FROM THE OUTSIDE IN AND THE INSIDE OUT, NU SKIN® IS THE KEY TO LOOKING AND FEELING YOUR BEST

Glance forward in time – see a more youthful looking you. Your complexion appears smoother and radiant; your body looks more vibrant, firmer and contoured.

At Nu Skin®, we are committed to helping you achieve this best version of you. With state-of-the-art skin care solutions and food supplements formulated to help you defy the visible signs of ageing, you have all the tools you need.
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For Nu Skin® product availability, specific information within your country or the updated item number, please consult the price list at www.nuskin.com.

For Pharmanex® product availability within your country, please refer to the country code listed for each product.

Available in:
- Austria (AT)
- Belgium (BE)
- Switzerland (CH)
- Czech Republic (CZ)
- Germany (DE)
- Denmark (DK)
- Spain (ES)
- Finland (FI)
- France (FR)
- Great Britain (GB)
- Hungary (HU)
- Ireland (IE)
- Iceland (IS)
- Italy (IT)
- Luxembourg (LU)
- Netherlands (NL)
- Norway (NO)
- Poland (PL)
- Portugal (PT)
- Romania (RO)
- Sweden (SE)
- Slovakia (SK)
- Turkey (TR)

The information contained in this catalogue was correct as at August 2015.

For the most up-to-date version of the Product Catalogue, check the online version on our website at www.nuskin.com.
THE FUTURE OF LOOKING AND FEELING YOUNG

Based on years of unparalleled research in skin and nutritional science, Nu Skin® has ushered in a new era with our exclusive ageLOC® science.

With our exclusive ageLOC® science, you can unlock your youthful potential. The ageLOC® brand is a comprehensive approach – targeting the ultimate sources of ageing to diminish the look and feel of ageing. Get ready to discover the products that will improve different aspects of your life. It’s time to unlock the new you.

“Nu Skin® is taking the science of the sources of ageing to a completely new level by studying the genetic origins of how and why we age.”

Dr. Joseph Chang, Chief Scientific Officer Executive Vice President Product Development
Scientific innovation has established Nu Skin® as a leader in the health and beauty industries. Our proprietary product formulations and technologies enable us to set new industry standards in the sources of ageing, with real solutions that exhibit demonstrable results. Our team of in-house scientists demonstrates our commitment to research and development by collaborating with leading research institutions. These collaborative relationships help us to develop next-generation skin care and nutritional products.
ageLOC® SCIENCE

Nu Skin® has taken the latest insights of how to impact the visible signs of ageing to a new level. In collaboration with some of the world’s leading anti-ageing researchers, Nu Skin® scientists have identified key groups of genes called age-related super markers or arSuperMarkers, that influence how we seem to age. Nu Skin®’s exclusive ageLOC® science targets these ultimate sources of ageing to develop products that help you look and feel younger.
“Nu Skin® uses gene chip technology to identify functional groups of age-related super markers – what we call Youth Gene Clusters. Our research on Youth Gene Clusters helps us to better understand the mechanism of the visible signs of how we look as we are ageing.”

Helen Knaggs, Ph.D., Vice President Global Research & Development

IDENTIFYING THE SOURCE

The scientific community has open access to the Human Genome, but Nu Skin®’s breakthrough ageLOC® science gives us the ability to interpret it in a meaningful way. In a recent discovery, Nu Skin®, along with anti-ageing and genetics experts, identified key groups of genes called Youth Gene Clusters. Nu Skin® believes that finding and identifying these functional groups of genes is crucial to addressing the visible signs of ageing at the source.

Clinical study results, genomic analyses and substantiated research have led Nu Skin® scientists to identify genes of which the expression profile shares characteristics associated with youthfulness. The expression of these genes is responsible for the visible signs of ageing on our skin.

REBALANCING YOUTH

Once these key groups of genes have been identified, it is necessary to understand how their activity can reflect a more youthful skin profile. Rebalancing this profile is a subtle process, it is not as simple as turning them all on or off. Some skin markers may need to be turned down and others turned up. Nu Skin®’s proprietary ageLOC® science creates new opportunities to support younger looking skin and body.
FROM THE OUTSIDE IN

Nu Skin® is a leader in the skin care industry with scientifically advanced ingredient technologies and skin beneficial formulas comprised of only high quality ingredients. And now, together with ageLOC® science, our skin care products are going a step further by helping to unlock the secret to a younger looking you – today and in the future.
CUSTOMISED SKIN CARE

Imagine anti-ageing skin care as individual as you are. Experience it with ageLOC Me® state-of-the-art technology and breakthrough anti-ageing formulations.
Nu Skin® has redefined skin care with ageLOC Me®, an entirely new approach to anti-ageing. Featuring five powerful, cutting-edge products, one unique delivery device and one smart Skin Assessment, ageLOC Me® is anti-ageing skin care like you have never seen, felt, or imagined.

**EXPERT SKIN ASSESSMENT**
ageLOC Me® eliminates the guesswork, making it easier to find the ideal customised daily skin care regimen including your anti-ageing serum, Day and Night moisturisers.

**ageLOC® ANTI-AGEING FORMULAS**
Represent Nu Skin®’s most sophisticated anti-ageing skin care formulations with revolutionary ageLOC® technology that targets the sources of the visible signs of skin ageing.

**A UNIQUE SKIN CARE EXPERIENCE**
ageLOC Me® transforms your daily regimen into a truly luxurious, touchless and hygienic experience through a first-of-its-kind delivery device.

**CUSTOMISED FOR YOU**
by you
ageLOC® EDITION NU SKIN GALVANIC SPA SYSTEM® II

Switch on the power of youth.

Smooth the appearance of fine lines and wrinkles, rejuvenate your complexion, revitalise your scalp and invigorate your body’s appearance with the patented ageLOC® Edition Nu Skin Galvanic Spa System® II. Studies show that galvanic current improves the absorption of key ingredients to your skin. The results are so remarkable, your radiant, youthful face and body will leave people wondering about your age and your secret. Are you ready to switch on the power?

Item No. 97101332 (white)
Item No. 97101333 (black)

ageLOC® EDITION NU SKIN GALVANIC SPA SYSTEM® II

Switch on the power to a younger looking you with the ageLOC® Edition Nu Skin Galvanic Spa System® II. Reveal a fresh, soft, luminous complexion; diminish the appearance of lines and wrinkles; increase your hair’s lustrous appearance; and visually reduce the appearance of cellulite. Look revitalised, refreshed and younger with unsurpassed results.
DESCRIPTION OF BENEFITS

ageLOC® ingredients have been shown to protect the skin from oxidative stress by reducing the expression of free radicals associated with the arNOX enzyme. This may help slow down the appearance of skin ageing that may be caused by accelerated free radical production.

UNSURPASSED RESULTS
Boost the visible benefits of ageLOC® Future Serum, the central product of ageLOC® Transformation, by an average of 80% across multiple visible signs of skin ageing by using the ageLOC® Edition Nu Skin Galvanic Spa System® II three times a week.*

*Seven-day third-party clinical study on 30 women, November 2009.

This experiment shows how an in vitro arNOX inhibitor affects arNOX enzyme activity.

*arNOX activity measured in vitro through Ferricytochrome C Reduction, nmole/min/1.5mg epidermis.
NU SKIN® CAPES
Give your demonstrations a professional touch.
These Nu Skin® branded white capes are made of waterproof nylon.
73x73cm 10-pack
Item No. 97136867

NUTRIOL® SHAMPOO
Head-turning results for your head of hair.
Featuring Tricalgoxyl®, this daily shampoo is formulated both for regular use and for use with Nutriol® Hair Fitness Treatment to help enhance fullness and shine.
125ml
Item No. 97101219

SCALP CONDUCTOR

NUTRIOL® HAIR FITNESS TREATMENT
Helps hair look and feel more abundant.
This leave-in solution remineralises the scalp and hydrates the hair with Tricalgoxyl®.
12 vials
Item No. 97101218

SELECT

Should not be used with the ageLOC® Edition Nu Skin Galvanic Spa System® II.
TRU FACE® LINE CORRECTOR
Smooth the appearance of lines with the power of peptides.
This advanced formula features the revolutionary procollagen peptides that help minimise the appearance of moderate to deep lines around your mouth, eyes and forehead in just four weeks. Enhance the benefits by using this product with the ageLOC® Edition Nu Skin Galvanic Spa System® II Focus Area Conductor.

30ml
Item No. 97102704

GALVANIC SPA TOTE BAG
All your supplies at your fingertips. With elasticised bottle loops and zippered organisational pockets, each item is in view for easy access.
Item No. 86997616

NU SKIN® TOWELS
Add style to your beauty care sessions.
Made of 100% cotton, these super soft towels are extremely absorbent and long-lasting.
60x80cm
10-pack
Item No. 97137499

NU SKIN® TERRY CLOTH TOWELS
Luxuriously soft and super absorbent towels. These ultra fluffy towels will comfortably clean your skin after every application of the galvanic facial regimen.
30x30cm
10-pack
Item No. 86997542
It’s time to take the science of skin ageing one step further with a highly advanced body enhancement system. Based on ageLOC® science, the three ageLOC® Body products feature new scientific breakthroughs for smoothing and firming the skin of your body. Switch on the power and prepare to get a more youthful look.
**ageLOC® FACE AND BODY ADR PACKAGE**

A special ADR package that includes 2 Nu Skin Galvanic Spa System® Facial Gels with ageLOC®, 1 ageLOC® Body Shaping Gel and 1 ageLOC® Dermatic Effects.

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**ageLOC® GALVANIC BODY SPA**

Your body optimised.

With this breakthrough technology, Nu Skin® has captured the future of body care with the ageLOC® Galvanic Body Spa. It features a proprietary ageLOC® body conductive surface and pulsating galvanic currents to optimise the beneficial effects of the selected ageLOC® Galvanic Body Spa products on the skin of the arms, abdomen and thighs. The ageLOC® Galvanic Body Spa also helps stimulate, purify and refresh your skin to reduce the visible signs of ageing.

Item No. 97103972  (ageLOC® Galvanic Body Trio package includes 1 ageLOC® Galvanic Body Spa, 1 ageLOC® Body Shaping Gel and 1 ageLOC® Dermatic Effects)

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**ageLOC® BODY SHAPING GEL**

For a more contoured, firmer, smoother you.

This intensive spa quality regimen minimises and helps to smooth the appearance of an orange peel look, to improve the appearance of skin’s firmness and helps to improve the overall appearance of the skin. It also helps to increase cellular energy to refresh and purify the skin while reducing the visible signs of ageing.

150ml

Item No. 97003902

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**ageLOC® DERMATIC EFFECTS**

For a more contoured, smoother looking you.

This daily moisturising and contouring lotion helps to increase cellular turnover, which is necessary for renewing the skin and giving it its natural radiant texture. It also contains ingredients that help to diminish the appearance of cellulite while smoothing skin.

150ml

Item No. 97003903

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1 For an extension of benefits, use ageLOC® Dermatic Effects after using ageLOC® Body Shaping Gel.
2 Should not be used with ageLOC® Galvanic instruments.

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1 The results achieved may not be typical and your results may vary.
2 The results were achieved after using the ageLOC® Galvanic Body Spa and ageLOC® Body Shaping Gel three times a week, and the ageLOC® Dermatic Effects twice a day everyday.
CORE SYSTEMS

Nu Skin®’s core skin care systems are designed to meet the individual needs of your skin: our ageLOC® skin care products are comprised of our most advanced systems; Nu Skin 180°® improves cell renewal; Nutricentials® products are great for sensitive skin; and Nu Skin Clear Action® fights breakouts.
Our most advanced system ever.

ageLOC® Transformation is Nu Skin®’s most powerful skin care regimen that reveals younger looking skin in eight ways – for a more youthful looking you. Are you ready for a true transformation?

ageLOC® GENTLE CLEANSE & TONE
Gently purifies and primes skin morning and night.
This sophisticated foaming cleanser combines cleansing and toning into a single step, while providing the skin with advanced ingredients to decrease the visible signs of ageing. This luxurious formula delivers your first infusion of ageLOC® ingredients and leaves your skin feeling soft and refreshed.

60ml
Item No. 97003882

ageLOC® FUTURE SERUM
Younger looking skin in eight ways.
Powerful, scientifically tested ingredients that decrease the appearance of visible signs of ageing and stimulate youthful skin cell turnover by 85%. Patented ingredient technology promotes youthful skin structure, while increasing production and inhibiting the breakdown of structural skin protein, thus promoting a firm skin structure. ageLOC® Future Serum – for a visibly younger appearance.

30ml
Item No. 97003883

ageLOC® RADIANT DAY SPF 22
Brightens, hydrates and fortifies skin.
Contains ingredients proven to reduce the appearance of fine lines and wrinkles by 45%. Brightens, hydrates and fortifies skin with ageLOC® ingredients, while helping to protect the skin from the undesirable effects of excessive sun exposure. This lightweight daily moisturiser is excellent under makeup and stimulates cell renewal for a smoother, softer texture – delivering younger, radiant looking skin each day.

25ml
Item No. 97003904

ageLOC® TRANSFORMING NIGHT
For smoother, softer skin.
Contains ingredients proven to stimulate cell turnover by 85% for smoother, softer texture. Ultra-mild ingredients mimic the skin’s own structure, working with the skin’s natural night-time renewal process. This sublime cream delivers a potent dose of ageLOC® ingredients to help target the sources of visible signs of skin ageing and noticeably reduce the look of fine lines, wrinkles and pore size so you wake to radiant, supple skin.

30ml
Item No. 97003880
Younger looking skin in 8 ways
ageLOC® Future Serum Third-Party Consumer Self-Perception Study Results*

As part of your regimen, ageLOC® Future Serum provides amazing skin benefits in eight significant ways:

<table>
<thead>
<tr>
<th>Benefit</th>
<th>Percent Perceived Improvement Over Baseline</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Youthful Skin Structure</td>
<td>66%</td>
</tr>
<tr>
<td>2. Skin Smoothness</td>
<td>62%</td>
</tr>
<tr>
<td>3. Even Skin Tone</td>
<td>70%</td>
</tr>
<tr>
<td>4. Fine Lines/Wrinkles</td>
<td>59%</td>
</tr>
<tr>
<td>5. Radiance (Brightness)</td>
<td>73%</td>
</tr>
<tr>
<td>6. Pore Size</td>
<td>51%</td>
</tr>
<tr>
<td>7. Skin Discolouration (Spots)</td>
<td>56%</td>
</tr>
<tr>
<td>8. Hydration</td>
<td>71%</td>
</tr>
</tbody>
</table>

*12-week self-perception study with 25 subjects using ageLOC® Future Serum
Save with the Nu Skin 180°® Anti-Ageing System ADR package. For more information on how to benefit from this special promotion, please ask your Distributor.

NU SKIN 180°® ANTI-AGEING SYSTEM
The Nu Skin 180°® System helps to enhance cell turnover and diminish the appearance of fine lines and wrinkles. This system consists of five products: Face Wash, Skin Mist, Cell Renewal Fluid, UV Block Hydrator and Night Complex.

NU SKIN 180°® FACE WASH
Cleanse away the visible signs of environmental skin ageing.
Featuring 10% active vitamin C, this rich, creamy formula targets age spots and discolouration and helps to diminish the appearance of wrinkles.
125ml
Item No. 97101251

NU SKIN 180°® SKIN MIST
Refines and tightens pores.
Featuring di- and tri-peptides from hydrolysed rice protein, this formula protects the skin from loss of firmness and keeps it smooth and radiant. Mushroom extract refines and tightens pores while exclusive, soothing HMW Complex calms and protects skin.
100ml
Item No. 97101253

NU SKIN 180°® AHA FACIAL PEEL
Wipe away dull, aged skin.
Utilising a 10% lactic acid solution, this scientifically proven formula helps to reduce the visible signs of ageing, protects and helps to keep the skin's appearance young and fresh. Effective on its own or as part of your Nu Skin 180°® System, this powerful facial peel helps stimulate cell turnover to create a smoother, younger look.
2 jars
(each jar is 25ml and contains 18 pads)
Item No. 97101249

NU SKIN 180°® UV BLOCK HYDRATOR SPF 18
Protect as you hydrate.
Formulated with light-activated photosomes, this technologically advanced product, containing avocado oil, nourishes the skin while helping it to maintain its natural barrier functions. In addition, it also provides protection of the skin against broad spectrum UVA and UVB rays.
30ml
Item No. 97101254

NU SKIN 180°® NIGHT COMPLEX
Wake up looking younger.
This rich night-time moisturiser helps to protect the skin from oxidative stress, enhances the skin's natural barrier function resulting in a silky soft feeling.
30ml
Item No. 97101252

NU SKIN 180°® ANTI-AGEING SYSTEM
Nu Skin's cell renewal specialist.
Featuring a powerful 15% concentration of the polyhydroxy acid gluconolactone, this formula gently but effectively helps to stimulate the cell renewal process to reveal a more youthful looking skin.
30ml
Item No. 97101250

NU SKIN 180°® SKIN MIST
Refines and tightens pores.
Featuring di- and tri-peptides from hydrolysed rice protein, this formula protects the skin from loss of firmness and keeps it smooth and radiant. Mushroom extract refines and tightens pores while exclusive, soothing HMW Complex calms and protects skin.
100ml
Item No. 97101253

NU SKIN 180°® EIGHT-WEEK REGIMEN
In a Nu Skin 180°® clinical study conducted at a third-party testing lab, clinical graders assessed the skin improvements of 50 participants. After eight weeks, 100% of these participants showed some improvement in overall radiance. According to the clinical grader assessments, the percentage of participants who exhibited improvements within the individual attributes and overall radiance was as follows:

- Discolouration: 60%
- Pore size: 70%
- Wrinkles: 80%
- Texture: 100%

For more information on how to benefit from this special promotion, please ask your Distributor.

NU SKIN 180°® FACIAL WASH
Cleanse away the visible signs of environmental skin ageing.
Featuring 10% active vitamin C, this rich, creamy formula targets age spots and discolouration and helps to diminish the appearance of wrinkles.
125ml
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NU SKIN 180°® CELL RENEWAL FLUID
Nu Skin's cell renewal specialist.
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Formulated with light-activated photosomes, this technologically advanced product, containing avocado oil, nourishes the skin while helping it to maintain its natural barrier functions. In addition, it also provides protection of the skin against broad spectrum UVA and UVB rays.
30ml
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NU SKIN 180°® SKIN MIST
Refines and tightens pores.
Featuring di- and tri-peptides from hydrolysed rice protein, this formula protects the skin from loss of firmness and keeps it smooth and radiant. Mushroom extract refines and tightens pores while exclusive, soothing HMW Complex calms and protects skin.
100ml
Item No. 97101253
NORMAL TO DRY
Normal to dry skin needs greater water-holding capacity. These products provide the perfect basis for your daily skin care regimen while protecting the skin’s moisture barrier.

CREAMY CLEANSING LOTION
Protects the skin’s moisture barrier each time you cleanse.
This gentle, soap-free cleanser thoroughly removes impurities and debris without stripping critical skin lipids.
150ml
Item No. 9710310

pH BALANCE TONER
Primes skin for hydration and nourishment.
Featuring strawberry extract, which gives skin its ideal pH while helping to diminish the appearance of pores.
150ml
Item No. 9710312

CELLTREX® CoQ10 COMPLETE
A powerful network of antioxidant benefits.
Featuring CoQ10 and a complete antioxidant network, this technology promotes cellular energy production, allowing your skin to rebound beautifully from daily oxidative stress for a radiant, more youthful appearance.
15ml
Item No. 97131809

CELLTREX® ULTRA
The ultimate oxidative stress combatant and moisturiser.
Featuring olive oil and vitamins A and E. This nourishing serum calms and protects the skin from the visible effects of oxidative stress.
15ml
Item No. 97102700

MOISTURE RESTORE DAY SPF 15 NORMAL TO DRY SKIN
Hydrates and protects skin.
Featuring colourless carotenoids, this lotion enhances the skin’s resistance to the environmental conditions that may negatively impact the skin.
50ml
Item No. 97102728

NIGHT SUPPLY NOURISHING CREAM
Promotes skin flexibility and resiliency while you sleep.
This rich formula contains phosphatidylcholine, which enhances the skin’s renewal process.
50ml
Item No. 97102705

NUTRICENTIALS®
Nutricentials® products are formulated with topically applied nutrients proven to naturally enhance the healthy looking appearance of the skin. With key nutrients from the best daily diets around the world, Nutricentials® products are great for sensitive skin and help to keep skin looking healthy and radiant.
COMBINATION TO OILY
Combination to oily skin needs to efficiently retain its own moisture without producing excess oils. These products help minimise shine and free pore-blocking debris while promoting skin softness.

PURE CLEANSING GEL
Deep cleans and clarifies pores.
This soap-free foaming formula contains papain, an enzyme from papaya that frees pores of excess oil and debris.
150ml
Item No. 97110309

pH BALANCE MATTEFYING TONER
Reduces shine and the appearance of pores.
Featuring strawberry extract to help pores look less noticeable and promote a radiant complexion.
150ml
Item No. 97110313

CELLTREX® CoQ10 COMPLETE
A powerful network of antioxidant benefits.
Featuring CoQ10 and a complete antioxidant network, this technology promotes cellular energy production, allowing your skin to rebound beautifully from daily oxidative stress for a radiant, more youthful appearance.
15ml
Item No. 97131809

CELLTREX® ULTRA
The ultimate oxidative stress combatant and moisturiser.
Featuring olive oil and vitamins A and E. This nourishing serum calms and protects the skin from the visible effects of oxidative stress.
15ml
Item No. 97102700

MOISTURE RESTORE DAY SPF 15
COMBINATION TO OILY SKIN
Healthy looking skin without the oil and shine.
This lotion enhances the skin’s natural resistance to the environmental conditions that may negatively impact the skin and helps to control excess oil and shine.
50ml
Item No. 97102727

NIGHT SUPPLY NOURISHING CREAM
Promotes skin flexibility and resiliency while you sleep.
This rich formula contains phosphatidylcholine, which enhances the skin’s renewal process.
50ml
Item No. 97102705

NUTRICENTIALS® COLLECTION
Normal to dry skin
Collection of six products: Creamy Cleansing Lotion, pH Balance Toner, Celltrex® Ultra, Celltrex® CoQ10 Complete, Moisture Restore Day SPF 15 Normal to Dry Skin and Night Supply Nourishing Cream, all presented in an attractive toiletries bag.
Item No. 97136437

NUTRICENTIALS® COLLECTION
Combination to oily skin
Collection of six products: Pure Cleansing Gel, pH Balance Mattefying Toner, Celltrex® Ultra, Celltrex® CoQ10 Complete, Moisture Restore Day SPF 15 Combination to Oily Skin and Night Supply Nourishing Cream, all presented in an attractive toiletries bag.
Item No. 97136438
NU SKIN CLEAR ACTION® SYSTEM
Clearing beyond the breakout.

Collection of four products: Nu Skin Clear Action® Foaming Cleanser, Nu Skin Clear Action® Toner, Nu Skin Clear Action® Day Treatment and Nu Skin Clear Action® Night Treatment.

NU SKIN CLEAR ACTION® FOAMING CLEANSER
Deep cleaning for silky-smooth results.

Formulated to disrupt the breakout causing union of oil, bacteria and debris, this unique foaming cleanser features salicylic acid to clear pores and reduce most breakouts – leaving skin fresh and clean without feeling tight or dry.

100ml
Item No. 97110388

NU SKIN CLEAR ACTION® TONER
Keeps your complexion calm and shine free.

This advanced toner calms angry, red skin and manages oil levels with liquorice extract (soothes irritated skin), zinc PCA (helps control sebum levels) and a special blend of vitamins C and E (replenishes the natural antioxidant supply that is lost when your skin is fighting breakouts).

150ml
Item No. 97110387

NU SKIN CLEAR ACTION® DAY TREATMENT
Multi-action for one result – clear skin!

Protects and revitalises your complexion. Mandelic acid reduces the appearance of visible signs of past breakouts as it quickly fades dark spots on the skin’s surface. Salicylic acid works to penetrate pores and dissolve clogs. Combined in a lightweight gel, these two clinically proven ingredients along with the powerful antioxidant, white tea extract, promote a clear, even complexion, so you can face every day with confidence.

30ml
Item No. 97110389

NU SKIN CLEAR ACTION® NIGHT TREATMENT
Minimise the visible signs of breakouts while you sleep.

Featuring salicylic acid, retinol and patented alpha lipoic acid to diminish the appearance of visible remnant marks associated with past breakouts, this night time formula helps to deliver a smooth, clear, evenly toned complexion.

30ml
Item No. 97110390

NU SKIN CLEAR ACTION®
This comprehensive, clinically proven system will give you smoother, clearer looking skin as it fights past, present and future visible signs of breakouts. Nu Skin Clear Action® products are formulated with ingredients that deliver key benefits substantiated through clinical trials.

www.nuskin.com
FACE ESSENTIALS

Finding the right product for you.

Nu Skin® products are designed to work with various skin types to promote vibrant looking skin, regardless of age. Taking your skin’s specific daily and seasonal needs into account, Face Essentials will help you to select the right Nu Skin® products to achieve and maintain a radiant, youthful looking complexion.

FACE ESSENTIALS
Essential information, now at your fingertips!

Divided into five categories, Face Essentials is the ideal skin care guide that provides you with the information and techniques, which enable you to quickly identify different skin types. Let Face Essentials guide you to the skin you want, day after day.

Item No. 86997624
TARGETED SOLUTIONS

Developed with leading research institutions, Nu Skin® targeted solutions contain cutting-edge formulas to complement your core system and diminish the visible signs of skin ageing, stress and environmental exposure to enhance a healthy looking, youthful appearance.
ageLOC® TRU FACE® ESSENCE ULTRA

Get firm with your skin!

Nu Skin®’s firming specialist now employs ageLOC® science, to focus on the sources of the visible signs of aging. Formulated with Ethocyn® and an antioxidant network, ageLOC® Tru Face® Essence Ultra promotes the key components of a firm skin and helps to protect it from oxidative stress. Featuring these key ingredients, this product will help you contour and firm your skin for a more youthful looking appearance.

60 capsules

Item No. 97102782

ageLOC® Tru Face® Essence Ultra

CLINICAL RESULTS

Per cent of Subjects

<table>
<thead>
<tr>
<th>Overall Skin Firmness</th>
<th>Firmness Around Eyes</th>
</tr>
</thead>
<tbody>
<tr>
<td>80%</td>
<td>80%</td>
</tr>
<tr>
<td>55%</td>
<td>55%</td>
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</tbody>
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*These results represent the highest response to a Tru Face® Essence product that Nu Skin® has ever seen in these time frames!!

THIRD-PARTY CLINICAL STUDY

In a clinical study, over 55% of the subjects reported improvements both in overall firmness and firmness around the eyes in as little as one week. By week 12, an impressive 80% of subjects were showing improvements in these same areas.

TRU FACE®

By adding Nu Skin® Tru Face® products to your core regimen, you can enhance the benefits of daily maintenance, targeting the visible effects of aging to keep your skin looking smooth, supple and even-toned.

The missing link in your daily ageLOC® facial regimen

- Firming & Contouring
- Lines & Wrinkles
- Texture
- Discolouration
- Skin Structure
- Radiance
- Hydration
- Pore Size
- Collagen Production
TRU FACE®
INSTANT LINE CORRECTOR
Instant correction of the appearance of fine lines and wrinkles.
This powerful cream fills and relaxes facial lines, immediately reducing the appearance of lines and wrinkles for up to 12 hours, reducing the effects of years of habitual facial movements.
15ml
Item No. 9710257

TRU FACE® IDEALEYES
Let your eyes show a younger you.
Scientifically formulated to offer both short and long-term benefits, this eye refining cream transforms your sensitive under eye area from dark, puffy and aged to radiant, firm and youthful.
15ml
Item No. 97101241

TRU FACE® REVEALING GEL
Fight the visible signs of ageing.
Featuring polyhydroxy acids – as effective as traditional alpha hydroxy acids – this advanced gel helps to stimulate cell turnover to improve your skin tone and texture, enhance skin brightness and refine pore size. Great for sensitive skin.
30ml
Item No. 97101213

TRU FACE® LINE CORRECTOR
Smoothes the appearance of lines with the power of peptides.
This advanced formula features a revolutionary procollagen peptides that helps to minimise the appearance of moderate to deep lines around your mouth, eyes and forehead.
30ml
Item No. 97101204

TRU FACE® INSTANT LINE CORRECTOR
Instant correction of the appearance of fine lines and wrinkles.

TRU FACE® PRIMING SOLUTION
Prime your skin for more youthful results.
Featuring a blend of amino acids, this primer optimises the benefits of Tru Face® products and supplies skin-essential protein building blocks.
125ml
Item No. 97101232

THIRD-PARTY CLINICAL STUDY
In a 8 weeks third-party study with 40 subjects, dermatological grading showed that using the Nu Skin Galvanic Spa System® II instrument with Tru Face® Line Corrector improved the appearance of the following key areas:
- Fine Lines: 20%
- Crow’s Feet: 21%
- Tautness: 17%

Eight weeks third-party study with 40 subjects using the Tru Face® Line Corrector with the Nu Skin Galvanic Spa System® II instrument. 2008.
ENVIRONMENTAL DEFENCE

Antioxidant-rich nourishing serums and advanced sunscreen ingredients protect and replenish with benefits for vibrant, healthy looking skin.

SUNRIGHT® LIP BALM 15

Protect and moisturise.

Protect your lips and help them look and feel smooth. The Sunright® formula guards your lips against chapping, protects them from sun damage and helps prevent undesirable effects of excessive sun exposure.

4.2g

Item No. 97110369

SUNRIGHT® 35 AND SUNRIGHT® 50

High UVA/UVB protection.

Excessive sun exposure can have damaging consequences, including premature appearance of the visible signs of ageing on the skin. These water-resistant, non-greasy formulas are especially designed to promote youthful looking skin by providing protection from the sun’s harmful rays.

100ml

Item No. 97001344 SUNRIGHT® 35

97001345 SUNRIGHT® 50

CELLTREX® ULTRA

The ultimate oxidative stress combatant and moisturiser.

Featuring olive oil and vitamins A and E. This nourishing serum calms and protect the skin from the visible effects of oxidative stress.

15ml

Item No. 97102700

CELLTREX® CoQ10 COMPLETE

A powerful network of antioxidant benefits.

Featuring CoQ10 and a complete antioxidant network, this technology promotes cellular energy production, allowing your skin to rebound beautifully from daily oxidative stress for a radiant, more youthful appearance.

15ml

Item No. 97131809

CELLTREX® ULTRA

The ultimate oxidative stress combatant and moisturiser.

Featuring olive oil and vitamins A and E. This nourishing serum calms and protect the skin from the visible effects of oxidative stress.

15ml

Item No. 97102700

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100ml

Item No. 97001344 SUNRIGHT® 35

97001345 SUNRIGHT® 50
PEELS, MASKS AND SCRUBS

Nu Skin® peels, masks and scrubs rejuvenate dull, tired skin by drawing out impurities, removing dulling cell build-up and promoting cell renewal. These invigorating formulas will make you look and feel fantastic.

FACE LIFT POWDER AND ACTIVATOR
Look your best instantly.
Face Lift Powder and Activator goes to work immediately, temporarily lifting, firming and toning your skin while reducing the appearance of lines and wrinkles.

POLISHING PEEL
Microdermabrasion at home.
Clinically proven to provide results similar to a professional microdermabrasion session, this advanced formula features pumpkin enzyme to dissolve dead cell build-up and bentonite clay to remove toxins for a polished, smooth appearance.

CREAM HYDRATING MASQUE
An oasis for dry skin.
Featuring saccharide isomerate – a hydration magnet – and cactus and pine cone extracts, this rich formula soothes dry or sensitive skin by helping to bind moisture to the skin.

EXFOLIANT SCRUB
A kinder, gentler touch for smooth results.
With natural marine diatoms (fossilized algae), this gentle scrub smoothes the skin’s surface by releasing dead cell build-up and pore-blocking impurities.

NU SKIN® HEAD BAND
Keep your hair away from your face while you carry out your skin care regime.

FAN LIFT BRUSH
Make a face lift fast and easy.
Created specifically for easy mixing and even application of Face Lift Powder and Activator.

FACE LIFT POWDER AND ACTIVATOR
Look your best instantly.
Face Lift Powder and Activator goes to work immediately, temporarily lifting, firming and toning your skin while reducing the appearance of lines and wrinkles.

Face Lift Powder and Activator must be used together but can be purchased separately.

POLISHING PEEL
50ml
Item No. 97102215

CREAM HYDRATING MASQUE
100ml
Item No. 97102271

EXFOLIANT SCRUB
100ml
Item No. 97102707

FACE LIFT POWDER AND ACTIVATOR
Powder only 75g
Activator only 125ml
Item No. 97136991 (Powder and Activator)
Item No. 97110266 (Powder only)
Item No. 97110267 (Activator only)
HYDRATE AND REPLENISH

It is important to maintain the moisture balance in your skin. Nu Skin® offers a broad range of facial moisturisers from light to rich. These facial moisturisers can be added to your core daily skin regimen to help you achieve the right hydration for a healthier appearance.
We all need a moisturiser that is adapted to the special needs of our skin. There are lots of different factors that influence the level of moisturisation it needs; like fluctuating temperature, pollution, etc.

Nu Skin® offers you a broad range of facial moisturisers. These products can replace your day- or night-time moisturiser to help you achieve the right level of hydration adapted to your own skin type, for a healthier skin appearance.

**LIGHT MOISTURISATION**

**NaPCA MOISTURE MIST**
Dewy-fresh skin is just a spray away.
Packed with natural moisturising ingredients like NaPCA, hyaluronic acid and urea, this oil-free formula helps your skin to maintain a constant moisture level. The cool, refreshing mist is also ideal for the body.

250ml
Item No. 97101226

**ENHANCER**
A natural balancing act to soothe and hydrate.
With conditioning panthenol and soothing aloe vera, Enhancer soothes the skin and limits moisture loss. Use liberally to keep skin comfortable and support its natural moisture balance.

100ml
Item No. 97110308

**RICH MOISTURISATION**

**REJUVENATING CREAM**
A moisture boost for drier skin types.
Formulated to address the special needs of dry skin, this cream improves your skin’s moisture-binding capabilities with the hydrating power of hyaluronic acid. Daily use not only improves moisture, but also helps to keep dryness from returning.

75ml
Item No. 97110258

**MOISTURE RESTORE INTENSE MOISTURIZER**
Maximum moisture for distressed skin.
Richer than Rejuvenating Cream, Moisture Restore addresses the needs of extremely dry skin. Featuring pistachio oil, aloe vera and oxidative stress fighting vitamin E, this rich moisturiser strengthens the skin’s natural lipid barrier to give suppleness and plasticity to dry or flaky skin.

75ml
Item No. 97111259

**MEDIUM MOISTURISATION**

**NaPCA MOISTURIZER**
Helps skin hold on to precious moisture.
With vitamin E and the natural humectant NaPCA, this cream penetrates quickly to supplement the skin’s own moisture-binding capacity. The dewy-light after-feel makes this moisturiser ideal for all skin types.

75ml
Item No. 97110257

**INTENSIVE EYE COMPLEX**
Intense moisture meets delicate skin – beautifully!
Formulated with brown seaweed to fortify the skin’s natural ability to absorb and retain moisture, this cream keeps the delicate skin around the eyes properly hydrated while helping to soften the appearance of fine lines and wrinkles.

15ml
Item No. 97101233
TOTAL CARE

From refreshing body cleansers to nourishing moisturisers, our body care, hair care, men’s care and oral care products deliver superior benefits from head to toe.
BODY CARE

Nu Skin® body care products contain ingredients designed to nourish, condition and soothe. With these advanced formulations, every inch of you will feel divine – day and night.

BODY SMOOTHER
Seal in moisture, lock in softness.
Immediately after showering or bathing, smooth this quick-absorbing lotion on your slightly damp skin to lock in moisture, limit tightness and nourish skin with aloe vera, algae extract and vitamins A and E.
250ml
Item No. 97101239

BODY BAR
A bestseller that leaves the skin fresh and clean.
Great for the entire family, this soap-free body bar gently washes away dirt and impurities, leaving the skin fresh and clean. With a light grapefruit scent and soothing aloe vera, this body bar is a bathroom staple.
100g bar
Item No. 97110353
5-pack
Item No. 97110354

LIQUID BODY BAR
Give your skin a healthy, polished look and feel.
All-over body exfoliant featuring finely ground walnut shells to buff out rough spots on the skin of your elbows, back of arms, knees, heels and all over. This exfoliating formula revitalises and smooths skin, giving it a luminous glow.
250ml
Item No. 97102717

LIQUID BODY LUFRA
Give your skin a healthy, polished look and feel.
All-over body exfoliant featuring finely ground walnut shells to buff out rough spots on the skin of your elbows, back of arms, knees, heels and all over. This exfoliating formula revitalises and smooths skin, giving it a luminous glow.
250ml
Item No. 97102717

HAND LOTION
The ideal solution for dry hands.
When your hands need quick relief from dryness without a greasy or sticky feeling, reach for Hand Lotion. Skin drinks in this light lotion, so your hands are left soft and hydrated.
125ml
Item No. 97110329

BODY CLEANSING GEL
Deep cleanser for daily body care.
Enriched with aloe vera to help keep skin soft and comfortable, this soap-free gel cleanses and conditions skin.
250ml
Item No. 97101223
500ml
Item No. 97101224

PERENNIAL®
Survival strategy for healthy looking skin.
The first all-over moisturiser to contain IBR-Dormin® – protects skin, provides resiliency and increases cellular durability – this fragrance-free formula helps skin remain soft and healthy looking all year round.
250ml
Item No. 97100875

LIQUID BODY LUFRA
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All-over body exfoliant featuring finely ground walnut shells to buff out rough spots on the skin of your elbows, back of arms, knees, heels and all over. This exfoliating formula revitalises and smooths skin, giving it a luminous glow.
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125ml
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NU SKIN® TRAVEL SET
Bring your favourite Nu Skin® products with you.
Whether you are travelling for business or pleasure, this handy set makes it easy to take your favourite Nu Skin® products with you. With four 75ml bottles and a spray nozzle made from high quality material, this convenient space-saving travel solution fits perfectly into your bag.
5 pieces
Item No. 86998186
MOISTURIZING SHAMPOO
An oasis for overworked tresses.
If overheating, over-treating and over-colouring have left your hair looking dull and feeling weak, quench your hair’s deep thirst with Nu Skin® Moisturizing Shampoo. Featuring cotton bloom extract, natural sterols and shea butter, this nourishing cleanser gives strength to the cortex for visibly more radiant and replenished hair.
250ml
Item No. 97101350

BALANCING SHAMPOO
Just the right balance of cleansing and moisturising.
Some shampoos strip away natural moisture, leaving hair dry, exposed and dull. Nu Skin® Balancing Shampoo gently removes impurities, returning the look of youthful strength and health to your hair.
250ml
Item No. 97101351

CLARIFYING SHAMPOO
Reveal clean, shiny, manageable hair.
Formulated with shea butter seedcake extract, Nu Skin® Clarifying Shampoo attaches to build-up – including nicotine, chlorine and environmental pollutants – and washes away the visible signs of ageing. Your hair will feel clean, shiny and manageable after one wash and it will look stronger and healthier.
250ml
Item No. 97101352

HAIR CARE
Transform the condition of your lifeless locks in just seven days with Nu Skin® Hair Care. With regular use, these scientifically advanced products correct and protect your hair from mechanical, environmental and biological aggressors – giving you visibly younger, healthier looking hair.
NU SKIN® HAIR CARE CONSUMER USE STUDY*
Formulated with scientifically proven technologies and tested and proven to get visible results, Nu Skin® Hair Care improves the condition of your hair by smoothing the cuticle for increased strength, shine and manageability.

*Based on results from a consumer use study in which 42 participants volunteered to use a complete set of the Nu Skin® Hair Care products for seven days. Caucasian and Asian participants between the ages of 18-64 and with medium to long hair were selected and randomly assigned to use a pair of shampoo and conditioner every day and the weekly conditioning regimen once within the week.

RENU HAIR MASK
Lock in lustre all week long.
Nu Skin® ReNu Hair Mask provides critical hydration by penetrating the hair shaft and strengthening damaged hair. Featuring C57, an innovative cuticle smoothing agent that acts as cuticle glue to seal and strengthen each cuticle, this mask prevents split ends and breakage, making hair smooth, shiny and manageable.

100g
Item No. 97101356

RICH CONDITIONER
Indulge in a youthful shine.
Developed with a low pH to seal the hair cuticle for increased moisture retention, Nu Skin® Rich Conditioner contains shea butter to drench the hair with lipids that mimic natural oils. And meadowfoam repairs damage and protects from breaking and weakening, so your hair behaves, feels and looks like younger, shinier hair.

250ml
Item No. 97101354

WEIGHTLESS CONDITIONER
All the conditioning without the weight.
Featuring meadowfoam complex to repair damage and amino acids to maximise manageability, Nu Skin® Weightless Conditioner gives you luscious conditioning without dragging your hair down. This unique formula improves the condition of the hair shaft, promoting younger looking hair that feels full and looks radiant.

250ml
Item No. 97101353
MEN

Get more from your morning routine. Nu Skin® for Men Dividends® delivers extra skin care benefits without adding extra hassle.

DIVIDENDS® SHAVE CREAM
Cleanses, exfoliates and conditions as you shave.
The concentrated lather of this unique, rich shaving cream gently removes dirt and oil and optimises razor glide for a clean, smooth shave that makes your skin look and feel great.
200g
Item No. 97101456

DIVIDENDS® AFTERSHAVE BALM
Extends the results of your morning shave.
This lightweight balm makes facial hair appear softer, finer and less noticeable, so the results of your morning shave last longer. Also decreases razor bumps and cools while soothing the skin.
50ml
Item No. 97101457

NU SKIN® TOILETRY BAG
Travel with style.
Organise your toiletries in this convenient toiletry bag. It features two spacious compartments with secure zippered closures. The durable nylon exterior protects from the routine wear and tear that comes with travelling.
Item No. 86995819
AP-24® ORAL CARE COLLECTION
Your plan of action for a refreshed mouth.
This collection includes 2 Anti-Plaque Fluoride Toothpastes, 2 Whitening Fluoride Toothpastes, 2 packs of 3 Anti-Plaque Toothbrushes and 1 Anti-Plaque Breath Spray, presented in an easy to carry clear toiletries bag.

Item No. 97136144

ORAL CARE
Featuring a patented plaque fighter and proprietary formulas, AP-24® products provide advanced oral health care – giving your mouth a fresh feeling while providing anti-plaque protection 24 hours a day.

AP-24® ANTI-PLAQUE BREATHE SPRAY
On-the-go convenience that freshens.
Just a few sprays create a clean, just-brushed sensation anytime you need it, offering protection from plaque at the same time.

30ml
Item No. 97111154

AP-24® WHITENING FLUORIDE TOOTHPASTE
Whiter, cleaner teeth in one dazzling formula.
This advanced toothpaste lightens teeth without peroxide while helping to decrease cavities and plaque formation.

110g
Item No. 97111155

AP-24® ANTI-PLAQUE FLUORIDE TOOTHPASTE
A plaque fighter with refreshing zing.
This cavity fighting formula helps fight plaque and refreshes breath with vanilla mint flavouring.

170g
Item No. 97111151

AP-24® ANTI-PLAQUE TOOTHBRUSH
Toothbrush for the whole family.
This specially designed toothbrush was engineered to effectively remove plaque while gently cleansing your gums.

3-pack
Item No. 97111156
Nu Skin® partnered with award-winning ethnobotanists to create the Epoch® product line. Designed in balance with nature, Epoch® features efficacious plant wisdom from indigenous cultures. Experience Epoch® and discover a pure, new way of caring for your body and the world around you.∗

∗Nu Skin® donates US$0.25 from each Epoch® product sale to the Nu Skin Force for Good Foundation∗ – giving back to the communities that share their wisdom with us.
EPOCH® ICEDANCER
Refresh and tonify the skin of your legs.

When you have been on your feet all day, soothe the skin on your legs with this alcohol-free gel, formulated with natural wild mint (*Mentha arvensis*), used by Native American tribes for its soothing properties. With a combination of horse chestnut, eucalyptus and peppermint oil, this clear cooling formula can be applied right over stockings to quickly tonify your legs.

100ml
Item No. 97102803

EPOCH® SOLE SOLUTION®
Enhances healthy looking heels, toes and soles.

For those who need more than a moisturiser, Sole Solution® helps to give you smooth, healthy looking feet. Featuring crushed allspice berry (*Pimenta dioica*) – traditionally used by people of Central America to soothe feet of persistent dryness on the heels.

125ml
Item No. 97101220

EPOCH® FIREWALKER®
Soothes feet.

Formulated with Hawaiian ti plant extract (*Cordyline terminalis*) – traditionally used by Polynesian firewalkers to absorb heat and to cool and soothe the skin, this ethnobotanical cream calms the skin of the feet. Babassu oil (*Orbignya phalerata*) provides the perfect amount of moisturisation.

100ml
Item No. 97110826

MALAWI SEEDS OF HOPE PROJECT
What goes around comes around, because US$0.25 from every Epoch® Baobab Body Butter sale will be donated to the Nu Skin Force for Good Foundation® for the Malawi Seeds of Hope project. Life would be insupportable in some parts of Africa without the baobab tree. One baobab tree can store as much as 120,000 litres of water in its swollen trunk. During the dry season, these living reservoirs provide water and nourishment to the communities that surround them – keeping these communities alive.

The Malawi Seeds of Hope reforestation initiative focuses on planting and conserving trees, including the baobab, in local villages, providing and protecting precious resources for the people of Malawi.

For more information, please visit www.forceforgood.org.

FACE AND BODY
Incorporating some of nature’s most distinct ingredients, Epoch® face and body formulas contain skin beneficial botanicals that soothe and condition.

EPOCH® BAOBAB BODY BUTTER
Quench your skin’s thirst.

This deliciously rich cream quenches your skin’s thirst with shea butter macadamia nut oil and the fruit of the African baobab tree. These time-tested ethnobotanicals promote smooth, supple skin that stays touchably soft all day, helping to enhance skin resiliency.

125g
Item No. 97102781

EPOCH® ICEDANCER
Refresh and tonify the skin of your legs.

When you have been on your feet all day, soothe the skin on your legs with this alcohol-free gel, formulated with natural wild mint (*Mentha arvensis*), used by Native American tribes for its soothing properties. With a combination of horse chestnut, eucalyptus and peppermint oil, this clear cooling formula can be applied right over stockings to quickly tonify your legs.

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100ml
Item No. 97110826
**EPOCH® EVERGLIDE**
Soothe your skin while you shave.
You will enjoy a smooth, close, comfortable shave with Everglide. Features mullein, a botanical used by Southwest Native Americans for its sooth ing properties.
125g
Item No. 97110805

**EPOCH® HAND PURIFIER**
Cleans hands on the go.
Containing lavender, used in Europe for its cleansing effects, Hand Purifier cleanses and helps fight germs and bacteria.
100ml
*Includes a 15ml refillable unit.
Item No. 97110835

**EPOCH® GLACIAL MARINE MUD**
Draw out the bad, reveal the good.
Extract impurities, remove dead skin cells and nurture skin with a substantial matrix of beneficial components and trace elements. Legend has it that indigenous people may have tried to make pottery from this special mud. They were unsuccessful because of its fine particle size, but noticed their hands were softer and smoother.
200g
Item No. 97110809

**EPOCH® DEODORANT**
Delivers a natural approach to freshness.
Featuring *Citrus aurantium amara*, this underarm formula glides on easily and soothes skin.
50g
Item No. 97110802

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**EPOCH® FORCE FOR GOOD COLLECTION**
Care for your skin and the world around you.
Item No. 97137347

**SCHOOL OF AGRICULTURE FOR FAMILY INDEPENDENCE (SAFI)**
SAFI is focused on helping the people of Malawi learn better agricultural techniques, such as farming, drip irrigation, forest conservation and much, much more. The Mtalimana Village, which welcomed the first group of Malawian farmers and their families in September 2007, is the most ambitious, far-reaching project Nu Skin® has ever undertaken to help the people in Malawi – not just for a season or a year, but for generations to come. By purchasing the Epoch® Force for Good Collection, in addition to the US$0.25 donated to the Nu Skin Force for Good Foundation® from each Epoch® product sold, Nu Skin® will donate €4 to the SAFI project.
For more information, please visit www.forceforgood.org.

**EPOCH® BLEMISH TREATMENT**
Improve the appearance of breakouts.
Blemish Treatment combines proven pore-clearing ingredients with Job’s tears, used historically in Asia to reduce the appearance of redness.
15ml
Item No. 97110845

**EPOCH® POLISHING BAR**
Polishes your skin while you cleanse.
Containing Glacial Marine Mud® and *Tsuga heterophylla* (ground bark) – used by Native Americans of the Pacific Northwest to exfoliate skin – this soap-free cleanser helps to remove impurities and excess oil.
100g
Item No. 97110803
EPOCH® AVA PUHI MONI ANTI-DANDRUFF SHAMPOO
Fights dandruff on a daily basis.
This botanical shampoo is formulated with clematis leaves – used traditionally by Native Americans to treat dry, flaking skin. This daily shampoo contains Ava puhi moni to keep hair soft and silky and has a fresh, clean scent.
250ml
Item No. 97102810

EPOCH® AVA PUHI MONI CONDITIONER
Hair made in paradise.
This ethnobotanical conditioner is formulated to keep hair looking shiny, healthy and beautiful. Perfect for use with Ava puhi moni Anti-Dandruff Shampoo.
250ml
Item No. 97102812

EPOCH® AVA PUHI MONI SHAMPOO AND LIGHT CONDITIONER
Cleanses and hydrates hair.
Two products in one, this rich ethnobotanical shampoo and light conditioner gently cleanses and hydrates, leaving your hair clean, vibrant and lustrous.
250ml
Item No. 97102811

HAIR
Ava puhi moni shampoo and conditioner.
For generations, Polynesians have squeezed nectar from the Ava puhi bulb directly onto their hair to cleanse and condition it. With Epoch®, now you can experience the conditioning, smoothing and shine enhancing benefits of Ava puhi moni.

EPOCH® BABY HIBISCUS HAIR AND BODY WASH
No tears – just bath-time smiles.
This tearless wash contains hibiscus flower extract, used by traditional cultures in Southeast Asia and Central America to help moisturise and maintain a healthy looking scalp while cleansing the skin and hair. Dispenses conveniently from a one-hand, easy to use foamer.
150ml
Item No. 97102897
Amid the rigors of a modern lifestyle, Nu Skin® delivers Epoch® Essential Oils, ethnobotanical solutions that enhance human interactions and create sensory experiences with the natural world. Single oils and blends provide a variety of expressive aromas and solutions that uplift any routine or occasion.
Connect with your senses.

Epoch® Essential Oils are not only about a fragrance, they also add quality to your life. Use what fits your needs best, a single essential oil or a blend.

**SINGLE OILS**

**EPOCH® PEPPERMINT**
*Mentha piperita*
Dive into the refreshing, sharp aroma of Epoch® Peppermint Essential Oil, it will provide you with an exhilarating sensation while creating a positive and refreshing feeling.

15 ml  
Item No. 97001521

**EPOCH® LAVENDER**
*Lavandula angustifolia*
The natural, floral aroma of this oil provides a sense of tranquillity. Connect with yourself and enjoy this relaxing moment, even on the busiest day with our Epoch® Lavender.

15 ml  
Item No. 97001522

**EPOCH® LEMON**
*Citrus limon*
Epoch® Lemon gives you a feeling of crisp freshness that will surprise and delight your senses. This oil can also be used to remove unwanted odours, for a real garden-fresh feeling.

15 ml  
Item No. 97001523

**EPOCH® PEACE**
*Lavandula angustifolia*
This Epoch® Peace essential oil will give you that feeling of peace, all what you need to regain your balance. Carry this essential oil blend with you wherever your busy life takes you.

15 ml  
Item No. 97001527

**OIL BLENDS**

**EPOCH® HARMONY**
*Cinnamon Clove Blend*
Epoch® Harmony is a potent blend of cinnamon and clove. Thanks to its powerful aromas this blend is a nice combination of scents to enjoy, for a warm, cosy feeling.

15 ml  
Item No. 97001524

**EPOCH® CHILL**
*Eucalyptus Pine Blend*
The potent aroma of Epoch® Chill comes from eucalyptol, a naturally forming plant chemical. Eucalyptol has a fresh camphor-like smell, for a feeling of easy breathing and a cooling sensation.

15 ml  
Item No. 97001526

**EPOCH® SUNSHINE**
*Citrus Mint Blend*
Enjoy the zest of Epoch® Sunshine, a balanced blend of citrus and mint essential oils. This exotic combination will make you feel refreshed, a perfect everyday start-up.

15 ml  
Item No. 97001525

**EPOCH® PEACE**
*Lavender Bergamot Blend*
This Epoch® Peace Essential Oil will give you that feeling of peace, all what you need to regain your balance. Carry this essential oil blend with you wherever your busy life takes you.

15 ml  
Item No. 97001527

**ENJOY EPOCH® ESSENTIAL OILS BY DIFFUSING THEM IN THE AIR USING THE EPOCH® DIFFUSERS.**

**EPOCH® DIFFUSER**
The ultrasonic Epoch® Diffuser vibrates to instantly vaporise water and essential oil into an ultra-fine mist. With its customisable look and small size, it perfectly and easily fits into the different rooms of your home.

Dimensions: Ø 13.6 x H 14 cm  
Item No. 86994440

**EPOCH® AROMATIC STONE**
Enjoy your favourite Epoch® Essential Oils wherever you go and whenever you want in a natural way. The compact box where the aromatic stone is placed makes it easy and discreet to use.

Dimensions: Ø 5 x H 2 cm  
Item No. 86998688

Produced using the 6S Quality Process
NU COLOUR®

Blended with the best of skin care science, this colour line enhances and illuminates your natural beauty – bringing the best of Nu Skin® to colour. An extension to good skin care, Nu Colour® cosmetics protect, correct and improve the natural look of your skin.
COMPLEXION-ENHANCING

By marrying the latest technology with ingredients that are weightless and pure, Nu Skin® has produced a collection of products that will define and highlight your natural beauty.

COMPLEXION

ADVANCED TINTED MOISTURIZER SPF 15

So sheer, so natural, so beautiful.

A moisturiser that gives you a radiant and lightweight coverage to reflect your natural skin tone. In addition, it is packed with anti-ageing ingredients, an SPF factor and colour correcting (CC) effects. With these anti-ageing ingredients, you are armed to help reduce the appearance of fine lines and wrinkles, the SPF will help to protect your skin from the undesirable effects of excessive sun exposure.

40ml

Please see chart for item number.

ADVANCED LIQUID FINISH SPF 15

Soft, radiant colour.

A medium-coverage formula for a matte, flawless finish, reducing redness and dullness. Featuring SPF 15, which helps to protect your skin from the undesirable effects of excessive sun exposure and anti-ageing ingredients that help lessen the appearance of fine lines and wrinkles for a luminous look.

30ml

Please see chart for item number.

CONCEALER

What flaws?

Superior polymer technology creates a solid cream concealer that weightlessly offers long-lasting, buildable coverage. Supplements skin with beneficial vitamins and botanicals.

2.65g

Please see chart for item number.

CUSTOM COLOUR MOISTURSHADE WET/DRY Pressed Powder

Two finishes in one for flawless coverage.

This versatile, long-wearing powder acts as a silky finishing powder by day and a beautiful matte foundation by evening. Apply dry to set makeup and reduce shine or sponge on damp for maximum coverage and a flawless finish.

11.3g

Please see chart for item number.

FINISHING POWDER

Lock in your look.

This ultra-sheer loose powder helps to set foundation and blush to create a flawless, natural finish – and it won’t crease or cake.

30g

Item No. 97161201

CUSTOM COLOUR MOISTURSHADE WET/DRY Pressed Powder Compact*

Refresh your look throughout the day.

Insert your preferred shade of Custom Colour MoisturShade Wet/Dry Pressed Powder into this convenient compact and you have everything you need to maintain your flawless look all day long. Features a mirror and wet/dry applicator sponge.

1 piece

Item No. 97101211

*Colour refill sold separately.
**LIPS**

**REPLENISHING LIPSTICK**
Irresistible, younger looking lips. This velvety smooth lipstick enhances the appearance of your lips with rich, non-feathering colour and the added protection of olea europaea fruit oil. This patented ingredient provides powerful antioxidant, tissue-nurturing benefits for smooth, youthful looking lips.

4g

Please see chart for item number.

**CUSTOM COLOUR DESIRED EFFECTS EYE SHADOW**

**CUSTOM COLOUR DESIRED EFFECTS EYE SHADOW**
The gorgeous eyes you were meant to have. Featuring jojoba and micro-powders for a smooth, easy to blend texture, this fade and crease resistant formula is available in a range of customisable, velvety-soft shades.

7g

Please see chart for item number.

1 Compact sold separately.

**DEFINING EFFECTS SMOOTH EYE LINER**
Eye definition has never been so velvety smooth. This gentle, creamy formula glides right on, smooth and easy, giving you complete control to achieve any makeup effect: fine, precise lines; softly blended lines; or a smoky, smudged, evening look.

1.13g

Please see chart for item number.

1 Compact sold separately.

**CUSTOM COLOUR DESIRED EFFECTS EYE SHADOW COMPACT**
Customise your eyes. Create your own look by pairing your favourite Custom Colour Desired Effects Eye Shadow shades in this convenient compact.

1 piece

Item No. 97102756

* Colour refills sold separately.

**LIPOS**

**COOL**

<table>
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**NEUTRAL**

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<td>97160305</td>
</tr>
<tr>
<td>Sandy Gold*</td>
<td>97160315</td>
</tr>
</tbody>
</table>

* While supplies last.

**CONTOURING LIPGLOSS**
Gloss your way to fuller, more youthful looking lips.

This ultra shiny, long-wearing gloss features an oligopeptide to define and contour the lips, focusing on the “cupid’s bow.” To achieve full, shapely, youthful looking lips, wear alone or over your favourite shade of Nu Colour® Replenishing Lipstick.

14.16g

Please see chart for item number.

* While supplies last.
COSMETIC BRUSH SET
A makeup artist’s secret.
This six-piece high-quality brush set is designed to give you perfect application for any look you choose. Its pearlescent white handle is styled with beautiful brushed gold accents.
6 pieces
item No. 97136722

BRONZING PEARLS
Bronze it up with a simple sweep.
Featuring silky, pearlised powder spheres in a blend of five different shades, these are the perfect touch for any complexion. Brush on to add a hint of sun-kissed radiance for a healthy looking, vibrant glow.
30g
item No. 971601501

BRONZING BRUSH
Use with Nu Colour® Bronzing Pearls for a glowing complexion.
1 piece
item No. 97123467

CHEEKS

NU COLOUR® COSMETIC BAG
Give your beauty essentials a stylish new home.
Made of micro-fibre and includes brown leather accents, this stylish case conceals a well-structured cosmetic bag.
1 piece
item No. 86997544

NU SKIN® MIRROR
See the skin difference.
This slim line, compact mirror is encased in a resilient plastic case to bring it anywhere you go.
1 piece
item No. 97102774
FROM THE INSIDE OUT

In addition to helping you look your best, we are committed to optimising the way you feel. Pharmanex® offers a complete approach, with food supplements formulated to nourish and protect your body. With dedicated scientists and affiliations with scientific institutions around the world, our research and development engine produces innovative products.
Pharmanex® has created comprehensive supplements that provide the body with good levels of interesting vitamins and minerals. It is important to have a varied and balanced diet, and a healthy lifestyle.
Staying healthy throughout one’s life begins with eating right. There is a growing number of scientific evidence demonstrating the health benefits of specific nutrients. A healthy diet needs to have a balance of macronutrients (fats, proteins and carbohydrates) and micronutrients (vitamins and minerals) to meet the needs for human nutrition.

LifePak®+ will bring you a significant amount of the required vitamins and minerals that will target nine important functions of your body.

60 sachets containing 4 tablets
Item No. 85343742 Fr - SE - NO
85433743 CZ - HU - NL
85883742 AT - BE - CH - DE - FR - IT - LU
85893742 DK - ES - IE - IS - PL
85833742 PT - RO - SK

LIFEPAK®+
Your foundation for a lifetime of health.
Pharmanex® has created a comprehensive micronutrient supplement that provides the body with beneficial levels of important vitamins and minerals, as well as a complete arsenal of botanicals. LifePak®+ provides key nutritional benefits that are substantiated by science.

9 FUNCTIONS IN ONE FORMULA

1. COGNITIVE FUNCTION
   - Iodine, Zinc, ...

2. SKIN HEALTH
   - Niacin, Biotin, ...

3. ANTIOXIDANT NETWORK DEFENSE
   - Selenium, Manganese, Vitamin C, ...

4. BONE HEALTH
   - Calcium, Vitamin D, ...

5. VISION
   - Vitamin A, Vitamin B2 & Zinc

6. CARDIOVASCULAR HEALTH
   - Vitamin K, Calcium, ...

7. IMMUNE SYSTEM SUPPORT
   - Vitamin C, Zinc, Copper, ...

8. METABOLISM
   - Vitamin B1, Iodine, Copper, ...

9. THYROID FUNCTION
   - Iodine & Selenium

Don’t let your guard down
Your body is constantly exposed to sunlight, pollution and stress that can weaken your skin’s protective barrier. With its advanced formula, LifePak®+ provides vitamin C, which contributes to the protection of cells from oxidative stress.

ESSENTIAL NUTRITIONALS
ADR PACKAGE, WHICH CONTAINS LIFEPAK®+, MARINE OMEGA AND JVI®
For more information on how to benefit from this special promotion, ask your Distributor.
SUPPORT FOR A STRONG FOUNDATION

To sustain optimal health, a balanced diet containing vitamins, minerals and other nutrients is recommended, together with a healthy lifestyle. With the demands of a busy routine, the additional intake of selected nutrients can complement your normal diet on a daily basis. LifePak®, JVi® and Marine Omega are specifically designed to help provide you with the nutritional foundation to strive in today’s world.

MARINE OMEGA

Marine Omega is a food supplement rich in omega-3 fatty acids, containing eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA), which provides 1,300 mg/day of omega-3 fatty acids with krill and fish oil. EPA and DHA contribute to the normal function of the heart. In addition, DHA contributes to maintenance of normal brain function and normal vision.

120 softgels
Item No. 85883536 AT - BE - DE - FR - IT - LU - NL - PT
85893536 DK - ES - GB - IE - IS - NO - SE
85433536 CZ - HU - PL - RO - SK

JVi®

Joie de Vivre - Get a taste for life

JVi® is a beverage based on fruit and vegetable concentrates, juices and puree, carefully selected to indulge your taste buds. Because when Europe’s finest fruits and vegetables unite with the imperial fruits: wolfberry, sea buckthorn and acerola, it is you who eventually reaps the rewards. The latter are known for their high content of vitamins and minerals, especially vitamin C, and have traditionally been consumed in South American and Asian cultures, as part of a healthy diet.

This orange coloured beverage contains carotenoids and is rich in vitamin C, which contributes to:
• The protection of cells from oxidative stress
• The normal function of the immune system
• Normal collagen formation for the normal function of skin

Partner up with JVi® to reinforce your body’s protection and for a radiant look from inside out.

2x 750 ml bottles
Item No. 85433762 HU - RO - SK - CZ - PL
85893762 GB - IE - DK - NO - SE - IS - FI
85883762 BE - NL - LU - DE - CH - AT - FR - IT - ES - PT

The Pharmanex® BioPhotonic Scanner, developed by scientists at a top American research university, is a unique tool that measures carotenoid levels non-invasively in skin tissues using the long-accepted science of Raman spectroscopy.

By simply placing the palm of your hand in front of the Scanner’s safe, low-energy blue light, you will obtain a reading representing the carotenoid levels in your skin - your Skin Carotenoid Score (SCS) - within seconds.

The BioPhotonic Scanner technology is patented and is a fast and convenient way to determine whether your products, such as LifePak®+ and JVi®, are increasing your Skin Carotenoid Score.

It is the next generation of business innovation being smaller, faster and portable. The S3 was named a 2014 bronze winner from the International Design Excellence Awards (IDEA) and was selected as a winner in the 2015 BIG Innovation Awards. According to BIG, the Scanner empowers users to track improvements to their skin as they make changes to their diet and lifestyle.

Available since April 2014 to all qualified Distributors.
These days, there is a high pressure to look young and to have that perfect body shape. When it comes to developing new and healthy eating habits to get the body shape we are craving for, we lack willpower, time or maybe traditional diets simply do not work for you.

Introducing TR90®, a breakthrough weight management and body shaping system, to help your mind and body unify for a ‘new’ looking you.
The TR90® Programme consists of three important elements: food supplements, an eating plan with meal replacement bars and an exercise plan to help you on the way. The food supplements will keep your motivation level up.

TR90® PROGRAMME GUIDE:
Doing exercises adjusted to your personal lifestyle, adapting your eating habits and setting your goals are a really important topic in this programme.

Eating proteins is a key component of the TR90® Programme. Proteins are important nutrients to contribute to the maintenance of muscle mass. After that it is time to start thinking about your exercise pattern. Are you used to doing sports or not? Don’t worry, this guide will help you get through this amazing transformational journey.

TR90® M-BAR
Your on-the-go meal
Delicious meal replacement bars available in two flavours: Chocolate and Lemon Crisp. They offer an appropriate amount of proteins that contribute to the growth and maintenance of muscle mass in a convenient and easy way. TR90® M-Bar:
• Can easily be integrated into your lifestyle.
• Removes the guesswork.
• Is convenient, discreet and ready for use on-the-go.

Chocolate - 60g/bar
Lemon Crisp - 59g/bar

TR90® COMPLEX C
Is your mind ready to feel the transformation? Complex C is your companion on this TR90® journey.
90 capsules

TR90® COMPLEX F
Rev up your body’s system!
120 capsules

TR90® package includes:
1 TR90® JS, 3 TR90® Complex C, 3 TR90® Complex F, 30 TR90® M-Bars, 1 TR90® Programme Guide, 1 Transformation Journal and other items to support you on your transformation.

TR90® 3-month ADR Programme:
Month 1: 1 TR90® JS, 1 TR90® Complex C, 1 TR90® Complex F, 30 TR90® M-Bars, 1 TR90® Programme Guide, 1 Transformation Journal and other items to support you on your transformation. Month 2 and 3: 1 TR90® Complex C and 1 TR90® Complex F.

TR90® programme includes:
1 TR90® JS, 3 TR90® Complex C, 3 TR90® Complex F, 30 TR90® M-Bars, 1 TR90® Programme Guide, 1 Transformation Journal and other items to support you on your transformation.

TR90® 3-month ADR Programme:
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SOLUTIONS

Formulated to meet the demands of everyday life.

Today’s lifestyles demand more from our bodies than ever before. Our Pharmanex® Solutions products contain high-quality ingredients in safe and beneficial amounts. Each one provides the targeted nutrients our bodies need to keep up with our daily routines – providing real-life solutions for real-life demands.
“I have been using R² for about 4 months already and can say that when I started using it I felt an enormous wave of energy, it became my second birthday.”

Elena Leonova, Blue Diamond Executive, Russia

“I am on a high energy level the whole day. And even after a demanding day, I can concentrate very well in the evening”

Doris Postelt, Diamond Executive, Germany

Over time, our bodies can become less effective at protecting our cells from oxidative damage and our cells begin to accumulate cellular waste and by-products. Decrease of physical vigour, reduced mental acuity and the lack of sexual drive are common signs of ageing – ultimately, what we call the loss of vitality.

Are you ready to feel young? You are not alone. Taken in the evening, R² Night helps you to start each day feeling refreshed. Taken in the morning, R² Day helps you to feel recharged and take control of a new day.

R² DAY
R² Day offers a wonderful blend of key ingredients such as Cordyceps sinensis, Pomegranate and Panax ginseng. Ginseng targets the following three dimensions to:
• Increase physical performance.
• Help maintain physical and mental capacities.
• Help maintain good sexual relations.
180 capsules

R² NIGHT
R² Night contains a blend of carefully selected botanical extracts: red orange, broccoli seed and grape seed. In addition, it also contains selenium, a beneficial mineral that contributes to the protection of cells from oxidative stress.
60 capsules

FLEXCARE®
Your body’s joints enable you to enjoy movement, with the primary function of holding the skeletal structure of your body together. Simply stated, the joints act as the glue.
The cartilage found in joints acts as a cushion between the bones. Maintaining healthy joints should be a lifelong goal achieved by adopting a healthy lifestyle. Elements of healthy living that help maintain healthy joints include sustaining a healthy body weight, regular and appropriate exercise and maintaining a nutritious and healthy diet.
FlexCare® contains vitamin C, which contributes to normal collagen formation for the normal function of cartilage and gums.
120 tablets
Item No. 85883231 BE - LU - NL
85833231 CZ - HU - RO - SK

CORDYMAX Cs-4®
Our CordyMax formula is a standardised mycelia obtained through a fermentation process of the Cordyceps sinensis mushroom, which helps to tone the body and helps to protect the liver and the kidneys. CordyMax is manufactured according to the Pharmanex 6S Quality Process and is standardised by High Performance Liquid Chromatography (HPLC) - an instrument used to determine the chemical makeup of any sample - to guarantee potency and consistent results of active ingredients.
120 capsules
Item No. 85873441 BE - GB - IT - LU - NL - SE
85433442 CZ - HU - RO - SK

BIOGINKGO
If you feel you have been slightly forgetful lately, give yourself a mental performance boost. Ginkgo biloba extract, present in BioGinkgo, will help you to maintain memory with age decline and to preserve cognitive function while helping to protect your cells and tissues from oxidation.
60 tablets
Item No. 85873442 DK - GB - IS - NL
85433442 CZ - HU - RO - SK

OPTIMUM OMEGA®
Optimum Omega® is a food supplement that provides fish omega-3 fatty acids including EPA (eicosapentaenoic acid), DHA (docosahexaenoic acid) and deodorised garlic extract. EPA and DHA contribute to the normal function of the heart.
Vitamin E, present in Optimum Omega®, preserves product freshness by preventing omega-3 from oxidative damage.
Under the strict Pharmanex® 6S Quality Process for efficacy and safety, Pharmanex sources fish that meet all its quality requirements.
60 softgels
Item No. 85883103 AT - BE - CH - DE - FR - IT - LU - NL
85893103 DK - FI - GB - IE - IS - NO - SE
85433103 CZ - HU - PL - RO - SK

Part of the body’s complex immune system includes a formidable arsenal of cells called NK cells. These cells recognise a seemingly infinite number of organisms considered as foreign to the body and directly attack and destroy them. They also destroy damaged or compromised cells that occur naturally within the body as part of the cellular regeneration process.

Reishi is a wood-rotting fungus occurring as a shelf-like form on the sides of trees and stumps. In old Chinese texts, Reishi is a highly praised mushroom. For more than 2000 years, the people of Asia have included this rare, deep forest Reishi mushroom as part of their dietary habits.

A baby’s immune system at birth is vulnerable to the unfriendly microorganisms of a new environment. Nature can help provide a biological defence with colostrum, a mother’s first milk. One particularly active component of both human and bovine colostrums is Immunoglobulin G, or IgG.

IgG Boost® contains a standardised extract of bovine colostrum. This colostrum has an extract standardised to IgG content, making it many times more concentrated than other colostrum products on the market today.

IgG Boost® is purified from excess first milk of cows in the dairy industry and meets the strict Pharmanex® 6S Quality Process for safety and efficacy.

Reinforce your body with Pharmanex® Tégreen

A substantial number of human intervention studies with green tea demonstrate a significant increase in plasma antioxidant capacity in humans.


Nowadays, green tea and its extract are consumed by many populations around the world; while it has traditionally already been used for centuries in China and India, for its various benefits.

Green tea is rich in polyphenol flavonoids, including catechins. Specifically, these tea catechins are reported to present antioxidant activity by scavenging free radicals*.

30 capsules
Item No. 85283440 AT - BE - CH - DE - FR - IT - LU - NL
85893440 DK - FI - NO - SE
85433440 CZ - HU - RO - SK

120 capsules
Item No. 85883529 AT - BE - FR - DE - IT - LU - NL - CH
85893529 DK - FI - NO - SE
85433529 ES - GB - IE - IS - PT
85493529 CZ - HU - RO - SK

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30 capsules
Item No. 85283440 AT - BE - CH - DE - FR - IT - LU - NL
85893440 DK - FI - NO - SE
85433440 CZ - HU - RO - SK

120 capsules
Item No. 85883529 AT - BE - FR - DE - IT - LU - NL - CH
85893529 DK - FI - NO - SE
85433529 ES - GB - IE - IS - PT
85493529 CZ - HU - RO - SK

IgG BOOST®

A baby’s immune system at birth is vulnerable to the unfriendly microorganisms of a new environment. Nature can help provide a biological defence with colostrum, a mother’s first milk. One particularly active component of both human and bovine colostrums is Immunoglobulin G, or IgG.

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120 capsules
Item No. 85883535 AT - BE - DE - FR - IT - LU - NL
85893535 DK - FI - NO - SE
85433535 CZ - HU - RO - SK

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120 capsules
Item No. 85883535 AT - BE - DE - FR - IT - LU - NL
85893535 DK - FI - NO - SE
85433535 CZ - HU - RO - SK

REISHIMAX GLp

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60 capsules
Item No. 85113519 GB - IS - NL - PL
85433519 CZ - HU - RO - SK
OVERdrive®
Athletic performance depends on numerous important factors. One of the most important is proper nutritional status. OVERdrive® is formulated to provide nutrients, including vitamins and minerals:

- Vitamin B5, B6 and B12 contribute to normal energy-yielding metabolism and to the reduction of tiredness and fatigue.
- Chromium contributes to the maintenance of normal blood glucose levels.
- Antioxidants like vitamin C and E and grape seed contribute to the protection of cells from oxidative stress.
- Grape seed extract contributes to a healthy blood pressure.

90 tablets

FLEXCRÈME™
FlexCrème™ is a unique and proprietary mixture of cetylated fatty acid esters including Cetyl Tallowate.

Simply rub this fast-acting cream onto your skin. FlexCrème is easy to apply and quickly absorbed by the skin.

60ml

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Bentonite clay - highly mineralised and rich with amino acids and antioxidants. Aids in the absorption and retention of moisture.

Burdock root extract (Arctium lappa) - historically used to help troubled complexes.

Cactus - an extract that helps the skin look moist and radiant.

Calcium - is the most abundant mineral in the human body. Calcium contributes to normal blood clotting, normal energy-yielding metabolism, normal muscle function and the normal function of digestive enzymes. Calcium is also needed for the maintenance of normal bones and teeth.

Carotenoids - an important category of fat soluble compounds. Abundantly found in nature and responsible for many of the reds, oranges and yellows we see in fruits and vegetables. Some examples of carotenoids are beta-carotene, lycopene, lutein and astaxanthin.

Cetyl palmitate - an all natural form of a fatty acid treated with alcohol and used by the body as an emulsifier and lubricant.

Chamomile extract (Anthemis nobilis and Chamomilla recutita) - known for its soothing, conditioning and softening effects.

Citrus aurantium amara - used by various cultures throughout China and the Caribbean, especially Haiti, as a refreshing, natural deodoriser. Though originating in China, Citrus aurantium amara was introduced into Europe in the eleventh century. The fruit of the Citrus aurantium amara (a small orange called a Seville orange) became very popular, not only for its delightful sweet and sour taste, but also for its refreshing scent and deodorising properties.

Clover extract (Trifolium pratense) - widely used in skin care products that target sources and signs of ageing.

Cordyceps sinensis - a mushroom prized in China since ancient times that helps to tone the body, and protect the liver and the kidneys.

Coral bloom extract - smoothes the cuticle, protects the keratin structure and moisturises naturally with seven actively synergistic oligosaccharides.

CS7 - smooths cuticles to provide shine that lasts through repeated shampooing.

Cuticle - is the outermost portion of the hair shaft. The cuticle is responsible for much of the mechanical strength of the hair fibre. Made of flattened cells that overlap like the tiles on a terracotta roof, the cuticle protects the inside of the hair shaft from damage.

DHA (Docosahexaenoic acid) - is an omega 3 fatty acid that contributes to normal brain function and normal vision. Fish oil is a good source of DHA.

Di- and tri-peptides - derived from hydrolysed rice protein; improve the skin’s recovery process after stress; stimulate cell turnover and synthesis of dermal proteins for improved firmness and a decrease in lines and wrinkles.

DNA (Deoxyribonucleic acid) - the genetic material found in nearly every cell of the human body. DNA contains the genetic information necessary for building and maintaining an organism. DNA usually exists as a double strand held tightly together, creating a double helix.

EPA (Eicosapentaenoic acid) - is an omega 3 fatty acid. Together with DHA, EPA contributes to the normal function of the heart. Fish oil is a good source of EPA.

Ethocyn® - an anti-aging ingredient that has been clinically proven to improve the key component of firm skin.

Ethnobotanicals - plants used by indigenous cultures for skin benefits.

Eucalyptus - combined with menthol and peppermint oil to provide a cooling and invigorating sensation on the skin as well as a bold refreshing scent.

Free radicals - unstable molecules in the body that seek neighbouring molecules, making a continuing chain reaction of free radical formation and molecular stress. This chain reaction can lead to oxidative stress on cell membranes, DNA and tissue proteins.

Genes - the basic unit of heredity in living organisms. Genes are functional sections of DNA that hold the information to build, maintain and regenerate cells and pass genetic traits to offspring. Some of these traits are immediately visible, such as eye colour or number of limbs and some express themselves later on in life, such as rate of ageing, health.
**Ginkgo biloba** - a botanical extract from the ginkgo tree that will help you to maintain memory with age decline and preserve cognitive function while helping to protect your tissues from oxidation.

**Gluconolactone** - a polyhydroxy acid found naturally in skin cells. Its molecular structure makes it gentle and non-irritating to the skin while providing clinically proven anti-ageing benefits such as antioxidant protection, moisturisation and skin barrier.

**Grape seed extract** (*Vitis vinfera*) - contributes to the protection of the cells from oxidative stress.

**Green tea** (*Camellia oleifera* and *Camellia sinensis*) - used as a cosmetic ingredient, it is an antioxidant that helps to soothe troubled skin and even out skin tones. Green tea contains several molecules of polyphenols.

**Horse chestnut** - an anti-inflammatory that reduces swelling and improves skin circulation. It is also used to treat varicose veins.

**Hydroxytyrosol** - a polyphenol found in extra virgin olive oil that promotes smooth, flawless skin.

**IBR-Dormin** (*Narcissus tazetta extract*) - a natural compound in the narcissus bulb. Scientifically shown to enhance cellular durability and improve the skin's natural defence against environmental aggressors.

**Immunoglobulins** - a general term for antibodies. In response to exposure to foreign substances, all mammals produce these specific immune proteins.

**Job’s tears extract** (*Coix Lacryma-Jobi*) - derived from seeds of an ornamental grass. Historically used in Asia to soothe the skin.

**Jojoba oil** (*Simmondsia chinensis*) - a natural moisturiser derived from the seeds of a desert shrub that helps hair and skin look and feel soft.

**Kelpadelle extract** (*Macroystis pyrifera*) - brown marine kelp extract, beneficial for the synthesis of structural skin components, contributes to a firm and soft looking skin.

**Krill oil** - marine oil extracted from crustaceans offering a natural combination of phospholipids, astaxanthin and EPA/DHA fatty acids.

**Lactic acid** - see Alpha hydroxy acid.

**Lavender extract** (*Lavandula angustifolia*) - used since ancient times as a cleansing ingredient.

**Manganese** - in biology, manganese ions function as cofactors for a large variety of enzymes with many functions. Contributes to normal energy-yielding metabolism and the protection of cells from oxidative stress.

**Marine diatoms** (*Diatomaceous earth*) - fine particles from planktonic algae used to gently exfoliate dead skin cells.

**Meadowfoam seed oil** (*Limnanthes alba*) - natural emollient. Moisturises and conditions skin.

**Menta arvensis** - a natural wild mint that cools and revives the skin. Used by south-western Native American tribes.

**Micronutrients** - nutrients that we need in only small quantities, such as vitamins and minerals. Micronutrients carry out hundreds of vital functions within the body.

**Minerals** - essential micronutrients that are required in the diet because they cannot be produced by the body. They function as cofactors in many reactions in the body.

**Mullein** (*Verbascum thapsus*) - a flowering plant indigenous to the American Southwest, which is used by Native Americans for its soothing effects.

**Mushroom extract** (*Fomes officinalis*) - a natural astrignent shown to improve skin tightness and firmness as it diminishes the appearance of pores.

**NaPCA (Sodium PCA)** - a humectant that attracts and binds moisture to the skin.

**Natural Killer (NK) Cells** - are a type of lymphocyte (a white blood cell) and a component of the immune system. These cells play a major role in the host-rejection of infected cells.

**Natural sterols** - have a high water holding capacity and give hair a moist, smooth feel.

**Oligopeptide** - a skin conditioning agent that enhances lip definition and fullness.

**Omega 3 fatty acids** - Omega-3 fatty acids are polyunsaturated fatty acids. Main sources are fish, flax and fish oil, egg and plant oils (flaxseed oil). EPA and DHA are the most important fatty acids.

**Oxidation** - a reaction caused to the body’s cells by the action of free radicals. Over time, oxidised cells become weaker and less able to perform all their functions properly.

**Panthenol** - member of the vitamin B family. A revitalising moisturiser and conditioner for both skin and hair.

**Pea extract** - an enzyme from the tropical fruit papaya that helps eliminate build up in pores.

**Pepino extracts** - a powerful anti-ageing ingredient blend that has been shown to reduce the appearance of fine lines and wrinkles, and increase cell turnover, resulting in visibly youthful skin.

**Peppermint oil** - a natural wild mint that cools, invigorates and stimulates the skin.

**Phosphatidylcholine** - derived from soy. Helps protect cell membranes and maintain skin fluidity.

**Photosomes** - DNA enzymes derived from marine plankton. They defend and support the skin and help to repair the impact of UV radiation. Lipid encapsulation provides enhanced bioavailability.

**Pistachio oil** (*Pistacia vera*) - a nut oil rich in fatty acids that moisturises and softens the skin.

**Polyhydroxy acids (PHA)** - see Gluconolactone and Lactobionic acid.

**Polyphenols** - polyphenols are molecules that plants produce to defend themselves against various external aggressors. The pigments that indicate that fruits and vegetables are ripe are also part of the polyphenol family. They are also called phytochemicals or phytonutrients.

**Pomegranate** - a deep-red, many seeded fruit native to Persia. Pomegranate contains polyphenols such as flavonoids.

**Proteins** - large biological molecules consisting of one or more chains of amino acids. Proteins perform a vast array of functions in the body including metabolic reactions, replication of DNA and transport of molecules. Used by the body for building tissues, proteins are found in meat, eggs, dairy products, nuts, grains, fruits and vegetables.

**Pumpkin enzymes** (*Lactobacillus/Curcurbita pepo fruit ferment extract*) - proteolytic enzymes derived from pumpkins that help exfoliate and slough off dead skin cells.

**Reishi mushroom** (*Ganoderma lucidum*) - Reishi is a wood-rotting fungus occurring as a shelf-like form on the sides of trees and stumps. In old Chinese texts, Reishi is a highly praised mushroom. For more than 2,000 years, the people of Asia have utilised the benefits of the rare, deep forest Reishi mushroom.

**Retinol** - a pure form of vitamin A that helps smooth fine lines and wrinkles, increase skin clarity and bring radiance to the complexion. Vitamin A also contributes to normal iron metabolism, to the maintenance of normal skin, vision and immune system.

**Saccharide isomerate** - binds moisture to the skin and helps to repair the impact of UV radiation. Lipid encapsulation provides enhanced bioavailability.

**Salicylic acid** - a beta hydroxy acid that promotes skin exfoliation.

**Selenium** - cofactor in the function of the enzyme glutathione peroxidase which contributes to the protection of cells from oxidative stress.

**Shea butter** (*Butyrospermum parkii*) - a rich emollient that enhances the skin’s natural barrier function and increases moisture levels.

**Soy lipids** (*Glycine soja*) - protect the skin’s delicate moisture barrier. Help skin stay soft and hydrated.
Strawberry extract (Fragaria vesca) - helps soothe skin and reduce the appearance of pores.

Sunscreen - an active ingredient that helps prevent sun damage by absorbing harmful UV radiation.

Tocopherol - also known as vitamin E, which contributes to the protection of cells from oxidative stress.

Tricalgosyl® (kelp sulfated oligosaccharides) - extracted from brown algae. Rich in polysaccharides, which provide an optimal environment for abundant-looking hair.

Urea - a highly effective and powerful humectant. Urea penetrates deep into the outermost layer of the skin to hydrate and protect dry, damaged skin. In higher concentrations, urea can help reduce scales and calluses.

Vitamin A - see Retinol.

Vitamin C - see Ascorbic acid.

Vitamin D - a fat-soluble vitamin obtained from dietary sources or produced by skin cells when exposed to sunlight. Contributes to the maintenance of normal bones and immune system. Synthesis of vitamin D in the skin by the action of sunlight is insufficient to meet requirements in European countries, especially during winter months when there is little sunlight exposure.

Vitamin E - see Tocopherol.

Vitamin K - this fat-soluble vitamin contributes to normal blood clotting and to the maintenance of normal bones.

Vitamins - essential micronutrients that are required in the diet because they cannot be produced by the body. Vitamins can act as antioxidants and coenzymes, compounds necessary for numerous reactions within the body.

Walnut shell powder (Juglans regia) - ground from the English walnut to create a mild abrasive for softer, smoother skin.

White tea extract (Camellia sinensis) - an antioxidant high in catechins; helps protect and restore the skin’s natural resiliency.

Yarrow (Achillia millefolium) - a plant extract that helps soothe the skin.

Youth Gene Clusters - functional groups of genes that share characteristics associated with youthfulness. Youth Gene Clusters are a key marker.

Zinc - a trace mineral essential to more than 70 enzyme reactions in the body. Zinc contributes to the protection of cells from oxidative stress, the maintenance of normal bones, vision and skin. It also contributes to normal cognitive function.

Zinc PCA - a sebum reducer.
The formula for great skin

Healthy, beautiful looking skin can be a reality for everyone, regardless of age. By following a few simple rules and then caring for your skin with efficacious products, you have the formula for youthful, smoother, healthy looking skin now and in the future.

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<th>TYPICAL SKIN FEATURES</th>
<th>TAKE ACTION</th>
<th>RECOMMENDATIONS</th>
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<td>20’s</td>
<td>Even though your skin is moist, smooth and supple, your skin cell renewal rate is beginning to slow. The result is accumulation of excess dead skin cells that give your complexion a dull appearance.</td>
<td>This is a great time to establish a beneficial skin care regimen. • Use a cleanser developed to help remove dirt and dead cells to uncover your youthful radiance. • Follow with a toner to restore pH balance. • Apply a product to preserve youthful collagen and elastin. • Try at-home microdermabrasion to quickly and gently polish your skin, removing dull skin cells and toxins. • Try a weekly spa treatment at home to remove toxins.</td>
<td>• Pure Cleansing Gel • pH Balance Matifying Toner • Nu Skin Clear Action® Foaming Cleanser • Nu Skin Clear Action® Toner • Celltrix® CoQ10 Complete • Moisture Restore Day SPF 15 Combination to Oily Skin • Tru Face® Skin Perfecting Gel • Polishing Peel • ageLOC® Edition Nu Skin Galvanic Spa System® II</td>
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<td>30’s</td>
<td>The effects of UV radiation (sunlight) and environmental pollution are beginning to show on your complexion. As collagen production declines, paired with repetitive facial movements, you may start noticing wrinkles around your eyes, mouth and forehead.</td>
<td>Keep a cleanser, toner, moisturiser and sunscreen as part of your daily regimen and include a product that boosts collagen production to help fill in and smooth over those noticeable lines. • Find a product that contains polyhydroxy acids (PHAs) to help stimulate cell renewal and enhance skin’s radiance for a smoother, more youthful looking complexion. • Try at-home microdermabrasion to quickly and gently polish your skin, removing dull skin cells and toxins. • Try a weekly spa treatment at home to remove toxins.</td>
<td>• ageLOC® Gentle Cleanse &amp; Tone • Pure Cleansing Gel • pH Balance Matifying Toner • ageLOC® Radiant Day SPF 22 • Moisture Restore Day SPF 15 Combination to Oily Skin • ageLOC® Transforming Night • Tru Face® Line Corrector • Tru Face®Instant Line Corrector • Tru Face® Revealing Gel • Polishing Peel • ageLOC® Edition Nu Skin Galvanic Spa System® II</td>
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<td>40’s</td>
<td>Your skin’s sebum production slows down, resulting in dryer skin. You are also losing fat beneath your skin’s outer layer, which means your skin is more fragile and is beginning to sag. Elasticity is reducing and you may notice deeper wrinkles. In short, your complexion has lost its youthful glow.</td>
<td>You may benefit from an antioxidant rich cleanser and a hydrating moisturiser. • Find a product containing pro-collagen peptides that help soften lines and wrinkles around the mouth, eyes and forehead. • Choose a product designed to help elastin production and fight the early visible signs of sagging chin and jaw. • Consider a comprehensive, intense system to jump-start your skin care regimen. • Try a weekly spa treatment at home to remove toxins.</td>
<td>• ageLOC® Gentle Cleanse &amp; Tone • Creamy Cleansing Lotion • pH Balance Toner • ageLOC® Radiant Day SPF 22 • Moisture Restore Day SPF 15 Normal to Dry Skin • ageLOC® Transforming Night • Night Supply Nourishing Cream • Tru Face® Line Corrector • ageLOC® Tru Face Essence Ultra® • ageLOC® Future Serum • Nu Skin® 180° Anti-Ageing System • ageLOC® Edition Nu Skin Galvanic Spa System® II</td>
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<td>50’s+</td>
<td>The pigment cells in your skin may clump together more, creating “age spots”. Your skin has lost much of its firmness and tone and may be drier, itchy and more sensitive to allergens. Your skin is thinner and more fragile.</td>
<td>In addition to cleansing, toning and moisturising, consider a skin brightening system to reduce skin discoloration and achieve a more even tone. • Choose a product designed to help increase elastin production while slowing elastin degradation to help firm up sagging and undefined skin around the chin, eyes and jaw. • Try a weekly spa treatment at home to remove toxins.</td>
<td>• ageLOC® Gentle Cleanse &amp; Tone • Nu Skin® 180° Foaming Cleanser • Tru Face® Priming Solution • ageLOC® Radiant Day SPF 22 • Celltrix® Ultra • Moisture Restore Intense Moisturizer • ageLOC® Transforming Night • Tru Face® Line Corrector • Tru Face® Revealing Gel • ageLOC® Tru Face Essence Ultra® • ageLOC® Future Serum • ageLOC® Edition Nu Skin Galvanic Spa System® II</td>
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No matter what your age is, always remember to use a daily sunscreen to help reinforce your natural skin defences and include fresh fruits and vegetables in your diet.

The above information is a guide to typical skin features through different ages. Lifestyle, environment and genes all play a part in how your skin looks and feels, so you may find that products suited to your skin’s specific needs may fall under a different age category than your actual age.
### Individualised skin care regimen guide

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</table>

**Target the Sources of Visible Signs of Ageing**

- Youthful Skin Structure
- Skin Firmness
- Fine Lines and Wrinkles
- Deep Lines and Wrinkles
- Hyperpigmentation (age and sun spots)
- Uneven Skin Tone
- Rough Skin/Uneven Texture
- Dullness/Lack of Radiance
- Appearance of Pores
- Dark Circles/Under Eye Puffiness
- Breakouts
- O iliiness
- Dry Skin
- Antioxidant Protection

**Note:**

*Only one core system should be used at a time.

**Using multiple products that target cell turnover like hydroxy acids is a duplication and may potentially increase skin sensitivity. Contact your local Customer Service for detailed product recommendations.

***Only one spa product should be used per sitting.
# Individualised hair care regimen guide

Which Nu Skin® hair care products will suit my hair?*

<table>
<thead>
<tr>
<th>Hair Type/Condition</th>
<th>SHAMPOO</th>
<th>CONDITIONER</th>
<th>WEEKLY TREATMENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Normal to oily &amp; fine hair</td>
<td>Balancing Shampoo</td>
<td>Weightless Conditioner</td>
<td>Clarifying Shampoo &amp; ReNu Hair Mask (once a week)</td>
</tr>
<tr>
<td>Normal to oily hair seeking sleek, straight styles</td>
<td>Balancing Shampoo</td>
<td>Rich Conditioner</td>
<td>Clarifying Shampoo &amp; ReNu Hair Mask (once a week)</td>
</tr>
<tr>
<td>Oily hair desiring volume</td>
<td>Balancing Shampoo</td>
<td>Weightless Conditioner</td>
<td>Clarifying Shampoo &amp; ReNu Hair Mask (once a week)</td>
</tr>
<tr>
<td>Very oily hair</td>
<td>Balancing Shampoo</td>
<td>Weightless Conditioner</td>
<td>Clarifying Shampoo &amp; ReNu Hair Mask (1 or more times a week)</td>
</tr>
<tr>
<td>Very dry hair</td>
<td>Moisturizing Shampoo</td>
<td>Rich Conditioner</td>
<td>ReNu Hair Mask (1 to 2 times a week)</td>
</tr>
<tr>
<td>Very dry &amp; heavily treated hair</td>
<td>Moisturizing Shampoo</td>
<td>Rich Conditioner</td>
<td>ReNu Hair Mask (2 or more times a week)</td>
</tr>
<tr>
<td>Dry to normal hair</td>
<td>Moisturizing Shampoo</td>
<td>Weightless Conditioner</td>
<td>ReNu Hair Mask (once a week)</td>
</tr>
<tr>
<td>Dry to normal hair seeking sleek, straight styles</td>
<td>Moisturizing Shampoo</td>
<td>Rich Conditioner</td>
<td>ReNu Hair Mask (once a week)</td>
</tr>
<tr>
<td>Highly exposed to environmental pollution (swimmers hair)</td>
<td>Moisturizing Shampoo</td>
<td>Rich Conditioner</td>
<td>Clarifying Shampoo &amp; ReNu Hair Mask (1 to 2 times a week depending on hair’s condition)</td>
</tr>
<tr>
<td>Course &amp; curly hair</td>
<td>Moisturizing Shampoo</td>
<td>Rich Conditioner</td>
<td>Clarifying Shampoo &amp; ReNu Hair Mask (once a week)</td>
</tr>
<tr>
<td>Thick hair preferring products with ethnobotanical ingredients</td>
<td>Epoch® Ava puhi moni Shampoo and Light Conditioner</td>
<td>Epoch® Ava puhi moni Conditioner</td>
<td>Clarifying Shampoo &amp; ReNu Hair Mask (once a week)</td>
</tr>
<tr>
<td>Hair with dandruff problems</td>
<td>Epoch® Ava puhi moni Anti-Dandruff Shampoo</td>
<td>Conditioner of your choice</td>
<td>Clarifying Shampoo &amp; ReNu Hair Mask (once a week)</td>
</tr>
<tr>
<td>Hair loss or hair thinning</td>
<td>Nutriol® Shampoo</td>
<td>Conditioner of your choice</td>
<td>Nutriol® Hair Fitness Treatment &amp; ageLOC® Edition Nu Skin Galvanic Spa System® II</td>
</tr>
</tbody>
</table>

*The results will vary depending on hair density, type, texture, condition and personal style.
A CULTURE OF GIVING

Nu Skin’s culture of giving unites the Nu Skin family of Distributors, customers and employees in innovative humanitarian efforts that multiply the company’s ability to nourish and empower children around the world.
Since 1996, the non-profit Nu Skin Force for Good Foundation® has granted more than US$51 million to life-changing projects to help improve the lives of children around the world. Since Nu Skin® covers all administrative and overhead costs for the foundation, 100% of donations from generous Distributors, and from sales of our unique Epoch® personal care line and nourishing VitaMeal are used directly to improve the health, education and economic opportunity of children. Major projects include:

• Teaching sustainable agriculture in Malawi with the Mtalimanja Village School of Agriculture for Family Independence (SAFI) and Seeds of Hope reforestation initiative.
• Providing schools and education resources to island children through Seacology.
• Funding research to find a cure for the devastating skin disease Epidermolysis Bullosa (EB).

For more information or to make a difference with your contribution, please visit www.forceforgood.org.
Fortunately, with Nu Skin®’s Nourish the Children® initiative, now one serving of VitaMeal is donated to a child in need every second. Nourish the Children® is an innovative business initiative that facilitates ongoing VitaMeal purchases, donations and distribution. This unique social entrepreneurial network of Nu Skin® Distributors and customers results in millions of life-saving meals reaching malnourished children around the world every month.
Nu Skin® scientists collaborated with a leading expert in child malnutrition to develop VitaMeal. One bag of VitaMeal holds 30 child-sized meals - enough to provide the vitamins and nutrients necessary to nourish a child for a month. Since 2002, more than 400 million meals have been donated through the Nourish the Children® initiative.

MAXIMISING YOUR IMPACT
For every VitaMeal 5-pack donation, Nu Skin® also donates one bag of VitaMeal. For all other VitaMeal donations, Nu Skin® matches one bag for every eight bags purchased.

With VitaMeal plants in Malawi and China, the Nourish the Children® initiative is also helping create new jobs and economic opportunities.

www.nourishthechildren.com
REWARD YOURSELF
WITH SOMETHING THAT
REALLY PAYS

AUTOMATIC DELIVERY REWARDS (ADR)
BECAUSE YOU DESERVE THE BEST

THE BEST PRODUCTS
THE BEST PRICES
THE BEST SERVICE

ADR is simply the easiest way for you to receive the products you love. Each month, the products you have chosen are conveniently delivered to you on the day you choose. Enjoy these great benefits of ADR and more:

• Receive 5% off regular product purchase prices.
• Earn up to 30% back on your purchases in the form of product purchasing points.
• Save more than 50% on shipping* through online management.

*Some markets/specific regions or islands are excluded from this discount plan.

For more information about Nu Skin’s business opportunity and products, please contact your Nu Skin Distributor.

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