated Tru Face FirmPlex technology to deliver visibly firmer skin and our famous ageLOC science to target the visible signs of skin ageing at the source. This serum also works to protect your skin from the negative effects of oxidative stress. You can definitely expect big things from every capsule!

ageLOC Tru Face Essence Ultra should be applied twice daily for optimal results and integrated into your daily regimen before moisturising. To apply, tear open one capsule per use, gently squeezing two or three drops directly onto the areas of concern before applying the remaining product to the entire face.

What makes ageLOC Tru Face Essence Ultra so good? It's our dedication to making it the best it can be and updating its formula regularly since it first launched as Tru Face Essence in 2003.



**AGELOC TRU FACE ESSENCE DUET**

NECK AND DÉCOLLETÉ CREAM & SERUM 2 X 15 ML

This duet works to help contour and tone the skin of your neck and décolleté, as well as reducing the appearance of fine lines and wrinkles. By providing moisturisation and smoothness, Tru Face Essence Duet helps leave your skin looking radiant. Containing ageLOC technology, it also tackles the visible signs of ageing at the source.

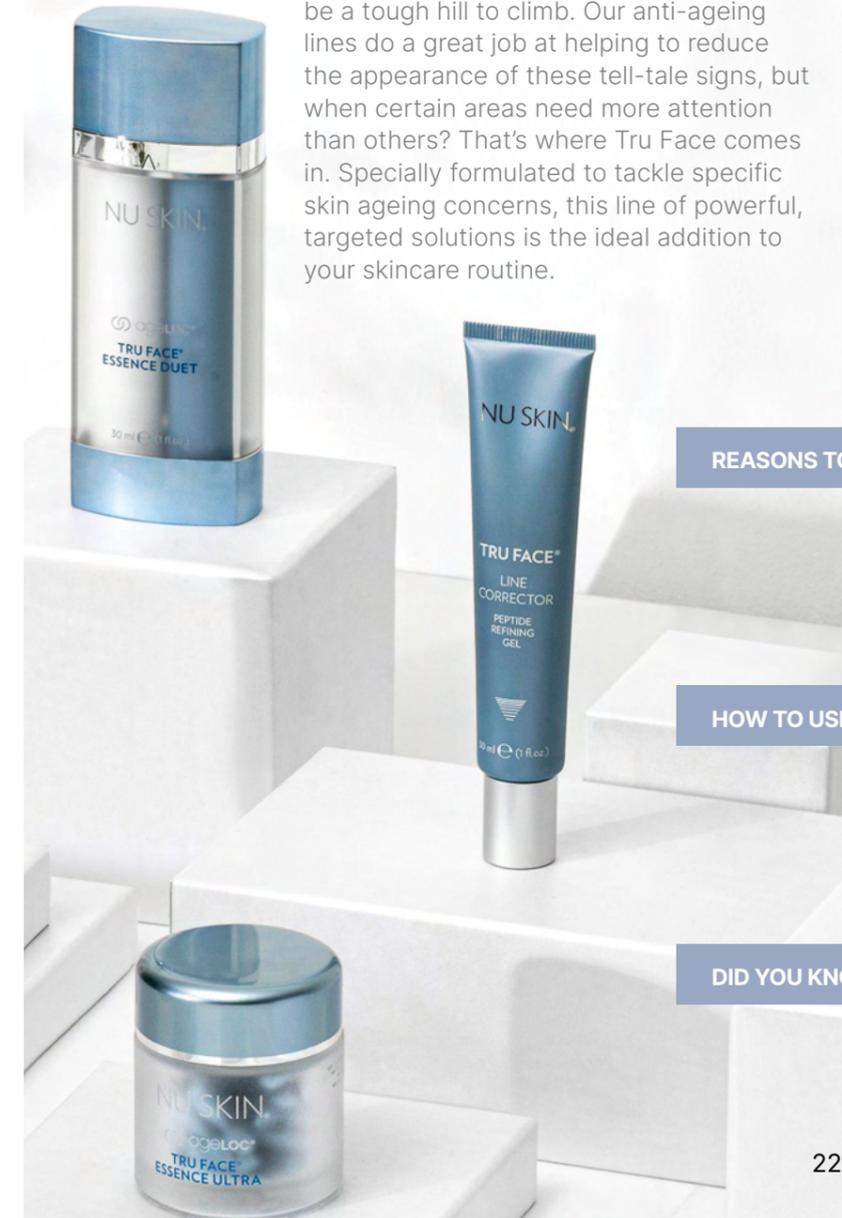
For optimal results, apply each morning and evening onto clean dry skin, before your day or night cream. Dispense one or two pumps into your hands by pressing evenly with two fingers, then mix gently and smooth over your neck and décolleté.

ageLOC Tru Face Essence Duet is Nu Skin's firming powerhouse. Its incredible formula combines our exclusive, scientifically validated Tru Face FirmPlex technology to deliver visibly firmer skin and our famous ageLOC science to target the visible signs of skin ageing at the source. It's important to pick up a product designed for these areas – and Essence Duet is the perfect match!

**TRU FACE**

Experience the power of Tru Face

Tackling the visible signs of skin ageing can be a tough hill to climb. Our anti-ageing lines do a great job at helping to reduce the appearance of these tell-tale signs, but when certain areas need more attention than others? That's where Tru Face comes in. Specially formulated to tackle specific skin ageing concerns, this line of powerful, targeted solutions is the ideal addition to your skincare routine.



REASONS TO LOVE

HOW TO USE

DID YOU KNOW



**NU SKIN 180°**

**turn your complexion around**

Designed specifically to soften the visible signs of skin ageing in those over 35, this system refines skin texture, evens skin tone, and diminishes the appearance of fine lines and wrinkles for a youthful look you're sure to love.



**180°  
FACE WASH**

ANTI-AGEING FACE WASH 125 ML

Containing 10% active, free-flowing Vitamin C, Nu Skin 180° Face Wash brings anti-ageing benefits to your daily cleanse. The Vitamin C-powered formula helps even skin tone and contains plant derived emollients to help maintain the skin's protective moisture barrier. Your complexion is left looking fresh and youthful.

Use morning and night as the first step of the Nu Skin 180° Anti-Ageing System. Moisten face and neck with lukewarm water. Place a small amount of cleanser onto fingertips. Apply to face and neck. Then, with wet hands, gently work into a light lather. Rinse with warm water and pat dry.

Contains sesame oil (Sesamum Indicum Seed Oil) and sunflower oil (Helianthus Annuus Seed Oil), rich emollients that avoid moisture loss and help maintain the skin's protective moisture barrier, leaving skin feeling clean, fresh and soft.

The availability of some products may vary per country. To check product availability consult the price list or visit [www.nuskin.com](http://www.nuskin.com)



**180°  
SKIN MIST**

ANTI-AGEING FACE MIST 100 ML

Nu Skin 180° Skin Mist is a skin-soothing facial toner that goes above and beyond. The formula reinforces your skin's ability to protect itself from environmental aggressors/stressors and helps protect the skin against the negative visible impact of oxidative stress. Featuring a Nu Skin-exclusive ingredient combination, the HMW complex, the skin mist leaves your skin looking and feeling calm.

Use morning and night after cleansing as the second step of the Nu Skin 180° System. Lightly spray Skin Mist on face and neck, avoiding the eye area.

Comprising Hypnea Musciformis, Mugwort and Willowherb extracts, the HMW complex is an exclusive Nu Skin ingredient combination that works to keep the skin looking and feeling good and features antioxidant properties. Hypnea Musciformis extract is an algae with skin soothing benefits. Mugwort extract is a tall, shrubby perennial that helps with skin discomfort. Willowherb extract is a natural skin-soothing agent. Commonly called fireweed, it is usually the first plant to re-grow after a fire destroys an area.



**180°  
CELL RENEWAL FLUID**

GENTLE CELL RENEWAL SERUM 30 ML

Featuring a potent 15% concentration of a polyhydroxy acid (PHA), Gluconolactone, Nu Skin 180° Cell Renewal Fluid gently but effectively promotes cell turnover. The multi-action serum also works to improve barrier function of the external layer of the skin, enhances skin firmness, and helps smooth texture while reducing the appearance of lines and wrinkles.

Use morning and night (after Skin Mist has dried) as the third step of the Nu Skin 180° System. Fill dropper to the 0.5 ml hash mark and dispense onto fingertips. Apply the fluid evenly over entire face, avoiding the eye area.

Contains a potent 15% concentration of a polyhydroxy acid (PHA), Gluconolactone, that promotes cell turnover and smooths out texture while reducing the visible signs of ageing.

**REASONS TO LOVE**

**HOW TO USE**

**DID YOU KNOW**



**180° UV BLOCK HYDRATOR SPF 18**

ANTI-AGEING DAY CREAM 30 ML



**180° NIGHT COMPLEX**

ANTI-AGEING NIGHT CREAM 30 ML



**180° AHA FACIAL PEEL AND NEUTRALIZER**

ANTI-AGEING FACE PEEL 2X25 ML

**REASONS TO LOVE**

Nu Skin 180° UV Block Hydrator SPF 18 is a rich moisturiser that provides protection for your skin's moisture barrier with added protection from UVB rays. The 2-in-1 formula also helps protect your skin from the appearance of premature visible signs of photoageing.

Featuring creatine, Nu Skin 180° Night Complex works while you slumber. The anti-ageing night cream helps your skin's appearance bounce back from the negative effects of excessive sun exposure and helps protect your skin from oxidative stress while strengthening its protective barrier. Wake up to a glowing, healthy-looking complexion.

Formulated with 10% lactic acid solution, the AHA Facial Peel sweeps away the appearance of visible signs of ageing. Effective alone or as part of the Nu Skin 180° System, the Alpha-hydroxy acids (AHAs) help simulate skin cell turnover, so your complexion appears brighter and smoother. The Neutralizer is designed to limit topical sensitivity for a hassle-free glow.

**HOW TO USE**

Use in the morning as the fourth step of the 180° System. Apply lightly in an upward, outward motion to your face and neck, avoiding the eye area.

Use each night as the fourth step of the 180° System. Apply lightly in an upward, outward motion to your face and neck, taking care to avoid your eyes.

Use three times weekly (in place of Cell Renewal Fluid), after cleansing and toning. STEP 1: Gently swipe one AHA Facial Peel pad over face and neck, avoiding the eye area. Allow the solution to remain on the face for no more than 10 minutes. STEP 2: Gently swipe one AHA Facial Peel Neutralizer pad over face and neck. Without rinsing your skin, follow with a Nu Skin moisturiser of your choice containing Sun Protection Factor. Please note: a mild stinging sensation may occur with application, which is normal. However, if irritation persists, rinse your face with warm water. The AHA Facial Peel Neutralizer features an extract of oat kernels, known to soothe your skin.

**DID YOU KNOW**

Avocado Oil (Persea Grattissima Oil) provides rich moisturisation, helping to visibly reduce the appearance of wrinkles and other signs of ageing while protecting the skin's moisture barrier.

Great things often come from unexpected places. This formula contains oils from macadamia nut and meadowfoam seed which help to maintain and protect the skin's moisture barrier, leaving it feeling smooth, soft and vibrant.

Lactic Acid in the Facial Peel promotes skin cell turnover and exfoliates dead cell build-up in the skin's surface, helping to diminish the appearance of lines and wrinkles, improve the texture of rough skin, and brighten skin surface discoloration. Oat Kernel Extract (Avena Sativa Extract) in the Neutralizer exhibits properties that soothe the skin and help reduce topical sensitivity.

**NU SKIN'S 180° SYSTEM**

**your cell renewal specialist!**

The Nu Skin 180° Anti-Ageing Skin Care System contains the Nu Skin 180° Face Wash, 180° Skin Mist, 180° Cell Renewal Fluid, 180° UV Block Hydrator SPF 18, and the 180° Night Complex.

Designed specifically to soften the visible signs of skin ageing in those over 35, this system refines skin texture, evens skin tone, and diminishes the appearance of fine lines and wrinkles for a youthful look you're sure to love.

The products in the Nu Skin 180° range offer a variety of anti-ageing benefits, including increasing skin cell turnover rate, delivering humectant properties, enhancing the stratum corneum barrier function, improving the skin's resistance to external stressors, and protecting it from the negative effects of oxidative stress by providing antioxidant protection.



## NUTRICENTIALS

Powered by nature,  
proven by science

We all want radiant skin, no matter what. But it isn't easy. We all experience stress, lack of sleep, pollution, and the impact of UV rays, all of which can take away that gorgeous glow. That's why we created Nutricentials. Through innovative science, we took the power and resilience of bioadaptive plant extracts that thrive in the harshest of conditions and turned them into something that works for your skin:

Our bioadaptive botanical complex is the secret to our bioadaptive skincare system.

By helping your skin meet the challenges of your own ever-changing environment, Nutricentials helps keep it looking beautiful and radiant wherever life takes you, helping you make every day a great skin day.



### HYDRACLEAN CREAMY CLEANSING LOTION

CREAMY GENTLE SOAP FREE  
FACIAL CLEANSER 150ML

This gentle cleansing milk is a luxurious, creamy, soap-free facial cleanser, and is great at multitasking. It cleanses away dirt, excess oil, and makeup, all while helping to maintain your skin's natural moisture barrier. Its mild formula is infused with bioadaptive botanicals and skin conditioning ingredients which help to comfortably moisturise skin.

Gently massage HydraClean into the wet skin on your face and neck using your fingertips, then rinse thoroughly and pat dry. Follow up with one of our two toners, In Balance or Here you Glow. Use morning and evening.

Our formula contains a few ingredients which you may not expect to see – we use meadowfoam seed oil to hydrate and soften your skin, while a blend of skin conditioning agents and a compound from liquorice extract helps maintain its natural moisture barrier and leave it feeling soothed.



### TO BE CLEAR PURE CLEANSING GEL

GENTLE SOAP-FREE  
FACIAL CLEANSING GEL 150ML

Remove pore-blocking dirt and leave your skin feeling refreshingly clean. This powerful gel-to-foam formula cleanses away dirt, oil, and makeup while keeping your skin hydrated. The secret is the amino acid cleansing agents that clean pores and the moisturising ingredients that refresh and soothe skin.

Gently lather the gel over your wet face and neck using your fingertips, then rinse thoroughly and pat yourself dry. Follow up with one of our two toners, In Balance or Here you Glow, repeating the process both morning and evening.

Other cleansers can rid skin of too much oil, leading to over-drying. Nutricentials To Be Clear features amino acid-based cleansers that form a gentle foam to clean pores and remove excess oil. At the same time, moisturising ingredients help your skin stay comfortably hydrated.



### DAY AWAY MICELLAR BEAUTY WATER

MICELLAR CLEANSING WATER 250 ML

Put a fresh spin on cleansing and wipe away your day with Nutricentials Day Away. This gentle, no-rinse facial cleanser helps remove the dirt, oil, and makeup that build up on your skin throughout the day.

Apply Day Away Micellar Beauty Water to a cotton pad. Wipe away makeup and debris on your face. Repeat as needed until the skin is clean.

Micellar water (cleansing water powered by micelles) is known for its quick, convenient, and effective cleansing benefits. Nutricentials Day Away brings this classic experience to a whole new level with a formula that includes humectants like sodium PCA, glycerin, and propanediol to keep skin feeling soft, smooth, and hydrated.

#### REASONS TO LOVE

#### HOW TO USE

#### DID YOU KNOW



**IN BALANCE  
PH BALANCE TONER**

REFRESHING FACIAL TONER 150ML



**HERE YOU GLOW  
EXFOLIATING TONER**

EXFOLIATING FACIAL TONER 150ML



**CELLTRET ALWAYS RIGHT  
RECOVERY FLUID**

FACIAL NOURISHING SERUM 30ML



**EYE LOVE BRIGHT EYES  
ILLUMINATING EYE CREAM**

HYDRATING AND BRIGHTENING EYE CREAM 15ML

REASONS TO LOVE

This light facial toner helps your skin stay balanced by helping it adjust to its optimal pH level. Formulated with glycerin and a moisture strength blend that features lactobacillus ferment, Aloe vera, sodium PCA, and sodium hyaluronate, it helps maintain your skin's natural moisture barrier, leaving it feeling refreshed and looking radiant.

This toner features a mix of hydroxy acids to leave your skin feeling soft, smooth, healthy, and visibly glowing, plus salicylic acid to help improve the appearance of existing spots. At the same time, its cleansing action lessens the chance of new spots forming. Your skin is left looking clean, clear, and radiant – ready for whatever comes next!

Keep your skin soft, radiant, and comfortable during the day, and help it bounce back from environmental stressors during the night. This fast-absorbing serum features our HydraFlex Blend to help meet your skins hydration needs and a bioadaptive botanical blend to help protect against everyday stressors like late nights, busy days, and urban pollution.

Eye Love Bright Eyes is the ultimate pick-me-up for improving the look of tired eye area. This lightweight, creamy formula helps enhance skin radiance and reduces the appearance of dull, uneven, and stressed skin caused by daily stressors, including blue light exposure.

HOW TO USE

After cleansing, apply the toner to your face and neck with a cotton pad in an upward and outward motion, then follow up with Celltrex Always Right.

After cleansing, apply Here You Glow to a cotton pad. Sweep the saturated cotton pad over face and neck in an upward, outward motion, avoiding the eye area. Allow to dry before following with serum and moisturiser. Use daily, morning and night.

After cleansing and toning, apply the serum to your face and neck in an upward and outward motion, then follow up with your favourite moisturiser.

Lightly pat around the eye morning and evening after cleansing and toning, and before applying the serum and moisturiser. Avoid direct contact with eyes. Do not apply to eyelids.

DID YOU KNOW

pH balancing toners bring several key benefits to your skin. Not only do they bring a refreshing burst of hydration after cleansing, but they also help to balance your skin's pH levels, preparing your skin for the next steps of your daily routine, such as serums and moisturisers.

In our recent clinical trials, we saw some incredible results! 100% of participants said their skin looked more radiant\* after using Here You Glow.

The HydraFlex Blend forms a soft, ultra-light shield that auto adapts to your environment, making sure your skin always has the hydration it needs. This means it will attract moisture when dry, but filter it away if your surroundings get hot or humid, so your skin always feels soft and comfortable.

Apple Extract (Pyrus Malus Fruit Extract), a natural moisturising saccharide complex in this formula, provides a burst of moisturisation. Together with additional humectants (Glycerin, Butylene Glycol), it helps skin look healthier and younger and feel dewy and hydrated.

\*Results obtained from an in-house study including 25 participants who used Here You Glow Exfoliating Toner twice per day on their face for two weeks before self-evaluating their visible results.



REASONS TO LOVE

HOW TO USE

DID YOU KNOW



**PUMPS  
HYALURONIC ACID + B5**

TARGETED SERUM SOLUTION  
FOR GREAT HYDRATION 30 ML

Pumps Hyaluronic Acid + B5: provides great moisturisation and continuous hydration for up to 24 hours.\* Thanks to deeply moisturising, specially formulated Hyaluronic Acid cocktail and Vitamin B5 (Panthenol), this concentrated serum helps you personalise your daily regimen with great hydration. Expect skin that feels smoother, softer, and refreshed!

Apply 2-3 drops to face after cleansing and toning every morning and night. Follow with your favourite serum and moisturiser.

The formula features hyaluronic acids of different molecular size and weight to maximise the benefits and absorb large amounts of water to hydrate your skin and help it look and feel smoother.

\*Results obtained from a third-party professional assessment based on a 24-hour in vivo study performed on 32 healthy female and male subjects aged 18 and over. The moisturisation level of skin was measured using a corneometer in three areas; one area where Hyaluronic acid + B5 Pumps had been applied, alongside two areas for positive (glycerine) and negative (untreated) controls.



**PUMPS  
BAKUCHIOL**

TARGETED SERUM SOLUTION  
FOR MORE EVEN SKIN TONE 30 ML

Nutricentials Pumps Bakuchiol is designed to help you customise your skin care for a soft and smooth appearance and more even skin tone. It has the naturally derived antioxidant Bakuchiol (a plant-based retinol alternative) included in a concentrated form that helps gently even skin tone and decrease the appearance of fine lines and wrinkles. All while Apple Fruit Extract gives the skin a burst of extra moisture!

Apply 2-3 drops to face after cleansing and toning every morning and night. Follow with your favourite serum and moisturiser.

Bakuchiol is considered to be gentler than retinol and can be used day and night since it doesn't make your skin more photosensitive.



**PUMPS  
CERAMIDES + POSTBIOTICS**

TARGETED SERUM SOLUTION  
TO SMOOTH & SOOTHE 30 ML

Nutricentials Pumps Ceramides + Postbiotics gives your skin a burst of extra hydration, helping soothe and visibly smooth your skin. Featuring a concentrated blend of skin-identical ceramides and a postbiotic (Lactobacillus Ferment), it helps protect and strengthen your skin's vital moisture barrier.

Apply 2-3 drops to face after cleansing and toning every morning and night. Follow with your favourite serum and moisturiser.

The formula features Glass Microalgae (Plankton extract), an ingredient grown through controlled environment agriculture that helps soothe skin, support the moisture barrier, and reduce water loss.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



**THIRST FIX  
HYDRATING GEL CREAM**

LIGHTWEIGHT FACIAL MOISTURISING GEL 75ML

Enjoy smoother, beautiful looking skin with this oil-free facial hydrating gel cream. A blend of bioadaptive botanicals helps increase your skin's natural resilience, protecting it against the effects of environmental stressors, while a unique biomimetic moisturising complex provides long-lasting hydration\* by mimicking natural elements in your skin.

Apply a generous amount onto clean face and neck in an upward, outward motion. Use daily, morning and night.

**DID YOU KNOW**

Thirst Fix provides immediate hydration and up to 24 hours of continuous moisturisation\*.

*\*Results obtained from a third-party professional assessment based on a 24-hour in vivo study performed on 32 healthy female and male subjects aged 18 and over. The moisturisation level of skin was measured using a corneometer in three areas; one area where Thirst Fix had been applied, alongside two areas for positive (glycerine) and negative (untreated) controls.*



**DEW ALL DAY  
MOISTURE RESTORE CREAM**

RICH FACIAL MOISTURISING CREAM 75ML

Nutricentials Dew All Day soothes, softens, and smooths your skin while providing all-day moisture\* so you can look your best no matter what stressors come your way. All while a blend of bioadaptive botanicals helps your skin increase its ability to adapt to its environment, helping it bounce back better from life's daily stressors, day in and day out.

Apply a generous amount onto clean face and neck in an upward, outward motion. Use daily, morning and night.

Our formula contains pistachio nut oil and shea butter to soften and smooth skin. We have added Vitamin E and its derivative to protect against oxidative stress caused by negative environmental stressors.

*\*Results obtained from a third-party professional assessment based on a 24-hour in vivo study performed on 32 healthy female and male subjects aged 18 and over. The moisturisation level of skin was measured using a corneometer in three areas; one area where Dew All Day had been applied, alongside two areas for positive (glycerine) and negative (untreated) controls.*



**MOISTURIZE ME  
INTENSE HYDRATING CREAM**

INTENSE FACIAL MOISTURISING CREAM 75ML

This ultra-luxurious face cream delivers a burst of moisture to your skin, leaving it soft, hydrated, and radiant for hours\*. It features a blend of bioadaptive botanicals that helps increase your skin's natural resilience, protecting it against the negative effects of environmental stressors, plus Evodia rutaecarpa fruit extract for visible radiance.

Apply a generous amount onto clean face and neck in an upward, outward motion. Use daily, morning and night.

With Moisturize Me, you won't need to worry about your skin's hydration needs. Your skin will stay comfortably hydrated all day and night!\*

*\*Results obtained from a third-party professional assessment based on a 24-hour in vivo study performed on 32 healthy female and male subjects aged 18 and over. The moisturisation level of skin was measured using a corneometer in three areas; one area where Moisturize Me had been applied, alongside two areas for positive (glycerine) and negative (untreated) controls.*



**DAY DREAM PROTECTIVE LOTION  
LIGHTWEIGHT DAY MOISTURIZER**

LIGHTWEIGHT FACIAL DAY MOISTURIZER WITH SPF 30 50ML

Day Dream Protective Lotion contains our bioadaptive botanical complex to help improve your skin's ability to adapt to the negative effects of stress, pollution and oxidative stress. Carnosine, our blue light and infrared antioxidant ingredient and SPF 30, helps negate the effect of excessive exposure to blue light, infrared and UVB on your skin.

Apply a generous amount to the face and neck in an upward, outward motion. Use every morning.

We have added ginger root extract into our Day Dream formula – an antioxidant that increases skin's natural resilience to stress as it soothes, promotes skin luminosity and helps even skin tone.



**DAY DREAM PROTECTIVE CREAM  
CREAMY DAY MOISTURIZER**

CREAMY FACIAL DAY MOISTURIZER WITH SPF 30 50ML

Help your skin stay soft and hydrated with our daily moisturiser. This luxurious face cream features bioadaptive botanicals extract to help protect your skin from the negative effects of environmental stressors, with broad-spectrum (UVA & UVB) SPF 30 for added sun protection. Its blue light and infrared filtering ingredient also helps reduce the impact of excessive exposure to blue light and infrared.

Apply a generous amount to the face and neck in an upward, outward motion. Use every morning.

This moisturiser contains Bisabolol sustainably harvested from the Candelia Tree – a naturally derived ingredient native to South America that soothes and hydrates as it helps protect skin against the adverse effects of exposure to daily environmental stressors.



**COMPLEXION PROTECTION DAILY  
MINERAL SUNSCREEN SPF 50**

DAILY FACIAL UVA/UVB MINERAL SUNSCREEN. HIGH PROTECTION. 40ML

The perfect pick for a healthy-looking, glowing complexion!Complexion Protection is a lightweight, broad spectrum SPF 50 mineral sunscreen made with our bioadaptive botanical plant extracts to help protect the skin against, and increase resiliency to everyday stressors like pollution and oxidative stress. Carnosine, our blue light and infrared antioxidant ingredient adds further protection, helping to mitigate the visible effects of excessive exposure to blue light and infrared on your skin, such as discolouration and dullness.

In the morning, after moisturising, apply a generous amount to face and neck in an upward, outward motion. Use daily, before sun exposure. Shake before use. Reducing the recommended quantity will lower the level of protection significantly. During the day, re-apply frequently to maintain protection, especially after perspiring, swimming, or towelling.

The formula features Chlorella Vulgaris, an ingredient grown or cultivated through a controlled environment.

**REASONS TO LOVE**

**HOW TO USE**

**DID YOU KNOW**



**PILLOW GLOW  
SLEEPING MASK**

OVERNIGHT LEAVE-ON  
FACIAL HYDRATING MASK 75 ML

Nutricentials Pillow Glow is your overnight secret to skin that wakes up looking radiant, refreshed, healthier and hydrated. This moisture-recharging gel-cream facial mask delivers a rush of immediate and long-lasting overnight hydration. It supports your skin's natural moisture barrier through the night so you wake up to skin that is glowing, radiant, and 150%\* more hydrated.

**HOW TO USE**

Apply a generous amount on top of your serum or moisturiser for an extra boost of hydration as the last step in your nighttime routine. Allow to absorb slightly. Leave on for overnight hydration. Use 2-3 times per week.

**DID YOU KNOW**

One of the ingredients, Deep Sea Water (Sea Water)—is obtained from Noirmoutier, also called the Island of Mimosas, a French Island. It helps improve skin luminosity, helps reduce the appearance of pores, and soothes the skin.

\*Results obtained from a third-party professional assessment based on a 24-hour in vivo study performed on 17 healthy female and male subjects aged 18 and over. The moisturisation level of skin was measured using a corneometer in three areas; one area where Pillow Glow had been applied, alongside two areas for positive (glycerine) and negative (untreated) controls.



**SPA DAY  
CREAMY HYDRATING MASQUE**

NOURISHING FACE  
AND NECK MASQUE 100ML

If any nourishing facial mask could be called a spa-day-in-a-tube, it's this one. Made with bioadaptive botanical extracts, Spa Day contains a hydrating formula which helps lock moisture into the skin, reducing dryness and leaving you with a healthy glow. Whenever your skin needs a little extra moisturising "me time", you know just where to turn.

After cleansing, apply the masque liberally to your face and neck and let sit for 10 minutes, then rinse off with warm water.

Spa Day is powered by a special ingredient called saccharide isomerate – a humectant derived from plants that helps keep your skin looking dewy and radiant.



**BRIGHTER DAY  
EXFOLIANT SCRUB**

FACIAL CLEANSING SCRUB 100ML

This innovative exfoliant scrub removes dead skin cells and pore-blocking impurities to leave your complexion looking smooth and glowing bright. It is formulated with a blend of skin-conditioning agents that refreshes and soothes your skin for added post-scrub comfort. With a fresh scent and natural purple colour to delight your senses, Brighter Day is gentle-cleansing bliss.

Moisten skin with warm water. Apply in a gentle circular motion to face and neck for 30 seconds. Rinse with warm water and towel dry. Use twice a week as needed.

Our double-feature formula uses pomegranate enzymes to help loosen dead skin cells while natural exfoliating minerals remove them from your skin. Combining both enzymatic and physical exfoliation clears out dead skin cells more effectively than either would alone.





## NU SKIN HERITAGE

### discover the products that started it all

When it comes to skincare, we all need something a little different and moisturising is no exception. Our Nu Skin Heritage products cover your skin's hydration needs, whether light, rich, or a happy medium. Whichever you choose, simply add it to the core regimen you use each day to help keep your skin hydrated and looking healthy.



### NAPCA MOISTURE MIST

REFRESHING AND MOISTURISING SPRAY FOR HAIR, FACE AND BODY 250 ML

Dewy-fresh skin is just a spray away with NaPCA Moisture Mist. Perfect for use with your hair, face and body, this easy to use spray leaves your skin feeling refreshed.

Spray generously on your face (making sure to close your eyes), hair or body whenever you feel the need for a refreshing wave of moisture.

There's no better feeling than a refreshing spritz of Moisture Mist on a hot day. With natural moisture-binding ingredients like sodium PCA, a single spritz can help keep your skin feeling supple and smooth.



### REJUVENATING CREAM

RICH FACIAL MOISTURISING CREAM 75 G

Ideal for those with mature or dry skin, Rejuvenating Cream helps improve the appearance of dry lines, while leaving skin feeling soft.

Apply the cream to your face and neck twice per day, after cleansing and toning, using a light, upward motion for your forehead and cheeks, while moving slightly downwards for your nose and chin. Being extra gentle, pat the cream upwards around your eyes.

With a blend of ingredients chosen for their ability to help leave your skin feeling soft and youthful, this cream is a must-have for those days when you – and your skin – are under pressure.

#### REASONS TO LOVE

#### HOW TO USE

#### DID YOU KNOW

## NU COLOUR

enhance and illuminate  
your natural beauty

Look and feel like the goddess you are with Nu Colour. Blending intense colour with innovative skin care science, this line of powerful makeup and accessories enhances and illuminates the natural beauty of your eyes, lips and skin. Combine it with a great skincare routine and NOTHING can keep you from revelling in all that makes you beautiful.



### BIOADAPTIVE\* BB+ SKIN LOVING FOUNDATION

LIQUID FACIAL FOUNDATION  
WITH SPF 35 30 ML

Are you ready to get the look that loves you back? Nu Colour Bioadaptive\* BB+ Skin Loving Foundation brings the best of both worlds. It hydrates and protects the skin like a BB cream and comes with up to 12 hours of staying power just like your favourite foundation\*\*! Its innovative hybrid formula not only enhances your complexion with a luminous finish, but also helps your skin better respond to environmental stress and protects it from UVA & UVB rays and from the negative effects of blue light exposure.

After your usual daily skin care routine, apply one or two pumps of Nu Colour Bioadaptive\* BB+ Skin Loving Foundation using your fingers, brush, or sponge, and blend well into skin. Add more depending on your coverage preference.

It features fourteen different shades for you to choose from.

\*based on 2 in vitro studies performed on the raw material featuring the Theobroma Cacao Seed Extract.

\*\*Obtained from a third-party professional assessment based on a 12-hours in vivo, single-blind consumer use study with 34 female subjects between 18 and 65 years old.

1.1 Ivory

1.2 Shell

1.3 Linen

2.1 Cream

2.2 Sand

3.1 Natural Beige

3.2 Medium Ochre

3.3 Light Golden

3.4 Beige

4.1 Medium Beige

4.2 Shell Beige

5.1 Almond

5.3 Mocha



REASONS TO LOVE

HOW TO USE

DID YOU KNOW



EYELASH CURLER

PRECISION EYELASH CURLER

This great accessory works to boost and set the natural curl of your lashes. Perfectly designed to work with all eye shapes and lash types, it gently captures each strand, leaving them beautifully lifted and curled.

We recommend you curl your lashes before applying your mascara, elongating them and opening up your eyes. Simply open the curler, clamp and hold on your top lashes for 5 seconds, then repeat on your other eye.

This curler is the perfect way to complete your eyelash routine. Begin with Eyelash Treatment to strengthen your lashes before curling them, then finish off your look with Nu Colour Curling Mascara to get the lashes you always wanted.



LASH + BROW SERUM

LASH & BROW STRENGTHENING SERUM

Want lashes and brows that have this “wow” effect? Our great formula is designed to give you lovelier lashes and brows by targeting their underlying nourishment and conditioning needs. That means lashes that look longer, thicker and shinier together with bolder and healthier brows - all in one. It's your new favourite clinically proven serum for all your lash and brow needs.

After cleansing and drying the application area, apply a thin layer of the serum to the root of your eyebrows and along the root of your upper and lower lash line. Use daily, both morning and evening.

The serum helps visibly improve appearance of brows and lashes with visible results after 4 weeks\* and delivers great results if used for 12 weeks or longer. 100% of the participants agreed that « My lashes look fuller than before using this product. » and « My brows are visibly bolder. ».\*\*

\* Clinical study: Results obtained from a third-party professional assessment based on a 12-week period visual grading study performed on 30 healthy female subjects aged 18 and over. Subjects underwent expert visual assessments of eyelash length, volume, and brow definition and fullness at baseline, week 2, week 4, week 8 and week 12. \*\* In the same study, participants were asked for their self-perception of the results. The following percentages of participants agreed with these statements after 12 weeks of use.\*



CURLING MASCARA

LONG LASTING CURLING MASCARA 9 G

Make your eyes pop and jaws drop with Nu Colour Black Curling Mascara. Specially formulated to separate your lashes and enhance their natural curl, it brings long-lasting curling power with no unsightly clumps for an extra magnificent effect that'll have all eyes on you when you enter the room.

Open the mascara, rubbing the end of the applicator against the side to remove any excess. Hold your eyes open as wide as you can and gently brush over the lashes. Beginning at the root, gently pull the wand up to the tip of the lashes. If you see that your lashes are yet to separate, repeat the process until you see the desired effect.

The effectiveness of Curling Mascara is all about design – its easy-to-use brush is lightly curved, giving you long-lasting curling power and a wide-open look to your eyes.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



**POWERLIPS FLUID**  
the choice is yours

Whatever your mood, whatever your outfit, whatever your look – there’s a shade for you. With an incredible range of long-lasting colours and tones in metallic or matte, the choice is yours.

**POWERLIPS FLUID**

LONG WEARING MATTE LIQUID LIPSTICK 3.1 ML

Created with our high-performance weightless formula, Powerlips Fluid takes just a single, one-step application to leave your lips feeling soft, cushioned, soothed and smoothed for an intense look that won’t smudge or transfer. Seriously powerful. Simply wow.

**HOW TO USE**

Begin with bare lips, first lining them slightly with the applicator before filling them in completely. To give your lips a smoother look, we recommend first preparing your lips with a moisturising lip balm. Just wait until it’s dry before applying your lipstick.

**DID YOU KNOW**

Our weightless formula doesn’t just look and feel great – it contains several skin-conditioning and softening ingredients like avocado oil and vitamin E to leave your lips soft, smooth and drop-dead gorgeous.



**LIP PLUMPING BALM**

LIP PLUMPING BALM 4.5 G

This refreshing, lightweight, moisturising balm smoothly glides across your lips, bringing them to life with a soft, plump look and the lightest dash of colour.

Wear alone to bring a plump look to your lips with a hint of colour or apply under lipstick or gloss as a protective base coat.

By adding menthol to the Lip Plumping Balm formula, we’ve made sure that every use feels cool and refreshing – a real treat for your lips!



**CONTOURING LIP GLOSS**

CONTOURING LIP GLOSS 15 ML

○ Crystal Clear

Kiss, undefined lips goodbye with this ultra-shiny, glide-on lip gloss. With this formula, you’ll notice shapely, youthful and full looking lips. Perfect to wear alone, or over a colour of your choice, it’s a must-have for unmissable lips.

Apply to dry, clean lips as desired throughout the day, either alone or over lipstick – to get optimal results, we recommend using it 3 times per day. Make sure not to moisten your lips before adding the gloss.

Contouring Lip Gloss is fantastic at bringing life to your Cupid’s bow – the double curve of your upper lip – which tends to fade with age, bringing your shapely, full-looking lips looking lips into the spotlight.



**FINISHING POWDER**

TRANSLUCENT LOOSE SETTING POWDER 30 G

Ensure a soft, flawless finish with this ultra-sheer powder. With a formula designed to help absorb any excess oil and reduce shine on your face, it’s a one-product-fits-all solution for every skin type and tone.

Dip your Nu Colour Powder Brush N°2 or puff in powder, tapping it on the side of the container to remove any excess. Gently dust your face, moving across your forehead and down your cheeks, making sure to avoid pulling, wiping, or tugging the powder across your skin.

Finishing Powder is the perfect addition to every look. It’s great for setting your makeup, allowing eyeshadow and blush to glide on.

**REASONS TO LOVE**

**HOW TO USE**

**DID YOU KNOW**

*The availability of some products may vary per country. To check product availability consult the price list or visit [www.nuskin.com](http://www.nuskin.com)*



**FOUNDATION  
BRUSH N°1**

SYNTHETIC ULTRA-SOFT FOUNDATION BRUSH

The ultra-soft Foundation Brush N°1, created with synthetic duo fibre bristles, is designed to create a flawless, natural finish with liquid makeup and helps to effortlessly build up coverage for an easy airbrushed effect. The perfect addition to any makeup set, this high-quality accessory will help achieve that radiant, polished look in no time.

**HOW TO USE**

Pump a small amount of foundation onto the back of your hand, then dip your brush into it and sweep it across your face in circular motions for a flawless finish.



**POWDER  
BRUSH N°2**

SYNTHETIC ULTRA-SOFT POWDER BRUSH

A must-have for any of our powder fans out there, this beautifully crafted brush is the perfect tool to provide a smooth and even coverage, holding the powder to your skin for that seamless, natural look.

Place a small amount of loose powder on your brush and gently dab it on your face to absorb excess oils. Bring a warmer look to your face by applying your compact powder in a swiping motion all over it.



**BLUSH  
BRUSH N°3**

SYNTHETIC ULTRA-SOFT BLUSH BRUSH

Designed for precise blush application, this angled brush is perfect for sculpting the contours of your cheeks, providing seamless definition with its ultra-soft synthetic duo fibre bristles.

To apply your blush, smile into the mirror, dabbing and tapping the desired colour onto your outer cheek bones.



**EYE BLENDING  
BRUSH N°4**

SYNTHETIC ULTRA-SOFT EYE BLENDING BRUSH

This long, tapered brush expertly blends and softens shadow from outside to in, helping you bring your eyes to life like a pro.

Blend powder or creamy eye shadow onto your eyelids, or diffuse shadow along the creases.



**EYE SHADOW  
BRUSH N°5**

SYNTHETIC ULTRA-SOFT EYE SHADOW BRUSH

Make your eyes the centre of attention with the professional-quality Eye Shadow Brush N°5 – the perfect tool to seamlessly apply shadow to the entire eyelid and contour along the crease of your eye.

Pick up eye shadow with the brush, gently tapping off any excess. Sweep the bristles over your lower lid, or from lash line to crease.



**EYEBROW  
BRUSH N°6**

SYNTHETIC ULTRA-SOFT EYEBROW BRUSH

An essential accessory for defining your eyebrows, accentuating your eyes and creating the perfect brow makeup, this bevelled brush is designed to carefully apply and blend powders, helping you bring your desired look to life.

Use together with your Nu Colour Eyebrow Shaping Kit, applying the makeup along your natural brow line, before blending for a perfect finish.

**REASONS TO LOVE**

**HOW TO USE**

## SUNRIGHT

make the most of your fun in the sun

Whether sunning it up on those bright summer days, or seeking a beautiful looking bronzed body all year round with Insta Glow, there's no better way to enjoy your time in the sun while protecting and moisturising your skin than with Sunright.



### SUNRIGHT SPF 35 OR SPF 50

SUN CREAM FOR FACE AND BODY 100 ML

Excessive sun exposure can lead to the visible signs of ageing popping up prematurely. Sunright 50 and 35 provide protection against both UVA and UVB rays, with their water-resistant, non-greasy formulas both soothing and protecting your skin while you enjoy the sunshine.

Apply a generous amount of cream evenly across all exposed areas. Reducing this quantity will lower the level of protection significantly. Massage into the skin 15 minutes before entering the sun or water. Reapply regularly to maintain protection, especially after perspiring, swimming or towelling off. Avoid extended exposure, even with sunscreen.

Both Sunright creams offer more than just protection from the undesirable effects of sun rays. They're reformulated with several skin conditioning agents to keep your skin in good condition.

The availability of some products may vary per country. To check product availability consult the price list or visit [www.nuskin.com](http://www.nuskin.com)



### LIP BALM

LIP BALM SPF 15

A moisturising lip balm containing SPF 15, this Sunright favourite guards against chapping, protects your lips from the negative effects of excessive sun exposure, and helps them both look and feel smooth.

Convenient and user-friendly, simply apply Sunright Lip Balm liberally to your lips as often as you need.

Sunflower oil in the Sunright formula helps soften and moisturise your skin, while vitamin E helps to protect it from oxidative stress caused by the cold, wind and sun.

The Sunright products will transition to their new look at different times in different markets. The timeline is flexible and subject to change.



### INSTA GLOW

FACE AND BODY TINTED SELF-TANNING GEL  
125 ML

Attaining that goddess-like glow has never been easier. No matter the season, Sunright Insta Glow guarantees a bronzed, sun-kissed finish in about 15 minutes\*, without excessive sun exposure. Low odour and easy to use, the gel glides effortlessly onto the skin for a smooth, even, radiant colour.

Apply a thin layer of the gel to exfoliated, clean, dry, non-irritated and intact skin on your face and body in a circular motion, avoiding the eyebrows, delicate eye area, hairline and lips, then wash your hands well. Remove the gel from your knees, ankles and elbows, waiting a few minutes before getting dressed. Do not use on a daily basis.

Your beautiful sun-kissed glow will arrive after 15 minutes\* or so – this gorgeous colour is a direct result of the caramel and gentle colouring ingredients included in the Insta Glow formula.

(\* Sunright Insta Glow Clinical Evaluation concerning the efficacy of 25 female subjects that applied the product to the face and arms and completed a self-assessment questionnaire at baselines and 15minutes post-application.

# epoch

Be Epoch - take care of yourself, others and our planet.

Founded in 1996, Epoch brings centuries-old plant wisdom to the modern world through its ethnobotanical range of products. Guided by our desire to respect the planet and its people, the collection embraces sustainable practices to reduce plastic use while working to protect native plant diversity. For every Epoch product we sell Nu Skin donates US \$0.25 directly to the Nu Skin Force for Good Foundation.





### AVA PUHI MONI SHAMPOO AND LIGHT CONDITIONER

SHAMPOO AND LIGHT CONDITIONER FOR ALL HAIR TYPES 250 ML

If you're a fan of the Epoch hair care range, this may be the product for you. Combining two products into one, this ethnobotanical shampoo and light conditioner makes use of the Ava Puhi extract in its formula to gently cleanse and hydrate your hair, leaving it clean, vibrant and lustrous.

Place a small amount of shampoo in hands and gently massage to create lather. Apply lather to wet hair then rinse thoroughly. Follow with Epoch Ava Puhi Moni Conditioner for added softening and conditioning.

Generations of Polynesian cultures often squeezed nectar from the Ava Puhi bulb-like flower directly onto their hair, much like a modern shampoo. Times may have changed, but the principles – and the use of this fantastic flower – are very much the same.



### YIN AND YANG MASK

DETOXIFYING & NOURISHING FACIAL MASK 75 ML

Epoch Yin and Yang Mask combines two key benefits, both detoxifying and nourishing the skin of your face for a fresh, luminous look. It contains a blend of kaolin and charcoal powder, as well as porcelain flower extract and the scent of ethnobotanical jasmine sambac, traditionally used in China, to promote a sense of inner harmony and a beautiful glow.

Gently apply an even layer onto clean, dry facial skin. Massage the mask to activate the microencapsulated charcoal until the colour changes from white to grey. Let the product sit on the skin no longer than 10–15 minutes. Rinse thoroughly with warm water. Use maximum two times a week.

Porcelain flower extract in the Epoch Yin & Yang Mask is a unique ingredient grown or cultivated through a controlled environment.



## Ethnobotany

Cultures from around the world believed in the power of nature, and so do we. It is the traditional knowledge of these cultures and the use of ethnobotanical ingredients in their timeless rituals that inspired many of our products. Travel the world with Epoch!



## Nu Skin Force For Good Foundation

Nu Skin is built on the idea of giving back. It lies at the very core of who we are, and what we do. For every Epoch product we sell Nu Skin donates \$0.25 directly to the Nu Skin Force for Good Foundation, a non-profit organisation, founded in 1998 that supports numerous important causes around the world.



## Our Sustainability Efforts

Epoch is the first brand to introduce the award-winning Eco-pack tubes. Designed by our partners WWP Beauty, these tubes help reduce plastic usage by eliminating the head and shoulders. The range also features packaging made of post-consumer resin.



### POLISHING BAR

SOAP-FREE BODY EXFOLIATING CLEANSING BAR 100 G

Perfect for gently polishing your skin as you cleanse, this ethnobotanical skin cleansing bar effectively removes dirt, excess oil and impurities without the use of soap, leaving your skin feeling fresh, clean and smooth.

Apply in a gentle circular motion to dampened skin. Thoroughly rinse with warm water.

Epoch Polishing Bar is a great choice to buff impurities from your skin. It owes this trait to the presence of Sisku' pas bark – the ground bark of a coastal conifer treasured by the Cowlitz tribe of the Pacific Northwest for that very reason.



### BABY HIBISCUS HAIR AND BODY WASH

GENTLE CLEANSER AND MOISTURISER FOR BABIES 150 ML

Infused with Hibiscus flower extract, an ethnobotanical ingredient traditionally used in Southeast Asia, together with several skin conditioning agents such as elderberry fruit juice, calendula, and oat kernel extract, it soothes and moisturises the skin and helps maintain a healthy-looking scalp.

Support your child's neck and shoulders with one arm, holding them securely under your armpit. With your free hand, dispense the desired amount of foam onto their wet head and body. Gently massage the foam into their hair and skin, before rinsing them clean.

Various cultures throughout Southeast Asia have used the hibiscus flower for centuries. The flowers and leaves were crushed in boiling water to create an infusion and applied to the hair and scalp for its soothing benefit.

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW



### GLACIAL MARINE MUD

PURIFYING MUD MASK FACE AND BODY 125 G



### BLEMISH TREATMENT

BLEMISH DIMINISHING GEL 15 ML



### BAOBAB BODY BUTTER

RICH BODY MOISTURISER 125 G



### EPOCH HAND CREAM

MOISTURISING HAND CREAM 125 ML



### SOLE SOLUTION

REJUVENATING FOOT CREAM 125 ML



### ICEDANCER

INVIGORATING LEG GEL 100 ML

#### REASONS TO LOVE

Using a sea clay extract taken from a remote glacial estuary in Canada, Glacial Marine Mud creates an amazing face mask filled with skin-beneficial minerals and trace elements. It works to soften and exfoliate the skin while also helping draw out impurities out impurities and toxins, leaving it feeling clear and nurtured.

Epoch Blemish Treatment is formulated to help improve the appearance of your skin and ease the discomfort associated with breakouts, while its gentle botanical ingredients will leave your skin feeling soothed.

Formulated with several botanical extracts including Shea Butter and the fruit pulp extract of the African Baobab tree, this lush cream delivers intense moisturisation to promote smooth and supple skin. The body moisturiser also features Macadamia Nut Oil and Shea Butter to help enhance skin's resiliency over time for even softer, hydrated skin tomorrow.

Epoch Hand Cream is specially formulated to smooth, soften, and moisturise your hands and cuticles whilst also visibly improving the appearance of your nails. It instantly melts into your skin for replenishing hydration. Plus, with its non-greasy formula, this luxurious cream leaves you with long-lasting softness and smoothness.

Enhance the skin on your toes, heels and soles to leave them looking healthy and soft. Sole Solution is perfect for clearing dead skin cells or dry skin from tired feet.

Bring a refreshing & invigorating sensation to your legs with this cool and soothing ethnobotanical gel. With a fresh minty scent and a clear, non-sticky formula, IceDancer both feels and smells great – perfect for the end of a long day.

#### REASONS TO LOVE

#### HOW TO USE

Apply a generous layer of mud to your skin, making sure to avoid your eye and mouth areas. Let it dry for 15 to 20 minutes, or until its colour changes to a light aquamarine, then rinse thoroughly with warm water. Repeat this process two or three times a week.

Cleanse the skin thoroughly before applying the gel. Cover spots with a thin layer of Epoch Blemish Treatment. Start with one application daily, gradually increasing to two or three times a day. If dryness or peeling occurs, reduce application to once a day or every other day.

Apply the cream liberally anywhere on your body – we recommend paying special attention to your knees, elbows, and any other areas most in need of intense hydration.

Massage into your hands, nails, and cuticles as needed throughout the day.

Apply liberally to affected areas twice daily or as needed.

Massage the gel generously over your lower legs, calves, and behind your knees any time you wish. Wash your hands of any remaining gel to finish up.

#### HOW TO USE

#### DID YOU KNOW

Legend has it that Native Americans of the Pacific Northwest tried (and failed) to use this mud for pottery. The clay didn't hold, but they soon noticed that their hands had become softer and more hydrated as a result. Fast forward to today, where we've refined this mud further to create the mask you know and love.

Our blemish treatment formula contains botanical extracts (Job's Tears Extract (Coix Lacryma-Jobi Ma-Yuen seed extract), Yarrow extract (Achillea millefolium extract) and Burdock root extract (Arctium Lappa root extract)) that soothe the skin and improve its appearance.

For every Epoch Baobab Body Butter sold, Nu Skin donates US\$0.25 to the Nu Skin Force For Good Foundation for the Malawi Seeds of Hope project. The reforestation initiative focuses on planting fruit trees as well as conserving Baobab trees in local villages. These fruit trees help change the lives of vulnerable people in Malawi by providing nourishment and a source of income.

Inspired by the culture of South America, Hand Cream contains Murumuru Seed Butter, traditionally used to help skin look and feel healthy by providing deep nourishment and hydration. On top of that, it's perfectly sized to pop in your purse for on-the-go hydration!

Inspired by the people of Central America, the Sole Solution formula features a natural fragrance with Crushed Allspice Berry.

Inspired by the culture of North-Western Native Americans, IceDancer contains wild mint extract to refresh and revitalise tired legs. Their hunters would often spend long days and nights on their feet, walking and running for hours before being able to rest. They would rub this herb directly onto their legs to refresh them.

#### DID YOU KNOW



## NU SKIN BODY CARE

give your body the gentle care it deserves

Nourish, condition and soothe your skin with each and every me-time moment – after all, it's the least it deserves. Nu Skin's entire body care range is formulated to offer that gentle, pampering touch from tip to toe, enriching every part of your skincare routine to leave your skin as soft as silk.



**LIQUID BODY BAR**  
MOISTURISING BODY WASH 250 ML

This soap-free moisturising body wash brings the perfect balance of freshness and hydration. With a rich, creamy, pH-balanced formula, Liquid Body Bar gently removes dirt, oil and impurities while protecting the essential moisture barrier in your skin.

Apply the desired amount of product to your wet skin, working it into a lather and rinsing well. Follow up with your Nu Skin body moisturiser of choice.

Liquid Body Bar is a full sensory experience – its aromatic grapefruit fragrance refreshes the senses and smells amazing.



**LIQUID BODY LUFRA**  
EXFOLIATING BODY SCRUB 250 ML

A soap-free exfoliating cleanser with a refreshing minty smell, Liquid Body Lufra provides essential exfoliation by gently scrubbing out surface impurities and dead skin cells. Whether you're in the middle of a harsh, dry winter or the heat of summer, step out of every shower with smooth, soft, vibrant skin.

Apply Liquid Body Lufra to dampened skin, working it gently into a lather before giving yourself a thorough rinse. Follow that with a round of Nu Skin Body Smoother and add in Perennial Intense Body Moisturiser to the areas that really need it. Repeat the whole thing two or three times a week.

Liquid Body Lufra uses finely ground walnut husks to exfoliate and clear away dry, rough patches of skin. Don't worry, though. It also has a gentle touch, coupling that with Aloe Vera to soothe and nurture as it does so.



**BODY SMOOTHER**  
MOISTURISING BODY LOTION 250 ML

This light body moisturising lotion is quick to absorb, with a nourishing formula packed with the likes of Aloe Vera, algae extract and Vitamin E. Better yet, it works to condition and hydrate your skin without leaving a heavy, oily residue in its wake.

Smooth the lotion over your entire body right after bathing, making sure your skin is still slightly damp, working it in with a gentle massage.

Quick and easy to use, Body Smoother is quick to absorb, so try it out before getting dressed and get on with your day with no second thoughts.

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW

**NU SKIN HAIR CARE**

lifeless or luscious?  
the choice is yours

From shampoos to conditioners and hair masks, Nu Skin's Hair Care line is designed to take care of dry, normal and oily hair. You'll find all you need to to keep your hair in good condition and bring the lustre back to those lifeless locks for visibly younger, healthier looking hair.



**HAIR MASK**

DEEP CONDITIONING HAIR MASK  
FOR ALL HAIR TYPES 100 G

Its formula seals, smoothes and strengthens each cuticle, while hydrating and repairing the outer shaft of your hair to improve softness and smoothness., Hair Mask improves the look and feel of damaged hair to leave it looking younger and healthier.

Use one to three times each week. After shampooing, work the mask evenly into wet hair, paying extra attention to ends and damaged areas. Leave the product in your hair for 5 to 10 minutes, then rinse thoroughly.

With a formula featuring CS7, Hair Mask smooths cuticles to leave hair feeling softer, protects against cuticle abrasion and helps it resist breakage.



**SMOOTHING SHAMPOO**

SMOOTHING SHAMPOO 250ML

Pamper your lacklustre locks with this Smoothing Shampoo to help smooth frizz and leave hair clean, soft, and lustrous. This multitasking formula is designed to gently remove excess oils and smooth out troublesome strands for effortless style and a sleek, shiny finish.

Massage a dollop the size of a pecan nut into wet hair and scalp with fingertips. Rinse thoroughly. Repeat if necessary. Follow with a Conditioner.

Features a carefully selected blend of mild plant-based surfactants that gently removes buildup and leaves hair delightfully clean.



**SMOOTHING CONDITIONER**

SMOOTHING CONDITIONER 250ML

Get softer, smoother hair with this Smoothing Conditioner formulated to detangle, de-frizz, and leave you with a sleek, silky finish.

After using a shampoo, work a dollop the size of a chestnut evenly into wet hair with fingertips, paying special attention to ends or damaged areas. Rinse thoroughly.

Features a blend of hair conditioning agents including Coconut Oil, Panthenol, Sodium PCA and Shea Butter. Seals cuticles to repair hair and help it look soft and silky smooth.

*The availability of some products may vary per country. To check product availability consult the price list or visit [www.nuskin.com](http://www.nuskin.com)*

**REASONS TO LOVE**

**HOW TO USE**

**DID YOU KNOW**



**VOLUMIZING SHAMPOO**

VOLUMIZING SHAMPOO 250ML



**VOLUMIZING CONDITIONER**

VOLUMIZING CONDITIONER 250ML



**AGELOC NUTRIOL SCALP & HAIR SHAMPOO**

SCALP & HAIR SHAMPOO FOR THIN, STRESSED AND AGEING HAIR 200ML



**AGELOC NUTRIOL SCALP & HAIR CONDITIONER**

SCALP & HAIR CONDITIONER FOR THIN, STRESSED AND AGEING HAIR 175ML



**AGELOC NUTRIOL INTENSIVE SCALP & HAIR SERUM**

INTENSIVE SCALP & HAIR SERUM FOR THIN, STRESSED AND AGEING HAIR 75ML

**REASONS TO LOVE**

Uplift your style with this multitasking, weightless shampoo that visibly boosts softness and bounce while gently cleansing away excess oils and buildup for hair that's luxuriously soft, clean, and lustrous.

Treat yourself to wonderfully weightless hair. This fabulous formula is perfectly balance to detangle and support your hair's softness and shine without weighing it down.

ageLOC Nutriol Scalp & Hair Shampoo supports thin, stressed and ageing hair thanks to an exclusive blend of ingredients. As a duo with the ageLOC Nutriol Scalp and Hair Conditioner, it's proven to protect against colour fade & heat, while also helping to reduce hair breakage.

ageLOC Nutriol Scalp & Hair Conditioner provides nourishment and hydration with every use, helping to improve the condition of the scalp & thin, stressed and ageing hair by improving the strength of each strand from tip to root.

ageLOC Nutriol Intensive Scalp & Hair Serum features a formula uniquely paired with ageLOC Galvanic Spa, delivering essential ingredients to your scalp and roots for fuller, revitalised looking hair. This leave-on, non-greasy formula strengthens and fortifies the scalp day after day, helping thin, stressed and ageing hair look and feel thicker and healthier.

**REASONS TO LOVE**

**HOW TO USE**

Massage a dollop the size of a pecan nut into wet hair and scalp with fingertips. Rinse thoroughly. Repeat if necessary. Follow with a Conditioner.

After using a shampoo, work a dollop the size of a chestnut evenly into wet hair with fingertips, paying special attention to ends or damaged areas. Rinse thoroughly.

Apply a generous amount of shampoo to wet hair and gently massage into scalp and through hair. Rinse thoroughly with warm water. Follow with ageLOC Nutriol Scalp & Hair Conditioner. For optimal results, add ageLOC Nutriol Intensive Scalp & Hair Serum to your hair care regimen, twice per day used together with the ageLOC Galvanic Spa.

Use after ageLOC Nutriol Scalp & Hair Shampoo. Work an ample amount of conditioner evenly through wet scalp and hair, paying careful attention to ends and damaged areas. Wait for three to five minutes before rinsing. For optimal results, add ageLOC Nutriol Intensive Scalp & Hair Serum to your hair care regimen, twice per day.

Use on dry or damp hair. Part hair to mist serum directly onto scalp and roots. Gently massage into scalp with fingers, comb away unruly strands, and begin your two-minute ageLOC Galvanic Spa application. Using the Scalp Conductor and Application #5, touch the conductor directly to scalp and move from front of hairline backward. Do not rinse. Style as usual.

**HOW TO USE**

**DID YOU KNOW**

Features a carefully selected blend of mild plant-based surfactants that gently removes build-up and leaves hair delightfully clean.

Features a blend of hair conditioning agents such as Coconut Oil, Panthenol, and Butylene Glycol to help visibly rejuvenate hair for beautiful softness and shine.

When used together as part of the complete ageLOC Nutriol Scalp & Hair System (Shampoo, Conditioner and Serum), your hair will appear more voluminous than ever, leaving you with full-bodied, healthy-looking locks you're sure to love.

This powerful conditioner contains shea butter and glycerine to help hydrate and nourish dry, damaged and over-processed hair.

When we asked a clinical grader to assess his subjects' hair after using the ageLOC Nutriol Scalp & Hair System for 6 months, the results were pretty impressive. The following results were reported: a 107% increase in volume, 106% increase in softness, an 84% increase in shine, and a 67% increase in thickness!\*

**DID YOU KNOW**

\*Based on a 6-month in-vivo consumer use study included 19 males and 33 females, between 30 and 71 years old. Subjects were instructed to apply the ageLOC Nutriol Intensive Scalp & Hair Serum to their scalp twice daily and follow each application with a two-minute ageLOC Galvanic Spa treatment. Subjects used the ageLOC Nutriol Scalp & Hair Shampoo and ageLOC Nutriol Hair & Scalp Conditioner.



**AP 24®**  
*freshen up your smile with every brush*

From fresh breath, to bright teeth, to shimmering, shining lips, the AP 24 range has everything you need for a bright, picture-perfect smile, and the just-brushed feeling that comes with it.

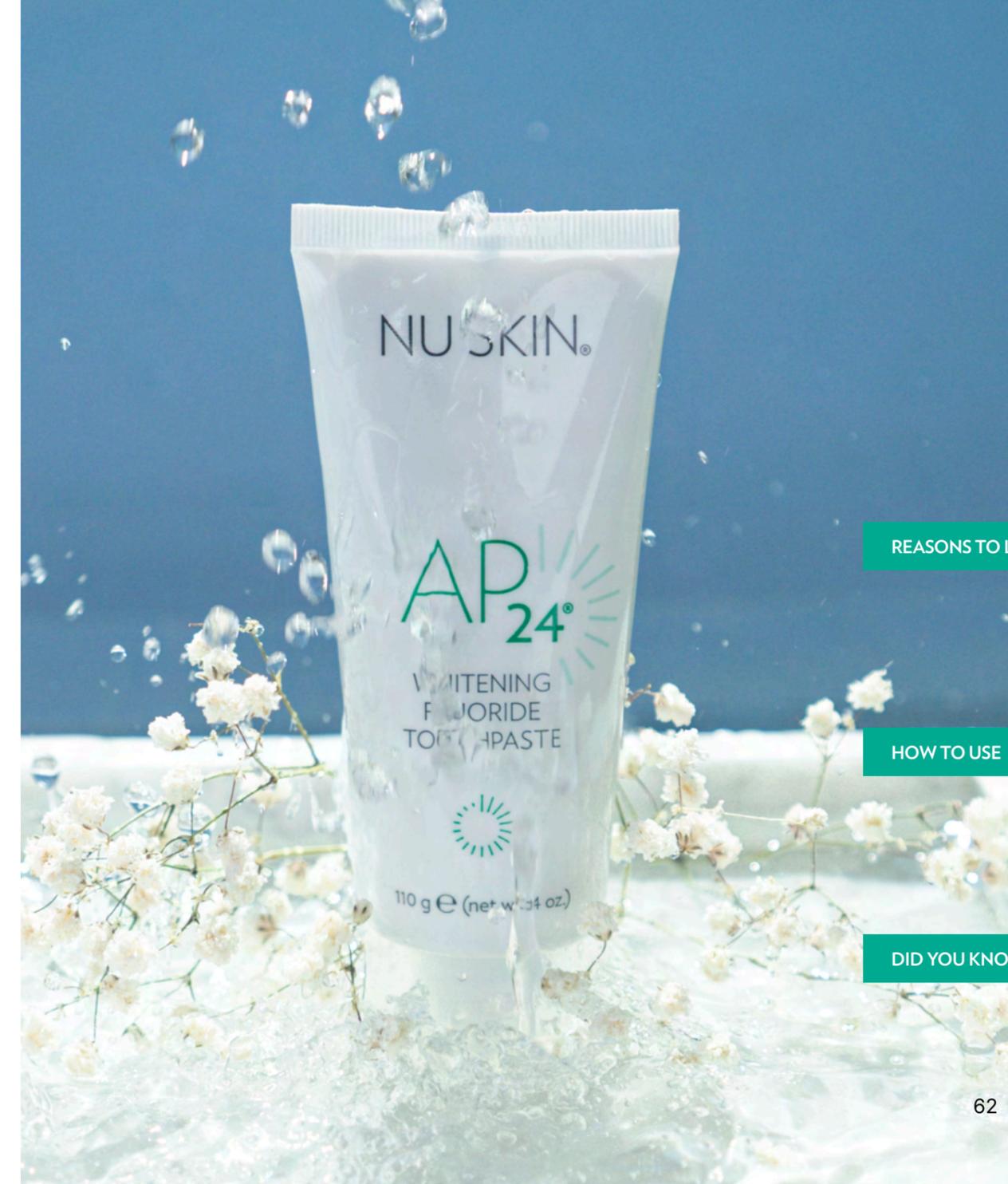


**WHITENING  
 FLUORIDE TOOTHPASTE**  
 WHITENING TOOTHPASTE 110 G

Brighten and whiten your teeth while hindering the formation of plaque with AP 24 Whitening Fluoride Toothpaste. A combination of ingredients lightens teeth, while a refreshing vanilla-mint flavour helps freshen breath for that long-lasting, clean, just-brushed feeling.

Brush thoroughly at least twice a day, or after each meal unless otherwise directed by a dentist or physician. Feel free to alternate with AP 24 Anti-Plaque Fluoride Toothpaste. For children under 6, we recommend using a pea sized amount of toothpaste and supervising their brushing habits to limit the risk of excess swallowing.

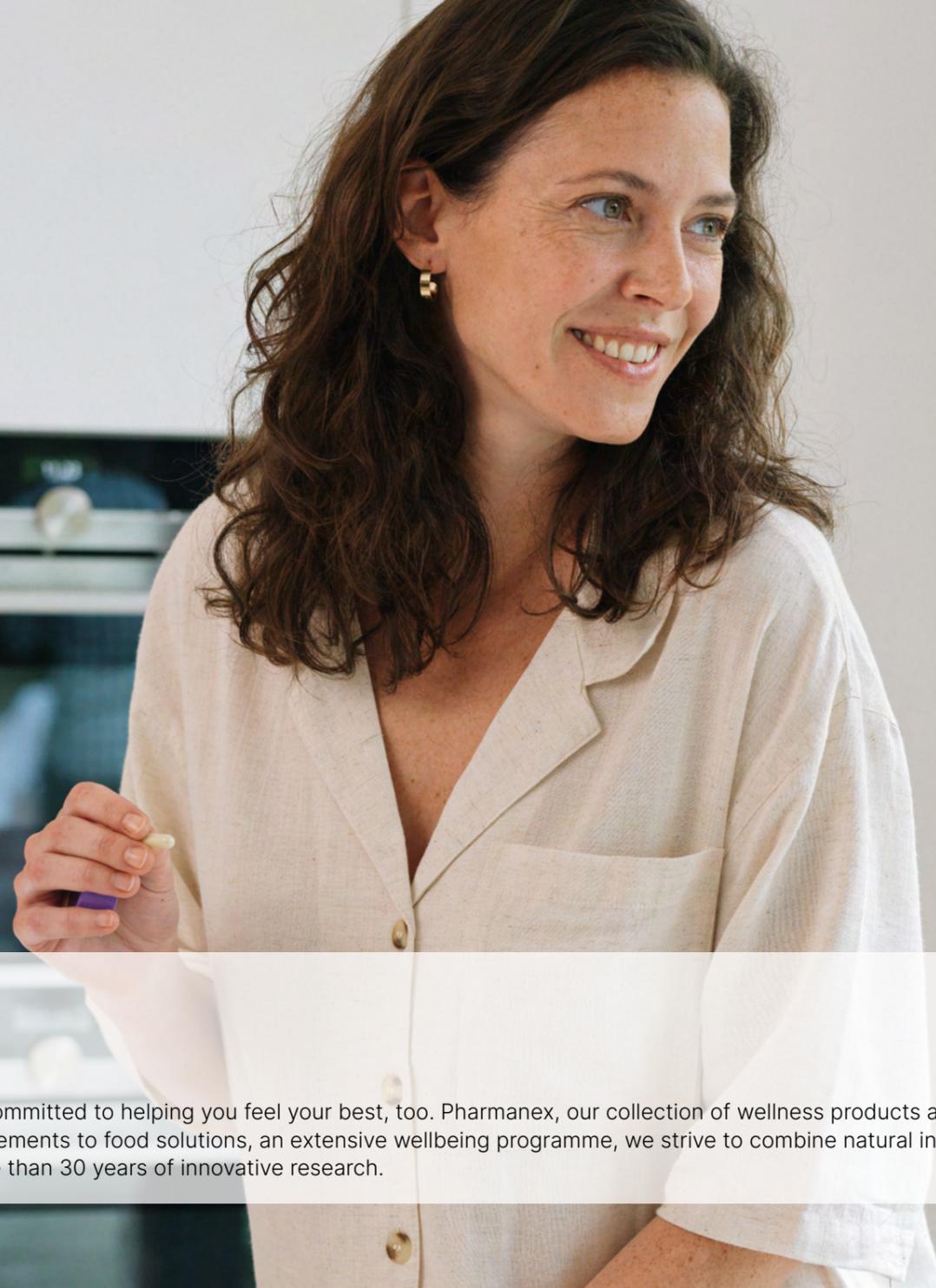
This toothpaste features a unique combination of ingredients which works to polish and cleanse your teeth.



REASONS TO LOVE

HOW TO USE

DID YOU KNOW



**PHARMANEX**

**real beauty starts from within**

While we love helping you look your best, we're committed to helping you feel your best, too. Pharmanex, our collection of wellness products aims to cover all aspects of nutrition. From high-quality food supplements to food solutions, an extensive wellbeing programme, we strive to combine natural ingredients with the latest scientific advancements based on more than 30 years of innovative research.



S3



**LIFEPAK+**  
HEALTH SUPPLEMENT 60 SACHETS

Packed with well-known vitamins, minerals and herbal extracts, LifePak+ helps to keep you at your best each and every day.

Take the contents of one (1) LifePak+ sachet: four (4) coated tablets at the same time once a day with 250 ml of liquid with your meal.

We see the term 'balanced diet' all the time, but it's never all that clear exactly what that means. Essentially, it should include macronutrients – fats, proteins and carbohydrates – and micronutrients – vitamins and minerals – to meet our daily nutritional needs.

*The availability & usage of some products may vary per country. To check product availability in your local market, visit [www.nuskin.com](http://www.nuskin.com). Please read the instructions on the packaging carefully before use.*



**MARINE OMEGA**  
FOOD SUPPLEMENT 120 SOFT GELS

As the name suggests, this food supplement is packed with high levels of Omega 3 fatty acids, originating from fish oil and sustainably sourced Antarctic krill.

Take two soft gels, twice per day, with food and drink.

Eicosapentaenoic Acid (EPA) and Docosahexaenoic Acid (DHA) are a pretty talented pair. Having a daily intake of 250 mg of these two fatty acids supports the normal functioning of your heart. In addition, a daily intake of 250 mg of DHA helps to maintain normal brain function and vision.

*\*For Switzerland: Take one (1) soft gel daily with food and drink. \*\*Not applicable for Switzerland.*



S3



**G3 BLENDED FRUIT DRINK 2PK**  
2 X 750 ML

G3 is based on a cocktail of 9 fruit juices. A delicious source of vitamin C, it's a great choice for the whole family.

Shake the bottle well before drinking and enjoy!

G3 contains the carotenoids beta-carotene and lycopene. Carotenoids is a family of pigments found in fruits and vegetables and are primary responsible for their red, orange and yellow colours.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



**VITAMIN C PLUS ZINC**

FOOD SUPPLEMENT 60 CHEWABLE TABLETS

Your body can look after itself. In addition, you can support your natural immune system, especially during wintertime. Both vitamin C and zinc contribute to the normal functioning of your immune system, and Pharmanex Vitamin C plus Zinc provides you with these two micronutrients for twice the immune support!

Take one chewable tablet twice daily.\*

**DID YOU KNOW**

Pharmanex Vitamin C plus Zinc includes a mix of ascorbic acid and sodium ascorbate, which are both good sources of vitamin C.



Take it easy  
and chew your  
supplements

**HOW TO USE**

\*For Switzerland and Denmark: Take one (1) chewable tablet daily.



**MAGNESIUM**

FOOD SUPPLEMENT 30 CHEWABLE TABLETS

Pharmanex Magnesium contains magnesium, which contributes to normal energy-yielding metabolism as well as reduction of tiredness and fatigue. Moreover, the product is optimally formulated and can be used to complement your daily diet.

Take one chewable table, once daily.

We use magnesium hydroxide that finds its origin in seawater – a well-tolerated and bioavailable source of magnesium. Thanks to using this specific source, Pharmanex Magnesium supports the absorption of magnesium in your body.



**TEGREEN**

DISCIPLINE-SPECIFIC COMPLEMENTARY MEDICINE  
30/120 CAPSULES

Green tea consumption provides catechins which is a source of antioxidants for the maintenance of good health. Antioxidants can help maintain our health by capturing free radicals which are formed in the body. Tëgreen 97® is a proprietary, extract containing catechins as source of antioxidants and other polyphenols found naturally in green tea.

Take one (1) to four (4) capsules daily; preferably one (1) or two (2) each morning and evening with a meal.

Preparations of Green tea leaves have been used traditionally in China for thousands of years and now also modern science has identified certain benefits from catechins in green tea leaves.



**AGELOC® VITALITY**

DISCIPLINE-SPECIFIC COMPLEMENTARY MEDICINE  
180 CAPSULES

ageLOC Vitality offers a well-chosen blend of key ingredients Cordyceps sinensis, Pomegranate and Panax Ginseng which targets the following three dimensions: Support of physical performances, help to maintain energy levels and support mental well-being. ageLOC Vitality will help you feel fully engaged in your active lifestyle.

Take three capsules of ageLOC Vitality twice daily.

Panax ginseng is a pretty exotic root, often found growing in places like Korea, north-eastern China, and far-eastern Siberia. While sometimes confused with the likes of American ginseng, Siberian ginseng, and Panax pseudoginseng, they share little in common but the name.

**REASONS TO LOVE**

**HOW TO USE**

**DID YOU KNOW**



# BEAUTY FOCUS

## COLLAGEN PLUS

Beauty Focus Collagen Plus is an innovative collagen health supplement that includes expertly chosen ingredients.

Nu Skin Collagen is under specific controls by our supplier during hydrolysis to obtain the right collagen peptide profile or peptide "fingerprint".



**COLLAGEN PLUS**  
HEALTH SUPPLEMENT WITH 30 SACHETS

Our innovative collagen beauty supplement includes Collagen Hydrolysate, Wheat Oil Extract and Lutein.

Mix one stick pack into 100 ml of water. Consume within first few minutes of mixing. Take once daily.

Our collagen peptides feature a very specific peptide profile or peptide "fingerprint".

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



**TRTHRIV FOCUS TEA**

INSTANT HERBAL TEA INFUSION WITH GUARANA, MATCHA GREEN TEA, LEMON FLAVOURING 30 SERVINGS

**REASONS TO LOVE**

TRthriv Focus Tea is a drink that helps you to kickstart your day. Rich in ingredients of botanical origin and containing Guarana – a plant-based source of caffeine – our Focus Tea is a great alternative to your cup of coffee or favourite energy drink.

**HOW TO USE**

Mix 1.8 g with 350 ml of water (enjoy hot or cold). Enjoy hot or cold.\*

**DID YOU KNOW**

TRthriv Focus Tea should not be consumed along with other products containing green tea on the same day. You might drink both Focus Tea and coffee during the day, but we advise you to not exceed a maximum daily dosage of caffeine (400mg).

\*Consume maximum 3 servings per day.





## TRME® BODY BALANCE SYSTEM

Empowers you to  
customise your  
wellbeing journey

Body balance refers to the state of equilibrium between one's healthy habits, lifestyle, and wellbeing. It involves finding the right mix that supports your overall health. That's where ageLOC TRME comes in - a system that empowers you to customise your journey by giving you a self-tailored, flexible experience. To support you and help you make the right decisions for your journey, we offer you a range of food supplements as well as a TRME body balance guide, but you get to decide which to use according to your goals and balance.



### TRME WEIGHT MANAGEMENT KITS

To help you make the right decisions on your journey, we offer you a range of food supplements as well as a TRME body balance guide for you to use according to your goals and balance. You can combine all four TRME products: InnerNu, MyEdge, MyGoal and RealMe\*. By adding all the TRME products to your daily routine, you enjoy the benefits of each product at the same time. You can also add M-Bars to your weight management journey for weight maintenance or weight loss support.\*\* So, no matter what your objectives and intentions are, within this system you can find something for yourself and adapt your plan to your unique journey.

#### What's included in this kit:

- 1x TRME MyGOAL
- 1x TRME MyEDGE
- 1x TRME INNERNu
- 1x TRME REALMe\*
- 30x M-Bars

Join the community today and discover the beauty of our integrated wellness approach.

\*TRME REALMe is not sold in Belgium. The kits do not contain REALMe in this market.  
\*\*Substituting one daily meal of an energy restricted diet with a meal replacement contributes to the maintenance of weight after weight loss. Substituting two daily meals of an energy restricted diet with meal replacements contributes to weight loss.





### TRME INNERNu

FOOD SUPPLEMENT 30 SERVINGS

Intestinal comfort can contribute to your overall feeling of wellbeing. TRME InnerNu has been designed to act as your digestion support thanks to Ginger Rhizome Extract and Artichoke Leaf Extract, the latter ingredient additionally helping your body to detoxify.\*

Take 2 capsules once daily with the meal of your choice.

### DID YOU KNOW

To kickstart your journey, you can choose to detoxify\* your body thanks to the Artichoke Leaf Extract. The presence of this ingredient, as well as of Ginger Rhizome Extract, makes TRME InnerNu a great digestion support\* to use on a regular basis throughout the ageLOC TRME system.

\*Claims on-hold.



### TRME MyEDGE

FOOD SUPPLEMENT 20 SERVINGS

If you'd like to control your cravings, TRME MyEdge can help you. It contains Carob Powder that will help you limit the feeling of food craving,\* no matter what your motivations are. It also contains Chromium that contributes to the maintenance of normal blood glucose levels and White Mulberry Leaf Extract that contributes to normal blood sugar levels\*.

Mix one stick pack with 100ml of the liquid of your choice. Take once daily right before or with a meal. If settling occurs, stir again before consuming. You can also mix TRME MyEdge in your food or a beverage other than water.

Did you know that there can be many reasons why you crave food? Sometimes it's simply because you're hungry, other times you snack to feel better, and sometimes just out of habit or boredom, which is perfectly fine! But if you'd like to control your cravings, TRME MyEdge can help you with that thanks to the presence of Carob Powder.\*

\*Claims on-hold.



### TRME MyGOAL

FOOD SUPPLEMENT 30 SERVINGS

Are you on your weight management journey and looking for a product to help you lose weight? Search no further – TRME MyGoal is exactly what you need to support your weight management efforts! This food supplement contains carefully selected ingredients, like Glucomannan that contributes to weight loss, and a complex of vitamins (Vitamin C, Vitamin B6, and Vitamin B12) so that you can provide your body with key micronutrients at the same time.

Mix one sachet with a big glass of water (at least 250ml) 3 times per day, 15-20 minutes before each meal. Stir until completely dispersed into fluid, then drink immediately before it thickens too much.

Glucomannan is a dietary fibre that has a remarkable ability to absorb water, which means it forms a viscous, gel-like mass in the stomach when mixed with liquid and this "mass effect" that can lead to a decrease in subsequent energy intake. When used in conjunction with an energy-restricted eating plan, Glucomannan contributes to weight loss.\*

\*The beneficial effects are obtained with a daily intake of 3 g of glucomannan in three doses of 1 g each, in addition with 1-2 glasses of water, before meals and in the context of an energy-restricted eating plan.



### TRME REALMe

FOOD SUPPLEMENT 30 SERVINGS

There are many ways to improve your body balance journey, both mental and physical. But did you know that the healthy liver can contribute to your overall health and wellbeing? As the largest gland in the human body, the liver plays an important role in various metabolic processes, including the metabolism of fats. Thanks to the *Curcuma longa*, TRME REALMe\* prevents fat accumulation by the liver and facilitates their breakdown by the liver.\*\*

Take 2 capsules once daily with the meal of your choice.

The liver is the largest internal organ, and something even more impressive than its size is its functionality. Acting as a central hub, the liver plays a key role in many bodily processes working hard to contribute to maintaining your overall health. For instance, it is involved in the metabolism of carbohydrates, proteins, and lipids (or fats).

\*This product is not available in Belgium. It does not have any claim in Italy.  
\*\*Claim on hold. The prevention of fat accumulation is linked to their destockage by the liver, thanks to *Curcuma Longa*. This claim is not recognized by IT legislation.



### TRME M-BARS

MEAL REPLACEMENT BAR 10 & 30 PACK

Vegan\*, low in sugars and high in fibre, a single bar replaces one main meal per day as part of an energy restricted diet in which other foods are necessary. Available in chocolate and in pack of 10 or 30 bars.

For those looking to maintain their weight after weight loss, substitute either breakfast, lunch or dinner for a single bar. Eat the bar with a glass of water. Those looking to lose weight may substitute two main meals per day with one bar per meal.

Like all meal replacements, each M-Bar consists of at least 30% of the NRV of vitamins and minerals. Make sure to enjoy them with an adequate daily fluid intake, regular exercise and as part of a varied, balanced diet!

\*The TRME M-Bar Chocolate does not contain ingredients of animal origin. There may be an unintended presence of non-vegan substances used as processing aids or present in the manufacturing facility.

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW



**TR90®**  
*transform the way you eat, move, and live*

Nothing worth having comes easy, but you don't have to do it alone. TR90, the playful wellbeing programme, helps you transform your life by changing the way you Eat, Move and Live. Complete with meal replacements, an empowering guide, and frequent updates, we'll be right by your side every step of the way.



**TR90 WELLBEING PROGRAMME**

A 90 DAY WELLBEING PROGRAMME

Rediscover your curious and confident self with TR90. It's a wellbeing programme based on nutritional science, natural ingredients, and a personal support system. Give TR90 a try for 30 days or more. With the help of meal replacement bars, botanical-rich drinks and carefully calibrated supplements – plus an exercise and diet plan – you'll certainly find the best way to shape your life.

The programme runs for 90 days. For the first 2 weeks of the programme, mix 1 sachet of JS with a glass of water. Take 1 Complex C tablet 3 times per day, and 1 Complex F tablet 4 times per day, 15-20 minutes before eating for 90 days. Swap one main meal for an M-Bar and glass of water. Follow the advised eating and activity plan.

You won't be going through your journey alone – we'll be sending out regular tips, tricks and helpful advice both via email and through social media.



REASONS TO LOVE

HOW TO USE

DID YOU KNOW



**TR90 V-SHAKE VANILLA**  
VANILLA-FLAVOURED VEGAN PROTEIN SHAKE

## REASONS TO LOVE

Discover TR90 V-Shakes: the vegan-friendly protein shake the whole planet can enjoy. This delicious vanilla flavoured shake has plant-based protein and contains no artificial colours or preservatives, making it an ideal way to optimize your diet.

## HOW TO USE

Mix 25 g of TR90 V-Shake powder with 500 ml of cold water. Remember to fill the shaker with liquid first, then add the protein powder and shake well for 20-30 seconds. If you do not have a scoop, 25 g is equal to approximately two tablespoons.

## DID YOU KNOW

The TR90 V-Shakes are suitable for everyone - and even those over 65 who just want to keep up with the kids!

\*Coming soon in 2021\*



**TR90 V-SHAKE CHOCOLATE**  
CHOCOLATE-FLAVOURED VEGAN PROTEIN SHAKE

Discover TR90 V-Shakes: the vegan-friendly protein shake the whole planet can enjoy. This delicious chocolate flavoured shake has plant-based protein and contains no artificial colours or preservatives, making it an ideal way to optimize your diet.

Mix 25 g of TR90 V-Shake powder with 500 ml of cold water. Remember to fill the shaker with liquid first, then add the protein powder and shake well for 20-30 seconds. If you do not have a scoop, 25 g is equal to approximately two tablespoons.

Each serving of the V-Shake contains 19 grams of protein, sourced from pea and brown rice, and is lactose-free, gluten-free, and soy-free - fantastic for a protein snack, or as part of your breakfast.

\*Coming soon in 2021\*



**TR90 Complex C**  
FOOD SUPPLEMENT 90 CAPSULES

Whether you enjoy it as part of the TR90 Wellbeing Programme or prefer to take it alone, this sour cherry supplement combines the benefits of tart cherry (*Prunus cerasus*) fruit powder with cocoa and pomegranate.

Take one (1) capsule three (3) times per day. Preferably, take 15-20 minutes before meals with a large amount of water.

While it's important to remember that supplements should never be used to replace a varied and balanced diet, they can definitely help support one.



**TR90 Complex F**  
SUPPLEMENT 120 CAPSULES

Whether you enjoy it as part of the TR90 Wellbeing Programme or prefer to take it alone, this botanical food supplement is designed to get you primed and ready for whatever transformation you're looking for. It contains a blend of ingredients including citrus fruit, onion, grape, cayenne pepper, red orange and a green tea extract.

Take one (1) capsule four (4) times per day. Preferably, take 15-20 minutes before meals with a large amount of water.

The green tea extract in Complex F can help to protect your cells against oxidative stress.



**TR90 JS**  
DISCIPLINE SPECIFIC MEDICINE  
15 SACHETS

Composed only of botanical ingredients like prickly pear cactus, red orange, pomegranate and saffron, TR90 JS is the perfect drink for your morning routine, and to kick off the first two weeks of your TR90 experience.

Each morning, mix one sachet of powder into a glass with 250ml of water, or your favourite beverage if you prefer.

The ingredients in TR90 JS are lovingly harvested in the regions of California and the Mediterranean.

## REASONS TO LOVE

## HOW TO USE

## DID YOU KNOW

# FORCE FOR GOOD

## A culture of giving back

At Nu Skin, we want to be a Force for Good through caring for our planet, improving the lives of children, nourishing future generations and investing in our global community.



NU SKIN  
FORCE FOR GOOD  
FOUNDATION

The Nu Skin Force for Good Foundation has the mission to improve children's health, education, and economic circumstances, offering hope for a brighter future.

Nu Skin is built on the idea of giving back. It is the very core of who we are, and what we do. The Force for Good Foundation was born of this very ideal and has seen us lend our support to numerous fantastic causes around the world since 1996. The concept is simple: you can either donate to the foundation directly or you can purchase products of the Epoch line, for which Nu Skin will then make a 0.25USD donation per product sold to the foundation. The Nu Skin Force for Good foundation then partners with other non-profit organisations for different initiatives:

### THE PROJECTS

- **School of Agriculture for Family Independence (SAFI):** Teaching sustainable agriculture in Malawi at the Mtalimanja Village School. After implementing SAFI techniques, crop yields can increase as much as 700%. These are proper farming and irrigation techniques that farmers can use and take back to their villages.
- **Seed of Hope:** Donations made through sales of our Epoch Baobab Body Butter help fund the reforestation initiative in Malawi. This initiative originally focused on the valuable baobab trees. Today, it has evolved to also plant thousands of fruit trees, which contribute to the daily lives of those who live there.
- **Seacology:** Creating win-win conservation partnerships that help island communities build infrastructure now and preserve their marine habitats for generations to come.
- **Epidermolysis Bullosa Medical Research Foundation:** Funding research to find a cure for the devastating skin disease Epidermolysis Bullosa (EB)
- **Wells of Hope:** Providing funds to SAFI to clean water through our borehole project in Malawi. Every new well provides access to clean water for approximately 500 people.



NOURISH  
the CHILDREN

A for-profit social initiative empowering future generations one bowl at a time.

No child should ever go hungry. That's the belief behind Nu Skin's Nourish the Children initiative. With VitaMeal, we provide highly nutritious food developed by Nu Skin's very own nutrition scientists. You can purchase VitaMeal like regular products except the bags are donated directly to children through a third-party non-profit organisation such as Feed the Children. Each 30-meal bag of VitaMeal contains 30 child-size portions, enough to provide a child with one nutritious meal each day for 30 days. And when you give, we also give. For every purchase of a VitaMeal five-pack, or every eight bags purchased, Nu Skin will add one more.

It is important to highlight that it is a for-profit programme with regular product commissions and profit. But this is precisely what makes the programme sustainable; the incentive around the sale helps ensure that VitaMeals are sold and promoted on a regular basis. Currently, more than 120,000 children receive VitaMeal each day, so it's important that it remains a continuous, sustainable effort. This is also how we have achieved no less than **800 million meal** donations worldwide since its birth in 2002. And we are not stopping there. With our VitaMeal plants in Malawi, the Nourish the Children initiative is able to help create new jobs and economic opportunities in the communities that your generosity helps to sustain.

Nu Skin is a for-profit distributor of nutritional and skin care products and is traded on the New York Stock Exchange (NUS). Nourish the Children is an initiative of Nu Skin and is registered in some states as a commercial co-venture. The initiative enables Nu Skin's brand affiliates and customers to purchase VitaMeal from Nu Skin and donate it to charitable organisations to help solve the complex world problem of feeding malnourished children. The price of VitaMeal includes the cost of manufacturing, general overhead, distribution and sales. As is the case with other Nu Skin products, brand affiliates are paid commissions and Nu Skin earns a profit margin from each sale of VitaMeal.







 **NU SKIN**  Nu Skin South Africa  @nuskin\_za  [www.nuskin.com](http://www.nuskin.com)

Product Guidebook - South Africa

Please refer to the trademarks' glossary on [www.nuskin.com](http://www.nuskin.com) for a list of all registered trademarks in the Nu Skin European markets and South Africa.