



NU SKIN®

*Product
Guidebook*



AGELOC

The magic starts here. Experience the power of Nu Skin's famous anti-ageing ingredients.

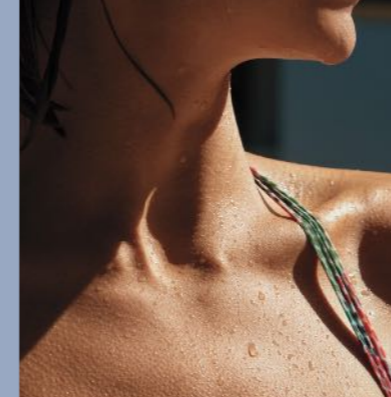
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TRU FACE

Target your visible signs of skin ageing and age your own way with this line of powerful, targeted solutions.

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Protect and moisturise your skin with Sunright.

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Experience Epoch and discover the secrets of nature; the world's rituals transformed into a range of face, hair and body products.

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NU SKIN 180°

The power of this anti-ageing regimen makes it the obvious choice for youthful looking skin.

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With a combination of cutting-edge science and powerful plant extracts, Nutricentials helps increase your skin's ability to adapt to environmental stressors, leaving it beautiful and radiant.

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NU COLOUR

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TR90

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FORCE FOR GOOD

A culture of giving back.

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AGELOC*unlock the secrets of youthful looking skin*

The magic starts here. Experience the power of Nu Skin's famous anti-ageing ingredients. Together with the cutting-edge technology of our LumiSpa and Galvanic devices, and everything in between, our ageLOC science offers all your skin needs to target the visible signs of ageing for a beautiful, youthful reflection.

**AGELOC SCIENCE***look as young as you feel*

Meet ageLOC - the jewel in the Nu Skin crown. The product of years of scientific collaboration and unparalleled research, it has helped drive us into this new era of anti-ageing skincare.

Exclusive to Nu Skin, it's this technology that helps us help you. By tackling the visible signs of skin ageing at their source, the ageLOC products work to diminish their appearance and unlock a youthful looking and feeling you.

INNOVATION THROUGH COLLABORATION

Innovation and collaboration lie at the heart of our success, driving Nu Skin to its role as a leader in the world of wellness and beauty with a wide range of products and patented technologies. It's this that sets us apart and helps us set the bar in the anti-ageing industry. By understanding and targeting the sources of ageing through our products, we can provide solutions with clear, visible and demonstrable results.

But of course, we don't do this alone. Our team of in-house scientists thrive in an atmosphere dedicated to research and development. It's by forging collaborative relationships with leading research institutions that Nu Skin continuously develops amazing skin care products to take the industry by storm.

THE SCIENCE BEHIND THE MAGIC

Nu Skin is tackling the visible signs of ageing like never before. Working together with some of the world's leading anti-ageing researchers, Nu Skin's scientists have identified key groups of functional clusters of genes that play an important role related to the appearance of signs of ageing. Our exclusive ageLOC science targets these ultimate sources of ageing to develop products that help you look and feel younger.

THE BALANCE OF YOUTH

Identifying these key groups is just the first step - it is also important to understand that by influencing the expression profile of these functional groups of genes, this could potentially impact these aging attributes. Balancing the expression profile of a certain group of genes is a subtle process: the expression profile of different functional groups of genes means that some gene expressions are turned down and others up with age. So it is not as simple as switching them on or off.



GENTLE CLEANSE & TONE

ANTI-AGEING FOAMING CLEANSER & TONER 60 ML



FUTURE SERUM

ANTI-AGEING FACIAL SERUM 30 ML



RADIANT DAY SPF 22

ANTI-AGEING DAY-TIME FACIAL MOISTURISER 25 ML



TRANSFORMING NIGHT

ANTI-AGEING NIGHT-TIME
FACIAL MOISTURISING CREAM 30 ML



REASONS TO LOVE

Combine cleansing and toning into one simple step with ageLOC Gentle Cleanse & Tone. The luxurious dual-action formula softly foams to gently cleanse, replenish and hydrate your skin. It also helps to maintain its natural pH level, while our ageLOC ingredients work to tackle the visible signs of ageing skin at the source.

ageLOC Future Serum and the power of its patented ageLOC ingredients blend reveal youthful looking skin in eight different ways. Target the visible signs of skin ageing at their source, hydrate and enjoy a smoother, firm skin structure with an even, radiant tone while reducing the appearance of pores and discolouration. That's some combo!

Lightweight and easy to use, ageLOC Radiant Day SPF 22 visibly brightens and hydrates skin while helping to resist the visible signs of skin ageing. This silky smooth formula leaves your skin feeling smooth and soft, and reduces the appearance of fine lines and wrinkles to deliver radiant, flawless looking skin. It also protects your skin from excessive sun exposure.

Reduce the appearance of fine lines, wrinkles and pores with ageLOC Transforming Night, a rich hydrating cream which works together with your natural nightly renewal process to see you wake to smooth, supple skin. Fuelled by mild ingredients and our ageLOC blend, it hydrates, rejuvenates and tackles the the visible signs of skin ageing at the source.

REASONS TO LOVE

HOW TO USE

Use twice a day, both morning and night. Moisten face and neck with lukewarm water. Pump three times onto your fingertips and gently massage your face and neck, avoiding direct contact with the eyes. Rinse with warm water and pat dry. ageLOC Gentle Cleanse & Tone's package size and usage instructions are optimised to last for 30 days.

Before moisturising both morning and evening, pump twice onto your fingertips and apply the serum in an upward, outward motion to your face and neck, avoiding the eye area. ageLOC Future Serum's package size and usage instructions are optimised to last for 30 days.

Each morning, squeeze a pea-sized amount onto your fingertips and apply in an upward, outward motion to your face and neck, avoiding the eyes. ageLOC Radiant Day SPF 22's package size and usage instructions are optimised to last for 30 days.

To complete your evening regimen, scoop a small amount of the product onto your fingertips and apply in an upward, outward motion to your face and neck, avoiding the eye area. ageLOC Transforming Night's package size and usage instructions are optimised to last for 30 days.

HOW TO USE

DID YOU KNOW

Not only will you save time in a busy schedule by combining your cleansing and toning tasks, you'll also experience that ageLOC Gentle Cleanse and Tone is formulated with mild cleansing ingredients, gentle enough for all skin types. ageLOC Gentle Cleanse & Tone is also available as part of the ageLOC Transformation package.

ageLOC Future Serum tackles the visible signs of ageing skin at the source. It's pretty great at multi-tasking, too – you'll experience eight different skin benefits in one small package! Future Serum is also available as part of the ageLOC Transformation package.

ageLOC Radiant Day and ageLOC Transforming Night are siblings! Sharing many hydrating and anti-ageing ingredients, they ensure that your facial skin receives a stream of complementary benefits for optimal effect! ageLOC Radiant Day is also available as part of the ageLOC Transformation package.

ageLOC Transforming Night and ageLOC Radiant Day are siblings! Sharing many hydrating and anti-ageing ingredients, they ensure that your facial skin receives a stream of complementary benefits for optimal effect! This product is also available as part of the ageLOC Transformation package.

DID YOU KNOW



AGELOC BOOST

Your ultimate skin brightening system

Two minutes may not feel like much – but they have the power to change your day. A chance romantic encounter, a lottery win, a surprise visit – 120 seconds can be truly transformative. Still don't believe us? Meet the ultimate glow-giver ageLOC Boost System and see for yourself! When used for 2 minutes on the face every day for 12 weeks, you can expect the following visible improvements to your skin¹:

- 75% more brightness
- 103% more plumpness
- 90% more bounce
- 104% more firmness
- 66% more skin smoothness
- 57% improvement in pore visibility
- 64% more skin softness

How did we achieve this, you ask? Well first, ageLOC Boost's cutting-edge, patent-pending Variable Pulse Microcurrent, sends intermittent, variable pulses to the skin, eight times a second. The pulses are also charge-balanced, so they switch from positive to negative every 2.4 seconds. When combined with the powerful ingredients of our Activating Serum, ageLOC Boost Device optimises and activates the skin for the complexion of your dreams!

Told you, it's simply brilliant!

¹ Results obtained from a third-party professional assessment based on a 12-week in vivo, single-blind consumer use study with 32 female subjects aged 25 to 40 who used the ageLOC Boost System once a day for 12 weeks.

² Results obtained from a third-party professional assessment based on a 6-week in vivo, consumer use study with 20 female subjects, between 25 and 40 years old, who used ageLOC Boost Activating Serum together with the ageLOC Boost Device, 1/day, for 6 weeks.



BOOST SYSTEM
FACIAL SKIN BRIGHTENING SYSTEM

Let your skin glow brighter. Combining its breakthrough Variable Pulse Microcurrent Technology with the potent ingredients of the Activating Serum, ageLOC Boost System brings out your skin's brilliant best, leaving it visibly brighter, plumper, and bouncier¹, illuminating your complexion with a youthful radiance and even tone. All in two minutes a day!

Once a day after cleansing and toning. Step 1: Turn on device by swiping up. Step 2: Dispense 3 pumps of the Activating Serum onto the device's conductive surface. Spread over one half of the face. Step 3: Swipe up again. Glide conductive surface over face. Step 4: Repeat step 2 & step 3 on other half of the face. Step 5: Device automatically turns off. Massage excess Activating Serum into skin, then follow with your daily skincare regimen.

You can expect to see the first visible results on skin plumpness, bounce, brightness, firmness, pore visibility (and more) after 7 days¹ only, when using the system once a day! What's more? Benefits will last throughout the day²!



BOOST ACTIVATING SERUM
FACIAL BRIGHTENING SERUM 40ML

The perfect partner to ageLOC Boost device, the Activating Serum ensures that the unique, patent-pending Variable Pulse Microcurrent is effectively delivered to your skin. It's infused with skin-brightening ingredients, a hydrating plumping blend, a caviar lime fruit extract for gentle exfoliation and our proprietary ageLOC Blend to target the visible signs of skin ageing at the source.

Once a day after cleansing and toning. Step 1: Turn on device by swiping up. Step 2: Dispense 3 pumps of the Activating Serum onto the device's conductive surface. Spread over one half of the face. Step 3: Swipe up again. Glide conductive surface over face. Step 4: Repeat step 2 & step 3 on other half of the face. Step 5: Device automatically turns off. Massage excess Activating Serum into skin, then follow with your daily skincare regimen.

ageLOC Boost Activating Serum contains Sea Daffodil Extract known to provide brightening benefits for vibrant, glowing skin. Since it is a protected species, we source it through Controlled Environment Agriculture (CEA). CEA ingredients grow within an enclosed environment, ensuring traceability and sustainability from seed to solution.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW

AGELOC GALVANIC SPA AND AGELOC GALVANIC BODY SPA

for skin that's youthful looking from head to toe

The ageLOC Galvanic Spa combined with specifically designed cosmetic products, helps achieve a youthful look from head to toe, with heads for the face, scalp and body. You'll watch in wonder as the appearance of fine lines and wrinkles is reduced, a radiant complexion comes to life, and your scalp and skin are revitalised. Designed to optimise the benefits of our accompanying skin care products through galvanic current, the secret to youthful looking skin lies at your fingertips.

If you're impressed by that – and you should be – why stop there? Let us introduce the ageLOC Galvanic Body Spa. Simple to use, simpler to handle, targeting the visible signs of ageing skin has never been easier. Designed with simplicity in mind, its comfortable shape works together with the body's natural curves to optimise the effects of ageLOC Body Shaping Gel for a youthful looking you. Through pulsating galvanic current, Galvanic Body Spa offers a gentle and simple path to firmer, smoother looking skin, while reducing the appearance of cellulite for that toned look.



GALVANIC SPA

ANTI-AGEING SKIN REVITALISING DEVICE

When used with different Nu Skin products, this intuitive, modern device employs self-adjusting galvanic current commonly used in spas to help optimise their benefits. Smooth the appearance of fine lines and wrinkles, rejuvenate your complexion, and revitalise your skin's appearance. Bring the spa experience into your home with remarkable results.

Use together with the ageLOC Galvanic Spa Facial Gels, Tru Face Line Corrector, ageLOC Nutriol Intensive Scalp & Hair Serum, or ageLOC Body Shaping Gel and the appropriate Galvanic Spa conductor. Following the specific usage instructions, apply the product on your skin. Attach the conductor and select from Application #1 to #5 as directed.

The device sets the level of current that each skin type needs, ensuring a comfortable and effective experience every time. Aside from the ageLOC Galvanic Spa Facial Gels, your device also works with Tru Face Line Corrector, ageLOC Nutriol Intensive Scalp & Hair Serum, and ageLOC Body Shaping Gel, with specific benefits from each. Try them out!



GALVANIC SPA FACIAL GELS

REFRESHING & REVITALISING
ANTI-AGEING FACIAL GELS 8 X 4 ML

Used together with Nu Skin's ageLOC Galvanic Spa device, ageLOC Galvanic Spa Facial Gels bring that spa-like experience into the comfort of your own home, firming and lifting your skin while removing impurities and helping to visibly reduce lines and wrinkles*. Our ageLOC ingredients target the visible signs of skin ageing to help reveal your youthful look.

Use the gels together with your Galvanic Spa device and Face Conductor 2 or 3 times a week. Smooth the Pre-Treat Gel onto your face and neck and begin by selecting Application #1 on your device for the first application. Keep the device in contact with your skin. Remove any excess product and repeat the process with the Treatment Gel, selecting Application #2.

Using the Facial Gels with the ageLOC Galvanic Spa and Face Conductor ensures you get the optimal benefits from these products.

** Results obtained from a 2020 third-party professional assessment based on a 4-week in vivo, single-blind, randomised consumer use study with 30 female subjects who used the system three times a week.*



GALVANIC SPA FACE CONDUCTOR

FACIAL CONDUCTOR

This handy tool offers the ideal surface to use with your ageLOC Galvanic Spa Facial Gels. Its unique grooves create an area that captures more ageLOC product between the conductor and the skin. As the Face Conductor is moved around the skin, fresh product is captured and moved on the skin.

Use the facial conductor together with your Galvanic Spa device and ageLOC Galvanic Spa Facial Gels 2 or 3 times a week. Smooth the Pre-Treat Gel onto your face and neck and begin by selecting Application #1 for 2 minutes. Keep the device in contact with your skin. Remove any excess product and repeat the process with the Treatment Gel, selecting Application #2 for 3 minutes.

This tool is only suitable for use with the ageLOC Galvanic Spa and ageLOC Galvanic Spa Facial Gels.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



**GALVANIC SPA
FOCUS AREA CONDUCTOR**
FOCUS AREA CONDUCTOR



**GALVANIC SPA
SCALP CONDUCTOR**
SCALP CONDUCTOR



**GALVANIC SPA
BODY CONDUCTOR**
BODY CONDUCTOR



**GALVANIC
BODY TRIO**
ANTI-AGEING SKIN FIRMING TRIO



**BODY
SHAPING GEL**
BODY CONTOURING GEL 150 ML



**DERMATIC
EFFECTS**
BODY CONTOURING LOTION 150 ML

REASONS TO LOVE

The smooth, oval-shaped node of the Galvanic Spa Focus Area Conductor allows for better contact on key areas of your skin, helping to optimise the effects of Tru Face Line Corrector as it targets the fine lines and wrinkles around your mouth, eyes and forehead.

Redesigned with optimised ergonomics, this helpful comb-like conductor is easier to use than ever before. Its tines have more surface area than the older model and are contoured to fit the shape of the scalp, increasing contact by up to 50% percent and making sure you get the most from your ageLOC Nutriol Intensive Scalp & Hair Serum.

Formed with three rounded nodes for product coverage, Galvanic Spa Body Conductor is easy to use together with ageLOC Body Shaping Gel.

Our collection of the ageLOC Galvanic Body Spa, ageLOC Body Shaping Gel and ageLOC Dermatic Effects. We designed our device with a pulsating galvanic current, which research has shown to optimise the products' benefits. Together, our trio leaves you with a more contoured, smoother and firmer looking body.

Used with the Galvanic Body Spa, this gel targets the sources of visible signs of skin ageing and smooths the appearance of cellulite for a firmer, contoured skin appearance. Formulated to refresh the skin, the visible signs of ageing are reduced, and the appearance of dimpled areas is evened out, all to help improve the overall look and feel of your skin.

The ageLOC ingredients in Dermatic Effects tackle the visible signs of skin ageing at the source, while its formula helps smooth the appearance of cellulite and gives skin a firmer appearance for a youthful look. Leading edge optical technology instantly diffuses light for a smooth looking skin surface.

REASONS TO LOVE

HOW TO USE

Press firmly to snap the conductor into place. Smooth a generous amount of Tru Face Line Corrector over the lines around your mouth, nose, eyes and forehead, applying to one target area at a time. Do not rub in. Avoid direct contact with your eyes. Select Application #3 and spend 2 to 5 minutes on each area both morning and night.

Press firmly to snap the conductor into place. Apply ageLOC Nutriol Intensive Scalp & Hair Serum on dry or damp hair. Part hair as necessary to mist serum directly onto scalp and roots. Gently massage product into scalp with fingers and comb away any unruly strands. Select Application #5 and use for 2 minutes, morning and night.

Press firmly to snap the conductor into place. Smooth a generous amount of ageLOC Body Shaping Gel over one target area (arms, legs, thighs or buttocks). Do not rub in. Select Application #4 and spend 5 minutes on each target area, 3 days per week.

For optimal results, use together with the Body Shaping Gel, once per day, 3 days a week on your arms, abdomen, buttocks and/or thighs. Apply the gel to the desired area then wet your hands before using the device to massage the area until the cycle ends. Wipe away any excess with a damp cloth and follow up with ageLOC Dermatic Effects!

For optimal results, use together with the Galvanic Body Spa, once per day, 3 days a week on your arms, abdomen, buttocks and/or thighs. Apply the gel to the desired area then wet your hands before using the device to massage the area until the cycle ends. Wipe away any excess with a damp cloth and follow up with ageLOC Dermatic Effects!

For optimal results when used together with your ageLOC Body Shaping Gel regimen, apply Dermatic Effects twice per day – once in the morning and once at night – to the skin of your arms, thighs, buttocks and/or abdomen.

HOW TO USE

DID YOU KNOW

You can use this handy add-on with both the ageLOC Galvanic Spa and Tru Face Line Corrector.

As the name suggests, the Galvanic Spa Scalp Conductor is a great addition to your ageLOC Galvanic Spa and is key in achieving the benefits of ageLOC Nutriol Intensive Scalp & Hair Serum.

You can use your ageLOC Body Shaping Gel with both this device, and the Galvanic Body Spa!

Your device features a larger-than-ever ageLOC conductive surface, for optimal visible improvements.

This gel, designed to be compatible with the Galvanic Body Spa device, is specially formulated to refresh the appearance of your skin, while reducing the visible signs of ageing. When used as directed, studies suggest that you'll see the effects of the Galvanic Body Spa/ageLOC Body Shaping Gel/ageLOC Dermatic Effects combo in around 12 weeks.' In fact, an onset of the benefits was noticed starting at week 8 and improving through week 12.

Dermatic Effects is a lotion of many talents. It helps to increase cellular turnover to give your skin its natural radiant look, while you'll also experience moisturising benefits on a daily basis, smoothing your skin.

DID YOU KNOW



introducing
AGELOC LUMISPA

Creating a full routine can be confusing and time-consuming, but it doesn't need to be. Introducing the ageLOC LumiSpa: a complete skincare system that can help tackle your most common concerns with fantastic results – and without wasting your morning.

Youthful looking skin begins with a thorough cleanse. In just two minutes, used twice per day with one of our Activating Cleansers as part of your skin care regimen, you'll begin to experience 7 amazing benefits that go beyond a simple cleanse:

- Thoroughly cleansed skin
- Radiance
- Smoothness
- Softness
- Reduced appearance of pores
- Clarity
- Freshness

Skincare doesn't stop at cleansing. Using LumiSpa Accent & IdealEyes with your device allows you to target the small, hard-to-reach areas around your eyes, reinvigorating and exfoliating with the gentle touch that this delicate skin needs.

- Leaves your eye area looking awake and refreshed.
- Diminishes the appearance of dark circles, puffy eyes, under-eye bags, and tired skin.
- Visibly lifts and firms the skin beneath your eyes, as well as your upper eyelids.



**AGELOC LUMISPA
CLEANSING KIT**

POWERFUL, GENTLE
SKINCARE KIT 100 ML

The ageLOC LumiSpa simplifies facial skincare into one easy-to-use, handheld device. Used together with an Activating Cleanser twice per day, your skin will begin to experience 7 amazing benefits that go beyond a simple cleanse in just two minutes. The result? A youthful look and a bright, radiant complexion over time, with smoother, softer skin after a single use.

Wet your face with warm water and apply a generous amount of cleanser to your skin, avoiding your eye area. Wet the head of your device and power on. Glide it across your face in slow, broad strokes. Do not scrub or press hard. Every 30 seconds the device will pause for you to move to another part of your face. After use, rinse your face and pat dry.

Your ageLOC LumiSpa device is waterproof, making it great for use in the shower. It's also highly automated – the device will pause to alert you if you are using it incorrectly and switch off automatically at the end of the cycle, making your skincare routine more convenient than ever! Pick it up together with your ageLOC Activating Cleanser of choice.



**LUMISPA ACTIVATING
CLEANSER**

CREAMY FACIAL CLEANSER
FOR DRY SKIN 100 ML

Dry, flaky skin can be a challenge. It calls for a balance of cleansing and moisturisation. The ageLOC LumiSpa Activating Cleanser for Dry Skin is formulated with ingredients selected specifically to allow you to experience a mild cleansing that helps avoid uncomfortable tightness and maintains the skin's natural moisturizing factors.

Wet your face with warm water and apply a generous amount of cleanser to your skin, avoiding your eye area. Wet the head of your device and power on. Glide it across your face in slow, broad strokes. Do not scrub or press hard. Every 30 seconds the device will pause for you to move to another part of your face. After use, rinse your face and pat dry.

Each ageLOC LumiSpa Activating Cleanser is formulated with ingredients selected to help with specific needs of each skin type. Essential to the LumiSpa experience, they offer the comfortable grip and ideal cushion your device needs to guarantee our 7-in-1 solution for youthful looking skin.



**LUMISPA ACTIVATING
CLEANSER**

CREAMY FACIAL CLEANSER
FOR SENSITIVE SKIN 100 ML

If you have sensitive skin, cleansing isn't always easy. The ageLOC LumiSpa Activating Cleanser for Sensitive Skin brings an added feeling of comfort with a formula containing extracts of oat and Chinese pine to soften and soothe your skin. Its mild system gently and thoroughly cleanses while keeping dryness, itchiness and tightness in check.

Wet your face with warm water and apply a generous amount of cleanser to your skin, avoiding your eye area. Wet the head of your device and power on. Glide it across your face in slow, broad strokes. Do not scrub or press hard. Every 30 seconds the device will pause for you to move to another part of your face. After use, rinse your face and pat dry.

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REASONS TO LOVE

HOW TO USE

DID YOU KNOW



LUMISPA ACTIVATING CLEANSER

CREAMY FACIAL CLEANSER FOR NORMAL TO COMBINATION SKIN 100 ML



LUMISPA ACTIVATING CLEANSER

CREAMY FACIAL CLEANSER FOR BLEMISH PRONE SKIN 100 ML



LUMISPA ACTIVATING CLEANSER

CREAMY FACIAL CLEANSER FOR OILY SKIN 100 ML



LUMISPA SILICONE HEAD

HYGIENIC NON-ABRASIVE SILICONE HEAD NORMAL / GENTLE / FIRM



LUMISPA ACCENT & IDEALEYES

FIRMING AND REFRESHING EYE CARE KIT

REASONS TO LOVE

The ageLOC LumiSpa Activating Cleanser for Normal to Combination Skin is formulated with a blend of algae and plant extracts that will leave your complexion feeling clean and refreshed. Not only will it keep your skin moisture balanced, it will also clear blocked pores in oily parts for those with the combination skin type.

Perfect for blemish control, this cleanser is formulated with ingredients selected specifically to help you reduce the appearance of breakouts, cleanse skin and clear pores without compromising on comfort.

Looking to improve your skin's oily shine and blocked pores? The ageLOC LumiSpa Activating Cleanser for Oily Skin is formulated with Japanese knotweed to avoid excess oil build-up, while antioxidants such as pomegranate extract leave what was once greasy skin looking radiant and refreshed.

Soft and effective, the surfaces of our three ageLOC LumiSpa Silicone Heads are hygienic and easier to clean than bristle heads typically found on the market. Their unique Two-Sense Motion Technology allows for precise contact with the skin to help make the most of the ageLOC LumiSpa Activating Cleansers. Choose from Normal (as standard), Firm and Gentle to optimise the benefits of your chosen ageLOC Activating Cleanser.

The latest attachment for your ageLOC LumiSpa Device, the ageLOC LumiSpa Accent Head with its silicone tip lets you target those small, hard-to-reach areas. Used with ageLOC LumiSpa IdealEyes, the pair gently exfoliates, invigorates, and firms the delicate skin around your eyes, reduces the appearance of dark circles and puffiness, and firms and visibly lifts the upper eyelids.

REASONS TO LOVE

HOW TO USE

Wet your face with warm water and apply a generous amount of cleanser to your skin, avoiding your eye area. Wet the head of your device and power on. Glide it across your face in slow, broad strokes. Do not scrub or press hard. Every 30 seconds the device will pause for you to move to another part of your face. After use, rinse your face and pat dry.

Wet your face with warm water and apply a generous amount of cleanser to your skin, avoiding your eye area. Wet the head of your device and power on. Glide it across your face in slow, broad strokes. Do not scrub or press hard. Every 30 seconds the device will pause for you to move to another part of your face. After use, rinse your face and pat dry.

Wet your face with warm water and apply a generous amount of cleanser to your skin, avoiding your eye area. Wet the head of your device and power on. Glide it across your face in slow, broad strokes. Do not scrub or press hard. Every 30 seconds the device will pause for you to move to another part of your face. After use, rinse your face and pat dry.

The ageLOC Silicone Head click easily in and out of your LumiSpa device. Remove the ageLOC Silicone Head after each use, rinse well, dry off and replace to help keep your device in tip-top shape. We recommend changing the ageLOC Silicone every three months for best results and better hygiene.

Morning and night, gently apply ageLOC LumiSpa IdealEyes onto clean skin beneath your eyebrows, in corners prone to crow's feet, and under your eyes. Avoid direct contact with eyes. Massage both eye areas for 30 seconds each with the ageLOC LumiSpa Accent Head, making sure to switch off your LumiSpa device after 1 minute.

HOW TO USE

DID YOU KNOW

Each ageLOC LumiSpa Activating Cleanser is formulated with ingredients selected to help with specific needs of each skin type. Essential to the LumiSpa experience, they offer the comfortable grip and ideal cushion your device needs to guarantee our 7-in-1 solution for youthful looking skin.

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Notice the patterns? It's the specific design and texture of the ageLOC LumiSpa Silicone Head that enable the precise contact and movement that the ageLOC LumiSpa Activating Cleansers need to get to work on your skin. That's Nu Skin innovation at its finest.

When you've worked late, partied hard, or just wish you could catch some extra Z's, this pair will leave your eye area looking refreshed and wide awake. ageLOC LumiSpa IdealEyes and the ageLOC LumiSpa Accent Silicone Tip can also be bought separately, helping you enjoy your ageLOC LumiSpa Accent experience a little longer.

DID YOU KNOW

TRU FACE

*Target your visible signs of skin ageing.
Age your own way.*

Target your visible signs of skin ageing and age your own way with this line of powerful, targeted solutions. Specially formulated to tackle specific skin ageing concerns, the Tru Face range is the ideal addition to your skincare routine, letting you pay special attention to the areas that need it most.



PRIMING SOLUTION
FACIAL TONER 125 ML

If you want to optimise the results of your skin care, this is a must-have as a first step after every cleanse. Featuring a series of amino acids which provide the building blocks of young-looking skin, it prepares your skin for what follows, helping to ensure you get the most out of the Tru Face range.

Use morning and evening, after cleansing, as your toner. Apply to your face and neck with a cotton pad, then follow up with Tru Face products and your Nu Skin moisturiser of choice.

Tru Face Priming Solution features a green tea extract, well-known for the anti-oxidant benefits that it provides.

The availability of some products may vary per country. To check product availability consult the price list or visit www.nuskin.com



LINE CORRECTOR
LINES AND WRINKLES FACIAL SMOOTHING GEL 30 ML

Every wrinkle tells a story – a unique tale of every frown, smile and laugh. Tru Face Line Corrector targets these visible signs of skin ageing, helping to soften the appearance of fine lines around your mouth, eyes and forehead, leaving wrinkles – and the stories they tell – much harder to see.

Apply both morning and night to lines around the eyes, mouth and forehead. Follow with your Nu Skin moisturiser of your choice. For optimal results, use with ageLOC Galvanic Spa and the Focus Area Conductor, selecting Application #3 for 2-5 minutes. Follow with your Nu Skin moisturiser of choice.

After just 4 weeks, a combination of Tru Face Line Corrector and ageLOC Galvanic Spa has shown to have better results on the appearance of fine lines than using Tru Face Line Corrector alone for 8 weeks*.

**Results obtained from a third-party professional assessment based on an 8 weeks in vivo single site single blind split face study.*



REVEALING GEL
GENTLE FACIAL EXFOLIATING GEL 30 ML

Tru Face Revealing Gel is ready to reveal your smooth, youthful looking skin. Thanks to a formula containing the PHAs lactobionic acid and gluconolactone, Revealing Gel delivers dewy hydration and protects skin from oxidative stress. The result? Bright, youthful looking skin.

Use morning and night after cleansing and toning. Squeeze a pea-sized amount onto your fingertip and lightly apply a thin layer over your face and neck. Do not rub or massage into the skin. Immediately follow it up with your favourite Nu Skin moisturiser.

Gluconolactone is used in Revealing Gel to reduce the appearance of pores and the visible effects of excessive sun exposure.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



REASONS TO LOVE

HOW TO USE

DID YOU KNOW



**AGELOC
TRU FACE ESSENCE ULTRA**
FACIAL FIRMING SERUM 60 CAPSULES

ageLOC Tru Face Essence Ultra is Nu Skin's firming powerhouse. Its incredible formula combines our exclusive, scientifically validated Tru Face FirmPlex technology to deliver visibly firmer skin and our famous ageLOC science to target the visible signs of skin ageing at the source. This serum also works to protect your skin from the negative effects of oxidative stress. You can definitely expect big things from every capsule!

ageLOC Tru Face Essence Ultra should be applied twice daily for optimal results and integrated into your daily regimen before moisturising. To apply, tear open one capsule per use, gently squeezing two or three drops directly onto the areas of concern before applying the remaining product to the entire face.

What makes ageLOC Tru Face Essence Ultra so good? It's our dedication to making it the best it can be and updating its formula regularly since it first launched as Tru Face Essence in 2003.



**AGELOC
TRU FACE ESSENCE DUET**
NECK AND DÉCOLLETÉ CREAM & SERUM 2 X 15 ML

This duet works to help contour and tone the skin of your neck and décolleté, as well as reducing the appearance of fine lines and wrinkles. By providing moisturisation and smoothness, Tru Face Essence Duet helps leave your skin looking radiant. Containing ageLOC technology, it also tackles the visible signs of ageing at the source.

For optimal results, apply each morning and evening onto clean dry skin, before your day or night cream. Dispense one or two pumps into your hands by pressing evenly with two fingers, then mix gently and smooth over your neck and décolleté.

ageLOC Tru Face Essence Duet is Nu Skin's firming powerhouse. Its incredible formula combines our exclusive, scientifically validated Tru Face FirmPlex technology to deliver visibly firmer skin and our famous ageLOC science to target the visible signs of skin ageing at the source. It's important to pick up a product designed for these areas – and Essence Duet is the perfect match!

TRU FACE

Experience the power of Tru Face

Tackling the visible signs of skin ageing can be a tough hill to climb. Our anti-ageing lines do a great job at helping to reduce the appearance of these tell-tale signs, but when certain areas need more attention than others? That's where Tru Face comes in. Specially formulated to tackle specific skin ageing concerns, this line of powerful, targeted solutions is the ideal addition to your skincare routine.



NU SKIN 180°

Turn your complexion around

By enhancing your skin's cell turnover rate and diminishing the appearance of fine lines and wrinkles, the power of this anti-ageing regimen makes it the obvious choice for youthful looking skin.



**180°
FACE WASH**
ANTI-AGEING FACE WASH 125 ML

With a formula containing 10% active, free-flowing vitamin C to diminish the appearance of fine lines and wrinkles, 180° Face Wash is unique and extraordinary as an anti-ageing cleanser. Its rich, creamy formula targets the appearance of age spots uneven skin tone, and helps support firm skin for a fresh, youthful complexion.

Use both morning and evening as the first step of the 180° System. Moisten your face and neck with lukewarm water. Place a small amount onto your fingertips, then apply to your face and neck, avoiding contact with your eyes, working the cleanser into a lather. Rinse with warm water and pat dry.

Contains sesame oil (Sesamum Indicum Seed Oil) and sunflower oil (Helianthus Annuus Seed Oil), rich emollients that avoid moisture loss and help maintain the skin's protective moisture barrier, leaving skin feeling clean, fresh and soft.

The availability of some products may vary per country. To check product availability consult the price list or visit www.nuskin.com



**180°
SKIN MIST**
ANTI-AGEING FACE MIST 100 ML

180° Skin Mist contains a Nu Skin exclusive ingredients combination, called the HMW Complex that work to soothe the skin, keeping it in good condition and feeling comfortable. It also helps it to better protect from the negative effects of oxidative stress.

Use both morning and night as the second step of the Nu Skin 180° System. Lightly spray Skin Mist onto your face and neck, making sure to avoid your eyes.

180° Mist is also featuring an algae extract that helps reinforces the skin's ability to protect itself from environmental aggressors.



**180°
CELL RENEWAL FLUID**
GENTLE CELL RENEWAL SERUM 30 ML

Improving the appearance of your skin is easy with this gentle-to-skin yet powerful formula. It works to not only enhance skin firmness, but also increase the skin cell turnover rate through exfoliation. It also offers antioxidant protection and enhances hydration to leave your skin feeling smooth while reducing the appearance of lines and wrinkles.

Use both morning and night as the third step of the 180° System, after your Skin Mist has dried. Fill the dropper to the 0.5ml mark, and dispense it into your hand, before applying the fluid evenly over your entire face, avoiding the eye area.

The soy isoflavones – active ingredients found in soy – are included in the formula to protect the skin from the negative effects of oxidative stress.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



180° AHA FACIAL PEEL AND NEUTRALIZER
ANTI-AGEING FACE PEEL 25 ML



180° UV BLOCK HYDRATOR SPF 18
ANTI-AGEING DAY CREAM 30 ML



180° NIGHT COMPLEX
ANTI-AGEING NIGHT CREAM 30 ML

NU SKIN'S 180° SYSTEM

your powerful, yet gentle, anti-ageing specialist

Featuring five key products, this advanced system represents a complete anti-ageing skincare regimen, dedicated to tackling the visible signs of ageing in those over 35. It works to enhance your skin's natural cell turnover rate and helps diminish the appearance of fine lines and wrinkles. Bringing together the benefits of Nu Skin's 180° Face Wash, Skin Mist, Cell Renewal Fluid, UV Block Hydrator and Night Complex, this regimen offers everything your skin needs to promote a youthful looking you, both night and day.



REASONS TO LOVE

This useful double act, with a solution of 10% lactic acid, exfoliates dead cell build-up in the skin's surface, helping to diminish the appearance of lines and wrinkles, improve the texture of rough skin, brighten skin surface. Effective alone or with the 180° System, this facial peel promotes skin cell turnover and helps diminish visible lines and wrinkles.

Featuring micronised zinc oxide for added protection from the visible signs of excessive sun exposure, this moisturising cream works to both hydrate and protect your skin from UVB rays. What better way to start each morning?

180° Night Complex is formulated to help your skin's appearance bounce back from the negative effects of excessive sun exposure. It does double duty by protecting your skin from oxidative stress while strengthening its protective barrier.. Say goodnight to the visible signs of ageing and good morning to a youthful complexion with 180°.

HOW TO USE

Use the Facial Peel and Neutralizer after cleansing and toning in place of 180° Cell Renewal Fluid 3 times a week. Avoiding the eyes, gently swipe a single Facial Peel pad over your face and neck. Let the solution sit for no more than 10 minutes. Finish up by gently wiping a Neutralizer pad across your face, then follow with your moisturiser of choice.

Use in the morning as the fourth step of the 180° System. Apply lightly in an upward, outward motion to your face and neck, avoiding the eye area.

Use each night as the fourth step of the 180° System. Apply lightly in an upward, outward motion to your face and neck, taking care to avoid your eyes.

DID YOU KNOW

The AHA Facial Peel Neutralizer features an extract of oat kernels, known to soothe your skin.

Avocado oil provides rich moisturisation helping to visibly reduce the appearance of wrinkles and other signs of ageing while protecting the skin's moisture barrier.

Great things often come from unexpected places. This formula contains oils from macadamia nut and meadowfoam seed which help to maintain and protect the moisture barrier found in your skin.



NUTRICENTIALS

Powered by nature, proven by science

We all want radiant skin, no matter what. But it isn't easy. We all experience stress, lack of sleep, pollution, and the impact of UV rays, all of which can take away that gorgeous glow. That's why we created Nutricentials. Through innovative science, we took the power and resilience of bioadaptive plant extracts that thrive in the harshest of conditions and turned them into something that works for your skin:

Our bioadaptive botanical complex is the secret to our bioadaptive skincare system.

By helping your skin meet the challenges of your own ever-changing environment, Nutricentials helps keep it looking beautiful and radiant wherever life takes you, helping you make every day a great skin day.



HYDRACLEAN CREAMY CLEANSING LOTION

CREAMY GENTLE SOAP FREE
FACIAL CLEANSER 150ML

This gentle cleansing milk is a luxurious, creamy, soap-free facial cleanser, and is great at multitasking. It cleanses away dirt, excess oil, and makeup, all while helping to maintain your skin's natural moisture barrier. Its mild formula is infused with bioadaptive botanicals and skin conditioning ingredients which help to comfortably moisturise skin.

Gently massage HydraClean into the wet skin on your face and neck using your fingertips, then rinse thoroughly and pat dry. Follow up with one of our two toners, In Balance or Here you Glow. Use morning and evening.

Our formula contains a few ingredients which you may not expect to see – we use meadowfoam seed oil to hydrate and soften your skin, while a blend of skin conditioning agents and a compound from liquorice extract helps maintain its natural moisture barrier and leave it feeling soothed.



TO BE CLEAR PURE CLEANSING GEL

GENTLE SOAP-FREE
FACIAL CLEANSING GEL 150ML

Remove pore-blocking dirt and leave your skin feeling refreshingly clean. This powerful gel-to-foam formula cleanses away dirt, oil, and makeup while keeping your skin hydrated. The secret is the amino acid cleansing agents that clean pores and the moisturising ingredients that refresh and soothe skin.

Gently lather the gel over your wet face and neck using your fingertips, then rinse thoroughly and pat yourself dry. Follow up with one of our two toners, In Balance or Here you Glow, repeating the process both morning and evening.

Other cleansers can rid skin of too much oil, leading to over-drying. Nutricentials To Be Clear features amino acid-based cleansers that form a gentle foam to clean pores and remove excess oil. At the same time, moisturising ingredients help your skin stay comfortably hydrated.



DAY AWAY MICELLAR BEAUTY WATER

MICELLAR CLEANSING WATER 250 ML

Put a fresh spin on cleansing and wipe away your day with Nutricentials Day Away. This gentle, no-rinse facial cleanser helps remove the dirt, oil, and makeup that build up on your skin throughout the day. It can even help your makeup remover get rid of long-lasting eye makeup like waterproof mascara!

Apply Day Away Micellar Beauty Water to a cotton pad. Wipe away makeup and debris. Repeat as needed until the skin is clean.

Micellar water (cleansing water powered by micelles) is known for its quick, convenient, and effective cleansing benefits. Nutricentials Day Away brings this classic experience to a whole new level with a formula that includes humectants like sodium PCA, glycerin, and propanediol to keep skin feeling soft, smooth, and hydrated.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



**IN BALANCE
PH BALANCE TONER**
REFRESHING FACIAL TONER 150ML

This light facial toner helps your skin stay balanced by helping it adjust to its optimal pH level. Formulated with glycerin and a moisture strength blend that features lactobacillus ferment, Aloe vera, sodium PCA, and sodium hyaluronate, it helps maintain your skin's natural moisture barrier, leaving it feeling refreshed and looking radiant.

After cleansing, apply the toner to your face and neck with a cotton pad in an upward and outward motion, then follow up with Celltrex Always Right.

pH balancing toners bring several key benefits to your skin. Not only do they bring a refreshing burst of hydration after cleansing, but they also help to balance your skin's pH levels, preparing your skin for the next steps of your daily routine, such as serums and moisturisers.



**HERE YOU GLOW
EXFOLIATING TONER**
EXFOLIATING FACIAL TONER 150ML

This toner features a mix of hydroxy acids to leave your skin feeling soft, smooth, healthy, and visibly glowing, plus salicylic acid to help improve the appearance of existing spots. At the same time, its cleansing action lessens the chance of new spots forming. Your skin is left looking clean, clear, and radiant – ready for whatever comes next!

After cleansing, apply Here You Glow to a cotton pad. Sweep the saturated cotton pad over face and neck in an upward, outward motion, avoiding the eye area. Allow to dry before following with serum and moisturiser. Use daily, morning and night.

In our recent clinical trials, we saw some incredible results! 100% of participants said their skin looked more radiant* after using Here You Glow.

**Results obtained from an in-house study including 25 participants who used Here You Glow Exfoliating Toner twice per day on their face for two weeks before self-evaluating their visible results.*



**CELLTREX ALWAYS RIGHT
RECOVERY FLUID**
FACIAL NOURISHING SERUM 30ML

Keep your skin soft, radiant, and comfortable during the day, and help it bounce back from environmental stressors during the night. This fast-absorbing serum features our HydraFlex Blend to help meet your skin's hydration needs and a bioadaptive botanical blend to help protect against everyday stressors like late nights, busy days, and urban pollution.

After cleansing and toning, apply the serum to your face and neck in an upward and outward motion, then follow up with your favourite moisturiser.

The HydraFlex Blend forms a soft, ultra-light shield that auto adapts to your environment, making sure your skin always has the hydration it needs. This means it will attract moisture when dry, but filter it away if your surroundings get hot or humid, so your skin always feels soft and comfortable.



**THIRST FIX
HYDRATING GEL CREAM**
LIGHTWEIGHT FACIAL MOISTURISING GEL 75ML

Enjoy smoother, beautiful looking skin with this oil-free facial hydrating gel cream. A blend of bioadaptive botanicals helps increase your skin's natural resilience, protecting it against the effects of environmental stressors, while a unique biomimetic moisturising complex provides long-lasting hydration* by mimicking natural elements in your skin.

Apply a generous amount onto clean face and neck in an upward, outward motion. Use daily, morning and night.

Thirst Fix provides immediate hydration and up to 24 hours of continuous moisturisation*.

**Results obtained from a third-party professional assessment based on a 24-hour in vivo study performed on 32 healthy female and male subjects aged 18 and over. The moisturisation level of skin was measured using a corneometer in three areas; one area where Thirst Fix had been applied, alongside two areas for positive (glycerine) and negative (untreated) controls.*



**DEW ALL DAY
MOISTURE RESTORE CREAM**
RICH FACIAL MOISTURISING CREAM 75ML

Nutricentials Dew All Day soothes, softens, and smooths your skin while providing all-day moisture so you can look your best no matter what stressors come your way. All while a blend of bioadaptive botanicals helps your skin increase its ability to adapt to its environment, helping it bounce back better from life's daily stressors, day in and day out.

Apply a generous amount onto clean face and neck in an upward, outward motion. Use daily, morning and night.

Our formula contains pistachio nut oil and shea butter to soften and smooth skin. We have added Vitamin E and its derivative to protect against oxidative stress caused by negative environmental stressors.



**MOISTURIZE ME
INTENSE HYDRATING CREAM**
INTENSE FACIAL MOISTURISING CREAM 75ML

This ultra-luxurious face cream delivers a burst of moisture to your skin, leaving it soft, hydrated, and radiant for hours. It features a blend of bioadaptive botanicals that helps increase your skin's natural resilience, protecting it against the negative effects of environmental stressors, plus Evodia rutaecarpa fruit extract for visible radiance.

Apply a generous amount onto clean face and neck in an upward, outward motion. Use daily, morning and night.

With Moisturize Me, you won't need to worry about your skin's hydration needs. Your skin will stay comfortably hydrated all day and night!*

**Results obtained from a third-party professional assessment based on a 24-hour in vivo study performed on 32 healthy female and male subjects aged 18 and over. The moisturisation level of skin was measured using a corneometer in three areas; one area where Moisturize Me had been applied, alongside two areas for positive (glycerine) and negative (untreated) controls.*

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



**DAY DREAM PROTECTIVE LOTION
LIGHTWEIGHT DAY MOISTURIZER**

LIGHTWEIGHT FACIAL DAY MOISTURIZER
WITH SPF 30 50ML

Day Dream Protective Lotion contains our bioadaptive botanical complex to help improve your skin's ability to adapt to the negative effects of stress, pollution and oxidative stress. Carnosine, our blue light and infrared antioxidant ingredient and SPF 30, helps negate the effect of excessive exposure to blue light, infrared and UVB on your skin.

Apply a generous amount to the face and neck in an upward, outward motion. Use every morning.

We have added ginger root extract into our Day Dream formula – an antioxidant that increases skin's natural resilience to stress as it soothes, promotes skin luminosity and helps even skin tone.



**DAY DREAM PROTECTIVE CREAM
CREAMY FACIAL DAY MOISTURIZER**

CREAMY FACIAL DAY MOISTURIZER
WITH SPF 30 50ML

Help your skin stay soft and hydrated with our daily moisturiser. This luxurious face cream features bioadaptive botanicals extract to help protect your skin from the negative effects of environmental stressors, with SPF 30 for added sun protection. Its blue light and infrared filtering ingredient also helps reduce the impact of excessive exposure to blue light and infrared.

Apply a generous amount to the face and neck in an upward, outward motion. Use every morning.

This moisturiser contains Bisabolol sustainably harvested from the Candeia Tree – a naturally derived ingredient native to South America that soothes and hydrates as it helps protect skin against the adverse effects of exposure to daily environmental stressors.



**SPA DAY
CREAMY HYDRATING MASQUE**

NOURISHING FACE
AND NECK MASQUE 100ML

If any nourishing facial mask could be called a spa-day-in-a-tube, it's this one. Made with bioadaptive botanical extracts, Spa Day contains a hydrating formula which helps lock moisture into the skin, reducing dryness and leaving you with a healthy glow. Whenever your skin needs a little extra moisturising "me time", you know just where to turn.

After cleansing, apply the masque liberally to your face and neck and let sit for 10 minutes, then rinse off with warm water.

Spa Day is powered by a special ingredient called saccharide isomerate – a humectant derived from plants that helps keep your skin looking dewy and radiant.



**BRIGHTER DAY
EXFOLIANT SCRUB**

FACIAL CLEANSING SCRUB 100ML

This innovative exfoliant scrub removes dead skin cells and pore-blocking impurities to leave your complexion looking smooth and glowing bright. It is formulated with a blend of skin-conditioning agents that refreshes and soothes your skin for added post-scrub comfort. With a fresh scent and natural purple colour to delight your senses, Brighter Day is gentle-cleansing bliss.

Moisten skin with warm water. Apply in a gentle circular motion to face and neck for 30 seconds. Rinse with warm water and towel dry. Use twice a week as needed.

Our double-feature formula uses pomegranate enzymes to help loosen dead skin cells while natural exfoliating minerals remove them from your skin. Combining both enzymatic and physical exfoliation clears out dead skin cells more effectively than either would alone.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



CLEAR ACTION

the past, present and future of clear skin

Breakouts are never welcome, and the visible signs they leave behind can often last longer than we'd like. With the Clear Action system, clinically proven to leave your skin clear and smooth, you can finally stand your ground against these signs – past, present and future.



TONER
FACIAL TONER
FOR BLEMISH-PRONE SKIN 150 ML

Using a unique formula which combines liquorice extract, zinc PCA and a special union of vitamin C & E, this advanced toner is the perfect solution to help manage the appearance of angry, red or oily skin, while providing a supply of antioxidants for skin protection.

Apply the toner both morning and night after cleansing. Begin by twisting the cap anti-clockwise to unlock the pump, then apply two pumps to a cotton ball or swab before rubbing it into your face and neck. Don't forget to relock the pump by twisting the cap in the other direction.

It might seem odd seeing a liquorice extract in a facial toner, but it does a great job. We use it to both soothe your skin and to help reduce the appearance of discolouration.

The availability of some products may vary per country. To check product availability consult the price list or visit www.nuskin.com



DAY TREATMENT
DAYTIME TREATMENT GEL
FOR BLEMISH-PRONE SKIN 30 ML

With a combination of ingredients, this lightweight gel helps to promote a clear, even complexion. While working to address the issues of present breakouts, it also helps to reduce discolouration from past breakouts.

Apply each morning after using Clear Action Toner, dispensing a pearl-sized amount onto the tip of your finger before lightly smoothing it onto your face and neck in an upward, outward motion. Your skin may experience excessive dryness after use. To avoid this, begin by using a smaller amount once every 2-3 days to give your skin time to adjust.

This gel works to tackle the impact of blemishes past, present and future. The salicylic acid in its formula exfoliates and keeps pores clear, while the use of mandelic acid helps to reveal a smoother, clearer looking skin.



CLEAR ACTION NIGHT TREATMENT
NIGHT FACIAL GEL
FOR BREAKOUTS 30 ML

Wake up to healthy looking skin. Redefining the idea of beauty sleep, Clear Action Night Treatment helps to reduce the appearance of the signs of breakouts as you snooze, while working to deliver a smooth, clear, evenly-toned complexion.

After toning each night, dispense a pearl-sized amount of the gel onto the tip of your finger, then apply it to your face and neck in an upward, outward motion, making sure to avoid contact with your eyes.

Retinol in its formula helps Clear Action Night Treatment improve the appearance of uneven texture and discolouration caused by previous breakouts.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



NU SKIN HERITAGE

discover the products that started it all

When it comes to skincare, we all need something a little different and moisturising is no exception. Our Nu Skin Heritage products cover your skin's hydration needs, whether light, rich, or a happy medium. Whichever you choose, simply add it to the core regimen you use each day to help keep your skin hydrated and looking healthy.



ENHANCER

SOOTHING AND MOISTURISING FACIAL GEL 100 ML

Keeping your skin hydrated and comfortable is a pretty important job. Formulated to gently soothe and condition, Enhancer moisturises your skin to leave it feeling refreshed.

Apply the gel liberally on your face and body to keep skin comfortable, making sure to avoid the eye area. Use whenever necessary.

Packed with Aloe vera and panthenol (a member of the vitamin B family), this formula is designed to bring a wave of conditioning and moisturising ingredients to your skin with every use.

The availability of some products may vary per country. To check product availability consult the price list or visit www.nuskin.com



NAPCA MOISTURE MIST

REFRESHING AND MOISTURISING SPRAY FOR HAIR, FACE AND BODY 250 ML

Dewy-fresh skin is just a spray away with NaPCA Moisture Mist. Perfect for use with your hair, face and body, this easy to use spray leaves your skin feeling refreshed.

Spray generously on your face (making sure to close your eyes), hair or body whenever you feel the need for a refreshing wave of moisture.

There's no better feeling than a refreshing spritz of Moisture Mist on a hot day. With natural moisture-binding ingredients like sodium PCA, a single spritz can help keep your skin feeling supple and smooth.



NAPCA MOISTURIZER

FACIAL MOISTURISING CREAM 75 ML

Designed specifically for men and women of all ages with combination to normal skin, this moisturiser provides the nourishment your skin needs to help promote a healthy look.

Use directly after cleansing and toning, applying the cream using a lightly upward motion on your forehead and cheeks, then a slight downward motion on your nose and chin. Gently pat the cream upwards around your eyes. We recommend using NaPCA Moisturizer both morning and night.

With vitamin E, and the natural humectant NaPCA (sodium PCA), this cream is absorbed quickly to supplement skin's own moisture-binding capacity.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



REJUVENATING CREAM

RICH FACIAL MOISTURISING CREAM 75 G

Ideal for those with mature or dry skin, Rejuvenating Cream helps improve the appearance of dry lines, while leaving skin feeling soft.

HOW TO USE

Apply the cream to your face and neck twice per day, after cleansing and toning, using a light, upward motion for your forehead and cheeks, while moving slightly downwards for your nose and chin. Being extra gentle, pat the cream upwards around your eyes.

DID YOU KNOW

With a blend of ingredients chosen for their ability to help leave your skin feeling soft and youthful, this cream is a must-have for those days when you – and your skin – are under pressure.



FACE LIFT POWDER

LIFTING & FIRING FACE MASK - POWDER COMPONENT 75 G

Bring together two parts of a whole with Face Lift Powder and Activator. When combined, the pair works to temporarily smooth and tone the skin on your face and neck, leaving it looking smooth and young.

After cleansing, mix a teaspoon of Activator and Powder into the consistency of a thin lotion. Use immediately. Before the first application, test the lotion for irritancy on a small 5 cm area such as behind the ear. Apply evenly across face and neck, avoiding eyes. Let sit for 30 minutes, rinse off with warm water and pat dry. Use once or twice a week.

It's normal to feel your skin tighten slightly when using this mixture. This effect comes from the acacia in its formula – an ingredient which tightens and lifts your skin.



FACE LIFT ACTIVATOR

LIFTING & FIRING FACE MASK - ACTIVATING COMPONENT 125 ML

Bring together two parts of a whole with Face Lift Powder and Activator. When combined, the pair works to temporarily smooth and tone the skin on your face and neck, leaving it looking smooth and young.

HOW TO USE

After cleansing, mix a teaspoon of Face Lift Activator and Powder into the consistency of a thin lotion. Use immediately. Before the first application, test the lotion for irritancy on a small 5 cm area such as behind the ear. Apply evenly across face and neck, avoiding eyes. Let sit for 30 minutes, rinse off with warm water and pat dry. Use once or twice a week.

DID YOU KNOW

It's normal to feel your skin tighten slightly when using this mixture. This effect comes from the acacia in its formula – an ingredient which tightens and lifts your skin.

NU COLOUR

enhance and illuminate your natural beauty

Look and feel like the goddess you are with Nu Colour. Blending intense colour with innovative skin care science, this line of powerful makeup and accessories enhances and illuminates the natural beauty of your eyes, lips and skin. Combine it with a great skincare routine and NOTHING can keep you from revelling in all that makes you beautiful.



BIOADAPTIVE* BB+ SKIN LOVING FOUNDATION
LIQUID FACIAL FOUNDATION WITH SPF 35 30 ML















Are you ready to get the look that loves you back? Nu Colour Bioadaptive* BB+ Skin Loving Foundation brings the best of both worlds. It hydrates and protects the skin like a BB cream and comes with up to 12 hours of staying power just like your favourite foundation**! Its innovative hybrid formula not only enhances your complexion with a luminous finish, but also helps your skin better respond to environmental stress and protects it from UVA & UVB rays and from the negative effects of blue light exposure.

After your usual daily skin care routine, apply one or two pumps of Nu Colour Bioadaptive* BB+ Skin Loving Foundation using your fingers, brush, or sponge, and blend well into skin. Add more depending on your coverage preference.

This product features a tube proudly made from 100% responsibly sourced bio-resin. Plus, it features seventeen different shades for you to choose from.

**based on 2 in vitro studies performed on the raw material featuring the Theobroma Cacao Seed Extract.*

***Obtained from a third-party professional assessment based on a 12-hours in vivo, single-blind consumer use study with 34 female subjects between 18 and 65 years old.*

- 1.1 Ivory 
- 1.2 Shell 
- 1.3 Linen 
- 2.1 Cream 
- 2.2 Sand 
- 3.1 Natural Beige 
- 3.2 Medium Ochre 
- 3.3 Light Golden 
- 3.4 Beige 
- 4.1 Medium Beige 
- 4.2 Shell Beige 
- 4.3 Tan 
- 5.1 Almond 
- 5.2 Amber 





BRONZING PEARLS
SILKY PEARLISED POWDER 30 G

Perfect for every skin tone, these multi-coloured powder pearls feature a unique combination of warm and illuminating shades to bring colour and radiance to your complexion for that instant sun-kissed glow.

Glide a large powder brush or sponge over the bronzing pearls, then apply it all over your face and neck, or just on your cheeks for a highlighting effect.

Our Nu Colour cosmetics are simple to apply. We use nylon in our products to improve blendability, allowing them to glide across your skin.



FINISHING POWDER
TRANSLUCENT LOOSE SETTING POWDER 30 G

Ensure a soft, flawless finish with this ultra-sheer powder. With a formula designed to help absorb any excess oil and reduce shine on your face, it's a one-product-fits-all solution for every skin type and tone.

Dip your Nu Colour Powder Brush N°2 or puff in powder, tapping it on the side of the container to remove any excess. Gently dust your face, moving across your forehead and down your cheeks, making sure to avoid pulling, wiping, or tugging the powder across your skin.

Finishing Powder is the perfect addition to every look. It's great for setting your makeup, allowing eyeshadow and blush to glide on.

The availability of some products may vary per country. To check product availability consult the price list or visit www.nuskin.com



REASONS TO LOVE

HOW TO USE

DID YOU KNOW



CURLING MASCARA

LONG LASTING CURLING MASCARA 9 G

Make your eyes pop and jaws drop with Nu Colour Black Curling Mascara. Specially formulated to separate your lashes and enhance their natural curl, it brings long-lasting curling power with no unsightly clumps for an extra magnificent effect that'll have all eyes on you when you enter the room.

Open the mascara, rubbing the end of the applicator against the side to remove any excess. Hold your eyes open as wide as you can and gently brush over the lashes. Beginning at the root, gently pull the wand up to the tip of the lashes. If you see that your lashes are yet to separate, repeat the process until you see the desired effect.

The effectiveness of Curling Mascara is all about design – its easy-to-use brush is lightly curved, giving you long-lasting curling power and a wide-open look to your eyes.



EYELASH TREATMENT

EYELASH STRENGTHENING GEL 5 ML

Condition and protect your lashes while leaving them looking stronger and thicker with this clear eyelash strengthening gel. Perfect to wear alone as an eye lash mask or as a primer, Eyelash Treatment not only leaves your lashes stronger than ever, but adds volume and thickness for a luscious, all-day look.

Apply to your clean, dry lashes, beginning at the root and working up to the tip. To condition and strengthen your lashes, wear Eyelash Treatment alone either night or day.

Eyelash Treatment works great as a primer for our Curling Mascara – apply it first to improve the mascara's special effects and keep your luscious look all day long.



WATERPROOF MAKEUP REMOVER

WATERPROOF MAKEUP REMOVER FOR EYES AND LIPS 100 ML

Get rid of long-wearing makeup in an instant with this soon-to-be essential. Its gentle and effective bi-phasic formula works in two stages, removing makeup from your eyes and lips, while leaving those delicate areas soft and smooth – and making sure you end the day refreshed and makeup free.

Shake well to activate the formula – you'll see the colours blend, and it'll be ready to go. Apply the liquid to a cotton pad, then gently wipe away makeup from your eyes and lips.

You'll notice the two distinct layers straight away – an oil layer helps break down makeup, while a layer of water helps remove any residue and leaves your skin feeling refreshed. Just shake them up to activate the formula and watch the magic happen!

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



POWERLIPS FLUID

LONG WEARING MATTE LIQUID LIPSTICK 3.1 ML

POWERLIPS FLUID *the choice is yours*

Whatever your mood, whatever your outfit, whatever your look – there's a shade for you. With an incredible range of long-lasting colours and tones in metallic or matte, the choice is yours.



REASONS TO LOVE

Created with our high-performance weightless formula, Powerlips Fluid takes just a single, one-step application to leave your lips feeling soft, cushioned, soothed and smoothed for an intense look that won't smudge or transfer. Seriously powerful. Simply wow.

HOW TO USE

Begin with bare lips, first lining them slightly with the applicator before filling them in completely. To give your lips a smoother look, we recommend first preparing your lips with a moisturising lip balm. Just wait until it's dry before applying your lipstick.

DID YOU KNOW

Our weightless formula doesn't just look and feel great – it contains several skin-conditioning and softening ingredients like avocado oil and vitamin E to leave your lips soft, smooth and drop-dead gorgeous.



LIP PLUMPING BALSAM

LIP PLUMPING BALM 4.5 G

This refreshing, lightweight, moisturising balm smoothly glides across your lips, bringing them to life with a soft, plump look and the lightest dash of colour.

Wear alone to bring a plump look to your lips with a hint of colour or apply under lipstick or gloss as a protective base coat.

By adding menthol to the Lip Plumping Balm formula, we've made sure that every use feels cool and refreshing – a real treat for your lips!



CONTOURING LIP GLOSS

CONTOURING LIP GLOSS 15 ML

○ Crystal Clear

Kiss, undefined lips goodbye with this ultra-shiny, glide-on lip gloss. With this formula, you'll notice shapely, youthful and full looking lips. Perfect to wear alone, or over a colour of your choice, it's a must-have for unmissable lips.

Apply to dry, clean lips as desired throughout the day, either alone or over lipstick – to get optimal results, we recommend using it 3 times per day. Make sure not to moisten your lips before adding the gloss.

Contouring Lip Gloss is fantastic at bringing life to your Cupid's bow – the double curve of your upper lip – which tends to fade with age, bringing your shapely, full-looking lips looking lips into the spotlight.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW

SUNRIGHT*make the most of your fun in the sun*

Whether sunning it up on those bright summer days, or seeking a beautiful looking bronzed body all year round, there's no better way to enjoy your time in the sun while protecting and moisturising your skin than with Sunright.



**SPF 35
OR
SPF 50**

**SUNRIGHT
SPF 35 OR SPF 50**

SUN CREAM FOR FACE AND BODY 100 ML

**SUNRIGHT
LIP BALM**

LIP BALM SPF 15

Excessive sun exposure can lead to the visible signs of ageing popping up prematurely. Sunright 50 and 35 provide protection against both UVA and UVB rays, with their water-resistant, non-greasy formulas both soothing and protecting your skin while you enjoy the sunshine.

Apply a generous amount of cream evenly across all exposed areas. Reducing this quantity will lower the level of protection significantly. Massage into the skin 15 minutes before entering the sun or water. Reapply regularly to maintain protection, especially after perspiring, swimming or towelling off. Avoid extended exposure, even with sunscreen.

Both Sunright creams offer more than just protection from the undesirable effects of sun rays. They're reformulated with several skin conditioning agents to keep your skin in good condition.

The availability of some products may vary per country. To check product availability consult the price list or visit www.nuskin.com

A moisturising lip balm containing SPF 15, this Sunright favourite guards against chapping, protects your lips from the negative effects of excessive sun exposure, and helps them both look and feel smooth.

Convenient and user-friendly, simply apply Sunright Lip Balm liberally to your lips as often as you need.

Sunflower oil in the Sunright formula helps soften and moisturise your skin, while vitamin E helps to protect it from oxidative stress caused by the cold, wind and sun.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW

epoch.

Be Epoch - take care of yourself, others and our planet.

Founded in 1996, Epoch brings centuries-old plant wisdom to the modern world through its ethnobotanical range of products. Guided by our desire to give back to the planet and its people, the collection embraces sustainable practices to reduce plastic use and carbon emissions while working to protect native plant diversity. The result is a brand dedicated to helping the world feel good, while doing good for the world. For every Epoch product we sell Nu Skin donates US \$0.25 directly to the Nu Skin Force for Good Foundation.



Epoch will transition to its new look at different times in different markets, but also in some c-ases at different times in the same market until then the packaging may differ from the pictures shown in this catalogue.



ETHNOBOTANY

Cultures from around the world believed in the power of nature, and so do we. It is the traditional knowledge of these cultures and the use of ethnobotanical ingredients in their timeless rituals that inspired many of our products. Travel the world with Epoch!

NU SKIN FORCE FOR GOOD FOUNDATION



Nu Skin is built on the idea of giving back. It lies at the very core of who we are, and what we do. For every Epoch product we sell Nu Skin donates \$0.25 directly to the Nu Skin Force for Good Foundation, a non-profit organisation, founded in 1998 that supports numerous important causes around the world.

OUR SUSTAINABILITY EFFORTS



Epoch is the first brand to introduce the never-seen-before Eco-Pac tubes which eliminate the head and shoulder. Designed by our partners WWP Beauty, these tubes help reduce plastic usage. Plus, they are made of bio-resin which helps reduce the carbon emission*. The range also features packaging made of post-consumer resin**.

*Will be seen for Epoch Glacial Marine Mud, Baobab Body Butter, IceDancer, Yin and Yang Mask, Firewalker, Sole Solution and all Epoch Ava Puhi Moni shampoos and conditioner

** Will be seen for Epoch Baby Hibiscus Hair and Body Wash and Blemish Treatment



AVA PUHI MONI SHAMPOO AND LIGHT CONDITIONER

SHAMPOO AND LIGHT CONDITIONER FOR ALL HAIR TYPES 250 ML



AVA PUHI MONI ANTI-DANDRUFF SHAMPOO

ANTI-DANDRUFF SHAMPOO 250 ML



POLISHING BAR

SOAP-FREE BODY EXFOLIATING CLEANSING BAR 100 G



YIN AND YANG MASK

DETOXIFYING & NOURISHING FACIAL MASK 75 ML



BABY HIBISCUS HAIR AND BODY WASH

GENTLE CLEANSER AND MOISTURISER FOR BABIES 150 ML

REASONS TO LOVE

If you're a fan of the Epoch hair care range, this may be the product for you. Combining two products into one, this ethnobotanical shampoo and light conditioner makes use of the Ava Puhi extract in its formula to gently cleanse and hydrate your hair, leaving it clean, vibrant and lustrous.

Soft and gentle, this shampoo cleanses the hair and provides soothing benefit to those experiencing dry, flaking scalps and dandruff. Enriched and lightly perfumed with the flower of the Polynesian Ava Puhi extract, Epoch's anti-dandruff shampoo cleans, beautifies and leaves hair delicately scented.

Perfect for gently polishing your skin as you cleanse, this ethnobotanical skin cleansing bar effectively removes dirt, excess oil and impurities without the use of soap, leaving your skin feeling fresh, clean and smooth.

Epoch Yin and Yang Mask combines two key benefits, both detoxifying and nourishing the skin of your face for a fresh, luminous look. It contains a blend of kaolin and charcoal powder, as well as porcelain flower extract and the scent of ethnobotanical jasmine sambac, traditionally used in China, to promote a sense of inner harmony and a beautiful glow.

Infused with Hibiscus flower extract, an ethnobotanical ingredient traditionally used in Southeast Asia, together with several skin conditioning agents such as elderberry fruit juice, calendula, and oat kernel extract, it soothes and moisturises the skin and helps maintain a healthy-looking scalp.

REASONS TO LOVE

HOW TO USE

Place a small amount of shampoo in hands and gently massage to create lather. Apply lather to wet hair then rinse thoroughly. Follow with Epoch Ava Puhi Moni Conditioner for added softening and conditioning.

Begin by wetting your hair, then massage the shampoo into a lather, letting it sit for one to two minutes. Finish up by rinsing clear and applying Epoch Ava Puhi Moni Conditioner.

Apply in a gentle circular motion to dampened skin. Thoroughly rinse with warm water.

Gently apply an even layer onto clean, dry facial skin. Massage the mask to activate the microencapsulated charcoal until the colour changes from white to grey. Let the product sit on the skin no longer than 10–15 minutes. Rinse thoroughly with warm water. Use maximum two times a week.

Support your child's neck and shoulders with one arm, holding them securely under your armpit. With your free hand, dispense the desired amount of foam onto their wet head and body. Gently massage the foam into their hair and skin, before rinsing them clean.

HOW TO USE

DID YOU KNOW

Generations of Polynesian cultures often squeezed nectar from the Ava Puhi bulb-like flower directly onto their hair, much like a modern shampoo. Times may have changed, but the principles – and the use of this fantastic flower – are very much the same.

Generations of Polynesian cultures have used the nectar of the Ava Puhi plant to wash and condition their hair. Known for its ability to condition, smooth and enhance shine, it seemed perfect for our Epoch range. To grow and cultivate this plant, we've established a relationship with an independent agricultural source in the Polynesian islands.

Epoch Polishing Bar is a great choice to buff impurities from your skin. It owes this trait to the presence of Sisku' pas bark – the ground bark of a coastal conifer treasured by the Cowlitz tribe of the Pacific Northwest for that very reason.

Porcelain flower extract in the Epoch Yin & Yang Mask is a unique ingredient grown or cultivated through a controlled environment, and is the first at Nu Skin. This is indicated on the packaging by the Groviv mark. Groviv is Nu Skin's innovative initiative to source ingredients through controlled environments – a technology-based approach to agriculture and ingredient cultivation. Ingredients grown within an enclosed structure using technologies that ensure optimal conditions from seed to solution.

Various cultures throughout Southeast Asia have used the hibiscus flower for centuries. The flowers and leaves were crushed in boiling water to create an infusion and applied to the hair and scalp for its soothing benefit.

DID YOU KNOW



GLACIAL MARINE MUD

PURIFYING MUD MASK FACE AND BODY 125 G



BLEMISH TREATMENT

BLEMISH DIMINISHING GEL 15 ML



BAOBAB BODY BUTTER

RICH BODY MOISTURISER 125 G



SOLE SOLUTION

REJUVENATING FOOT CREAM 125 ML



ICEDANCER

INVIGORATING LEG GEL 100 ML

REASONS TO LOVE

Using a sea clay extract taken from a remote glacial estuary in Canada, Glacial Marine Mud creates an amazing face mask filled with skin-beneficial minerals and trace elements. It works to soften and exfoliate the skin while also helping draw out impurities and toxins, leaving it feeling clear and nurtured.

Epoch Blemish Treatment is formulated to help improve the appearance of your skin and ease the discomfort associated with breakouts, while its gentle botanical ingredients will leave your skin feeling soothed.

Formulated with several botanical extracts including Shea Butter and the fruit pulp extract of the African Baobab tree, this lush cream delivers intense moisturisation to promote smooth and supple skin. The body moisturiser also features Macadamia Nut Oil and Shea Butter to help enhance skin's resiliency over time for even softer, hydrated skin tomorrow.

Enhance the skin on your toes, heels and soles to leave them looking healthy and soft. Sole Solution is perfect for clearing dead skin cells or dry skin from tired feet.

Bring a refreshing & invigorating sensation to your legs with this cool and soothing ethnobotanical gel. With a fresh minty scent and a clear, non-sticky formula, IceDancer both feels and smells great – perfect for the end of a long day.

REASONS TO LOVE

HOW TO USE

Apply a generous layer of mud to your skin, making sure to avoid your eye and mouth areas. Let it dry for 15 to 20 minutes, or until its colour changes to a light aquamarine, then rinse thoroughly with warm water. Repeat this process two or three times a week.

Cleanse the skin thoroughly before applying the gel. Cover spots with a thin layer of Epoch Blemish Treatment. Start with one application daily, gradually increasing to two or three times a day. If dryness or peeling occurs, reduce application to once a day or every other day.

Apply the cream liberally anywhere on your body – we recommend paying special attention to your knees, elbows, and any other areas most in need of intense hydration.

Apply liberally to affected areas twice daily or as needed.

Massage the gel generously over your lower legs, calves, and behind your knees any time you wish. Wash your hands of any remaining gel to finish up.

HOW TO USE

DID YOU KNOW

Legend has it that Native Americans of the Pacific Northwest tried (and failed) to use this mud for pottery. The clay didn't hold, but they soon noticed that their hands had become softer and more hydrated as a result. Fast forward to today, where we've refined this mud further to create the mask you know and love.

Our Blemish Treatment formula contains Job's Tears Seed Extract: an amino rich plant traditionally used in Tropical Asia. It targets and helps decrease the discomfort associated with blemishes.

For every Epoch Baobab Body Butter sold, Nu Skin donates US\$0.25 to the Nu Skin Force For Good Foundation for the Malawi Seeds of Hope project. The reforestation initiative focuses on planting fruit trees as well as conserving Baobab trees in local villages. These fruit trees help change the lives of vulnerable people in Malawi by providing nourishment and a source of income.

Inspired by the people of Central America, the Sole Solution formula features a natural fragrance with Crushed Allspice Berry.

Inspired by the culture of North-Western Native Americans, IceDancer contains wild mint extract to refresh and revitalise tired legs. Their hunters would often spend long days and nights on their feet, walking and running for hours before being able to rest. They would rub this herb directly onto their legs to refresh them.

DID YOU KNOW



NU SKIN BODY CARE

give your body the gentle care it deserves

Nourish, condition and soothe your skin with each and every me-time moment – after all, it’s the least it deserves. Nu Skin’s entire body care range is formulated to offer that gentle, pampering touch from tip to toe, enriching every part of your skincare routine to leave your skin as soft as silk.



BODY CLEANSING GEL
SOAP-FREE SHOWER GEL 500 ML

This soap-free shower gel cleanses your skin and leaves it feeling fresh while it features several skin conditioning agents such as glycerin, butylene glycol, aloe vera and other botanical extracts for a soft, and comfortable skin. Gentle enough for daily use on the entire body, it also can also be used as hand cleanser for the whole family.

Apply liberally to dampened skin, working the gel into a lather. Rinse thoroughly, then, while your skin is still slightly damp, apply your favourite Nu Skin body moisturiser.

Body Cleansing Gel is soap-free, gentle on your skin, making it perfect for daily use anywhere and by anyone. Use it in the shower or at the sink – it’s up to you!

The availability of some products may vary per country. To check product availability consult the price list or visit www.nuskin.com



LIQUID BODY BAR
MOISTURISING BODY WASH 250 ML

This soap-free moisturising body wash brings the perfect balance of freshness and hydration. With a rich, creamy, pH-balanced formula, Liquid Body Bar gently removes dirt, oil and impurities while protecting the essential moisture barrier of your skin.

Apply the desired amount of product to your wet skin, working it into a lather and rinsing well. Follow up with your Nu Skin body moisturiser of choice.

Liquid Body Bar is a full sensory experience – its aromatic grapefruit fragrance refreshes the senses and smells amazing.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



**LIQUID
BODY LUFRA**

EXFOLIATING BODY SCRUB 250 ML



PERENNIAL

INTENSE BODY MOISTURISER
FRAGRANCE FREE 250 ML



**BODY
SMOOTHER**

MOISTURISING BODY LOTION 250 ML



**HAND
LOTION**

HAND CARE LOTION 125 ML



REASONS TO LOVE

A soap-free exfoliating cleanser with a refreshing minty smell, Liquid Body Lufra provides essential exfoliation by gently scrubbing out surface impurities and dead skin cells. Whether you're in the middle of a harsh, dry winter or the heat of summer, step out of every shower with smooth, soft, vibrant skin.

This intense body moisturiser is formulated with an extract, taken from a perennial flower bulb, known to help bolster your skin's natural defences. Dry air, extreme temperatures, harsh winds, you name it. Formulated fragrance-free, Perennial is suitable for you no matter your skin type.

This light body moisturising lotion is quick to absorb, with a nourishing formula that combines skin conditioning agents as Aloe vera, algae extract and vitamin E. Better yet, it works to soothe and hydrate your skin without leaving a heavy, oily residue in its wake.

With the gentle touch of NaPCA, Safflower seed oil, Aloe Vera & Vitamin E, this light hand care lotion moisturises dry, chapped skin, leaving it comforted and replenished, with hands that feel soft rather than sticky or greasy. Better yet, it's quickly absorbed, leaving you free to go about your business as soon as you're done.

REASONS TO LOVE

HOW TO USE

Apply Liquid Body Lufra to dampened skin, working it gently into a lather before giving yourself a thorough rinse. Follow that with a round of Nu Skin Body Smoother and add in Perennial Intense Body Moisturizer to the areas that really need it.

This gentle, moisturising formula is suitable for all skin types. Smooth the lotion over your entire body as you please.

Smooth the lotion over your entire body right after bathing, making sure your skin is still slightly damp, working it in with a gentle massage.

Apply the lotion freely to your hands, paying particular attention to your knuckles and wrists.

HOW TO USE

DID YOU KNOW

Liquid Body Lufra uses finely ground walnut husks to exfoliate and clear away dry, rough patches of skin. Don't worry, though. It also has a gentle touch, as it helps smooth dry, rough areas on the skin.

Nature is pretty inspiring. The Narcissus tazetta plant protects its bulb's cell structure during the harshest winter conditions, allowing it to blossom year after year. The extract taken from that bulb is scientifically proven to protect the skin, as well as improve its resiliency and the durability of its cells.

Quick and easy to use, Body Smoother is quick to absorb, so try it out before getting dressed and get on with your day with no second thoughts.

Our hands can get some pretty rough treatment. Coming into contact with rough objects, chemicals and soaps, they're prone to dryness and are in need of protection. That's why having a fast-absorbing hand lotion on... well, hand, is pretty important.

DID YOU KNOW



NU SKIN HAIR CARE

Lifeless or luscious? The choice is yours

From shampoos to conditioners and hair masks, Nu Skin's Hair Care line is designed to take care of dry, normal and oily hair. You'll find all you need to to keep your hair in good condition and bring the lustre back to those lifeless locks for visibly younger, healthier looking hair.



MOISTURIZING SHAMPOO

MOISTURISING SHAMPOO FOR DRY AND DAMAGED HAIR 250 ML

Moisturizing Shampoo gently cleanses hair that has been overheated or overcoloured, while strengthening the cortex and protecting against nutrient loss. Its lipid-mimicking formula strengthens hair, improving its look and feel to leave your hair looking healthier and younger.

Massage the shampoo into wet hair and scalp, before rinsing thoroughly. If necessary, you can repeat this step. For best results, follow each wash with your Nu Skin conditioner of choice.

The moisturising talent of this shampoo is down to several hair conditioning agents such as glycerin, panthenol, shea butter and sodium PCA which work together to smooth the cuticles in your hair and protect its keratin structure.

The availability of some products may vary per country. To check product availability consult the price list or visit www.nuskin.com



BALANCING SHAMPOO

MOISTURE BALANCING SHAMPOO FOR NORMAL TO OILY HAIR 250 ML

Perfect for daily use, this shampoo is the ideal balance of cleansing and moisturising. It also improves the look and feel of damaged hair, leaving it looking healthier and visibly younger.

Massage the shampoo into wet hair and scalp, before rinsing thoroughly. If necessary, you can repeat this step. For best results, follow each wash with your Nu Skin conditioner of choice.

Our Balancing Shampoo provides a daily clean and features several hair conditioning agents to protect and strengthen the hair.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



**WEIGHTLESS
CONDITIONER**

VOLUMISING CONDITIONER
FOR ALL HAIR TYPES 250 ML



**RICH
CONDITIONER**

RICH CONDITIONER
FOR DRY AND DAMAGED HAIR 250 ML



**RENU
HAIR MASK**

DEEP CONDITIONING HAIR MASK
FOR ALL HAIR TYPES 100 G



**AGELOC NUTRIOL
SCALP & HAIR SHAMPOO**

SCALP & HAIR SHAMPOO
FOR THIN, STRESSED AND AGEING HAIR 200ML



**AGELOC NUTRIOL
SCALP & HAIR CONDITIONER**

SCALP & HAIR CONDITIONER
FOR THIN, STRESSED AND AGEING HAIR 175ML



**AGELOC NUTRIOL INTENSIVE
SCALP & HAIR SERUM**

INTENSIVE SCALP & HAIR SERUM
FOR THIN, STRESSED AND AGEING HAIR 75ML

REASONS TO LOVE

This conditioner works to bring luscious hydration to your hair without weighing it down, helping to improve manageability. Repairing damaged hair improves both softness and smoothness for a healthier and younger look and feel.

With a low pH formula which lightly coats your hair in natural oil-mimicking lipids, this conditioner seals cuticles, helping to retain moisture and promote superior shine. Like all Nu Skin Hair Care products, it is great for damaged hair, leaving it both looking and feeling softer, smoother, younger and healthier.

Its formula seals, smoothes and strengthens each cuticle, while hydrating and repairing the outer shaft of your hair to improve softness and smoothness. Used once a week, ReNu Hair Mask improves the look and feel of damaged hair to leave it looking younger and healthier.

ageLOC Nutriol Scalp & Hair Shampoo supports thin, stressed and ageing hair thanks to an exclusive blend of ingredients. It's proven to protect against colour fade & heat, while also helping to reduce hair breakage.

ageLOC Nutriol Scalp & Hair Conditioner provides nourishment and hydration with every use, helping to improve the condition of the scalp & thin, stressed and ageing hair by improving the strength of each strand from tip to root.

ageLOC Nutriol Intensive Scalp & Hair Serum features a formula uniquely paired with ageLOC Galvanic Spa, delivering essential ingredients to your scalp and roots for fuller, revitalised looking hair. This leave-on, non-greasy formula strengthens and fortifies the scalp day after day, helping thin, stressed and ageing hair look and feel thicker and healthier.

REASONS TO LOVE

HOW TO USE

Massage the conditioner into your wet hair and scalp, then rinse thoroughly, repeating if necessary. For best results, always use after your Balancing, or Moisturizing Shampoo.

Massage the conditioner into your wet hair and scalp, then rinse thoroughly, repeating if necessary. For best results, always use after your Balancing, or Moisturizing Shampoo.

Use once a week in place of Weightless or Rich Conditioner. After shampooing, work the mask evenly into wet hair, paying extra attention to ends and damaged areas. Leave the product in your hair for 5 to 10 minutes, then rinse thoroughly.

Apply a generous amount of shampoo to wet hair and gently massage into scalp and through hair. Rinse thoroughly with warm water. Follow with ageLOC Nutriol Scalp & Hair Conditioner. For optimal results, add ageLOC Nutriol Intensive Scalp & Hair Serum to your hair care regimen, twice per day used together with the ageLOC Galvanic Spa.

Use after ageLOC Nutriol Scalp & Hair Shampoo. Work an ample amount of conditioner evenly through wet scalp and hair, paying careful attention to ends and damaged areas. Wait for three to five minutes before rinsing. For optimal results, add ageLOC Nutriol Intensive Scalp & Hair Serum to your hair care regimen, twice per day.

Use on dry or damp hair. Part hair to mist serum directly onto scalp and roots. Gently massage into scalp with fingers, comb away unruly strands, and begin your two-minute ageLOC Galvanic Spa application. Using the Scalp Conductor and Application #5, touch the conductor directly to scalp and move from front of hairline backward. Do not rinse. Style as usual.

HOW TO USE

DID YOU KNOW

The meadowfoam derivative found in this formula offers hydration without weighing down hair. Helps repair the outer hair shaft, which in turn makes the hair soft and smooth.

By mimicking hair lipids, a blend of hair conditioning agents including shea butter and coconut oil help fill in any cracks found in the cuticles to increase the strength of your hair.

With a formula featuring a specifically engineered cuticle smoothing agent, ReNu Hair Mask smooths cuticles to leave hair feeling softer, protects against cuticle abrasion and helps it resist breakage.

When used together as part of the complete ageLOC Nutriol Scalp & Hair System (Shampoo, Conditioner and Serum), your hair will appear more voluminous than ever, leaving you with full-bodied, healthy-looking locks you're sure to love.

This powerful conditioner contains shea butter and glycerine to help hydrate and nourish dry, damaged and over-processed hair.

When we asked a clinical grader to assess his subjects' hair after using the ageLOC Nutriol Scalp & Hair System for 6 months, the results were pretty impressive. They reported a 107% increase in volume, 106% increase in softness, an 84% increase in shine, and a 67% increase in thickness!*

DID YOU KNOW

*Based on a 6-month in-vivo consumer use study included 19 males and 33 females, between 30 and 71 years old. Subjects were instructed to apply the ageLOC Nutriol Intensive Scalp & Hair Serum to their scalp twice daily and follow each application with a two-minute ageLOC Galvanic Spa treatment. Subjects used the ageLOC Nutriol Scalp & Hair Shampoo and ageLOC Nutriol Hair & Scalp Conditioner.



AP 24

freshen up your smile with every brush

From fresh breath, to bright teeth, to shimmering, shining lips, the AP 24 range has everything you need for a bright, picture-perfect smile, and the just-brushed feeling that comes with it.



WHITENING FLUORIDE TOOTHPASTE

WHITENING TOOTHPASTE 110 G

Brighten and whiten your teeth while hindering the formation of plaque with AP 24 Whitening Fluoride Toothpaste. A combination of ingredients lightens teeth, while a refreshing vanilla-mint flavour helps freshen breath for that long-lasting, clean, just-brushed feeling.

Brush thoroughly at least twice a day, or after each meal unless otherwise directed by a dentist or physician. Feel free to alternate with AP 24 Anti-Plaque Fluoride Toothpaste. For children under 6, we recommend using a pea sized amount of toothpaste and supervising their brushing habits to limit the risk of excess swallowing.

This toothpaste features a unique combination of ingredients which works to polish and cleanse your teeth.

The availability of some products may vary per country. To check product availability consult the price list or visit www.nuskin.com



ANTI-PLAQUE FLUORIDE TOOTHPASTE

ANTI-PLAQUE TOOTHPASTE 110 G

With a formula featuring a fresh vanilla-mint flavour, this gentle toothpaste helps remove plaque and debris for a clean, just-brushed feeling that lasts. Perfect for daily use, this formula helps protect teeth from cavities, is gentle on teeth and mild on gums for an enjoyable brushing experience.

Brush your teeth thoroughly at least twice a day, or, better yet, after each meal if you can spare the time, unless otherwise directed by a dentist or physician. For children under 6, we recommend using a pea sized amount of toothpaste and supervising their brushing habits to limit the risk of excess swallowing.

Our AP 24 blend is a unique combination of dimethicone and cleansing agents that help your mouth feel cleaner and smoother by loosening plaque and debris from the teeth and other oral tissue.



REASONS TO LOVE

HOW TO USE

DID YOU KNOW

PHARMANEX

real beauty starts from within

While we love helping you look your best, we're committed to helping you feel your best, too. Pharmanex, our collection of wellness products aims to cover all aspects of nutrition. From high-quality food supplements to food solutions, an extensive wellbeing programme or a skin cream, we strive to combine natural ingredients with the latest scientific advancements based on more than 30 years of innovative research.



LIFEPAK+ FOOD SUPPLEMENT 60 SACHETS

LifePak+ is a well-known Pharmanex food supplement containing vitamins, minerals, and botanical extracts. As a supplement to your diet, this product targets different functions of your body to help you feel your best each day. Ingredients such as selenium, manganese, vitamin C, and onion extract* have antioxidant properties that help support your body's defences – and there are many more ingredients to discover in this supplement.

Take the content of one** sachet daily with 250 ml of liquid with your meal.

A diverse diet gives our body the necessary vitamins, minerals, and other nutrients to maintain good health. While it cannot replace a healthy diet, LifePak+ can certainly supplement one.

**Evaluation of health claim pending
**For Czech Republic, Hungary, Netherlands and United Kingdom: Take the content of two sachets daily with 250 ml of liquid with your meal.*

S3



MARINE OMEGA FOOD SUPPLEMENT 120 SOFT GELS

As the name suggests, this food supplement is packed with high levels of Omega 3 fatty acids, originating from fish oil and sustainably sourced Antarctic krill.

Take two soft gels, twice per day, with food and drink.

Eicosapentaenoic Acid (EPA) and Docosahexaenoic Acid (DHA) are a pretty talented pair. Having a daily intake of 250 mg of these two fatty acids supports the normal functioning of your heart. In addition, a daily intake of 250 mg of DHA helps to maintain normal brain function and vision.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



TEGREEN

FOOD SUPPLEMENT 30/120 CAPSULES



BONE FORMULA

FOOD SUPPLEMENT 180 CAPSULES



EYE FORMULA

FOOD SUPPLEMENT 30 CAPSULES



PRO-B

FOOD SUPPLEMENT 30 CAPSULES



CORDYMAX CS-4

FOOD SUPPLEMENT 120 CAPSULES



REISHIMAX

FOOD SUPPLEMENT 60 CAPSULES

REASONS TO LOVE

Who doesn't love a good cup of tea? We sure do. And while nothing beats a fresh brew, we reckon we're pretty close. We've taken a green tea extract from the leaves of the Camellia sinensis plant and packed it into Pharmanex Tëgreen.

Bone is a living, growing tissue, which undergoes changes throughout our lives. It is important to continue focusing on the maintenance of our normal bones. You'll find it in Bone Formula, as well as a selection of vitamins and minerals including vitamin D, vitamin K2, magnesium and manganese, all of which contribute to the maintenance of normal bones.

From screen time to air pollution, plenty of factors can impact our vision over time. This food supplement supports your balanced diet with a unique formula containing zinc, which helps maintain normal vision, plus selenium, copper, and vitamins C and E to offer protection from oxidative stress.

Each capsule of Pharmanex Pro-B contains 2 billion living colony forming units of Lactobacillus fermentum (PCC).

CordyMax contains a standardised mycelia fermentation product of *Cordyceps sinensis* mushroom. We've taken standardised mycelium – obtained through fermentation – and packed it into this handy food supplement. Enjoy!

Described in ancient Chinese texts over 2000 years ago, the Reishi mushroom has long been included in Asia's dietary habits. We've decided to put this mushroom to the test with our Reishi formula.

REASONS TO LOVE

HOW TO USE

Take one capsule in the morning with food and drink.

Take three capsules, twice a day, with food and drink.

Take one capsule once daily with food and drink.

Take one capsule per day with food and drink.

Take two* capsules, twice per day, with food and drink.

Take one ReishiMax capsule, twice per day, with food and drink.

HOW TO USE

DID YOU KNOW

The people of mainland China and India have been drinking tea for many reasons for centuries, but perhaps never quite like this. We've taken a green tea extract and added it to the formula of Pharmanex Tëgreen!

Calcium is needed for the maintenance of normal bones and vitamin D for its contribution to the normal absorption of calcium and phosphorus. It's important to get plenty of sunshine and enjoy a healthy diet.

Marine Omega goes great with Eye Formula because it contains DHA, an omega-3 fatty acid. A daily intake of 250 mg of DHA helps to maintain normal brain function and vision. Fish oil may also help our body to absorb oil-soluble vitamins, such as the vitamin E in Pharmanex Eye Formula.

Our stomach can be a pretty challenging environment. This robust strain has shown it has what it takes to make it through the gut alive.

If you're looking to find the Cordyceps sinensis mushroom in its natural habitat, you'll have to go all the way to the heady heights of the Tibetan plateau. Luckily, we are able to produce our own in a controlled environment!

The Reishi mushroom is quite rare to find outside of the controlled environment where we cultivate our own. Out in the wild, it grows in a shelf-like form on the side of trees and stumps in Chinese forests.

DID YOU KNOW



ESTERA® PHASE III
WOMEN'S MAINTENANCE FORMULA 60 CAPSULES

Estera Phase III Maintenance Formula is for women in their postmenopausal years. Maintenance Formula is designed to help promote estrogen metabolites and support cardiovascular health, bones, cognitive function, and a normal lipid profile.

As a dietary supplement, take two (2) capsules daily, preferably one capsule with your morning and evening meals. Store in a cool, dry place.

Provides phytoestrogens, plant based compounds that have a mild estrogen receptor binding effect. These powerful phytoestrogens should be incorporated into a woman's diet to decrease the occurrence of postmenopausal symptoms, maintain healthy bone density, maintain existing normal lipid profiles, and help maintain good health throughout life.



R² DAY
FOOD SUPPLEMENT 180 CAPSULES

With a unique blend of ingredients including an extract of the Cordyceps Sinensis mushroom, pomegranate and panax ginseng, R² Day will help you to feel ready to take control of a new day thanks to its Panax Ginseng extract that contributes to your energy and vitality.*

Take six capsules of R² Day each morning.

Panax Ginseng plays an important role in energy metabolism, and has a positive influence on maintaining stamina, as well as both physical and mental well-being.*



R² NIGHT
FOOD SUPPLEMENT 60 CAPSULES

There's nothing better than a good night's sleep to help your body bounce back from a tiring day, but the unique formula of R² Night is pretty helpful, too. It contains selenium, which helps support your immune system and contributes to the maintenance of normal nails and hair, and normal thyroid function.

Each evening, take two R² Night capsules.

The selenium in R² Night also contributes to the protection of your cells against oxidative stress!

The availability of some products may vary per country. To check product availability in your local market, visit www.nuskin.com. Please read the instructions on the packaging carefully before use



FLEXCRÈME
SOOTHING BODY CRÈME 60 ML

Whether you've had a rough day, or you're fresh off the back of some good old-fashioned exercise, the cooling sensation of this refreshing crème makes it great for a bit of a rub down. Its unique formula is easy to apply, quick to absorb, and may also help with the elasticity of your skin.

Simply rub this quick absorbing cream onto the skin and experience its soothing effect. Do not apply to wounds or damaged skin. Use no more than four times per day.

Flexcrème contains menthol, known for its cooling sensation and soothing effects – and amazing minty smell!

The availability of some products may vary per country. To check product availability in your local market, visit www.nuskin.com. Please read the instructions on the packaging carefully before use

REASONS TO LOVE

HOW TO USE

DID YOU KNOW

REASONS TO LOVE

HOW TO USE

DID YOU KNOW

TR90

"Life is full of challenges, but you don't have to do it alone"

The TR90 Wellbeing Programme brings together the knowledge and experience of Nu Skin's scientists with natural ingredients, healthy recipes and exercises, empowering you to transform the way you eat, move and live. Give TR90 a try with our 30-day programme, or dive right in with our 90-day offer for the complete experience.



TR90 WELLBEING PROGRAMME
A 90 DAY WELLBEING PROGRAMME

Rediscover your curious and confident self with TR90. It's a wellbeing programme based on nutritional science, natural ingredients, and a personal support system. Give TR90 a try for 30 days or more. With the help of meal replacement bars, botanical-rich drinks and carefully calibrated supplements – plus an exercise and diet plan – you'll certainly find the best way to shape your life.

The programme runs for 90 days. For the first 2 weeks of the programme, mix 1 sachet of JS with a glass of water. Take 1 Complex C tablet 3 times per day, and 1 Complex F tablet 4 times per day, 15-20 minutes before eating for 90 days. Swap one main meal for an M-Bar and glass of water. Follow the advised eating and activity plan.

You won't be going through your journey alone – we'll be sending out regular tips, tricks and helpful advice both via email and through social media.



REASONS TO LOVE

HOW TO USE

DID YOU KNOW



TR90 M-BAR LEMON CRISP

MEAL REPLACEMENT BAR 30 PACK



TR90 JS

FOOD SUPPLEMENT 15 SACHETS



TR90 Complex C

FOOD SUPPLEMENT 90 CAPSULES



TR90 Complex F

SUPPLEMENT 120 CAPSULES



TR90 V-Shake Vanilla

VANILLA-FLAVOURED VEGAN PROTEIN SHAKE



TR90 V-Shake Chocolate

CHOCOLATE-FLAVOURED VEGAN PROTEIN SHAKE

REASONS TO LOVE

Easily integrated into your lifestyle, a single bar replaces one main meal per day as part of an energy restricted diet in which other foods are necessary, to help you maintain your weight following the TR90 programme. Available in lemon, each box consists of 30 bars.

Composed entirely of natural ingredients like prickly pear cactus, red orange, pomegranate and saffron, TR90 JS is a great drink for your morning routine, and to kick off the first two weeks of your TR90 experience.

This supplement is perfect for daily use. It consists of tart cherry, cocoa and pomegranate fruits powder. Think of it as the cherry on top of your daily meals!

Whether you enjoy it as part of the TR90 Wellbeing Programme or prefer to take it alone, this botanical food supplement is perfect for daily use. It contains a blend of ingredients including citrus fruit, onion, grape, cayenne pepper, red orange and a green tea extract.

Discover TR90 V-Shakes: the vegan-friendly protein shake the whole planet can enjoy. This delicious vanilla-flavoured shake is high in plant-based protein and contains no artificial colours or preservatives, making it an ideal way to help beginners, pros, and gym bros achieve their fitness goals.

Discover TR90 V-Shakes: the vegan-friendly protein shake the whole planet can enjoy. This delicious chocolate-flavoured shake is high in plant-based protein and contains no artificial colours or preservatives, making it an ideal way to help beginners, pros and gym bros achieve their fitness goals.

REASONS TO LOVE

HOW TO USE

For those looking to maintain their weight after weight loss, substitute either breakfast, lunch or dinner for a single bar. Eat the bar with a glass of water. Those looking to lose weight may substitute two main meals per day with one bar per meal.

Each morning, mix one sachet of powder into a glass with 250 ml of water, or another low-calorie beverage if you prefer.

Take one capsule three times per day. Preferably, take 15-20 minutes before meals with a large amount of water.

Take one capsule four times per day. Preferably with food and drink.

Mix 25 g of TR90 V-Shake powder with 500 ml of cold water and consume before or after exercise. Remember to fill the shaker with liquid first, then add the protein powder and shake well for 20-30 seconds. If you do not have a scoop, 25 g is equal to approximately two tablespoons.

Mix 25 g of TR90 V-Shake powder with 500 ml of cold water and consume before or after exercise. Remember to fill the shaker with liquid first, then add the protein powder and shake well for 20-30 seconds. If you do not have a scoop, 25 g is equal to approximately two tablespoons.

HOW TO USE

DID YOU KNOW

Like all meal replacements, each M-Bar consists of at least 30% of the NRV of vitamins and minerals we need to get us through the day. Make sure to enjoy them with an adequate daily fluid intake, regular exercise and as part of a varied, balanced diet!

The ingredients in TR90 JS are lovingly harvested in the regions of California and the Mediterranean.

While it's important to remember that supplements should never be used to replace a varied and balanced diet, they can definitely help support one.

The green tea extract in Complex F can help to protect your cells against oxidative stress.*

Each serving of the V-Shake contains 19 grams of protein, sourced from pea and brown rice, and is lactose-free, gluten-free, and soy-free - fantastic for a high-protein snack, pre-workout or post-workout, or as part of a healthy breakfast.

Each serving of the V-Shake contains 19 grams of protein, sourced from pea and brown rice, and is lactose-free, gluten-free, and soy-free - fantastic for a high-protein snack, pre-workout or post-workout, or as part of a healthy breakfast.

DID YOU KNOW

The availability of some products may vary per country. To check product availability in your local market, visit www.nuskin.com. Please read the instructions on the packaging carefully before use

FORCE FOR GOOD

A culture of giving back

At Nu Skin, we want to be a Force for Good through caring for our planet, improving the lives of children, nourishing future generations and investing in our global community.



NU SKIN
FORCE FOR GOOD
FOUNDATION

The Nu Skin Force for Good Foundation improves children's health, education, and economic circumstances, offering hope for a brighter future.

Nu Skin is built on the idea of giving back. It is the very core of who we are, and what we do. The Force for Good Foundation was born of this very ideal and has seen us lend our support to numerous fantastic causes around the world since 1996. The concept is simple; because Nu Skin covers 100% of the Foundation's administration and overhead costs, whether you contribute through your generous donations, or through purchasing our unique Epoch line, 100% of what you give goes to our partnering non-profit organisations.

OUR PROJECTS

- **School of Agriculture for Family Independence (SAFI):** teaching sustainable agriculture in Malawi at the Mtalimanja Village School.
- **Seed of Hope:** helping the reforestation initiative thanks to donations made through the sales of our Epoch Baobab Body Butter.
- **Seacology:** creating win-win conservation partnerships that help island communities build infrastructure now and preserve their marine habitats for generations to come.
- **Epidermolysis Bullosa Medical Research Foundation:** funding research to find a cure for the devastating skin disease Epidermolysis Bullosa (EB).
- **Wells of Hope:** providing clean water through our borehole project in Malawi. Every new well provides access to clean water for approximately 500 people.



NOURISH
the CHILDREN

A for-profit social initiative empowering future generations one bowl at a time.

No child should ever go hungry. That's the belief behind Nu Skin's Nourish the Children initiative. With VitaMeal, we provide highly nutritious food developed by Nu Skin's very own nutrition scientists. You can purchase VitaMeal like regular products except the bags are donated directly to children in Malawi through a third-party non-profit organisation such as Feed the Children. Each 30-meal bag of VitaMeal contains 30 child-size portions, enough to provide the vitamins and minerals needed to nourish a child for an entire month. And when you give, we also give. For every donation of a VitaMeal five-pack, or every eight bags purchased, Nu Skin will add one more.

It is important to highlight that it is a for-profit programme with regular product commissions and profit. But this is precisely what makes the programme sustainable; the incentive around the sale helps ensure that VitaMeals are sold and promoted on a regular basis. Currently, more than 120,000 children receive VitaMeal each day, so it's important that it remains a continuous, sustainable effort. This is also how we have achieved no less than 700 million meal donations worldwide since its birth in 2002. And we are not stopping there. With our VitaMeal plants in Malawi and China, the Nourish the Children initiative is able to help create new jobs and economic opportunities in the communities that your generosity helps to sustain.

Nu Skin is a for-profit distributor of nutritional and skin care products and is traded on the New York Stock Exchange (NUS). Nourish the Children is an initiative of Nu Skin and is registered in some states as a commercial co-venture. The initiative enables Nu Skin's brand affiliates and customers to purchase VitaMeal from Nu Skin and donate it to charitable organisations to help solve the complex world problem of feeding malnourished children. The price of VitaMeal includes the cost of manufacturing, general overhead, distribution and sales. As is the case with other Nu Skin products, brand affiliates are paid commissions and Nu Skin earns a profit margin from each sale of VitaMeal.

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 Nu Skin Russia and Ukraine

 Nu_Skin_ruua

 www.nuskin.com

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