



NU SKIN®

Product Guidebook





## AGELOC

The magic starts here. Experience the power of Nu Skin's famous anti-ageing ingredients.

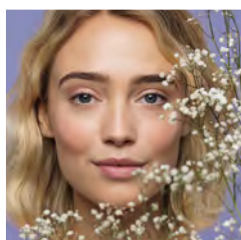
6-33



## NU SKIN 180°

The power of this anti-ageing regimen makes it the obvious choice for youthful looking skin.

34-35



## NUTRICENTIALS

With a combination of cutting-edge science and powerful plant extracts, Nutricentials helps increase your skin's ability to adapt to environmental stressors, leaving it beautiful and radiant.

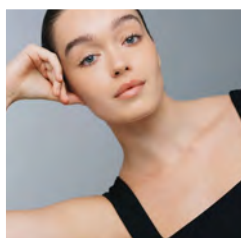
36-45



## NU SKIN HERITAGE

Our Nu Skin Heritage products cover your skin's hydration needs.

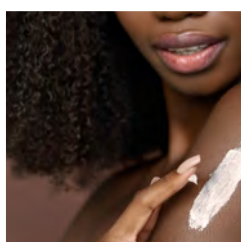
46-47



## NU COLOUR

Nu Colour blends intense colour with the best of skincare science.

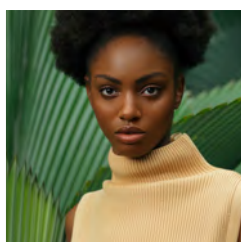
48-51



## SUNRIGHT

Protect and moisturise your skin with Sunright.

52-53



## EPOCH

Experience Epoch and discover the secrets of nature; the world's rituals transformed into a range of face, hair and body products.

54-57



## NU SKIN BODY CARE

Nu Skin's entire Body Care range is formulated to offer that gentle pampering touch from tip to toe.

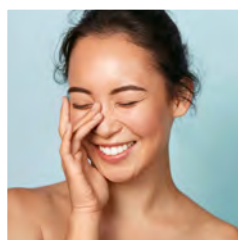
58-59



## NU SKIN HAIR CARE

From shampoos to conditioners and hair masks, Nu Skin's Hair Care line is designed to take care of your hair.

60-65



## AP 24

From fresh breath, to bright teeth, to shimmering, shining lips, the AP 24 range has everything you need.

66-67



## PHARMANEX

The Pharmanex range boasts a collection of innovative food supplements and programmes designed to support and help your body.

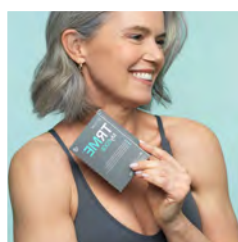
68-73



## BEAUTY FOCUS

Beauty Focus is all about beauty science in your daily supplement. It's about the visible results you observe and enjoy, the secret to a beautiful appearance.

74-77



## TRME

Empowers you to customise your wellbeing journey.

78-79



84-87



# About Nu Skin

Nu Skin is a global integrated beauty and wellness company that helps people look, feel and live their best with products that combine the best of science, technology and nature, including an award-winning line of beauty device systems.



## BEAUTY FROM THE OUTSIDE Personal Care

Let's time-travel to the future. Imagine your future self – glowing with confidence from head to toe! With Nu Skin, no matter where you are in your journey, our personal care range offers solutions that work to make you look and feel amazing!



## BEAUTY FROM INSIDE OUT Wellness

We are committed to helping you achieve the best version of yourself. Our intelligently formulated food supplements, beauty supplement, wellness programme and targeted solutions are inspired by nature and powered by science.



## IT ALL BEGINS WITH INNOVATION

Since Nu Skin was founded in 1984, innovation and collaboration have always been at the heart of what we do. You can see it in the quality of our products and the way we work — leading scientists, ground-breaking technologies, and partnerships with scientific institutions come together to create.



## SCIENCE AT THE FOREFRONT

We aspire to shift the unshiftable and change the world around us, one amazing product, or one amazing person, at a time.

There is no better example than our ageLOC science. This revolutionary **anti-ageing research and technology** led to the creation of some of our most-loved and innovative products and devices. We are always looking to work with the keenest minds in science.

Our products are researched, tested, and developed by a team of over **75 in-house scientists** around the world, and guided by our **Scientific Advisory Board**. Comprising experts in various fields, this collective think tank provides unique insights that help us innovate and deliver new and exciting products long into the future.

We have invested in large research & development centers: together, our **Centre for Anti-Ageing Research** in our American hometown Provo and our **Greater China Innovation Park** total 3944 square meters, featuring 11 state-of-the-art labs used for the development and evaluation of Nu Skin products.

## CORE VALUES

We are not only innovative, but also value being ethical, optimistic, realistic, sustainable and compassionate. We aim to empower people and be a Force for Good (you can find our Force for Good section at the end of this catalogue) and a Force for Green, but we recognize that things don't come fast or easy. This is why we are working hard to reach our goals and deliver on expectations.

## SELLING DIRECT

Loving our products doesn't have to be the end of your Nu Skin journey. For many of our Brand Affiliates, it is just the beginning. Whether you're interested in sharing your favourite products with your friends or see yourself taking it even further by building an entire business, don't hesitate to ask the person you are in contact with regarding Nu Skin products or go to [nuskin.com](https://nuskin.com) for more information.



## AGELOC

### Unlock the Secrets to Youthful-Looking Skin

The journey to radiant, youthful looking skin begins here. Discover the power of Nu Skin's renowned ageLOC anti-ageing ingredients—scientifically formulated to target the visible signs of skin ageing at their source.

Paired with our cutting-edge technologies—LumiSpa iO, Galvanic Spa, ageLOC Boost and WellSpa iO systems—and a full range of personal care products, ageLOC delivers everything your skin needs. Whether you're addressing the early signs of ageing or enhancing your skin's youthful appearance, ageLOC helps reveal a smoother, more luminous complexion.





## ageLOC Tru Face

Ageing is a natural part of life. Embracing it mindfully is our choice.

Introducing ageLOC Tru Face—Nu Skin's premium skincare range designed to help you celebrate the beauty of ageing with confidence and grace.

This is Nu Skin's first scientifically advanced, clinically proven well-ageing line, powered by proprietary ageLOC technology—the result of decades of research into epigenetics and gene expression. Each formula is infused with cutting-edge science and thoughtfully developed to meet your skin's evolving needs.

From enhancing skin resilience and hydration to supporting a radiant, healthy-looking glow, ageLOC Tru Face offers personalised routines to age well. While it effectively addresses visible signs of skin ageing—such as fine lines, wrinkles, and loss of elasticity—it does so without making unrealistic promises to reverse time.

Instead, ageLOC Tru Face champions a mindful, empowering approach to skincare—one that prioritises everyday care for longer youthful looking skin and empowers you to feel your best at every stage of life.



## AGELOC TRU FACE REFINING TONER

60 ML

Formulated with our ageLOC technology and a unique PrepPlus blend, ageLOC Tru Face Refining Toner is a soothing, sophisticated toner infused with hydrating ingredients.

Perfect for breathing renewed freshness into fatigued-looking skin, it gently prepares your face for the next steps in your skincare routine and delivers a radiant and revitalised complexion.



## AGELOC TRU FACE LINE CORRECTOR

30 ML

Ageing is a natural evolution, rich with beauty and wisdom, though we know that visible lines and wrinkles can sometimes stir moments of self-consciousness. This is where ageLOC Tru Face Line Corrector steps in. Specifically designed for targeted areas, this serum is powered by ageLOC technology and a Triple-peptide Complex to visibly soften the appearance of fine lines and wrinkles, particularly around the mouth and eyes.

### REASONS TO LOVE

### HOW TO USE

After cleansing in the morning and evening, dispense a good amount into your palms and press gently onto your face and neck until fully absorbed. You may also apply it with a cotton pad if you prefer. Avoid the eye area.

Complete your routine by following with your preferred ageLOC Tru Face serum and moisturiser for optimal results.

Use morning and evening after cleansing and toning. Apply to fine lines and wrinkles around the eyes, mouth, and forehead before following up with your preferred ageLOC Tru Face serum. Follow with an ageLOC Tru Face moisturiser to continue your routine.

### DID YOU KNOW

Prejuvenation refers to adopting a skincare routine that includes products proven to help maintain youthful-looking skin and a healthy-looking glow. Rejuvenation, on the other hand, involves using skincare products that help revitalise and rejuvenate skin appearance already showing visible signs of ageing, such as fine lines, wrinkles, and uneven skin tone.

ageLOC Tru Face Refining Toner is the perfect fit for both routines!

Although it can be used alone, ageLOC Tru Face Line Corrector is the perfect pair for ageLOC Galvanic Spa device!

A 8-week clinical study\* showed greater improvements in the appearance of fine lines, crow's feet and smoothness when using ageLOC Galvanic Spa in conjunction with ageLOC Tru Face Line Corrector, compared to using ageLOC Tru Face Line Corrector alone.

Not only did the combined usage of the serum and the ageLOC Galvanic Spa device instrument improved the overall appearance of these skin characteristics, it also increased the speed with which ageLOC Tru Face Line Corrector's effects started to be perceived.

\* Results obtained from a third-party professional assessment based on an 8-weeks in vivo, single-site, single-blind, split-face study performed on 40 female subjects aged 35 and above. Participants were instructed to apply a thin layer of ageLOC Tru Face Line Corrector twice daily on the entire face. The Galvanic Spa device was used twice per day around the eye area, but only on one randomly assigned side of the face. Instrumentation measurements, self-perception feedback, and clinical evaluations were used to assess results



## AGELOC TRU FACE FUTURE SERUM

30 ML

Looking to age gracefully? Reveal a more youthful skin appearance, morning and night, with ageLOC Tru Face Future Serum. This clinically proven formula reveals youthful looking skin in 8 ways : firmness, smoothness, skin tone evenness, fine lines/wrinkles, radiance, pore appearance, appearance of skin discolouration, and hydration.

This multitasking serum gives you clinical-strength results at home from 7 days<sup>1</sup>, while combining the benefits of multiple anti-ageing products into a single formula.

Apply morning and evening after cleansing and toning, and before moisturising. Dispense about 2 pumps onto your fingertips and apply to face and neck.

The formula uses incredible science! It's infused with:

- Our exclusive ageLOC technology that targets the sources of the visible signs of skin ageing to promote a youthful, vibrant appearance,
- A potent anti-ageing ingredient blend to visibly firm, lift, and smooth the skin,
- And a Skin Brightening Complex shown to help reduce the appearance of discolouration, dull or uneven skin tone.

<sup>1</sup> Based on a randomized, in vivo, 12 week clinical study assessing the efficacy of ageLOC Future Serum. 29 female asian & caucasian subjects with mild to moderate wrinkles & mottled pigmentation, aged from 40 to 70 applied the ageLOC Future Serum twice per day for 12 weeks.



## AGELOC TRU FACE FUTURE SERUM

30 ML REFILL

ageLOC Tru Face Future Serum is a refillable serum

The original packaging of ageLOC Tru Face Future Serum includes a cap and a pump dispenser for convenient usage, along with an outer case that contains a replaceable cartridge ( or "refill").

Once the first cartridge is empty, a new one can simply be inserted in the outer case.

The original packaging requires replacement every 3 to 6 months to ensure proper dispensing and microbiology safety.

Insert this refill cartridge into your original ageLOC Tru Face Future Serum packaging and use your serum as you are used to!

The sustainable design of ageLOC Tru Face Future Serum allows 53% reduction in annual packaging waste\* and 72% reduction of packaging per refill compared to typical single-use glass packaging!\*\*

Moreover, the cartridge is made with 100% recycled material (excluding lid) and is composed of only one type of material (PP). Please check your local options to verify recyclable capacity.

\* Percentage obtained by comparing the weight of previous packaging of ageLOC Future Serum (glass, pump & lid) to the current packaging (refill cartridge, outer case, pump and lid); considering that consumers will buy per year: 12 units of the previous ageLOC Future Serum packaging, compared to 4 complete systems ageLOC Tru Face Future Serum and 8 refill units.

\*\* Percentage obtained by comparing the weight of previous packaging of ageLOC Future Serum (glass, pump & lid) to the current ageLOC Tru Face Future Serum refill cartridge

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW



## AGELOC TRU FACE PEPTIDE RETINOL COMPLEX

30ML

Formulated for results and designed for daily use, ageLOC Tru Face Peptide Retinol Complex is your go-to solution for visibly reducing hyperpigmentation, dark spots, and uneven skin tone.

Powered by our exclusive ageLOC technology, this advanced serum formula combines a Retinol Complex with an AI-identified peptide to deliver targeted results. Together, they visibly reduce fine lines and wrinkles, helps noticeably improve skin texture and reduces the appearance of pores—while prioritizing what matters most: a brighter, more even complexion.

After cleansing and toning, apply to face and neck once daily as part of your evening skincare routine. For optimal results, extend application to the décolleté and backs of your hands—areas that often show signs of aging similar to the face and neck.

Because retinol can increase your skin's sensitivity to the sun—especially during the first few weeks of use—we recommend limiting sun exposure and wearing broad-spectrum sunscreen daily, applying it during your morning routine.

ageLOC Tru Face Peptide Retinol Complex features a next-generation Retinol Complex, combining slow-release retinol with a retinoic acid ester—a cutting-edge form of retinoic acid. This advanced blend delivers optimal skin benefits while maintaining skin comfort, making it ideal for daily use.

What sets this serum apart is the inclusion of an AI-identified peptide. On its own, this peptide helps boost a key component of younger, bouncier-looking skin. But when paired with retinol, it works synergistically to optimise visible results—enhancing smoothness, and overall skin tone evenness.



## AGELOC TRU FACE PEPTIDE RETINOL COMPLEX

30 ML REFILL

ageLOC Tru Face Peptide Retinol Complex is a refillable serum

The original packaging of ageLOC Tru Face Peptide Retinol Complex includes a cap and a pump dispenser for convenient usage, along with an outer case that contains a replaceable cartridge (or "refill").

Once the first cartridge is empty, a new one can simply be inserted in the outer case.

The original packaging requires replacement every 3 to 6 months to ensure proper dispensing and microbiology safety.

Insert this refill cartridge into your original ageLOC Tru Face Peptide Retinol Complex packaging and use your serum as you are used to!

The sustainable design of ageLOC Tru Face Peptide Retinol Complex allows 53% reduction in annual packaging waste\* and 72% reduction of packaging per refill compared to typical single-use glass packaging! \*\*

Moreover, the cartridge is made with 100% recycled material (excluding lid) and is composed of only one type of material (PP). Please check your local options to verify recyclable capacity.

\* Percentage obtained by comparing the weight of classic ageLOC packaging (glass bottle, pump and lid) to the current packaging (refill cartridge, outer case, pump and lid); considering that consumers will buy per year: 12 units of the classic ageLOC packaging, compared to 4 complete systems and 8 refill units.

\*\* Percentage obtained by comparing the weight of classic ageLOC packaging (glass bottle, pump and lid) to the current refill cartridge of the ageLOC Tru Face Peptide Retinol Complex.

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW



## AGELOC TRU FACE ESSENCE ULTRA

60 CAPSULES

ageLOC Tru Face Essence Ultra is your ultimate skin firming serum, designed to visibly lift, contour, and define skin.

Harnessing the power of ageLOC technology to target the sources of visible signs of skin ageing, and Tru Face FirmPlex to visibly improve skin firmness, this advanced serum formula delivers visibly firmer and more sculpted-looking skin, promoting a youthful appearance with improved elasticity and bounce that you can see, feel, and love.

Tear open one capsule, dispense the entire content onto your fingertips and apply on the entire face.

Apply each morning and evening after cleansing and toning, as your final serum. Follow with your preferred ageLOC Tru Face moisturiser.

The formula contains so much more science!

On top of our ageLOC Technology and Tru Face FirmPlex, it also contains an antioxidant network composed of stable form of Vitamin C, Ubiquinone (CoQ10) and Vitamin E, to help protect skin from the negative effects of oxidative stress.



## AGELOC TRU FACE ESSENCE ULTRA – REFILL POUCH

60 CAPSULES

Enjoy your favourite ageLOC Tru Face Essence Ultra in a convenient, refill pouch format.

The original packaging of ageLOC Tru Face Essence Ultra includes a sleek jar and cap, designed for long-term use. Once empty, simply refill it with the ageLOC Tru Face Essence Ultra Refill Pouch—a smart, sustainable solution that helps reduce waste\*\*.

The refill pouch features a handy zipper closure, making it your perfect travel companion. It keeps your Essence Ultra capsules secure, portable, and ready to go—wherever life takes you.

Tear open the pouch and refill your ageLOC Tru Face Essence Ultra jar—it's that simple!

You're all set to continue using your serum just the way you love it.

Each refillable pouch contains 97% less material compared to the original glass packaging (jar)\*, which helps with shipping weight and are made of 25% recycled plastic (PCR).

Moreover, If you purchase one jar a year and refill it 11 times, you'll reduce the annual packaging waste by 89% compared to buying one glass jar every month.\*\*

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW

\* Percentage obtained when comparing the weight of the refill to the weight of the original packaging (glass jar and lid).

\*\* Percentage obtained by comparing the weight of previous ageLOC Tru Face Essence Ultra packaging (glass jar and lid) to the current packaging (new plastic jar, lid and refill pouch), considering that customers would have bought 12 original glass packaging vs one new plastic jar and 11 refill pouches per year.



## AGELOC TRU FACE UPLIFTING RICH CREAM

30ML

Experience ageLOC Tru Face Uplifting Rich Cream, the ultimate firming and hydrating powerhouse designed to visibly lift, contour, and revitalise your skin's appearance

In just 30 seconds, a natural active biomimetic polymer starts forming a protective yet breathable layer that helps protect skin from the negative effects of oxidative stress and environmental stressors. In as little as 30 minutes, your skin appears more sculpted, defined, and radiant with a dewy, youthful glow. And in 30 days\* hydration and advanced firming technology nourish and strengthen the skin for a well-rested, revitalised-looking complexion.

After cleansing, toning, and your serum step, apply a generous amount to the face and neck daily. Use daily, morning and/or evening as desired.

For optimal results, apply after your favorite ageLOC Tru Face serum such as ageLOC Tru Face Essence Ultra.

ageLOC Tru Face Uplifting Rich Cream and ageLOC Tru Face Essence Ultra are a powerhouse duo for visibly firmer, more contoured-looking skin. Both are formulated with our exclusive Tru Face FirmPlex blend—our scientifically validated technology that targets a key component of firm-looking skin.

When used together, these two products complement each other's benefits, helping to enhance skin elasticity, visibly improve facial contours, and promote a more youthful, radiant appearance.

\* Results obtained from a third-party professional assessment based on a single blind, 8 weeks, in vivo clinical study performed on 30 female subjects, all between 45 and 65 years old. Subjects were instructed to use the ageLOC Tru Face Uplifting Rich Cream Morning and night for 8 weeks. The following assessments were done at baseline, post-application, week 1, 2, 4 and 8: Cutometer, chromameter, corneometer, clinical grading & self-perception.



## AGELOC TRU FACE UPLIFTING RICH CREAM

30 ML REFILL

ageLOC Tru Face Uplifting Rich Cream is a refillable cream.

The original packaging of ageLOC Tru Face Uplifting Rich Cream includes a cap and a pump dispenser for convenient usage, along with an outer case that contains a replaceable cartridge (or "refill").

Once the first cartridge is empty, a new one can simply be inserted in the outer case.

The original packaging requires replacement every 3 to 6 months to ensure proper dispensing and microbiology safety.

Insert this refill cartridge into your original ageLOC Tru Face Uplifting Rich Cream packaging and use your rich cream as you are used to!

The sustainable design of ageLOC Tru Face Uplifting Rich Cream allows for an 87% reduction of packaging per refill\* and a 67% reduction in annual packaging waste\*\* compared to typical single-use glass packaging.

Moreover, the cartridge is made with 100% recycled material (excluding lid) and is composed of only one type of material (PP). Please check your local options to verify recyclable capacity.

\* Percentage obtained by comparing the weight of classic ageLOC packaging (glass jar and lid) to the weight of the current refill cartridge of the ageLOC Tru Face Uplifting Rich Cream.

\*\*Percentage obtained by comparing the weight of classic ageLOC packaging (glass jar and lid) to the weight of the current ageLOC Tru Face Uplifting Rich Cream packaging (refill cartridge, outer case, pump and lid); considering that consumers will buy per year: 12 units of the classic ageLOC packaging, compared to 4 ageLOC Tru Face Uplifting Rich Cream complete systems and 8 refill units.

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW



## AGELOC TRU FACE TRANSFORMING GEL CREAM

30ML

Experience radiant, youthful-looking skin with ageLOC Tru Face Transforming Gel Cream—an advanced hydrating formula designed to visibly smooth fine lines and wrinkles. Powered by ageLOC technology, this luxurious gel cream targets the sources of visible signs of skin ageing, working in harmony with the skin's natural renewal process. A potent blend of Sodium Hyaluronate, Shea Butter, and Glycerin delivers intense hydration, reinforcing your skin's moisture barrier for a supple, rejuvenated complexion.

Gentle yet powerful, this skin-loving formula hydrates, revitalises skin's appearance, and promotes skin renewal—unveiling smooth-looking skin and a more radiant you.

Apply a good amount to face and neck daily. Use both morning and evening if desired. For optimal results, apply after your favourite ageLOC Tru Face serum.

ageLOC Tru Face Transforming Gel Cream is suitable for all skin types and can be used twice daily. This lightweight texture will particularly be appreciated by oily, combination or younger skins, that makes it a perfect fit for any rejuvenation routine



## AGELOC TRU FACE TRANSFORMING GEL CREAM

30 ML REFILL

ageLOC Tru Face Transforming Gel Cream is a refillable cream.

The original packaging of ageLOC Tru Face Transforming Gel Cream includes a cap and a pump dispenser for convenient usage, along with an outer case that contains a replaceable cartridge (or "refill").

Once the first cartridge is empty, a new one can simply be inserted in the outer case.

The original packaging requires replacement every 3 to 6 months to ensure proper dispensing and microbiology safety.

Insert this refill cartridge into your original ageLOC Tru Face Transforming Gel Cream packaging and use your gel cream as you are used to!

The sustainable design of ageLOC Tru Face Transforming Gel Cream allows for an 87% reduction of packaging per refill\* and a 67% reduction in annual packaging waste\*\* compared to typical single-use glass packaging.

Moreover, the cartridge is made with 100% recycled material (excluding lid) and is composed of only one type of material (PP). Please check your local options to verify recyclable capacity.

\* Percentage obtained by comparing the weight of previous packaging of ageLOC Transforming Night Cream (glass jar and lid) to the current refill cartridge of the ageLOC Tru Face Transforming Gel Cream

\*\* Percentage obtained by comparing the weight of previous packaging of ageLOC Transforming Night Cream (glass jar and lid) to the current packaging ageLOC Tru Face Transforming gel Cream (refill cartridge, outer case, pump and lid); considering that consumers will buy per year: 12 units of the classic ageLOC Transforming Night packaging, compared to 4 ageLOC Tru Face Transforming gel Cream complete systems and 8 refill units.

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW



## AGELOC TRU FACE RADIANT DAY

30ML

### REASONS TO LOVE

ageLOC Tru Face Radiant Day is more than just a daily lotion—it's a graceful defence against the visible signs of skin ageing. Powered by our ageLOC technology, like every product of the range, this lightweight, silky-smooth formula hydrates the skin, brightens its appearance, and visibly reduces the look of fine lines and wrinkles. Formulated with broad-spectrum SPF 22, it also helps protect the skin from the negative effects of excessive sun exposure.

The result is skin that feels smoother, looks more luminous, and is beautifully softened in texture.

### HOW TO USE

Apply three to four pumps evenly to the face and neck each morning as the final step in your skincare routine. Follow with make-up if desired.

### DID YOU KNOW

With its non-greasy, fast-absorbing texture, it also creates the perfect base for makeup — leaving your skin feeling & looking protected, prepped, and comfortably radiant.





introducing

## AGELOC WELLSPA iO SYSTEM

Discover holistic solutions that will complement your evolving personal wellbeing needs and experience revitalising, restoring, and relaxing beauty and wellness benefits that will help you look and feel your best with ageLOC WellSpa iO System. Welcome to the future of self-care!

Whether it is to **Revitalise** your skin's appearance for a self-confidence win, **Restore** your overall feeling of wellbeing, or **Relax** your body after exercise or a long day, you will elevate your beauty and wellness rituals with the power of ageLOC WellSpa iO System.

This exclusive device system boasts ageLOC cosmetic products that deliver scientifically proven benefits you can feel and see and a personalised adaptive microcurrent technology integrated in the

device to comfortably adjust the intensity of the current to your skin conductivity in real time. The ageLOC WellSpa iO System includes Bluetooth® Connectivity that allows you to connect the device with the Nu Skin Vera app on your phone.

Use just three times a week or daily, and you'll experience the benefits: revitalised skin appearance, restored feeling of wellbeing helping you look and feel better, and improved overall relaxation so that you can feel more centred and balanced.

It's time to enjoy the ultimate at-home spa experience and feel the benefits of the ageLOC WellSpa iO system!





## AGELOC WELLSPA iO ESSENTIAL SYSTEM

(THE DEVICE + AGELOC BODY SERUM  
+ AGELOC BODY ACTIVATING GEL)

ageLOC WellSpa iO System inputs (i) smart self-care and outputs (o) visibly firmer and tighter skin for a more youthful, vibrant appearance along with a feeling of wellbeing. This exclusive device system features ageLOC cosmetic products that deliver scientifically proven benefits you can feel and see, as well as a groundbreaking microcurrent device.

Use three times per week to daily. To revitalise, apply a sufficient amount of ageLOC Body Serum onto the target areas and lightly glide the ageLOC WellSpa iO device over your skin, following the instructions provided. Similarly, to restore and relax, apply ageLOC Body Activating Gel to your skin, following the instructions provided, to cover the entire body area.

The ageLOC WellSpa iO device features a unique US patent-pending metallic node design that was created to optimise current flow and help provide a smooth, comfortable manual massage while contributing to skin stimulation. It's designed to optimally fit the contours of your body and glide smoothly over your skin.



## AGELOC BODY POLISH

IN-SHOWER BODY EXFOLIANT – 125 ML

This body polish contains a blend of physical (cellulose), chemical (glycolic acid), and enzymatic (papain) exfoliators that work together for a soft, smooth look and feel. And the Body Silhouette Blend, a carefully crafted blend of botanical ingredients, targets multiple factors to reveal a firm, contoured, and lifted skin appearance.

In the shower or bath, gently massage the product onto wet skin using firm, circular motions. Rinse off immediately and pat dry. Use at least three times per week to daily, as desired. For best results, use as part of ageLOC WellSpa iO Revitalise regimen including ageLOC WellSpa iO device + ageLOC Body Serum and ageLOC Dermal Effects.

ageLOC Body Polish is a two-in-one in-shower step. It cleanses and exfoliates your skin at the same time!

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW



## AGELOC BODY SERUM

FIRMING BODY SERUM – 100 ML

The ageLOC Body Serum was designed to be used with the device as part as the Revitalise Regimen and was formulated for skin with an appearance of cellulite. It helps to visibly firm and tighten the skin and features a blend of hydrating ingredients that supports skin smoothness and a more youthful appearance. ageLOC Body Serum also supports visible contouring, improvement of skin brightness and overall skin appearance.



## AGELOC BODY ACTIVATING GEL

WELLBEING BODY GEL – 150 ML

ageLOC Body Activating Gel leaves a cooling sensation with your Restore and Relax ageLOC WellSpa iO routines. It contains WellBe Blend - a carefully crafted blend of Crithimum Maritimum and Ashwagandha Root Extracts that helps target the overall feelings of wellbeing.

### REASONS TO LOVE

### HOW TO USE

Use three times per week to daily. Apply a sufficient amount of ageLOC Body Serum onto the target areas (e.g. upper arms, upper thigh/buttock, or abdomen) and begin your ageLOC WellSpa iO session. Lightly glide the device over the skin up towards the centre of your body and back down in slow, circular movements. As the final step, apply ageLOC Dermatic Effects by massaging it in a firm, upward circular motion.

Use up to once a day. Apply a sufficient amount of ageLOC Body Activating Gel to the desired target areas on clean skin, and lightly glide on the body area in long, upward strokes for the Restore routine, or in slow, upward circular strokes (paying special attention to areas that are tight), for the Relax routine. Once the entire body area has been covered, massage any remaining gel into the skin.

### DID YOU KNOW

ageLOC Body Serum was formulated to support the optimal functioning of the device, ensuring a proper, continuous flow of the adaptative microcurrent. As part of your Revitalise regimen, you can reapply ageLOC Body Serum as needed during the session.

ageLOC Body Activating Gel also contains ageLOC Blend – a proprietary ingredient blend that targets the visible signs of skin ageing to preserve the look of youth.



ageLOC<sup>®</sup>  
BODY  
POLISH

125 mL e 4.2 FL OZ

ageLOC<sup>®</sup>  
BODY  
ACTIVATING GEL

50 mL e 1.7 FL OZ

ageLOC<sup>®</sup>  
BODY  
SERUM

100 mL e 3.4 FL OZ

Vera<sup>™</sup>  
POWERED BY NU SKIN

NU SKIN



## AGELOC DERMATIC EFFECTS

BODY CONTOURING LOTION – 150 ML

ageLOC Dermalic Effects helps improve the appearance of skin firmness and is designed for skin with an appearance of cellulite. Thanks to the proprietary ageLOC ingredients blend; it also promotes a youthful, vibrant skin appearance by leveraging the natural Alpha Hydroxy Acid (AHA) in Honey Extract and it also helps promote skin cell turnover to reveal radiant and smooth looking skin.

### REASONS TO LOVE

### HOW TO USE

Apply twice daily, morning and night to arms, thighs, buttocks and/or abdomen. Massage in a firm, upward, circular motion. For optimal results, use as part of ageLOC WellSpa iO Revitalise regimen, including ageLOC Body Serum + ageLOC WellSpa iO device and ageLOC Body Polish.

### DID YOU KNOW

Designed for skin with an appearance of cellulite, this daily body contouring and moisturising lotion also contains technology to diffuse light instantly to improve the appearance of the skin's surface.



## AGELOC WELLSPA iO REPLACEMENT CHARGER

CHARGING BASE FOR  
AGELOC WELLSPA iO DEVICES

If your ageLOC WellSpa iO device is feeling low, then use this charger. Specifically designed for the ageLOC WellSpa iO device, the charger uses wireless charging. Easy to use, the replacement charger ensures you'll always be ready to enjoy the WellSpa iO experience!

Once your device is clean and dry, place it on the dry charger. The pulsing green light indicates the device is charging. When the light remains lit, it means that your ageLOC WellSpa iO device is fully charged. For optimal battery life, do not keep the charger plugged in when not in use or after the device has reached full charge.

Always store your charger in a dry environment.



## AGELOC BOOST

### Your ultimate skin brightening system

Two minutes may not feel like much – but they have the power to change your day. A chance romantic encounter, a lottery win, a surprise visit – 120 seconds can be truly transformative. Still don't believe us? Meet the ultimate glow-giver ageLOC Boost System and see for yourself! When used for 2 minutes on the face every day for 12 weeks, you can expect the following visible improvements to your skin<sup>1</sup>:

- 75% more brightness
- 103% more plumpness
- 90% more bounce
- 104% more firmness
- 66% more skin smoothness
- 57% improvement in pore visibility
- 64% more skin softness

How did we achieve this, you ask? Well first, ageLOC Boost's cutting-edge, patent-pending Variable Pulse Microcurrent, sends intermittent, variable pulses to the skin. The pulses are also charge-balanced, so they switch polarities from positive to negative and back again every 2.4 seconds. When combined with the powerful ingredients of our Activating Serum, ageLOC Boost Device optimises and activates the skin for a more youthful complexion!

Told you, it's simply brilliant!

<sup>1</sup> Results obtained from a third-party professional assessment based on a 12-week in vivo, single-blind consumer use study with 32 female subjects aged 25 to 40 who used the ageLOC Boost System once a day for 12 weeks.

<sup>2</sup> Results obtained from a third-party professional assessment based on a 6-week in vivo, consumer use study with 20 female subjects, between 25 and 40 years old, who used ageLOC Boost Activating Serum together with the ageLOC Boost Device, 1/day, for 6 weeks.



## BOOST SYSTEM

FACIAL SKIN BRIGHTENING SYSTEM

Let your skin glow brighter. Combining its breakthrough Variable Pulse Microcurrent Technology with the potent ingredients of the Activating Serum, ageLOC Boost System brings out your skin's brilliant best, leaving it visibly brighter, plumper, and bouncier, helping to improve the appearance of dark spots and illuminating your complexion with a youthful radiance and even tone. All in two minutes a day!



## BOOST ACTIVATING SERUM

FACIAL BRIGHTENING SERUM 40ML

The perfect partner to ageLOC Boost device, the Activating Serum has been formulated to help you achieve a glowing, youthful complexion. It's infused with skin-brightening ingredients, a hydrating plumping blend, a caviar lime fruit extract for gentle exfoliation and our proprietary ageLOC Blend to target the visible signs of skin ageing at the source.

### REASONS TO LOVE

### HOW TO USE

Once a day after cleansing and toning. Step 1: Turn on device by swiping up. Step 2: Dispense 3 pumps of the Activating Serum onto the device's conductive surface. Spread over one half of the face. Step 3: Swipe up again. Glide conductive surface over face. Step 4: Repeat step 2 & step 3 on other half of the face. Step 5: Device automatically turns off. Massage excess Activating Serum into skin, then follow with your daily skincare regimen.

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### DID YOU KNOW

You can expect to see the first visible results on skin plumpness, bounce, brightness, firmness, pore visibility (and more) after 7 days only, when using the system once a day! What's more? Benefits will last throughout the day!

ageLOC Boost Activating Serum contains Sea Daffodil Extract that helps provides brightening benefits. Since it is a protected species, we source it through Controlled Environment Agriculture (CEA). CEA ingredients grow within an enclosed environment, ensuring traceability and sustainability from seed to solution.



## AGELOC GALVANIC SPA AND AGELOC

for skin that's youthful looking from head to toe

The cosmetic products combined with the ageLOC Galvanic Spa, helps achieve a youthful look from head to toe, with conductors for the face, scalp and body. You'll watch in wonder as the appearance of fine lines and wrinkles is reduced, a radiant complexion comes to life, and your scalp and skin are revitalised. Designed to optimise the benefits of our accompanying skin care products through galvanic current, the secret to youthful looking skin lies at your fingertips.





## GALVANIC SPA

ANTI-AGEING SKIN REVITALISING DEVICE

When used with different Nu Skin products, this intuitive, modern device employs self-adjusting galvanic current commonly used in spas to help optimise their benefits. Smooth the appearance of fine lines and wrinkles, rejuvenate your complexion, and revitalise your skin's appearance.



## GALVANIC SPA FACIAL GELS

REFRESHING & REVITALISING  
ANTI-AGEING FACIAL GELS 8 X 4 ML

Used together with Nu Skin's ageLOC Galvanic Spa device, ageLOC Galvanic Spa Facial Gels bring that spa-like experience into the comfort of your own home, firming and lifting your skin while removing impurities and helping to visibly reduce the appearance of fine lines and wrinkles\*. Our ageLOC ingredients target the visible signs of skin ageing to help reveal your youthful look.

### REASONS TO LOVE

### HOW TO USE

Use together with the ageLOC Galvanic Spa Facial Gels, Tru Face Line Corrector, ageLOC Nutriol Intensive Scalp & Hair Serum, or ageLOC Body Shaping Gel and the appropriate Galvanic Spa conductor. Following the specific usage instructions, apply the product on your skin. Attach the conductor and select from Application #1 to #5 as directed.

Use the gels together with your Galvanic Spa device and Face Conductor 2 or 3 times a week. Smooth the Pre-Treat Gel onto your face and neck and begin by selecting Application #1 on your device for the first application. Keep the device in contact with your skin. Remove any excess product and repeat the process with the Treatment Gel, selecting Application #2.

### DID YOU KNOW

The device adjusts the level or current to your skin, ensuring a comfortable and effective experience every time. Aside from the ageLOC Galvanic Spa Facial Gels, your device also works with Tru Face Line Corrector, ageLOC Nutriol Intensive Scalp & Hair Serum, and ageLOC Body Shaping Gel, with specific benefits from each. Try them out!

Using the Facial Gels with the ageLOC Galvanic Spa and Face Conductor ensures you get the optimal benefits from these products.

The availability of some products may vary per country. To check product availability consult the price list or visit [www.nuskin.com](http://www.nuskin.com)

\* Results obtained from a 2020 third-party professional assessment based on a 4-week in vivo, single-blind, randomised consumer use study with 30 female subjects who used the system three times a week.



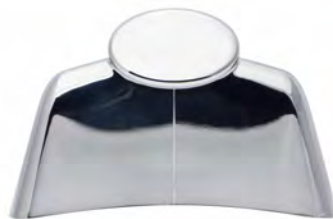
## GALVANIC SPA FACE CONDUCTOR

### FACIAL CONDUCTOR

This handy tool offers the ideal surface to use with your ageLOC Galvanic Spa Facial Gels. Its unique grooves create an area that captures more ageLOC product between the conductor and the skin. As the Face Conductor is moved around the skin, fresh product is captured and moved on the skin.

Use the facial conductor together with your Galvanic Spa device and ageLOC Galvanic Spa Facial Gels 2 or 3 times a week. Smooth the Pre-Treat Gel onto your face and neck and begin by selecting Application #1 for 2 minutes. Keep the device in contact with your skin. Remove any excess product and repeat the process with the Treatment Gel, selecting Application #2 for 3 minutes.

This tool is only suitable for use with the ageLOC Galvanic Spa and ageLOC Galvanic Spa Facial Gels.



## GALVANIC SPA FOCUS AREA CONDUCTOR

### FOCUS AREA CONDUCTOR

The smooth, oval-shaped node of the Galvanic Spa Focus Area Conductor allows for better contact on key areas of your skin, helping to optimise the effects of Tru Face Line Corrector as it targets the fine lines and wrinkles around your mouth, eyes and forehead.

Press firmly to snap the conductor into place. Smooth a generous amount of Tru Face Line Corrector over the lines around your mouth, nose, eyes and forehead, applying to one target area at a time. Do not rub in. Avoid direct contact with your eyes. Select Application #3 and spend maximum 5 minutes on the entire face each morning and night.

You can use this handy add-on with both the ageLOC Galvanic Spa and Tru Face Line Corrector.

## REASONS TO LOVE

## HOW TO USE

## DID YOU KNOW



### GALVANIC SPA SCALP CONDUCTOR

SCALP CONDUCTOR

Redesigned with optimised ergonomics, this helpful comb-like conductor is easier to use than ever before. Its tines have more surface area than the older model and are contoured to fit the shape of the scalp, increasing contact by up to 50% percent and making sure you get the most from your ageLOC Nutriol Intensive Scalp & Hair Serum.

#### REASONS TO LOVE

#### HOW TO USE

Press firmly to snap the conductor into place. Apply ageLOC Nutriol Intensive Scalp & Hair Serum on dry or damp hair. Part hair as necessary to mist serum directly onto scalp and roots. Gently massage product into scalp with fingers and comb away any unruly strands. Select Application #5 and use for 2 minutes, morning and night.

#### DID YOU KNOW

As the name suggests, the Galvanic Spa Scalp Conductor is a great addition to your ageLOC Galvanic Spa and is key in achieving the benefits of ageLOC Nutriol Intensive Scalp & Hair Serum.



### GALVANIC SPA BODY CONDUCTOR

BODY CONDUCTOR

Formed with three rounded nodes for product coverage, Galvanic Spa Body Conductor is easy to use together with ageLOC Body Shaping Gel.

Press firmly to snap the conductor into place. Smooth a generous amount of ageLOC Body Shaping Gel over one target area (arms, abdomen, thighs or buttocks). Do not rub in. Select Application #4 and spend 5 minutes on each target area, 3 days per week.

The Galvanic Body Spa conductor offers a bigger conduction surface, allowing the use of ageLOC Galvanic Spa device on the bigger parts of your body, such as arms, abdomen, thighs or buttocks.



## BODY SHAPING GEL

BODY CONTOURING GEL 150 ML

Used with the Galvanic Spa, this gel targets the sources of visible signs of skin ageing and smooths the appearance of cellulite for a firmer, contoured skin appearance. Formulated to refresh the skin, the visible signs of ageing are reduced, and the appearance of dimpled areas is evened out, all to help improve the overall look and feel of your skin.

### REASONS TO LOVE

For optimal results, use together with the Galvanic Spa, once per day, 3 days a week on your arms, abdomen, buttocks and/or thighs. Apply the gel to the desired area then wet your hands before using the device to massage the area until the cycle ends. Wipe away any excess with a damp cloth and follow up with ageLOC Dermatic Effects.

### HOW TO USE

This gel, designed to be compatible with the Galvanic Spa device, is specially formulated to refresh the appearance of your skin, while reducing the visible signs of ageing.

### DID YOU KNOW

\*Results obtained from a third-party professional assessment based on a 12-week in vivo consumer use study with 30 female subjects aged between 18 and 60.



introducing

## AGELOC LUMISPA iO SYSTEM

The foundation of a solid skincare routine is its very first step – cleansing!

When you cleanse your face right, you get rid of all traces of makeup, dirt, and daily grime. But when you cleanse your face with ageLOC LumiSpa iO System, your skincare gets smarter, results get better, and benefits go way beyond cleansing! Powered by IoT, meaning “internet of things” or physical objects designed to connect, the ageLOC LumiSpa iO includes **Bluetooth® Connectivity** that allows you to connect the device with the **Nu Skin Vera app** on your phone.

In just two minutes, twice a day, you experience multiple clinically proven skin benefits that intensify over time like thorough cleansing, softness, smoothness, radiance, reduced appearance of pores, clarity, and freshness.

And thanks to its smart IoT technology, you get to superpower your routine with features like **Customised Skincare Routines, Intelligent Coaching, Selfie Timeline, Easy Reordering**, personalised product recommendations, usage trends, awards, and so much more!

The benefits don't end there! When your device is attached to **ageLOC LumiSpa iO Accent Head** and used with ageLOC LumiSpa IdealEyes, it works to promote brighter, healthy-looking skin around the eyes while helping it look firmer, smoother, and more hydrated.





## AGELOC LUMISPA iO SYSTEM

POWERFUL, GENTLE,  
SMART SKINCARE SYSTEM 75ML

LumiSpa iO System inputs (i) smart skin care and outputs (o) radiant, healthy and youthful-looking skin. Thanks to Bluetooth® Connectivity, you can connect the device with the Nu Skin Vera app on your phone unlocking a set of features that provide intelligent guidance to better use your LumiSpa iO device and keep you on track with your skincare goals.

Once your device and phone are paired and your routine is selected, wet your face with lukewarm water and then dispense an ample amount (bigger than an almond) of LumiSpa Activating Cleanser onto your hand. Apply evenly to your face and then cleanse with your LumiSpa iO device for two minutes. Follow with next steps in your skincare routine.

ageLOC LumiSpa Activating Cleansers are the only formulations tested and approved for use with the LumiSpa iO device that deliver the full system benefits and promote healthy, youthful-looking skin. The LumiSpa device is also available to purchase in a non-connected version.



## AGELOC LUMISPA ACTIVATING CLEANSER

CREAMY FACIAL CLEANSER  
FOR DRY SKIN 75ML

Dry, flaky skin can be a challenge. The ingredients in this cleanser are formulated to tackle just that. It contains a blend of humectants to help protect and maintain skin's natural moisture, providing skin comfort. Additionally, Salicyloyl Phytosphingosine helps soothe the skin.

Once your device and phone are paired and your routine is selected, wet your face with lukewarm water and then dispense an ample amount (bigger than an almond) of LumiSpa Activating Cleanser onto your hand. Apply evenly to your face and then cleanse with your LumiSpa iO device for two minutes. Follow with next steps in your skincare routine.

Each ageLOC LumiSpa Activating Cleanser is formulated with ingredients selected to help with specific needs of each skin type. Essential to the LumiSpa system experience, they enable precise cushioning and interaction with the skin, optimising the effectiveness of the LumiSpa iO device's proprietary 2 Sense-Motion action. Compatible with both LumiSpa and LumiSpa iO device.

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW



## AGELOC LUMISPA ACTIVATING CLEANSER

CREAMY FACIAL CLEANSER  
FOR SENSITIVE SKIN 75ML

If you have sensitive skin, cleansing isn't always easy. But our most gentle Activating Cleanser is here to help! Its fragrance-free formula is formulated with a mild surfactant system designed to thoroughly cleanse your skin while keeping dryness, itchiness, and tightness in check.



## AGELOC LUMISPA ACTIVATING CLEANSER

CREAMY FACIAL CLEANSER  
FOR NORMAL TO COMBINATION SKIN 75ML

This cleanser contains a blend of gentle cleansing agents for normal to combination skin. It is formulated with Coco-Betaine, combined with Glycerin and a blend of selected algae and plants extracts such as Milk Thistle (Silybum Marianum Seed) Oil, Porphyra Umbilicalis Extract, and Nannochloropsis Oculata Extract, to help balance skin's natural moisture barrier.

### REASONS TO LOVE

### HOW TO USE

Once your device and phone are paired and your routine is selected, wet your face with lukewarm water and then dispense an ample amount (bigger than an almond) of LumiSpa Activating Cleanser onto your hand. Apply evenly to your face and then cleanse with your LumiSpa iO device for two minutes. Follow with next steps in your skincare routine.

Once your device and phone are paired and your routine is selected, wet your face with lukewarm water and then dispense an ample amount (bigger than an almond) of LumiSpa Activating Cleanser onto your hand. Apply evenly to your face and then cleanse with your LumiSpa iO device for two minutes. Follow with next steps in your skincare routine.

### DID YOU KNOW

Each ageLOC LumiSpa Activating Cleanser is formulated with ingredients selected to help with specific needs of each skin type. Essential to the LumiSpa system experience, they enable precise cushioning and interaction with the skin, optimising the effectiveness of LumiSpa iO device's proprietary 2 Sense-Motion action. Compatible with both LumiSpa and LumiSpa iO device.

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## AGELOC LUMISPA ACTIVATING CLEANSER

CREAMY FACIAL CLEANSER  
FOR BLEMISH PRONE SKIN 75ML

Suited for blemish-prone skin, this cleanser features a mild, fragrance-free formula that contains Salicylic Acid, a BHA, to help clear pores and reduce the appearance of skin breakouts. It is low foaming to avoid additional skin irritation while also containing Carnosine to provide antioxidant protection.

Once your device and phone are paired and your routine is selected, wet your face with lukewarm water and then dispense an ample amount (bigger than an almond) of LumiSpa Activating Cleanser onto your hand. Apply evenly to your face and then cleanse with your LumiSpa iO device for two minutes. Follow with next steps in your skincare routine.

Each ageLOC LumiSpa Activating Cleanser is formulated with ingredients selected to help with specific needs of each skin type. Essential to the LumiSpa system experience, they enable precise cushioning and interaction with the skin, optimising the effectiveness of LumiSpa iO device's proprietary 2 Sense-Motion action. Compatible with both LumiSpa and LumiSpa iO device.



## AGELOC LUMISPA ACTIVATING CLEANSER

CREAMY FACIAL CLEANSER  
FOR OILY SKIN 75ML

Oily skin getting a little out of hand? This cleanser contains a combination of functional cleansing agents for oily skin that includes, among others, Coco Betaine, Japanese Knotweed (Polygonum Cuspidatum Root Rextract) and Pomegranate Juice Extract, leaving your skin clean and fresh.

Once your device and phone are paired and your routine is selected, wet your face with lukewarm water and then dispense an ample amount (bigger than an almond) of LumiSpa Activating Cleanser onto your hand. Apply evenly to your face and then cleanse with your LumiSpa iO device for two minutes. Follow with next steps in your skincare routine.

Each ageLOC LumiSpa Activating Cleanser is formulated with ingredients selected to help with specific needs of each skin type. Essential to the LumiSpa system experience, they enable precise cushioning and interaction with the skin, optimising the effectiveness of LumiSpa iO device's proprietary 2 Sense-Motion action. Compatible with both LumiSpa and LumiSpa iO device.

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW



### AGELOC LUMISPA iO SILICONE HEAD

HYGIENIC NON-ABRASIVE SILICONE HEADS  
NORMAL / GENTLE / FIRM

Part of the ageLOC LumiSpa iO System, the Silicone Head is a soft, non-abrasive silicone surface that is more hygienic than brushes commonly found in the market. Its sophisticated design helps to maximise product benefits while making your skin more receptive to subsequent products. Available in Normal, Firm, and Gentle options to deliver a personalised cleansing experience.

#### REASONS TO LOVE

#### HOW TO USE

The Silicone Head is designed to be easy to clip on or take off. To make sure your device stays in tip-top shape, thoroughly rinse the device, the head and the back of the head after each use and leave it to dry completely. Remember to apply the Activating Cleanser directly on your face and not on the Silicone Head.

#### DID YOU KNOW

Smart device sensors recognise whether it is the Accent Head or one of the Silicone Heads that it is attached and alert you with a Replacement Badge in the app when it's time to replace it! These heads are uniquely designed to be compatible with ageLOC LumiSpa iO device. The heads compatible with non-connected LumiSpa are also available to purchase separately.



### AGELOC LUMISPA iO ACCENT & IDEALEYES

FIRMING AND REFRESHING EYE CARE KIT

Made as an attachment for your ageLOC LumiSpa iO device, the Accent Head has been painstakingly crafted to enable precise cushioning and interaction with your skin. In just one minute a day, together with IdealEyes, the system works hard (and smart) to promote brighter, firmer, smoother, more hydrated, and healthy-looking skin around the eyes. Ideal, isn't it?

Apply ageLOC LumiSpa IdealEyes on the skin around the eye (avoiding the eyelids or eyes themselves). Following the bone structure around the eye area, glide LumiSpa Accent iO using slow gentle motion. Take care not to scrub or move across the skin quickly. The device will pause briefly after 30 seconds indicating that it's time to move to the other eye area. Massage the excess cream into the skin around your eye.

Thanks to the sensors in the LumiSpa iO Accent Head, your LumiSpa iO device will automatically detect that it has the Accent Head on and will work as recommended. The LumiSpa iO Accent Head is uniquely compatible with the LumiSpa iO device while IdealEyes is compatible with both LumiSpa and LumiSpa iO device. The Accent Head for the non-connected LumiSpa device is available to purchase separately.



## AGELOC LUMISPA BLEMISH SERUM

PORE-CLEARING SERUM FOR BLEMISH PRONE  
SKIN 30 ML

Clear the way for smooth, healthy-looking skin! ageLOC LumiSpa Blemish Serum is the ultimate solution for congested complexions. It helps tackle the appearance of blemishes while working to keep future breakouts at bay. Combining this with Nu Skin's proprietary ageLOC ingredient blend, the multi-action serum simultaneously promotes youthful-looking skin.

After cleansing with your ageLOC LumiSpa iO System, apply a thin layer to the entire face evenly. If you would like to use a second serum, please allow two minutes before applying it. Follow with your favourite moisturiser. Use daily, morning and night.

Noni Extract (Morinda Citrifolia Extract) included in this formula is obtained through Controlled Environment Agriculture (CEA) – a technology-based approach to growing and cultivating ingredients that are sustainable. It provides comfort and a soothing feeling to the skin. The presence of Silver is also visible in the gray hue of the serum.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



## NU SKIN 180°

turn your complexion around

Designed specifically to soften the visible signs of skin ageing in those over 35, these products refine skin texture, even skin tone, and diminish the appearance of fine lines and wrinkles for a youthful look you're sure to love.





## 180° FACE WASH

ANTI-AGEING FACE WASH 125 ML

Containing 10% active, free-flowing Vitamin C, Nu Skin 180° Face Wash brings anti-ageing benefits to your daily cleanse. In addition to targeting the appearance of age spots and skin discolouration, this rich, creamy formula helps to support firm skin and to diminish the appearance of wrinkles.

Use morning and night as the first step. Moisten face and neck with lukewarm water. Place a small amount of cleanser onto fingertips. Apply to face and neck. Then, with wet hands, gently work into a light lather. Rinse with warm water and pat dry.

Contains sesame oil (Sesamum Indicum Seed Oil) and sunflower oil (Helianthus Annuus Seed Oil), rich emollients that avoid moisture loss and help maintain the skin's protective moisture barrier, leaving skin feeling clean, fresh and soft.



## 180° AHA FACIAL PEEL AND NEUTRALIZER

ANTI-AGEING FACE PEEL 2X25 ML

Formulated with lactic acid solution, the AHA Facial Peel sweeps away the appearance of visible signs of skin ageing. The Alpha-hydroxy acids (AHAs) help stimulate skin cell turnover, so your complexion appears brighter and smoother. The Neutralizer is designed to limit topical sensitivity.

Use three times weekly, after cleansing and toning. STEP 1: Gently swipe one AHA Facial Peel pad over face and neck, avoiding the eye area. Allow the solution to remain on the face for no more than 10 minutes. STEP 2: Gently swipe one AHA Facial Peel Neutralizer pad over face and neck. Without rinsing your skin, follow with a Nu Skin moisturiser of your choice containing Sun Protection Factor. Please note: a mild stinging sensation may occur with application, which is normal. However, if irritation persists, rinse your face with warm water. The AHA Facial Peel Neutralizer features an extract of oat kernel, known to soothe your skin.

Lactic Acid in the Facial Peel promotes skin cell turnover and exfoliates dead cell build-up in the skin's surface, helping to diminish the appearance of lines and wrinkles, improve the texture of rough skin, and brighten skin surface discolouration. Oat Kernel Extract (Avena Sativa Extract) in the Neutralizer exhibits properties that soothe the skin and help reduce topical sensitivity.

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW



## NUTRICENTIALS

Powered by nature,  
proven by science

We all want radiant skin, no matter what. But it isn't easy. We all experience stress, lack of sleep, pollution, and the impact of UV rays, all of which can take away that gorgeous glow. That's why we created Nutricentials. Through innovative science, we took the power and resilience of bioadaptive plant extracts that thrive in the harshest of conditions and turned them into something that works for your skin:

Our bioadaptive botanical complex is the secret to our bioadaptive skincare system.

By helping your skin meet the challenges of your own ever-changing environment, Nutricentials helps keep it looking beautiful and radiant wherever life takes you, helping you make every day a great skin day.



## HYDRACLEAN CREAMY CLEANSING LOTION

CREAMY GENTLE SOAP FREE  
FACIAL CLEANSER 150ML

This gentle cleansing milk is a luxurious, creamy, soap-free facial cleanser, and is great at multitasking. It cleanses away dirt, excess oil, and makeup, all while helping to maintain your skin's natural moisture barrier. Its mild formula is infused with bioadaptive botanicals and skin conditioning ingredients which help to comfortably moisturise skin.

Gently massage HydraClean into the wet skin on your face and neck using your fingertips, then rinse thoroughly and pat dry. Follow up with one of our two toners, In Balance or Here you Glow. Use morning and evening.

Our formula contains a few ingredients which you may not expect to see – we use meadowfoam seed oil to hydrate and soften your skin, while a blend of skin conditioning agents and a compound from liquorice extract helps maintain its natural moisture barrier and leave it feeling soothed.



## TO BE CLEAR PURE CLEANSING GEL

GENTLE SOAP-FREE  
FACIAL CLEANSING GEL 150ML

Remove pore-blocking dirt and leave your skin feeling refreshingly clean. This powerful gel-to-foam formula cleanses away dirt, oil, and makeup while keeping your skin hydrated. The secret is the amino acid cleansing agents that clean pores and the moisturising ingredients that refresh and soothe skin.

Gently lather the gel over your wet face and neck using your fingertips, then rinse thoroughly and pat yourself dry. Follow up with one of our two toners, In Balance or Here you Glow, repeating the process both morning and evening.

Other cleansers can rid skin of too much oil, leading to over drying. Nutricentials To Be Clear features amino acid-based cleansers that form a gentle foam to clean pores and remove excess oil. At the same time, moisturising ingredients help your skin stay comfortably hydrated.

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW



## IN BALANCE PH BALANCE TONER

REFRESHING FACIAL TONER 150ML

This light facial toner helps your skin stay balanced by helping it adjust to its optimal pH level. Formulated with glycerin and a moisture strength blend that features lactobacillus ferment, Aloe vera, sodium PCA, and sodium hyaluronate, it helps maintain your skin's natural moisture barrier, leaving it feeling refreshed and looking radiant.



## HERE YOU GLOW EXFOLIATING TONER

EXFOLIATING FACIAL TONER 150ML

This toner features a mix of hydroxy acids to leave your skin feeling soft, smooth, healthy, and visibly glowing, plus salicylic acid to help improve the appearance of existing spots. At the same time, its cleansing action lessens the chance of new spots forming. Your skin is left looking clean, clear, and radiant – ready for whatever comes next!

### REASONS TO LOVE

### HOW TO USE

After cleansing, apply the toner to your face and neck with a cotton pad in an upward and outward motion, then follow up with Celltrex Always Right.

After cleansing, apply Here You Glow to a cotton pad. Sweep the saturated cotton pad over face and neck in an upward, outward motion, avoiding the eye area. Allow to dry before following with serum and moisturiser. Use daily, morning and night.

### DID YOU KNOW

pH balancing toners bring several key benefits to your skin. Not only do they bring a refreshing burst of hydration after cleansing, but they also help to balance your skin's pH levels, preparing your skin for the next steps of your daily routine, such as serums and moisturisers.

In our recent clinical trials, we saw some incredible results! 100% of participants said their skin looked more radiant\* after using Here You Glow.

\*Results obtained from an in-house study including 25 participants who used Here You Glow Exfoliating Toner twice per day on their face for two weeks before self-evaluating their visible results.



## CELLTREX ALWAYS RIGHT RECOVERY FLUID

FACIAL NOURISHING SERUM 30ML

Keep your skin soft, radiant, and comfortable during the day, and help it bounce back from environmental stressors during the night. This fast-absorbing serum features our HydraFlex Blend to help meet your skin's hydration needs and a bioadaptive botanical blend to help protect against everyday stressors like late nights, busy days, and urban pollution.

After cleansing and toning, apply the serum to your face and neck in an upward and outward motion, then follow up with your favourite moisturiser.

The HydraFlex Blend forms a soft, ultra-light shield that auto adapts to your environment, making sure your skin always has the hydration it needs. This means it will attract moisture when dry, but filter it away if your surroundings get hot or humid, so your skin always feels soft and comfortable.



## EYE LOVE BRIGHT EYES ILLUMINATING EYE CREAM

HYDRATING AND BRIGHTENING EYE CREAM 15ML

Eye Love Bright Eyes is the ultimate pick-me-up for improving the look of tired eye area. This lightweight, creamy formula helps enhance skin radiance and reduces the appearance of dull, uneven, and stressed skin caused by daily stressors, including blue light exposure.

Lightly pat around the eye morning and evening after cleansing and toning, and before applying the serum and moisturiser. Avoid direct contact with eyes. Do not apply to eyelids.

Apple Extract (Pyrus Malus Fruit Extract), a natural moisturising saccharide complex in this formula, provides a burst of moisturisation. Together with additional humectants (Glycerin, Butylene Glycol), it helps skin look healthier and younger and feel dewy and hydrated.

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW





## PUMPS VITAMIN C + COLLAGEN

TARGETED SERUM SOLUTION  
FOR BRIGHTER AND LUMINOUS SKIN 30 ML

Nutricentials Pumps Vitamin C + Collagen harnesses the best of its headline ingredients, Vitamin C and Collagen, for skin that appears brighter and smoother. This targeted serum provides you with luminous complexion and features Glyceryl Glucoside to help moisturise your skin, while also helping reduce the early onset of visible skin ageing. It's time to glow all out!

Apply 2-3 drops to face after cleansing and toning every morning and night. Follow with your favourite serum and moisturiser.

The Collagen in this pump is made of plant-sourced fragmented Collagen. Fragmented means that the collagen molecules have been broken down to a size that is more easily absorbed by your skin.



## PUMPS CERAMIDES + POSTBIOTICS

TARGETED SERUM SOLUTION  
TO SMOOTH & SOOTHE 30 ML

Nutricentials Pumps Ceramides + Postbiotics gives your skin a burst of extra hydration, helping soothe and visibly smooth your skin. Featuring a concentrated blend of skin-identical ceramides and a postbiotic (Lactobacillus Ferment), it helps protect and strengthen your skin's vital moisture barrier.

Apply 2-3 drops to face after cleansing and toning every morning and night. Follow with your favourite serum and moisturiser.

The formula features Glass Microalgae (Plankton extract), an ingredient grown through controlled environment agriculture that helps soothe skin, support the moisture barrier, and reduce water loss.

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW



### THIRST FIX HYDRATING GEL CREAM

LIGHTWEIGHT FACIAL MOISTURISING GEL 75ML

Enjoy smoother, beautiful looking skin with this oil-free facial hydrating gel cream. A blend of bioadaptive botanicals helps increase your skin's natural resilience, protecting it against the effects of environmental stressors, while a unique biomimetic moisturising complex provides long-lasting hydration\* by mimicking natural elements in your skin.



### DEW ALL DAY MOISTURE RESTORE CREAM

RICH FACIAL MOISTURISING CREAM 75ML

Nutricentials Dew All Day soothes, softens, and smooths your skin while providing all-day moisture\* so you can look your best no matter what stressors come your way. All while a blend of bioadaptive botanicals helps your skin increase its ability to adapt to its environment, helping it bounce back better from life's daily stressors, day in and day out.

#### REASONS TO LOVE

#### HOW TO USE

Apply a generous amount onto clean face and neck in an upward, outward motion. Use daily, morning and night.

Apply a generous amount onto clean face and neck in an upward, outward motion. Use daily, morning and night.

#### DID YOU KNOW

Thirst Fix provides immediate hydration and up to 24 hours of continuous moisturisation\*.

Our formula contains pistachio nut oil and shea butter to soften and smooth skin. We have added Vitamin E and its derivative to protect against oxidative stress caused by negative environmental stressors.

\*Results obtained from a third-party professional assessment based on a 24-hour in vivo study performed on 32 healthy female and male subjects aged 18 and over. The moisturisation level of skin was measured using a corneometer in three areas; one area where Thirst Fix had been applied, alongside two areas for positive (glycerine) and negative (untreated) controls.

\*Results obtained from a third-party professional assessment based on a 24-hour in vivo study performed on 32 healthy female and male subjects aged 18 and over. The moisturisation level of skin was measured using a corneometer in three areas; one area where Dew all day had been applied, alongside two areas for positive (glycerine) and negative (untreated) controls.



## MOISTURIZE ME INTENSE HYDRATING CREAM

INTENSE FACIAL MOISTURISING CREAM 75ML

This ultra-luxurious face cream delivers a burst of moisture to your skin, leaving it soft, hydrated, and radiant for hours\*. It features a blend of bioadaptive botanicals that helps increase your skin's natural resilience, protecting it against the negative effects of environmental stressors, plus Evodia rutaecarpa fruit extract for visible radiance.

Apply a generous amount onto clean face and neck in an upward, outward motion. Use daily, morning and night.

With Moisturize Me, you won't need to worry about your skin's hydration needs. Your skin will stay comfortably hydrated all day and night!\*

\*Results obtained from a third-party professional assessment based on a 24-hour in vivo study performed on 32 healthy female and male subjects aged 18 and over. The moisturisation level of skin was measured using a corneometer in three areas; one area where Moisturize Me had been applied, alongside two areas for positive (glycerine) and negative (untreated) controls.



## DAY DREAM PROTECTIVE LOTION LIGHTWEIGHT DAY MOISTURIZER

LIGHTWEIGHT FACIAL DAY MOISTURIZER  
WITH SPF 30 50ML

Day Dream Protective Lotion contains our bioadaptive botanical complex to help improve your skin's ability to adapt to the negative effects of stress, pollution and oxidative stress. Carnosine, our blue light and infrared antioxidant ingredient and SPF 30, helps negate the effect of excessive exposure to blue light, infrared, UVB and UVA on your skin.

Apply a generous amount to the face and neck in an upward, outward motion. Use every morning.

We have added ginger root extract into our Day Dream formula – an antioxidant that increases skin's natural resilience to stress as it soothes, promotes skin luminosity and helps even skin tone.

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW



## DAY DREAM PROTECTIVE CREAM CREAMY DAY MOISTURIZER

CREAMY FACIAL DAY MOISTURIZER  
WITH SPF 30 50ML

Help your skin stay soft and hydrated with our daily moisturiser. This luxurious face cream features bioadaptive botanicals extract to help protect your skin from the negative effects of environmental stressors, with broad-spectrum (UVA & UVB) SPF 30 for added sun protection. Its blue light and infrared filtering ingredient also helps reduce the impact of excessive exposure to blue light and infrared.

Apply a generous amount to the face and neck in an upward, outward motion. Use every morning.

This moisturiser contains Bisabolol sustainably harvested from the Candeia Tree – a naturally derived ingredient native to South America that soothes and hydrates as it helps protect skin against the adverse effects of exposure to daily environmental stressors.



## PILLOW GLOW SLEEPING MASK

OVERNIGHT LEAVE-ON  
FACIAL HYDRATING MASK 75 ML

Nutricentials Pillow Glow is your overnight secret to skin that wakes up looking radiant, refreshed, healthier and hydrated. This moisture-recharging gel-cream facial mask delivers a rush of immediate and long-lasting overnight hydration. It supports your skin's natural moisture barrier through the night so you wake up to skin that is glowing, radiant, and 150%\* more hydrated.

Apply a generous amount on top of your serum or moisturiser for an extra boost of hydration as the last step in your nighttime routine. Allow to absorb slightly. Leave on for overnight hydration. Use 2–3 times per week.

One of the ingredients, Deep Sea Water (Sea Water)—is obtained from Noirmoutier, also called the Island of Mimosas, a French Island. It helps improve skin luminosity, helps reduce the appearance of pores, and soothes the skin.

\*Results obtained from a third-party professional assessment based on a 24-hour in vivo study performed on 17 healthy female and male subjects aged 18 and over. The moisturisation level of skin was measured using a corneometer in three areas; one area where Pillow Glow had been applied, alongside two areas for positive (glycerine) and negative (untreated) controls.

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW



## SPA DAY CREAMY HYDRATING MASQUE

NOURISHING FACE  
AND NECK MASQUE 100ML

If any nourishing facial mask could be called a spa-day-in-a-tube, it's this one. Made with bioadaptive botanical extracts, Spa Day contains a hydrating formula which helps lock moisture into the skin, reducing dryness and leaving you with a healthy glow. Whenever your skin needs a little extra moisturising "me time", you know just where to turn.

After cleansing, apply the masque liberally to your face and neck and let sit for 10 minutes, then rinse off with warm water.

Spa Day is powered by a special ingredient called saccharide isomerate – a humectant derived from plants that helps keep your skin looking dewy and radiant.



## BRIGHTER DAY EXFOLIANT SCRUB

FACIAL CLEANSING SCRUB 100ML

This innovative exfoliant scrub removes dead skin cells and pore-blocking impurities to leave your complexion looking smooth and glowing bright. It is formulated with a blend of skin-conditioning agents that refreshes and soothes your skin for added post-scrub comfort. With a fresh scent and natural purple colour to delight your senses, Brighter Day is gentle-cleansing bliss.

Moisten skin with warm water. Apply in a gentle circular motion to face and neck for 30 seconds. Rinse with warm water and towel dry. Use twice a week as needed.

Our double-feature formula uses pomegranate enzymes to help loosen dead skin cells while natural exfoliating minerals remove them from your skin. Combining both enzymatic and physical exfoliation clears out dead skin cells more effectively than either would alone.

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW



## NU SKIN HERITAGE

discover the products  
that started it all

When it comes to skincare, we all need something a little different and moisturising is no exception. Our Nu Skin Heritage products cover your skin's hydration needs, whether light, rich, or a happy medium. Whichever you choose, simply add it to the core regimen you use each day to help keep your skin hydrated and looking healthy.



## NAPCA MOISTURE MIST

REFRESHING AND MOISTURISING SPRAY  
FOR HAIR, FACE AND BODY 250 ML

Dewy-fresh skin is just a spray away with NaPCA Moisture Mist. Perfect for use with your hair, face and body, this easy to use spray leaves your skin feeling refreshed.

Spray generously on your face (making sure to close your eyes), hair or body whenever you feel the need for a refreshing wave of moisture.

There's no better feeling than a refreshing spritz of Moisture Mist on a hot day. With natural moisture-binding ingredients like sodium PCA, a single spritz can help keep your skin feeling supple and smooth.



## REJUVENATING CREAM

RICH FACIAL MOISTURISING CREAM 75 G

Ideal for those with mature or dry skin, Rejuvenating Cream helps improve the appearance of dry lines, while leaving skin feeling soft.

Apply the cream to your face and neck twice per day, after cleansing and toning, using a light, upward motion for your forehead and cheeks, while moving slightly downwards for your nose and chin. Being extra gentle, pat the cream upwards around your eyes.

With a blend of ingredients chosen for their ability to help leave your skin feeling soft and youthful, this cream is a must-have for those days when you – and your skin – are under pressure.

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW



## NU COLOUR

enhance and illuminate  
your natural beauty

Look and feel like the goddess you are with Nu Colour. Blending intense colour with innovative skin care science, this line of powerful makeup and accessories enhances and illuminates the natural beauty of your eyes, lips and skin.

Combine it with a great skincare routine and NOTHING can keep you from revelling in all that makes you beautiful.



## BIOADAPTIVE\* BB+ SKIN LOVING FOUNDATION

LIQUID FACIAL FOUNDATION  
WITH SPF 35 30 ML

Are you ready to get the look that loves you back? Nu Colour Bioadaptive\* BB+ Skin Loving Foundation brings the best of both worlds. It hydrates and protects the skin like a BB cream and comes with up to 12 hours of staying power just like your favourite foundation\*\*. Its innovative hybrid formula not only enhances your complexion with a luminous finish, but also helps your skin better respond to environmental stress and protects it from UVA & UVB rays and from the negative effects of blue light exposure.

After your usual daily skin care routine, apply one or two pumps of Nu Colour Bioadaptive\* BB+ Skin Loving Foundation using your fingers, brush, or sponge, and blend well into skin. Add more depending on your coverage preference.

1.1 Ivory



1.2 Shell



1.3 Linen



2.1 Cream



2.2 Sand



3.1 Natural Beige



3.2 Medium Ochre



3.4 Beige



4.1 Medium Beige



4.2 Shell Beige



5.1 Almond



REASONS TO LOVE

HOW TO USE

DID YOU KNOW

It features eleven different shades for you to choose from.

*\*based on 2 in vitro studies performed on the raw material featuring the Theobroma Cacao Seed Extract.*

*\*\*Obtained from a third-party professional assessment based on a 12-hours in vivo, single-blind consumer use study with 34 female subjects between 18 and 65 years old.*



## BRONZING PEARLS

SILKY PEARLISED POWDER 30 G

Perfect for every skin tone, these multi-coloured powder pearls feature a unique combination of warm and illuminating shades to bring colour and radiance to your complexion for that instant sun-kissed glow.

### REASONS TO LOVE

### HOW TO USE

Glide a large powder brush or sponge over the bronzing pearls, then apply it all over your face and neck, or just on your cheeks for a highlighting effect.

### DID YOU KNOW

Our Nu Colour cosmetics are simple to apply. The Bronzing Pearls will glide across your skin and fit any skin tone.



## LASH + BROW SERUM

LASH & BROW STRENGTHENING SERUM

Want lashes and brows that have this “wow” effect? Our great formula is designed to give you lovelier lashes and brows by targeting their underlying nourishment and conditioning needs. That means lashes that look longer, thicker and shinier together with bolder and healthier brows - all in one. It's your new favourite clinically proven serum for all your lash and brow needs.

After cleansing and drying the application area, apply a thin layer of the serum to the root of your eyebrows and along the root of your upper and lower lash line. Use daily, both morning and evening.

The serum helps visibly improve appearance of brows and lashes with visible results after 4 weeks\* and delivers great results if used for 12 weeks or longer. 100% of the participants agreed that « My lashes look fuller than before using this product. » and « My brows are visibly bolder. ».\*\*

\* Clinical study: Results obtained from a third-party professional assessment based on a 12-week period visual grading study performed on 30 healthy female subjects aged 18 and over. Subjects underwent expert visual assessments of eyelash length, volume, and brow definition and fullness at baseline, week 2, week 4, week 8 and week 12. \*\* In the same study, participants were asked for their self-perception of the results. The following percentages of participants agreed with these statements after 12 weeks of use.\*



## CURLING MASCARA

LONG LASTING CURLING MASCARA 9 G

Make your eyes pop and jaws drop with Nu Colour Black Curling Mascara. Specially formulated to separate your lashes and enhance their natural curl, it brings long-lasting curling power with no unsightly clumps for an extra magnificent effect that'll have all eyes on you when you enter the room.

### REASONS TO LOVE

Open the mascara, rubbing the end of the applicator against the side to remove any excess. Hold your eyes open as wide as you can and gently brush over the lashes. Beginning at the root, gently pull the wand up to the tip of the lashes. If you see that your lashes are yet to separate, repeat the process until you see the desired effect.

### HOW TO USE

The effectiveness of Curling Mascara is all about design – its easy-to-use brush is lightly curved, giving you long-lasting curling power and a wide-open look to your eyes.

### DID YOU KNOW



## SUNRIGHT

make the most of  
your fun in the sun

Bronzed, beautiful-looking and ready to glow with Insta Glow to keep your tan on point all year long.



## INSTA GLOW

FACE AND BODY TINTED SELF-TANNING GEL  
125 ML

Attaining that goddess-like glow has never been easier. No matter the season, Sunright Insta Glow guarantees a bronzed, sun-kissed finish in about 15 minutes\*, without excessive sun exposure. Low odour and easy to use, the gel glides effortlessly onto the skin for a smooth, even, radiant colour.

### REASONS TO LOVE

Apply a thin layer of the gel to exfoliated, clean, dry, non-irritated and intact skin on your face and body in a circular motion, avoiding the eyebrows, delicate eye area, hairline and lips, then wash your hands well. Remove the gel from your knees, ankles and elbows, waiting a few minutes before getting dressed. Do not use on a daily basis.

### HOW TO USE

Your beautiful sun-kissed glow will arrive after 15 minutes\* or so – this gorgeous colour is a direct result of the caramel and gentle colouring ingredients included in the Insta Glow formula.

### DID YOU KNOW

(\*) Sunright Insta Glow Clinical Evaluation concerning the efficacy of 25 female subjects that applied the product to the face and arms and completed a self-assessment questionnaire at baselines and 15 minutes post-application.



Pacific Northwest



Central America



Africa

# epoch

Be Epoch - take care of yourself, others and our planet.

Founded in 1996, Epoch brings centuries-old plant wisdom to the modern world through its ethnobotanical range of products. Guided by our desire to respect the planet and its people, the collection embraces sustainable practices to reduce plastic use while working to protect native plant diversity. For every Epoch product we sell Nu Skin donates US \$0.25 directly to the Nu Skin Force for Good Foundation.



## Ethnobotany

Cultures from around the world believed in the power of nature, and so do we. It is the traditional knowledge of these cultures and the use of ethnobotanical ingredients in their timeless rituals that inspired many of our products. Travel the world with Epoch!



## Nu Skin Force For Good Foundation

Nu Skin is built on the idea of giving back. It lies at the very core of who we are, and what we do. For every Epoch product we sell Nu Skin donates \$0.25 directly to the Nu Skin Force for Good Foundation, a non-profit organisation, founded in 1998 that supports numerous important causes around the world.



## Our Sustainability Efforts

Epoch is the first brand to introduce the award-winning Eco-pack tubes. Designed by our partners WWP Beauty, these tubes help reduce plastic usage by eliminating the head and shoulders. The range also features packaging made of post-consumer resin.



## POLISHING BAR

SOAP-FREE BODY EXFOLIATING  
CLEANSING BAR 100 G

Perfect for gently polishing your skin as you cleanse, this ethnobotanical skin cleansing bar effectively removes dirt, excess oil and impurities, leaving your skin feeling fresh, clean and smooth.



## BAOBAB BODY BUTTER

RICH BODY MOISTURISER 125 G

Formulated with several botanical extracts including Shea Butter and the fruit pulp extract of the African Baobab tree, this lush cream delivers intense moisturisation to promote smooth and supple skin. The body moisturiser also features Macadamia Nut Oil and Shea Butter to help enhance skin's resiliency over time for even softer, hydrated skin tomorrow.

### REASONS TO LOVE

### HOW TO USE

Apply in a gentle circular motion to dampened skin. Thoroughly rinse with warm water.

Apply the cream liberally anywhere on your body – we recommend paying special attention to your knees, elbows, and any other areas most in need of intense hydration.

### DID YOU KNOW

Epoch Polishing Bar is a great choice to buff impurities from your skin. It features Mohave Yucca stem extract, inspired by the traditions of the Southern Western Desert of the United States.

For every Epoch Baobab Body Butter sold, Nu Skin donates US\$0.25 to the Nu Skin Force For Good Foundation for the Malawi Seeds of Hope project. The reforestation initiative focuses on planting fruit trees as well as conserving Baobab trees in local villages. These fruit trees help change the lives of vulnerable people in Malawi by providing nourishment and a source of income.



## GLACIAL MARINE MUD

PURIFYING MUD MASK FACE AND BODY 125 G

Using a sea clay extract taken from a remote glacial estuary in Canada, Glacial Marine Mud creates an amazing face mask filled with skin-beneficial minerals and trace elements. It works to soften and exfoliate the skin while also helping draw out impurities out impurities and toxins, leaving it feeling clear and nurtured.

Apply a generous layer of mud to your skin, making sure to avoid your eye and mouth areas. Let it dry for 15 to 20 minutes, or until its colour changes to a light aquamarine, then rinse thoroughly with warm water. Repeat this process two or three times a week.

Legend has it that Native Americans of the Pacific Northwest tried (and failed) to use this mud for pottery. The clay didn't hold, but they soon noticed that their hands had become softer and more hydrated as a result. Fast forward to today, where we've refined this mud further to create the mask you know and love.



## SOLE SOLUTION

REJUVENATING FOOT CREAM 125 ML

Enhance the skin on your toes, heels and soles to leave them looking healthy and soft. Sole Solution is perfect for clearing dead skin cells or dry skin from tired feet.

Apply liberally to affected areas twice daily or as needed.

Inspired by the people of Central America, the Sole Solution formula features a natural fragrance with Crushed Allspice Berry.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



## NU SKIN BODY CARE

give your body the gentle care it deserves

Nourish, condition and soothe your skin with each and every me-time moment – after all, it's the least it deserves. Nu Skin's entire body care range is formulated to offer that gentle, pampering touch from tip to toe, enriching every part of your skincare routine to leave your skin as soft as silk.





## BODY CLEANSING GEL

SOAP-FREE SHOWER GEL 500 ML

This soap-free shower gel cleanses your skin and leaves it feeling fresh while it features several skin conditioning agents such as glycerin, butylene glycol, aloe vera leaf juice and other botanical extracts for a soft, and comfortable skin. Gentle enough for daily use on the entire body, it also can also be used as hand cleanser for the whole family.

Apply liberally to dampened skin, working the gel into a lather. Rinse thoroughly, then, while your skin is still slightly damp, apply your favourite Nu Skin body moisturiser.

Body Cleansing Gel is soap-free, gentle on your skin, making it perfect for daily use anywhere. Use it in the shower or at the sink – it's up to you!

The availability of some products may vary per country. To check product availability consult the price list or visit [www.nuskin.com](http://www.nuskin.com)



## PERENNIAL

INTENSE BODY MOISTURISER  
FRAGRANCE FREE 250 ML

This intense body moisturiser is formulated with an extract, taken from a perennial flower bulb, known to help bolster your skin's natural defences, Dry air, extreme temperatures, harsh winds, you name it. Formulated fragrance-free, Perennial is suitable for you no matter your skin type.

This gentle, moisturising formula is suitable for all skin types. Smooth the lotion over your entire body as you please.

Nature is pretty inspiring. The Narcissus tazetta plant protects its bulb's cell structure during the harshest winter conditions, allowing it to blossom year after year. The extract taken from that bulb is scientifically proven to protect the skin, as well as improve its resiliency and the durability of its cells.

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW



## NU SKIN HAIR CARE

lifeless or luscious? the choice is yours

From shampoos to conditioners, hair masks and hair spray, Nu Skin's Hair Care line is designed to take care of dry, normal and oily hair. You'll find all you need to keep your hair in good condition and bring the lustre back to those lifeless locks for visibly younger, healthier looking hair.





## SMOOTHING SHAMPOO

SMOOTHING SHAMPOO 250ML

Pamper your lacklustre locks with this Smoothing Shampoo to help smooth frizz and leave hair clean, soft, and lustrous. This multitasking formula is designed to gently remove excess oils and smooth out troublesome strands for effortless style and a sleek, shiny finish.

Massage a dollop the size of a pecan nut into wet hair and scalp with fingertips. Rinse thoroughly. Repeat if necessary. Follow with a Conditioner.

Features a carefully selected blend of mild plant-based surfactants that gently removes buildup and leaves hair delightfully clean.



## SMOOTHING CONDITIONER

SMOOTHING CONDITIONER 250ML

Get softer, smoother hair with this Smoothing Conditioner formulated to detangle, de-frizz, and leave you with a sleek, silky finish.

After using a shampoo, work a dollop the size of a chestnut evenly into wet hair with fingertips, paying special attention to ends or damaged areas. Rinse thoroughly.

Features a blend of hair conditioning agents including Coconut Oil, Panthenol, Sodium PCA and Shea Butter. Seals cuticles to repair hair and help it look soft and silky smooth.

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW



## VOLUMIZING SHAMPOO

VOLUMIZING SHAMPOO 250ML

Uplift your style with this multitasking, weightless shampoo that visibly boosts softness and bounce while gently cleansing away excess oils and buildup for hair that's luxuriously soft, clean, and lustrous.



## VOLUMIZING CONDITIONER

VOLUMIZING CONDITIONER 250ML

Treat yourself to wonderfully weightless hair. This fabulous formula is perfectly balance to detangle and support your hair's softness and shine without weighing it down.

### REASONS TO LOVE

### HOW TO USE

Massage a dollop the size of a pecan nut into wet hair and scalp with fingertips. Rinse thoroughly. Repeat if necessary. Follow with a Conditioner.

After using a shampoo, work a dollop the size of a chestnut evenly into wet hair with fingertips, paying special attention to ends or damaged areas. Rinse thoroughly.

### DID YOU KNOW

Features a carefully selected blend of mild plant-based surfactants that gently removes build-up and leaves hair delightfully clean.

Features a blend of hair conditioning agents such as Coconut Oil, Panthenol, and Butylene Glycol to help visibly rejuvenate hair for beautiful softness and shine.



## HAIR MASK

DEEP CONDITIONING HAIR MASK  
FOR ALL HAIR TYPES 100 G

Its formula seals, smoothes and strengthens each cuticle, while hydrating and repairing the outer shaft of your hair to improve softness and smoothness., Hair Mask improves the look and feel of damaged hair to leave it looking younger and healthier.

Use one to three times each week. After shampooing, work the mask evenly into wet hair, paying extra attention to ends and damaged areas. Leave the product in your hair for 5 to 10 minutes, then rinse thoroughly.

With a formula featuring CS7, Hair Mask smooths cuticles to leave hair feeling softer, protects against cuticle abrasion and helps it resist breakage.

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW



## AGELOC NUTRIOL SCALP & HAIR SHAMPOO

SCALP & HAIR SHAMPOO  
FOR THIN, STRESSED AND AGEING HAIR 200ML

ageLOC Nutriol Scalp & Hair Shampoo supports thin, stressed and ageing hair thanks to an exclusive blend of ingredients. As a duo with the ageLOC Nutriol Scalp and Hair Conditioner, it's proven to protect against colour fade & heat, while also helping to reduce hair breakage.

### REASONS TO LOVE

### HOW TO USE

Apply a generous amount of shampoo to wet hair and gently massage into scalp and through hair. Rinse thoroughly with warm water. Follow with ageLOC Nutriol Scalp & Hair Conditioner. For optimal results, add ageLOC Nutriol Intensive Scalp & Hair Serum to your hair care regimen, twice per day used together with the ageLOC Galvanic Spa.

### DID YOU KNOW

When used together as part of the complete ageLOC Nutriol Scalp & Hair System (Shampoo, Conditioner and Serum), your hair will appear more voluminous than ever, leaving you with full-bodied, healthy-looking locks you're sure to love.



## AGELOC NUTRIOL SCALP & HAIR CONDITIONER

SCALP & HAIR CONDITIONER  
FOR THIN, STRESSED AND AGEING HAIR 175ML

ageLOC Nutriol Scalp & Hair Conditioner provides nourishment and hydration with every use, helping to improve the condition of the scalp & thin, stressed and ageing hair by improving the strength of each strand from tip to root.

Use after ageLOC Nutriol Scalp & Hair Shampoo. Work an ample amount of conditioner evenly through wet scalp and hair, paying careful attention to ends and damaged areas. Wait for three to five minutes before rinsing. For optimal results, add ageLOC Nutriol Intensive Scalp & Hair Serum to your hair care regimen, twice per day.

This powerful conditioner contains shea butter and glycerine to help hydrate and nourish dry, damaged and over-processed hair.

*\*Based on a 6-month in-vivo consumer use study included 19 males and 33 females, between 30 and 71 years old. Subjects were instructed to apply the ageLOC Nutriol Intensive Scalp & Hair Serum to their scalp twice daily and follow each application with a two-minute ageLOC Galvanic Spa treatment. Subjects used the ageLOC Nutriol Scalp & Hair Shampoo and ageLOC Nutriol Hair & Scalp Conditioner.*



## AGELOC NUTRIOL INTENSIVE SCALP & HAIR SERUM

INTENSIVE SCALP & HAIR SERUM  
FOR THIN, STRESSED AND AGEING HAIR 75ML

ageLOC Nutriol Intensive Scalp & Hair Serum features a formula uniquely paired with ageLOC Galvanic Spa, delivering essential ingredients to your scalp and roots for fuller, revitalised looking hair. This leave-on, non-greasy formula strengthens and fortifies the scalp day after day, helping thin, stressed and ageing hair look and feel thicker and healthier.

Use on dry or damp hair. Part hair to mist serum directly onto scalp and roots. Gently massage into scalp with fingers, comb away unruly strands, and begin your two-minute ageLOC Galvanic Spa application. Using the Scalp Conductor and Application #5, touch the conductor directly to scalp and move from front of hairline backward. Do not rinse. Style as usual.

When we asked a clinical grader to assess his subjects' hair after using the ageLOC Nutriol Scalp & Hair System for 6 months, the results were pretty impressive. The following results were reported: a 107% increase in volume, 106% increase in softness, an 84% increase in shine, and a 67% increase in thickness!\*

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW



## AP 24

freshen up your smile  
with every brush

From fresh breath, to bright teeth, the AP 24 range has everything you need for a bright, picture-perfect smile, and the just-brushed feeling that comes with it.





## WHITENING FLUORIDE TOOTHPASTE

WHITENING TOOTHPASTE 110 G

Brighten and whiten your teeth while hindering the formation of plaque with AP 24 Whitening Fluoride Toothpaste. A combination of ingredients lightens teeth, while a refreshing vanilla-mint flavour helps freshen breath for that long-lasting, clean, just-brushed feeling.

Brush thoroughly at least twice a day, or after each meal unless otherwise directed by a dentist or physician. Feel free to alternate with AP 24 Anti-Plaque Fluoride Toothpaste. For children under 6, we recommend using a pea sized amount of toothpaste and supervising their brushing habits to limit the risk of excess swallowing.

This toothpaste features a combination of ingredients which works to polish and cleanse your teeth.



## ANTI-PLAQUE FLUORIDE TOOTHPASTE

ANTI-PLAQUE TOOTHPASTE 110 G

With a formula featuring a fresh vanilla-mint flavour, this gentle toothpaste helps remove plaque and debris for a clean, just-brushed feeling that lasts. Perfect for daily use, this formula helps protect teeth from cavities, is gentle on teeth and mild on gums for an enjoyable brushing experience.

Brush your teeth thoroughly at least twice a day, or, better yet, after each meal if you can spare the time, unless otherwise directed by a dentist or physician. For children under 6, we recommend using a pea sized amount of toothpaste and supervising their brushing habits to limit the risk of excess swallowing.

This toothpaste combines ingredients such as dimethicone and cleansing agents that help your mouth feel cleaner and smoother by loosening plaque and debris from the teeth and other oral tissue.

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW



## PHARMANEX

### Real beauty starts from within

While we love helping you look your best, we're committed to helping you feel your best, too. Pharmanex, our collection of wellness products aims to cover all aspects of nutrition. From high-quality food supplements to food solutions, an extensive wellbeing programme, we strive to combine natural ingredients with the latest scientific advancements based on more than 30 years of innovative research.





S3



## LIFEPAK+

FOOD SUPPLEMENT 60 SACHETS

LifePak+ is a well-known Pharmanex food supplement containing vitamins, minerals, and botanical extracts. As a supplement to your diet, this product targets different functions of your body to help you feel your best each day. Ingredients such as selenium, manganese, vitamin C, and onion extract\* have antioxidant properties that help support your body's defences – and there are many more ingredients to discover in this supplement.

Take the content of one\*\* sachet daily with a meal.

A diverse diet gives our body the necessary vitamins, minerals, and other nutrients to maintain good health. While it cannot replace a healthy diet, LifePak+ can certainly supplement one.



## MARINEOMEGA

FOOD SUPPLEMENT WITH 60 SOFTGELS

Fatty acids are dietary nutrients important for the healthy function of key structures and systems in the body. Essential fatty acids, like omega-3 fatty acid, can only be obtained from food including food supplements, with fatty fish being their main dietary source. MarineOmega contains concentrated fish oil alongside the Antarctic Krill oil, which provide a high level of EPA and DHA – two of the main omega-3 fatty acids. This formula brings several benefits:

- A daily intake of 250 mg of EPA and DHA contributes to the normal function of the heart.
- A daily intake of 250 mg of DHA contributes to the maintenance of normal brain function and normal vision.

Take 2 softgels daily with a meal, either at once or separately.

If you take MarineOmega according to our recommendations, you provide your body with over 700 mg of EPA and 500 mg of DHA per day to support your heart, brain, and vision with only 2 softgels per day.

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW

*This product is not available in Switzerland.*

*\*Claim on-hold.*

*\*\*For Romania, Slovakia, Hungary, the Netherlands and the United Kingdom: Take the content of one (1) sachet twice daily with some liquid with your morning and evening meal.*



S3



## JVI

DRINK BASED ON FRUIT JUICE CONCENTRATE  
2 X 750 ML

A beverage containing vitamin C, JVi brings together an aromatic blend of 12 carefully selected fruits and vegetables.



## TEGREEN

FOOD SUPPLEMENT 30/120 CAPSULES

Who doesn't love a good cup of tea? We sure do. And while nothing beats a fresh brew, we reckon we're pretty close. We've taken a green tea extract from the leaves of the *Camellia sinensis* plant and packed it into Pharmanex Tëgreen.

### REASONS TO LOVE

### HOW TO USE

Shake well before pouring. Drink 60 ml of JVi with both your morning and evening meals.

Take one capsule in the morning with a meal.

### DID YOU KNOW

The bright colours of JVi come from the carotenoids in its ingredients.

The people of mainland China and India have been drinking tea for many reasons for centuries, but perhaps never quite like this. We've taken a green tea extract and added it to the formula of Pharmanex Tëgreen!



## REISHIMAX

### FOOD SUPPLEMENT 60 CAPSULES

Part of our complex immune system includes an arsenal of cells that recognise and trigger the necessary immune response to a number of organisms that our body identifies as foreign. Ganoderma lucidum, also called Reishi mushroom, contributes to the natural processes of these immunological defences.\*

Take one ReishiMax capsule, twice per day, with a meal.

Reishi is a wood-rotting fungus that grows in a shelf-like form on the sides of trees and stumps. In old Chinese texts, Reishi is a highly praised mushroom. For more than 2000 years, the people of Asia have consumed this rare, deep forest Reishi mushroom as part of their dietary habits.

#### REASONS TO LOVE

#### HOW TO USE

#### DID YOU KNOW



## R<sup>2</sup> DAY

FOOD SUPPLEMENT 180 CAPSULES

A healthy, balanced diet is always the best source of natural energy, but a food supplement can help you manage this from time to time as well. The Panax Ginseng found in R2 DAY has a positive influence on the maintenance of optimal stamina, as well as both good physical and mental well-being.\* R2 DAY also contains Cordyceps Sinensis and pomegranate.

Take six capsules of R2 Day each morning.

Panax Ginseng plays an important role in energy metabolism, and has a positive influence on maintaining stamina, as well as both physical and mental well-being.\*



## R<sup>2</sup> NIGHT

FOOD SUPPLEMENT 60 CAPSULES

We all know that some things can get harder with age; for some, staying active is one of them. Diet and physical activity play a key role in the protection of the healthy cells in our body. In order to achieve this, it's important to help our natural defense mechanisms as much as possible. R2 NIGHT contains Selenium which supports the normal function of immune system and helps to protect your cells from oxidative damage generated by our environment. Selenium also contributes to the maintenance of normal nails and hair, and normal thyroid function.

Each evening, take two R2 Night capsules.

The selenium in R2 Night also contributes to the protection of your cells against oxidative stress!

\*Claim on-hold.

The availability of some Pharmanex products may vary per country. To check product availability in your local market, visit [www.nuskin.com](http://www.nuskin.com). Please read the instructions on the packaging carefully before use.

### REASONS TO LOVE

### HOW TO USE

### DID YOU KNOW



# BEAUTY FOCUS

Supplement your way  
to beautiful skin!



Beauty is everywhere and within anyone. Beauty Focus is all about helping you look good, and as a result, feel good. It's about visible results you can achieve with carefully crafted food supplement. Exciting, isn't it?



## COLLAGEN +

FOOD SUPPLEMENT 30 SACHETS

Ready to drink your way to beautiful results? Kickstart your journey to gorgeous skin with Beauty Focus Collagen+. Our innovative collagen beauty supplement includes Collagen Hydrolysate, Wheat Oil Extract and Lutein. With all of this, Collagen+ delivers a host of benefits for radiant skin look, reduction in eye wrinkle volume.\*

### REASONS TO LOVE

Mix one stick pack into 100 ml of water. Consume within first few minutes of mixing. Take once daily.

### HOW TO USE

Our collagen peptides feature a very specific peptide profile or peptide "fingerprint" that makes them optimised for beauty, as illustrated in human clinical studies showing improvements in the visual appearance of skin features.

### DID YOU KNOW

Beauty Focus Collagen+ is an innovative collagen beauty supplement that includes expertly chosen beauty ingredients and addresses multiple features of a beautiful looking skin.

\*Nu Skin commissioned a third party clinical study on 60 healthy adults between 40 and 60 years to evaluate the efficacy on cosmetic skin features taking Beauty Focus Collagen+ once a day for 4 months. The study results show an improvement of 18% in overall appearance, 24% in texture, and 33% in skin radiance, as compared to baseline.



## MULTIBEAUTY

FOOD SUPPLEMENT 30 CAPSULES

### REASONS TO LOVE

In MultiBeauty, you'll find Zinc that helps maintain and protect your skin cells from oxidative stress while also supporting your hair and nails. At the same time, Biotin contributes to the health of the skin and hair. What's more, the expert solution of botanicals - Rosemary extract and Grapefruit extract - helps improve the appearance of eye wrinkles and skin elasticity and this way, contributes to youthful-looking skin.\*

### HOW TO USE

Take one capsule each day, with water at any preferred time.

### DID YOU KNOW

Taking Collagen+ and MultiBeauty together is a great way to further enhance your beauty routine. What's also great news is that the Vitamin C in MultiBeauty helps support the production of collagen in your skin.

\* 1. Nobile V, Michelotti A, Cestone E, et al. Skin photoprotective and antiaging effects of a combination of rosemary (*Rosmarinus officinalis*) and grapefruit (*Citrus paradisi*) polyphenols. *Food Nutr Res.* 2016;60:31871. Published 2016 Jul 1.  
2. Pérez-Sánchez A, Barrajón-Catalán E, Caturia N, et al. Protective effects of citrus and rosemary extracts on UV-induced damage in skin cell model and human volunteers. *J Photochem Photobiol B.* 2014;136:12-18.





MultiBeauty is our multi-nutrient powerhouse that nourishes the hair, nails, and skin to get heads turning. It combines several carefully chosen ingredients into one easy-to-take food supplement.



# TRME®

## BODY BALANCE SYSTEM

Empowers you to customise your wellbeing journey

Body balance refers to the state of equilibrium between one's healthy habits, lifestyle, and wellbeing. It involves finding the right mix that supports your overall health. That's where ageLOC TRME comes in - a system that empowers you to customise your journey by giving you a self-tailored, flexible experience. To support you and help you make the right decisions for your journey, we offer you a range of food supplements as well as a TRME body balance guide, but you get to decide which to use according to your goals and balance.





## TRME WEIGHT MANAGEMENT KITS



To help you make the right decisions on your journey, we offer you a range of food supplements as well as a TRME body balance guide for you to use according to your goals and balance. You can combine all four TRME products: InnerNu, MyEdge, MyGoal and RealMe\*. By adding all the TRME products to your daily routine, you enjoy the benefits of each product at the same time. You can also add M-Bars to your weight management journey for weight maintenance or weight loss support.\*\* So, no matter what your objectives and intentions are, within this system you can find something for yourself and adapt your plan to your unique journey.

### What's included in this kit:

- 1x TRME MyGOAL
- 1x TRME MyEDGE
- 1x TRME INNERNu
- 1x TRME REALMe\*
- 30x M-Bars

Join the community today and discover the beauty of our integrated wellness approach.

\*TRME REALMe is not sold in Belgium. The kits do not contain REALMe in this market.

\*\*Substituting one daily meal of an energy restricted diet with a meal replacement contributes to the maintenance of weight after weight loss. Substituting two daily meals of an energy restricted diet with meal replacements contributes to weight loss.



## TRME INNERNu

FOOD SUPPLEMENT 30 SERVINGS

Intestinal comfort can contribute to your overall feeling of wellbeing. TRME InnerNu has been designed to act as your digestion support thanks to Ginger Rhizome Extract and Artichoke Leaf Extract, the latter ingredient additionally helping your body to detoxify.\*



## TRME MyEDGE

FOOD SUPPLEMENT 20 SERVINGS

If you'd like to control your cravings, TRME MyEdge can help you. It contains Carob Powder that will help you limit the feeling of food craving,\* no matter what your motivations are. It also contains Chromium that contributes to the maintenance of normal blood glucose levels and White Mulberry Leaf Extract that contributes to normal blood sugar levels\*†.

### REASONS TO LOVE

### HOW TO USE

Take 2 capsules once daily with the meal of your choice.

Mix one stick pack with 100ml of the liquid of your choice. Take once daily right before or with a meal. If settling occurs, stir again before consuming. You can also mix TRME MyEdge in your food or a beverage other than water.

### DID YOU KNOW

To kickstart your journey, you can choose to detoxify\* your body thanks to the Artichoke Leaf Extract. The presence of this ingredient, as well as of Ginger Rhizome Extract, makes TRME InnerNu a great digestion support\* to use on a regular basis throughout the ageLOC TRME system.

Did you know that there can be many reasons why you crave food? Sometimes it's simply because you're hungry, other times you snack to feel better, and sometimes just out of habit or boredom, which is perfectly fine! But if you'd like to control your cravings, TRME MyEdge can help you with that thanks to the presence of Carob Powder.\*

\*Claim on-hold.

\*Claim on-hold.  
†This claim is not recognized by UK legislation.



REASONS TO LOVE

HOW TO USE

DID YOU KNOW





### TRME MyGOAL

FOOD SUPPLEMENT 30 SERVINGS

Are you on your weight management journey and looking for a product to help you lose weight? Search no further – TRME MyGoal is exactly what you need to support your weight management efforts! This food supplement contains carefully selected ingredients, like Glucomannan that contributes to weight loss, and a complex of vitamins (Vitamin C, Vitamin B6, and Vitamin B12) so that you can provide your body with key micronutrients at the same time.



### TRME REALMe

FOOD SUPPLEMENT 30 SERVINGS

There are many ways to improve your body balance journey, both mental and physical. But did you know that the healthy liver can contribute to your overall health and wellbeing? As the largest gland in the human body, the liver plays an important role in various metabolic processes, including the metabolism of fats. Thanks to the *Curcuma longa*, TRME REALMe prevents fat accumulation by the liver and facilitates their breakdown by the liver.\*

#### REASONS TO LOVE

#### HOW TO USE

Mix one sachet with a big glass of water (at least 250ml) 3 times per day, 15-20 minutes before each meal. Stir until completely dispersed into fluid, then drink immediately before it thickens too much.

Take 2 capsules once daily with the meal of your choice.

#### DID YOU KNOW

Glucomannan is a dietary fibre that has a remarkable ability to absorb water, which means it forms a viscous, gel-like mass in the stomach when mixed with liquid and this “mass effect” that can lead to a decrease in subsequent energy intake. When used in conjunction with an energy-restricted eating plan, Glucomannan contributes to weight loss.\*

The liver is the largest internal organ, and something even more impressive than its size is its functionality. Acting as a central hub, the liver plays a key role in many bodily processes working hard to contribute to maintaining your overall health. For instance, it is involved in the metabolism of carbohydrates, proteins, and lipids (or fats).

\*The beneficial effects are obtained with a daily intake of 3 g of glucomannan in three doses of 1 g each, in addition with 1-2 glasses of water, before meals and in the context of an energy-restricted eating plan.

This product is not available in Belgium.  
\*Claim on-hold. The prevention of fat accumulation is linked to their destockage by the liver, thanks to Curcuma Longa. This claim is not recognized by IT legislation.



## TRME M-BARS

MEAL REPLACEMENT BAR 10 & 30 PACK

Vegan\*, low in sugars and high in fibre, a single bar replaces one main meal per day as part of an energy restricted diet in which other foods are necessary. Available in chocolate and in pack of 10 or 30 bars.

### REASONS TO LOVE

For those looking to maintain their weight after weight loss, substitute either breakfast, lunch or dinner for a single bar. Eat the bar with a glass of water. Those looking to lose weight may substitute two main meals per day with one bar per meal.

### HOW TO USE

Like all meal replacements, each M-Bar consists of at least 30% of the NRV of vitamins and minerals. Make sure to enjoy them with an adequate daily fluid intake, regular exercise and as part of a varied, balanced diet!

### DID YOU KNOW

*\*The TRME M-Bar Chocolate does not contain ingredients of animal origin. There may be an unintended presence of non-vegan substances used as processing aids or present in the manufacturing facility.*



# FORCE FOR GOOD

## A culture of giving back

At Nu Skin, we want to be a Force for Good through caring for our planet, improving the lives of children, nourishing future generations and investing in our global community.



NU SKIN  
**FORCE FOR GOOD**  
FOUNDATION

The Nu Skin Force for Good Foundation has the mission to improve children's health, education, and economic circumstances, offering hope for a brighter future.

Nu Skin is built on the idea of giving back. It is the very core of who we are, and what we do. The Force for Good Foundation was born of this very ideal and has seen us lend our support to numerous fantastic causes around the world since 1996. The concept is simple: you can either donate to the foundation directly or you can purchase products of the Epoch line, for which Nu Skin will then make a 0.25USD donation per product sold to the foundation. The Nu Skin Force for Good foundation then partners with other non-profit organisations for different initiatives:

### THE PROJECTS

- **School of Agriculture for Family Independence (SAFI):** Teaching sustainable agriculture in Malawi at the Mtalimanja Village School. After implementing SAFI techniques, crop yields can increase as much as 700%. These are proper farming and irrigation techniques that farmers can use and take back to their villages.
- **Seed of Hope:** Donations made through sales of our Epoch Baobab Body Butter help fund the reforestation initiative in Malawi. This initiative originally focused on the valuable baobab trees. Today, it has evolved to also plant thousands of fruit trees, which contribute to the daily lives of those who live there.
- **Seacology:** Creating win-win conservation partnerships that help island communities build infrastructure now and preserve their marine habitats for generations to come.
- **Epidermolysis Bullosa Medical Research Foundation:** Funding research to find a cure for the devastating skin disease Epidermolysis Bullosa (EB)
- **Wells of Hope:** Providing funds to SAFI to clean water through our borehole project in Malawi. Every new well provides access to clean water for approximately 500 people.



**NOURISH**  
the **CHILDREN**

## A for-profit social initiative empowering future generations one bowl at a time.

No child should ever go hungry. That's the belief behind Nu Skin's Nourish the Children initiative. With VitaMeal, we provide highly nutritious food developed by Nu Skin's very own nutrition scientists. You can purchase VitaMeal like regular products except the bags are donated directly to children through a third-party non-profit organisation such as Feed the Children. Each 30-meal bag of VitaMeal contains 30 child-size portions, enough to provide a child with one nutritious meal each day for 30 days. And when you give, we also give. For every purchase of a VitaMeal five-pack, or every eight bags purchased, Nu Skin will add one more.

It is important to highlight that it is a for-profit programme with regular product commissions and profit. But this is precisely what makes the programme sustainable; the incentive around the sale helps ensure that VitaMeals are sold and promoted on a regular basis. Currently, more than 70,000 children receive VitaMeal each day, so it's important that it remains a continuous, sustainable effort. This is also how we have achieved no less than **850 million meal** donations worldwide since its birth in 2002. And we are not stopping there. With our VitaMeal plants in Malawi, the Nourish the Children initiative is able to help create new jobs and economic opportunities in the communities that your generosity helps to sustain.

Nu Skin is a for-profit distributor of nutritional and skin care products and is traded on the New York Stock Exchange (NUS). Nourish the Children is an initiative of Nu Skin and is registered in some states as a commercial co-venture. The initiative enables Nu Skin's brand affiliates and customers to purchase VitaMeal from Nu Skin and donate it to charitable organisations to help solve the complex world problem of feeding malnourished children. The price of VitaMeal includes the cost of manufacturing, general overhead, distribution and sales. As is the case with other Nu Skin products, brand affiliates are paid commissions and Nu Skin earns a profit margin from each sale of VitaMeal.





## SUSTAINABILITY

### Embracing sustainable practices today that enhance a resource-rich tomorrow.

Sustainability is so much more than just a buzzword to Nu Skin. We are committed to keeping our global communities clean, safe, and protected for the future. This is a daunting task, but we're proud to make it our mission to embrace sustainable practices today to ensure a resource-rich tomorrow. We have made concrete commitments around our 3 P's: People, Product and Planet. We have already made impactful and measurable changes to our top 20 products and we have pledged to have all of our products' sustainability improved by 2030.





## COMMUNITY OUTREACH

Creating a strong global family by  
empowering our local communities.

Every year, during the Force for Good Day our employees worldwide volunteer for various local initiatives. These include assembling first aid kits for Ukraine, donating food and groceries to those in need, renovating shelters for children, and much more. Local offices also maintain lasting and punctual partnerships with local non-profits.

For more information, visit [forceforgood.org](https://forceforgood.org).





Product Guidebook - Europe

Please refer to the trademarks' glossary on [www.nuskin.com](http://www.nuskin.com) for a list of all registered trademarks in the Nu Skin European markets and South Africa.

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