FROM THE OUTSIDE IN AND THE INSIDE OUT, NU SKIN® IS THE KEY TO LOOKING AND FEELING YOUR BEST

Glance forward in time – see a more youthful looking you. Your complexion appears smoother and radiant; your body feels more vibrant, firmer and contoured.

At Nu Skin®, we are committed to helping you achieve this best version of you. With state-of-the-art skin care solutions and nutritional supplements formulated to help you defy the signs of ageing, you have all the tools you need.
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A CULTURE OF GIVING
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For the most up-to-date version of the Product Catalogue, check the online version on our website at www.nuskin.com.
THE FUTURE OF LOOKING AND FEELING YOUNG

Based on years of unparalleled research in skin and nutritional science, Nu Skin® has ushered in a new era with our exclusive ageLOC® science.

With our exclusive ageLOC® science, you can unlock your youthful potential. The ageLOC® brand is a comprehensive approach – targeting the ultimate sources of ageing to diminish the look and feel of ageing. Get ready to discover the products that will improve different aspects of your life. It’s time to unlock the new you.

“Nu Skin® is taking the science of the sources of ageing to a completely new level by studying the genetic origins of how and why we age.”

Dr. Joseph Chang. Chief Scientific Officer Executive Vice President Product Development
Scientific innovation has established Nu Skin® as a leader in the health and beauty industries. Our proprietary product formulations and technologies enable us to set new industry standards in the sources of ageing, with real solutions that exhibit demonstrable results. Our team of in-house scientists demonstrates our commitment to research and development by collaborating with leading research institutions. These collaborative relationships help us to develop next-generation skin care and nutritional products.
Nu Skin® has taken the latest insights of how to impact the visible signs of ageing to a new level. In collaboration with some of the world’s leading anti-ageing researchers, Nu Skin® scientists have identified key groups of genes called age-related super markers or arSuperMarkers, that influence how we seem to age. Nu Skin®’s exclusive ageLOC® science targets these ultimate sources of ageing to develop products that help you look and feel younger.
IDENTIFYING THE SOURCE

The scientific community has open access to the Human Genome, but Nu Skin®’s breakthrough ageLOC® science gives us the ability to interpret it in a meaningful way. In a recent discovery, Nu Skin®, along with anti-ageing and genetics experts, identified key groups of genes called Youth Gene Clusters. Nu Skin® believes that finding and identifying these functional groups of genes is crucial to addressing the signs of ageing at the source.

Clinical study results, genomic analyses and substantiated research have led Nu Skin® scientists to identify genes of which the expression profile shares characteristics associated with youthfulness. The expression of these genes is responsible for the signs of ageing on our skin.

REBALANCING YOUTH

Once these key groups of genes have been identified, it is necessary to understand how their activity can reflect a more youthful skin profile. Rebalancing this profile is a subtle process, it is not as simple as turning them all on or off. Some skin markers may need to be turned down and others turned up. Nu Skin®’s proprietary ageLOC® science creates new opportunities to support younger looking skin and body.

“Nu Skin® uses gene chip technology to identify functional groups of age-related super markers – what we call Youth Gene Clusters. Our research on Youth Gene Clusters helps us to better understand the mechanism of the visible signs of how we look as we are ageing.”

Helen Knaggs, Ph.D., Vice President Global Research & Development
FROM THE OUTSIDE IN

Nu Skin® is a leader in the skin care industry with scientifically advanced ingredient technologies and skin beneficial formulas comprised of only high quality ingredients. And now, together with ageLOC® science, our skin care products are going a step further by helping to unlock the secret to a younger looking you – today and in the future.
Unlock the future to a younger looking you with the ageLOC® Edition Nu Skin Galvanic Spa System® II. Reveal a fresh, soft, luminous complexion; diminish the appearance of lines and wrinkles; increase your hair’s lustrous appearance; and visually reduce the appearance of cellulite. Look revitalised, refreshed and younger with unsurpassed at-home spa results.

Item No. 97101332 (white)
Item No. 97101333 (black)
DESCRIPTION OF BENEFITS

ageLOC® ingredients have been shown to protect the skin from oxidative stress by reducing the expression of free radicals associated with the arNOX enzyme. This may help slow down the signs of ageing that may be caused by accelerated free radical production.

UNSURPASSED RESULTS
Boost the visible benefits of ageLOC® Future Serum, the central product of ageLOC® Transformation, by an average of 80% across multiple signs of ageing by using the ageLOC® Edition Nu Skin Galvanic Spa System® II three times a week.*

*Seven-day third-party clinical study on 30 women, November 2009.
NU SKIN® CAPES
Give your demonstrations a professional touch.
These Nu Skin® branded white capes are made of waterproof nylon.
73x73cm
10-pack
Item No. 97136867

NUTRIOL® SHAMPOO
Head-turning results for your head of hair.
Featuring Tricalgoxyl®, this daily shampoo is formulated both for regular use and for use with Nutriol® Hair Fitness Treatment to help restore fullness and shine.
125ml
Item No. 97101219

SCALP CONDUCTOR

NUTRIOL® HAIR FITNESS TREATMENT
Helps hair look and feel more abundant.
This leave-in solution remineralises the scalp and hydrates the hair with Tricalgoxyl®.
12 vials
Item No. 97101218

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SELECT 5

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Item No. 97136867

Should not be used with the ageLOC® Edition Nu Skin Galvanic Spa System® II.
TRU FACE® LINE CORRECTOR
Smoothes lines with the power of peptides.
This advanced formula features the revolutionary pro-collagen peptides that help minimise the appearance of moderate to deep lines around your mouth, eyes and forehead in just four weeks. Enhance the benefits by using this product with the agelOC® Edition Nu Skin Galvanic Spa System® II Focus Area Conductor.

30ml
Item No. 97102704

GALVANIC SPA TOTE BAG
All your supplies at your fingertips. With elasticised bottle loops and zippered organisational pockets, each item is in view for easy access.
Item No. 86997616 (Blue)

NU SKIN® TOWELS
Add style to your beauty care sessions. Made of 100% cotton, these super soft towels are extremely absorbent and long-lasting.
60x80cm
10-pack
Item No. 97137499

NU SKIN® TERRY CLOTH TOWELS
Luxuriously soft and super absorbent towels. These ultra fluffy towels will comfortably clean your skin after every application of the galvanic facial regimen.
30x30cm
10-pack
Item No. 86997542
ageLOC® Galvanic Body Trio

It’s time to take the science of ageing one step further with one of the most advanced body enhancement systems. Based on ageLOC® science, the three ageLOC® Body products feature new scientific breakthroughs for smoothing and firming your body – all in a luxurious spa experience at home.
ageLOC® bODY SHAPING GEL
For a more contoured, firmer, smoother you.
This intensive spa quality regimen minimises and helps to smooth the appearance of an orange peel look and cellulite, to improve the appearance of skin’s firmness and helps to improve the overall appearance of the skin. It also helps to increase cellular energy to refresh and purify the skin while reducing the visible signs of ageing.
150ml
item No. 97003902

ageLOC® DERMATIC EFFECTS
For a more contoured, smoother looking you.
This daily moisturising and contouring lotion helps to increase cellular turnover, which is necessary for renewing the skin and giving it its natural radiant texture. It also contains ingredients that help to diminish the appearance of an orange peel look and cellulite while smoothing skin.
150ml
item No. 97003903

1 For an extension of benefits, use ageLOC® Dermatic Effects after using ageLOC® Body Shaping Gel.
2 Should not be used with ageLOC® Galvanic instruments.
CORE SYSTEMS

Nu Skin®’s core skin care systems are designed to meet the individual needs of your skin: our ageLOC® skin care products are comprised of our most advanced systems; Nu Skin 180°® improves cell renewal; Nutricentials® products are great for sensitive skin; and Nu Skin Clear Action® fights breakouts.
ageLOC®
Our most advanced system ever.

ageLOC® Transformation is Nu Skin®’s most powerful skin care regimen that reveals younger looking skin in eight ways – for a more youthful looking you, now and in the future. Are you ready for a true transformation?

ageLOC® GENTLE CLEANSE & TONE
Gently purifies and primes skin morning and night.
This sophisticated foaming cleanser combines cleansing and toning into a single step, while providing the skin with advanced ingredients to decrease the signs of ageing. This luxurious formula delivers your first infusion of ageLOC® ingredients and leaves your skin feeling soft and refreshed.
60ml
Item No. 97003882

ageLOC® FUTURE SERUM
Younger looking skin in eight ways. Powerful, scientifically tested ingredients that decrease the appearance of ageing and stimulate youthful cell renewal by 85%. Patented ingredient technology promotes youthful skin structure, while stimulating collagen production by 150% and reducing MMP (Matrix Metalloproteinase – an enzyme that destroys skin structure) production.
ageLOC® Future Serum – for a visibly younger appearance.
30ml
Item No. 97003883

ageLOC® RADIANT DAY SPF 22
Brightens, hydrates and fortifies skin.
Contains ingredients proven to reduce the appearance of fine lines and wrinkles by 45%. Brightens, hydrates and fortifies skin with ageLOC® ingredients, while helping to protect the skin from the impact of excessive UVA and UVB radiation. This lightweight daily moisturiser is excellent under makeup and stimulates youthful cell renewal for a smoother, softer texture – delivering younger, healthier looking skin each day.
25ml
Item No. 97003904

ageLOC® TRANSFORMING NIGHT
For smoother, softer skin.
Contains ingredients proven to stimulate youthful cell turnover by 85% for smoother, softer texture. Ultra-mild ingredients mimic the skin’s own structure, working with the skin’s natural night-time renewal process. This sublime cream delivers a potent dose of ageLOC® ingredients to help target the sources of visible signs of ageing and noticeably reduce the look of fine lines, wrinkles and pores so you wake to radiant, supple skin.
30ml
Item No. 97003880

ageLOC® ELEMENTS
ageLOC® Gentle Cleanse & Tone, ageLOC® Radiant Day SPF 22 and ageLOC® Transforming Night
Item No. 97003887

ageLOC® TRANSFORMATION
ageLOC® Gentle Cleanse & Tone, ageLOC® Future Serum, ageLOC® Radiant Day SPF 22 and ageLOC® Transforming Night
Item No. 97103774 (elements & serum)
Item No. 97003888 (transformation)

Save with the ageLOC® ADR packages. For more information on how to benefit from this special promotion, please ask your Distributor.

1Four-week in vitro study using bamboo extract, pea extract and glucosamine blend.
2Eight-week in vitro study using Equol.
Younger looking skin in 8 ways
ageLOC® Future Serum Third-Party Consumer Self-Perception Study Results*

As part of your regimen, ageLOC® Future Serum provides amazing skin benefits in eight significant ways:

Percent perceived improvement over baseline

1. Youthful Skin Structure 66%
2. Skin Smoothness 62%
3. Even Skin Tone 70%
4. Fine Lines/Wrinkles 59%
5. Radiance (Brightness) 73%
6. Pore Size 51%
7. Skin Discolouration (Spots) 56%
8. Hydration 71%

Self-perception after 12 weeks use

*12-week self-perception study with 25 subjects using ageLOC® Future Serum
NU SKIN 180°®

Turn your complexion around.

Gentle yet powerful, the Nu Skin 180°® Anti-Ageing System is Nu Skin®’s cell renewal specialist. Featuring hydroxy acids, this advanced system targets the signs of ageing by enhancing your skin’s natural cell renewal rate and diminishing the appearance of fine lines and wrinkles. Nu Skin 180°® is your turning point for a younger looking skin.

NU SKIN 180°® AHA FACIAL PEEL AND NEUTRALIZER
Wipe away dull, aged skin in minutes.
Utilising a 10% lactic acid solution, this scientifically proven formula that helps to reduce the visible signs of ageing, protects and helps to keep the skin’s appearance young and fresh. Effective on its own or as part of your Nu Skin 180°® System, this powerful facial peel helps stimulate cell renewal to create a smoother, younger look.

2 jars (each jar is 25ml and contains 18 pads)
Item No. 97101249

NU SKIN 180°® EIGHT-WEEK REGIMEN
In a Nu Skin 180°® clinical study conducted at a third-party testing lab, clinical graders assessed the skin improvements of 50 participants. After eight weeks, 100% of these participants showed some improvement in overall radiance. According to the clinical grader assessments, the percentage of participants who exhibited improvements within the individual attributes and overall radiance was as follows:

- Discolouration: 60%
- Pores: 70%
- Wrinkles: 80%
- Texture: 100%

Image showing the percentage of improvement for each attribute over eight weeks.
Normal to dry skin needs greater water-holding capacity. These products provide the perfect basis for your daily skin care regimen while protecting the skin’s moisture barrier.

**CREAMY CLEANSING LOTION**
Protects the skin’s moisture barrier each time you cleanse.
The skin nurturing benefits of soy lipids help this soap-free cleanser to keep the skin soft and supple.
150ml
Item No. 97110310

**pH BALANCE TONER**
Primes skin for hydration and nourishment.
Featuring strawberry extract to return the skin to its ideal pH while helping to diminish the appearance of pores.
150ml
Item No. 97110312

**CELLTREX® CoQ10 COMPLETE**
A powerful network of antioxidant benefits.
Featuring CoQ10 and a complete antioxidant network, this patent-pending technology promotes cellular energy production, allowing your skin to rebound beautifully from daily oxidative stress for a radiant, more youthful appearance.
15ml
Item No. 97131809

**CELLTREX® ULTRA**
The ultimate free radical combatant and moisturiser.
Featuring patented hydroxytyrosol – a powerful antioxidant from extra virgin olive oil – this nourishing serum calms and protects the skin by scavenging skin-ageing free radicals.
15ml
Item No. 97102700

**MOISTURE RESTORE DAY SPF 15 NORMAL TO DRY SKIN**
Hydrates and protects skin.
Featuring colourless carotenoids, this lotion enhances the skin’s resistance to the environment.
50ml
Item No. 97102728

**NIGHT SUPPLY NOURISHING CREAM**
Promotes skin flexibility and resiliency while you sleep.
This rich formula contains phosphatidylcholine, which enhances the skin’s renewal process.
50ml
Item No. 97102705

**NUTRICENTIALS®**
Nutricentials® products are formulated with topically applied nutrients proven to naturally enhance the healthy appearance of the skin. With key nutrients from the best daily diets around the world, Nutricentials® products are great for sensitive skin and help to keep skin looking healthy and radiant.
COMBINATION TO OILY
Combination to oily skin needs to efficiently retain its own moisture without producing excess oils. These products help minimise shine and free pore-blocking debris while promoting skin softness.

PURE CLEANSING GEL
Deep cleans and clarifies pores.
This soap-free foaming formula contains papain, an enzyme from papaya that frees pores of excess oil and debris.
150ml
Item No. 97110309

pH BALANCE MATTEFYING TONER
Reduces shine and the appearance of pores.
Featuring strawberry extract to help pores look less noticeable and promote a radiant complexion.
150ml
Item No. 97110313

CELLTREX® CoQ10 COMPLETE
A powerful network of antioxidant benefits.
Featuring CoQ10 and a complete antioxidant network, this patent-pending technology promotes cellular energy production, allowing your skin to rebound beautifully from daily oxidative stress for a radiant, more youthful appearance.
15ml
Item No. 97131809

CELLTREX® ULTRA
The ultimate free radical combatant and moisturiser.
Featuring patented hydroxytyrosol − a powerful antioxidant from extra virgin olive oil − this nourishing serum calms and protects the skin by scavenging skin-ageing free radicals.
15ml
Item No. 97102700

MOISTURE RESTORE DAY SPF 15 COMBINATION TO OILY SKIN
Healthy skin without the oil and shine.
This lotion enhances the skin’s natural resistance to the environment and helps to control excess oil and shine.
50ml
Item No. 97102727

NIGHT SUPPLY NOURISHING CREAM
Promotes skin flexibility and resiliency while you sleep.
This rich formula contains phosphatidylcholine, which enhances the skin’s renewal process.
50ml
Item No. 97102705

NUTRICENTIALS® COLLECTION
Normal to dry skin
Collection of six products: Creamy Cleansing Lotion, pH Balance Toner, Celltrex® Ultra, Celltrex® CoQ10 Complete, Moisture Restore Day SPF 15 Normal to Dry Skin and Night Supply Nourishing Cream, all presented in an attractive toiletries bag.
Item No. 97136437

NUTRICENTIALS® COLLECTION
Combination to oily skin
Collection of six products: Pure Cleansing Gel, pH Balance Matteifying Toner, Celltrex® Ultra, Celltrex® CoQ10 Complete, Moisture Restore Day SPF 15 Combination to Oily Skin and Night Supply Nourishing Cream, all presented in an attractive toiletries bag.
Item No. 97136438
NU SKIN CLEAR ACTION® SYSTEM
Clearing beyond the breakout.
Collection of four products: Nu Skin Clear Action® Foaming Cleanser, Nu Skin Clear Action® Toner, Nu Skin Clear Action® Day Treatment and Nu Skin Clear Action® Night Treatment.

 NU SKIN CLEAR ACTION®
FOAMING CLEANSER
Deep cleaning for silky-smooth results.
Formulated to disrupt the breakout causing union of oil, bacteria and debris, this unique foaming cleanser features salicylic acid to clear pores and reduce most breakouts – leaving skin fresh and clean without feeling tight or dry.
100ml
Item No. 97110388

 NU SKIN CLEAR ACTION®
TONER
Keeps your complexion calm and shine free.
This advanced toner calms angry, red skin and manages oil levels with liquorice extract (soothes irritated skin), zinc PCA (helps control sebum levels) and a special blend of vitamins C and E (replenishes the natural antioxidant supply that is lost when your skin is fighting breakouts).
150ml
Item No. 97110387

 NU SKIN CLEAR ACTION®
DAY TREATMENT
Multi-action for one result – clear skin!
Protects and revitalises your complexion. Mendelic acid erases the signs of past breakouts as it quickly fades dark spots on the skin’s surface. Salicylic acid works to penetrate pores and dissolve clogs. Combined in a lightweight gel, these two clinically proven ingredients along with the powerful antioxidant, white tea extract, promote a clear, even complexion, so you can face every day with confidence.
30ml
Item No. 97110389

 NU SKIN CLEAR ACTION®
NIGHT TREATMENT
Minimise the signs of breakouts while you sleep.
Featuring salicylic acid, retinol and patented alpha lipoic acid to diminish the appearance of remnant marks associated with past breakouts, this night time formula helps to deliver a smooth, clear, evenly toned complexion.
30ml
Item No. 97110390

This comprehensive, clinically proven system will give you smoother, clearer skin as it fights past, present and future signs of breakouts. Nu Skin Clear Action® products are formulated with ingredients that deliver key benefits substantiated through clinical trials.
FACE ESSENTIALS

Finding the right product for you.

Nu Skin® products are designed to work with various skin types to promote vibrant looking skin, regardless of age. Taking your skin’s specific daily and seasonal needs into account, Face Essentials will help you to select the right Nu Skin® products to achieve and maintain optimal skin health for a radiant, youthful looking complexion.
TARGETED SOLUTIONS

Developed with leading research institutions, Nu Skin® targeted solutions contain cutting-edge formulas to complement your core system and diminish the visible signs of ageing, stress and environmental exposure to restore a healthy, youthful appearance.
THIRD-PARTY CLINICAL STUDY

In a three-month study with participants between the ages of 40 and 77 and 18 and 25, it was shown that after two months of applying Ethocyn® twice daily, the elastin production of aged skin (40-77 years) was restored to the same level as that of the much younger control group (18-25 years).

Elastin Content of Older Skin Treated with Ethocyn® vs. Untreated Younger Skin

<table>
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<tr>
<th>Months of Application</th>
<th>Control (18-25 years)</th>
<th>Ethocyn® Application (40-77 years)</th>
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<tr>
<td>0</td>
<td>5</td>
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The results achieved may not be typical and your results may vary.

By adding Nu Skin® Tru Face® products to your core regimen, you can enhance the benefits of daily maintenance, targeting the effects of ageing to keep your skin looking smooth, supple and even-toned.

TRU FACE® ESSENCE ULTRA

Get your bounce back.

Featuring Ethocyn®, CoQ10 and a protective antioxidant network, this silky serum improves skin elastin, enhances skin firmness and elasticity, promotes cellular energy production and helps to prevent future signs of ageing.

60 capsules
Item No. 97102782

TRU FACE® PRIMING SOLUTION

Prime your skin for more youthful results.

Featuring Aminogen, a scientific selection of 16 different amino acids and Premocin, this primer optimises the benefits of Tru Face® products and supplies skin-essential protein building blocks.

125ml
Item No. 97101232

TRU FACE® ESSENCE ULTRA AND TRU FACE® PRIMING SOLUTION ADR PACKAGE

For more information on how to benefit from this special promotion, please ask your Distributor.
**TRU FACE® REVEALING GEL**

Fight the signs of ageing.
Featuring polyhydroxy acids – as effective as traditional alpha hydroxy acids – this advanced gel helps to stimulate cell renewal to improve skin tone and texture, enhance brightness and refine pore size. Great for sensitive skin.

30ml
Item No. 97101213

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**TRU FACE® INSTANT LINE CORRECTOR**

Relax a lifetime of wrinkles instantly!
This powerful cream fills and relaxes facial lines, immediately diminishing the appearance of lines and wrinkles for up to 12 hours, reducing the effects of years of habitual facial movements.

15ml
Item No. 97101257

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**TRU FACE® SKIN PERFECTING GEL**

Combats early signs of environmental ageing.
This gel helps to prevent the breakdown of collagen and elastin with kelpadelle – marine algae that is milder to skin than retinol.

30ml
Item No. 97102698

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**TRU FACE® LINE CORRECTOR**

Smoothes lines with the power of peptides.
This advanced formula features a revolutionary pro-collagen peptide that helps to minimise the appearance of moderate to deep lines around your mouth, eyes and forehead.

30ml
Item No. 97102704

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**TRU FACE® IDEALEYES**

Let your eyes show a younger you.
Scientifically formulated to offer both immediate and long-term benefits, this eye refining cream transforms your sensitive under eye area from dark, puffy and aged to radiant, firm and youthful.

15ml
Item No. 97101241

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**THIRD-PARTY CLINICAL STUDY**

In a recent study1, dermatological grading showed that using the Nu Skin Galvanic Spa System® II instrument with Tru Face® Line Corrector improved the appearance of the following key areas:

- Fine Lines: 20%
- Crow’s Feet: 21%
- Tautness: 17%

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1Eight weeks third-party study with 40 subjects using the Tru Face® Line Corrector with the Nu Skin Galvanic Spa System® II instrument, 2008.
FACE LIFT POWDER AND ACTIVATOR
Look your best instantly.
Face Lift Powder and Activator goes to work immediately, temporarily lifting, firming and toning your skin while reducing the appearance of lines and wrinkles.

NU SKIN® HEAD BAND
Keep your hair away from your face, while you carry out your skin care regime.
One size
Item No. 97136313

FAN LIFT BRUSH
Make a face lift fast and easy.
Created specifically for easy mixing and even application of Face Lift Powder and Activator.
Pack of 3
Item No. 00000265

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FACE LIFT POWDER AND ACTIVATOR
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Face Lift Powder and Activator goes to work immediately, temporarily lifting, firming and toning your skin while reducing the appearance of lines and wrinkles.

POLISHING PEEL
Microdermabrasion at home.
Clinically proven to provide results equivalent to a professional microdermabrasion session, this advanced formula features pumpkin enzyme to dissolve dead cell build-up and bentonite clay to remove toxins for a polished, smooth appearance.
50ml
Item No. 97102125

CREAMY HYDRATING MASQUE
An oasis for dry skin.
Featuring saccharide isomerate — a hydration magnet — and cactus and pine cone extracts, this rich formula soothes dry or sensitive skin by helping to bind moisture to the skin.
100ml
Item No. 97102711

EXFOLIANT SCRUB
A kinder, gentler touch for smooth results.
With natural marine diatoms (fossilised algae), this gentle scrub smoothes the skin’s surface by releasing dead cell build-up and pore-blocking impurities.
100ml
Item No. 97102707

PEELS, MASKS AND SCRUBS
Nu Skin® peels, masks and scrubs rejuvenate dull, tired skin by drawing out impurities, removing dulling cell build-up and promoting cell renewal. These invigorating formulas will make you look and feel fantastic.

POLISHING PEEL
Microdermabrasion at home.
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A kinder, gentler touch for smooth results.
With natural marine diatoms (fossilised algae), this gentle scrub smoothes the skin’s surface by releasing dead cell build-up and pore-blocking impurities.
100ml
Item No. 97102707

PEELS, MASKS AND SCRUBS
Nu Skin® peels, masks and scrubs rejuvenate dull, tired skin by drawing out impurities, removing dulling cell build-up and promoting cell renewal. These invigorating formulas will make you look and feel fantastic.

POLISHING PEEL
Microdermabrasion at home.
Clinically proven to provide results equivalent to a professional microdermabrasion session, this advanced formula features pumpkin enzyme to dissolve dead cell build-up and bentonite clay to remove toxins for a polished, smooth appearance.
50ml
Item No. 97102125

CREAMY HYDRATING MASQUE
An oasis for dry skin.
Featuring saccharide isomerate — a hydration magnet — and cactus and pine cone extracts, this rich formula soothes dry or sensitive skin by helping to bind moisture to the skin.
100ml
Item No. 97102711

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ENVIRONMENTAL DEFENCE

Antioxidant-rich nourishing serums and advanced sunscreen ingredients protect and replenish with benefits for vibrant, healthy looking skin.

SUNRIGHT® LIP b ALM SPF 15
Protect and nurture your lips.
Featuring Sealastin to protect your lips so they look and feel smooth, this unflavoured formula guards against cold weather chapping and helps to prevent damage caused by UVA and UVB rays.
4.2g
item No. 97110369

SUNRIGHT® SPF 35
Worry-free sun protection.
Designed to work harder when your skin needs it most, this advanced sunscreen features heat shock proteins − a unique technology that enhances the skin’s ability to protect against heat and UV stress, ensuring optimum cellular health. This water-resistant, non-greasy formula contains Sealastin so the skin looks its youthful best.
100ml
item No. 97001344

CELLTREX® CoQ10 COMPLETE
A powerful network of antioxidant benefits.
Featuring CoQ10 and a complete antioxidant network, this patent-pending technology promotes cellular energy production, allowing your skin to rebound beautifully from daily oxidative stress for a radiant, more youthful appearance.
15ml
item No. 97102700

CELLTREX® ULTRA
The ultimate free radical combatant and moisturiser.
Featuring patented hydroxytyrosol – a powerful antioxidant from extra virgin olive oil – this nourishing serum calms and protects the skin by scavenging skin-ageing free radicals.
15ml
item No. 97102700

CELLTREX® ULTRA
The ultimate free radical combatant and moisturiser.
Featuring patented hydroxytyrosol – a powerful antioxidant from extra virgin olive oil – this nourishing serum calms and protects the skin by scavenging skin-ageing free radicals.
15ml
item No. 97102700

SUNRIGHT® LIP BALM SPF 15
Protect and nurture your lips.
Featuring Sealastin to protect your lips so they look and feel smooth, this unflavoured formula guards against cold weather chapping and helps to prevent damage caused by UVA and UVB rays.
4.2g
item No. 97110369
## LIGHT MOISTURISATION

<table>
<thead>
<tr>
<th>Product Name</th>
<th>Description</th>
<th>Capacity</th>
<th>Item No.</th>
</tr>
</thead>
<tbody>
<tr>
<td>NaPCA MOISTURE MIST</td>
<td>Dewy-fresh skin is just a spray away. Packed with natural moisturising</td>
<td>250ml</td>
<td>97101226</td>
</tr>
<tr>
<td></td>
<td>ingredients like NaPCA, hyaluronic acid and urea, this oil-free formula</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>helps your skin to maintain a constant moisture level.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>The cool, refreshing mist is also ideal for the body.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ENHANCER</td>
<td>A natural balancing act to soothe and hydrate.</td>
<td>100ml</td>
<td>97110308</td>
</tr>
<tr>
<td></td>
<td>With conditioning panthenol and soothing aloe vera, Enhancer soothes</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>the skin and prevents moisture loss. Use liberally to keep skin</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>comfortable and support its natural, healthy moisture balance.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MOISTURE RESTORE INTENSE MOISTURIZER</td>
<td>Maximum moisture for distressed skin. Richer than Rejuvenating Cream,</td>
<td>75ml</td>
<td>97111259</td>
</tr>
<tr>
<td></td>
<td>Moisture Restore addresses the needs of extremely dry skin.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Featuring pistachio oil, aloe vera and free radical fighting vitamin E, this</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>rich moisturiser strengthens the skin’s natural lipid barrier to return</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>suppleness and plasticity to dry or flaky skin.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## MEDIUM MOISTURISATION

<table>
<thead>
<tr>
<th>Product Name</th>
<th>Description</th>
<th>Capacity</th>
<th>Item No.</th>
</tr>
</thead>
<tbody>
<tr>
<td>NaPCA MOISTURIZER</td>
<td>Helps skin hold on to precious moisture.</td>
<td>75ml</td>
<td>97110257</td>
</tr>
<tr>
<td></td>
<td>With vitamin E and the natural humectant NaPCA, this cream</td>
<td></td>
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<tr>
<td></td>
<td>penetrates quickly to supplement the skin’s own moisture-binding capacity.</td>
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<tr>
<td></td>
<td>The dewy-light after-feel makes this moisturiser ideal for all skin</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>types.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>INTENSIVE EYE COMPLEX</td>
<td>Intense moisture meets delicate skin – beautifully!</td>
<td>15ml</td>
<td>97101233</td>
</tr>
<tr>
<td></td>
<td>Formulated with brown seaweed to fortify the skin’s natural ability to</td>
<td></td>
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<tr>
<td></td>
<td>absorb and retain moisture, this cream keeps the delicate skin</td>
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<tr>
<td></td>
<td>around the eyes properly hydrated while helping to soften the appearance</td>
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<tr>
<td></td>
<td>of fine lines and wrinkles.</td>
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</tbody>
</table>

## RICH MOISTURISATION

<table>
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<tr>
<th>Product Name</th>
<th>Description</th>
<th>Capacity</th>
<th>Item No.</th>
</tr>
</thead>
<tbody>
<tr>
<td>REJUVENATING CREAM</td>
<td>A moisture boost for drier skin types. Formulated to address the special</td>
<td>75ml</td>
<td>97101258</td>
</tr>
<tr>
<td></td>
<td>needs of dry skin, this cream improves your skin’s moisture-binding</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>capabilities with the hydrating power of hyaluronic acid. Daily use not</td>
<td></td>
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<tr>
<td></td>
<td>only restores moisture, but also helps to keep dryness from returning.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MOISTURE RESTORE</td>
<td>Maximum moisture for distressed skin. Richer than Rejuvenating Cream,</td>
<td>75ml</td>
<td>97110308</td>
</tr>
<tr>
<td>ENHANCER</td>
<td>Moisture Restore addresses the needs of extremely dry skin.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Featuring pistachio oil, aloe vera and free radical fighting vitamin E, this</td>
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<td></td>
<td>rich moisturiser strengthens the skin’s natural lipid barrier to return</td>
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<tr>
<td></td>
<td>suppleness and plasticity to dry or flaky skin.</td>
<td></td>
<td></td>
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</table>

## HYDRATE AND REPLENISH

It is important to maintain the moisture balance in your skin. Nu Skin® offers a broad range of facial moisturisers from light to rich. These facial moisturisers can be added to your core daily regimen to help you achieve the right hydration for a healthier appearance.
TOTAL CARE

From refreshing body cleansers to nourishing moisturisers, our body care, hair care, men’s care and oral care products deliver superior benefits from head to toe.
PERENNIAL®
Survival strategy for healthy looking skin.
The first all-over moisturiser to contain IBR-Dormin® – protects skin, provides resiliency and increases cellular durability – this fragrance-free formula helps skin remain soft and healthy looking all year round.
250ml
Item No. 97100875

LIQUID BODY BAR
A refreshing and soothing experience.
A unique blend of humectants to drench your skin with conditioning moisture, this soap-free formula gently cleanses the skin and protects its moisture barrier while awakening the senses with a refreshing grapefruit scent.
250ml
Item No. 97102717

LIQUID BODY LUFRA
Give your skin a healthy, polished look and feel.
All-over body exfoliant featuring finely ground walnut shells to buff out rough spots on elbows, back of arms, knees, heels and all over. This exfoliating formula revitalises and smooths skin, giving it a luminous glow.
250ml
Item No. 97101216

BODY BAR
A bestseller that leaves the skin fresh and clean.
Great for the entire family, this soap-free body bar gently washes away dirt and impurities, leaving the skin fresh and clean. With a light grapefruit scent and soothing aloe vera, this body bar is a bathroom staple.
100g bar
Item No. 97110353
5-pack
Item No. 97110354

BODY SMOOTHER
Seal in moisture, lock in softness.
Immediately after showering or bathing, smooth this quick-absorbing lotion on your slightly damp skin to lock in moisture, prevent tightness and nourish skin with aloe vera, algae extract and vitamins A and E.
250ml
Item No. 97101239

HAND LOTION
The ideal solution for dry hands.
When your hands need quick relief from irritating dryness, reach for Hand Lotion. Skin drinks in this light lotion, so your hands are left soft and hydrated.
125ml
Item No. 97110329

NU SKIN® TRAVEL SET
Bring your favourite Nu Skin® products with you.
Whether you are travelling for business or pleasure, this handy set makes it easy to take your favourite Nu Skin® products with you. With four 75ml bottles and a spray nozzle made from high quality material, this convenient space-saving travel solution fits perfectly into your bag.
5 pieces
Item No. 86998186

BODY CARE
Nu Skin® body care products contain ingredients designed to nourish, condition and soothe. With these advanced formulations, every inch of you will feel divine – day and night.
HAIR CARE

Transform the condition of your lifeless locks in just seven days with Nu Skin® Hair Care. With regular use, these scientifically advanced products correct and prevent damage from mechanical, environmental and biological aggressors – giving you visibly younger, healthier looking hair.

MOISTURIZING SHAMPOO
An oasis for overworked tresses.
If overheating, over-treating and over-colouring have left your hair looking dull and feeling weak, quench your hair’s deep thirst with Nu Skin® Moisturizing Shampoo. Featuring cotton bloom extract, natural sterols and shea butter, this nourishing cleanser restores strength to the cortex in just seven days for radiantly replenished hair.

250ml
Item No. 97101350

BALANCING SHAMPOO
Just the right balance of cleansing and moisturising.
Some shampoos strip away natural moisture, leaving hair dry, exposed and dull. Nu Skin® Balancing Shampoo gently removes impurities, returning the look of youthful strength and health to your hair in just seven days.

250ml
Item No. 97101351

CLARIFYING SHAMPOO
Reveal clean, shiny, manageable hair.
Formulated with shea butter seedcake extract, Nu Skin® Clarifying Shampoo attaches to build-up – including nicotine, chlorine and environmental pollutants – and washes away the signs of ageing. Your hair will feel clean, shiny and manageable after one wash and it will look stronger and healthier in just seven days.

250ml
Item No. 97101352
NU SKIN® HAIR CARE CONSUMER USE STUDY*

Formulated with scientifically proven technologies and tested and proven to get visible results, Nu Skin® Hair Care improves the condition of your hair by smoothing the cuticle for increased strength, shine and manageability.

*Based on results from a consumer use study in which 42 participants volunteered to use a complete set of the Nu Skin® Hair Care products for seven days. Caucasian and Asian participants between the ages of 18-64 and with medium to long hair were selected and randomly assigned to use a pair of shampoo and conditioner every day and the weekly conditioning regimen once within the week.

Users who had visual improvement after using the system for dry to damaged hair

Users who had visual improvement after using the system for normal to oily hair

Users who felt products worked better than their current hair care products

Users who had an enjoyable usage experience

60% 82% 84% 88%

RENU HAIR MASK

Lock in lustre all week long.

Nu Skin® ReNu Hair Mask provides critical hydration by penetrating the hair shaft and tripling the strength of damaged hair. Featuring CS7, an innovative cuticle smoothing agent that acts as cuticle glue to seal and strengthen each cuticle, this mask prevents split ends and breakage, making hair smooth, shiny and manageable for up to seven days.

100g

item No. 97101356

RICH CONDITIONER

Indulge in a youthful shine.

Developed with a low pH to seal the hair cuticle for increased moisture retention, Nu Skin® Rich Conditioner contains shea butter to drench the hair with lipids that mimic natural oils. And meadowfoam repairs damage and prevents breaking and weakening, so your hair behaves, feels and looks like younger, shinier hair in just seven days.

250ml

item No. 97101354

WEIGHTLESS CONDITIONER

All the conditioning without the weight.

Featuring meadowfoam complex to repair and prevent damage and amino acids to maximise manageability, Nu Skin® Weightless Conditioner gives you luscious conditioning without dragging your hair down. Hair feels more manageable and in just seven days this unique formula improves the condition of the hair shaft, promoting younger looking hair that feels full and looks radiant.

250ml

item No. 97101353
Get more from your morning routine. Nu Skin® for Men Dividends® collection delivers extra skin care benefits without adding extra hassle.

DIVIDENDS® SHAVE CREAM
Cleanses, exfoliates and conditions as you shave.
The concentrated lather of this unique, rich shaving cream gently removes dirt and oil and optimises razor glide for a clean, smooth shave that makes your skin look and feel great.
200g
Item No. 97101456

DIVIDENDS® AFTERSHAVE BALM
Extends the results of your morning shave.
This lightweight balm makes facial hair softer, finer and less noticeable, so the results of your morning shave last longer. Also prevents razor bumps and cools while soothing the skin.
50ml
Item No. 97101457

DIVIDENDS® COLLECTION
A handy set featuring Dividends® Shave Cream and Dividends® Aftershave Balm. Presented in an easy to carry toiletries bag.
Item No. 97136399
AP-24® ORAL CARE COLLECTION

Your plan of action for a healthy mouth.
This collection includes 2 Anti-Plaque Fluoride Toothpastes, 2 Whitening Fluoride Toothpastes, 2 packs of 3 Anti-Plaque Toothbrushes and 1 Anti-Plaque Breath Spray, presented in an easy to carry clear toiletries bag.

Item No. 97136144

ORAL CARE

Featuring a patented plaque fighter and proprietary formulas, AP-24® products provide advanced oral health care – giving your mouth a fresh feeling while providing anti-plaque protection 24 hours a day.

AP-24® ANTI-PLAQUE BREATH SPRAY
On-the-go convenience that freshens and cleans.
Just a few sprays create a clean, just-brushed sensation anytime you need it, offering protection against plaque at the same time.

30ml
Item No. 97111154

AP-24® WHITENING FLUORIDE TOOTHPASTE
Whiter, cleaner, healthier teeth in one dazzling formula.
This advanced toothpaste lightens teeth without peroxide while helping to prevent cavities and plaque formation.

110g
Item No. 97111155

AP-24® ANTI-PLAQUE FLUORIDE TOOTHPASTE
A plaque fighter with refreshing zing.
This cavity fighting formula helps fight plaque and refreshes breath with vanilla mint flavouring.

170g
Item No. 97111151

AP-24® ANTI-PLAQUE TOOTHBRUSH
Toothbrush for the whole family.
This specially designed toothbrush was engineered to effectively remove plaque while gently treating your gums.

3-pack
Item No. 97111156

AP-24® ORAL CARE COLLECTION

Your plan of action for a healthy mouth.
This collection includes 2 Anti-Plaque Fluoride Toothpastes, 2 Whitening Fluoride Toothpastes, 2 packs of 3 Anti-Plaque Toothbrushes and 1 Anti-Plaque Breath Spray, presented in an easy to carry clear toiletries bag.

Item No. 97136144
Nu Skin® partnered with award-winning ethnobotanists to create the Epoch® product line. Designed in balance with nature, Epoch® features efficacious plant wisdom from indigenous cultures. Experience Epoch® and discover a pure, new way of caring for your body and the world around you.*

*Nu Skin® donates US$0.25 from each Epoch® product sale to the Nu Skin Force for Good Foundation® – giving back to the communities that share their wisdom with us.
EPOCH® BAOBAB BODY BUTTER
Quench your skin’s thirst.
This deliciously rich cream quenches your skin’s thirst with shea butter and the fruit of the African baobab tree. These time-tested ethnobotanicals promote smooth, supple skin that stays touchably soft all day, while enhancing skin resiliency for even softer skin tomorrow.
125g
Item No. 97102781

MALAWI SEEDS OF HOPE PROJECT
What goes around comes around, because US$0.25 from every Epoch® Baobab Body Butter sale will be donated to the Nu Skin Force for Good Foundation® for the Malawi Seeds of Hope project. Life would be insupportable in some parts of Africa without the baobab tree. One baobab tree can store as much as 120,000 litres of water in its swollen trunk. During the dry season, these living reservoirs provide water and nourishment to the communities that surround them – keeping these communities alive.

The Malawi Seeds of Hope reforestation initiative focuses on planting and conserving trees, including the baobab, in local villages, providing and protecting precious resources for the people of Malawi.

For more information, please visit www.forceforgood.org.

FACE AND BODY
Incorporating some of nature’s most therapeutic ingredients, Epoch® face and body formulas contain skin beneficial botanicals that soothe and condition.

EPOCH® ICEDANCER
Refreshes and renews your legs.
When you have been on your feet all day, rub in instant leg relief with this alcohol-free gel, formulated with natural wild mint (Mentha arvensis). Used by Native American tribes for calming aches and pains. With a combination of horse chestnut, eucalyptus and peppermint oil, this clear cooling formula can be applied right over stockings to quickly revitalise your legs.
100ml
Item No. 97102803

EPOCH® SOLE SOLUTION®
Restores healthy looking heels, toes and soles.
For those who need more than a moisturiser, Sole Solution® restores smooth, healthy looking feet. Featuring crushed allspice berry (Pimenta dioica) – traditionally used by people of Central America to relieve persistent dry, cracked or red skin on the heels, toes and sides of feet – this ethnobotanical cream works on the underlying cause of chronically dry, cracked feet.
125ml
Item No. 97101220

EPOCH® FIREWALKER®
Soothes tired, achy feet.
Formulated with Hawaiian ti plant extract (Cordyline terminalis) – traditionally used by Polynesian firewalkers to absorb heat and to cool and soothe the skin, this ethnobotanical cream calms and relaxes feet. Babassu oil (Orbignya phalerata) provides the perfect amount of light moisturisation.
100ml
Item No. 97110826

EPOCH® BAOBAB BODY BUTTER
Quench your skin’s thirst.
This deliciously rich cream quenches your skin’s thirst with shea butter and the fruit of the African baobab tree. These time-tested ethnobotanicals promote smooth, supple skin that stays touchably soft all day, while enhancing skin resiliency for even softer skin tomorrow.
125g
Item No. 97102781
EPOCH® EVERGLIDE
Soothe your skin while you shave.
You will enjoy a smooth, close, comfortable shave with Everglide. Features mullein, a botanical used by Southwest Native Americans for its soothing properties.
125g
Item No. 97110805

EPOCH® ANTISEPTIC HAND SANITIZER*
Cleanses hands on the go.
Containing lavender, used in Europe for its cleansing effects, Antiseptic Hand Sanitizer kills 99.99% of the most common germs and bacteria.
100ml
*Includes a 15ml refillable unit.
Item No. 97110835

EPOCH® GLACIAL MARINE MUD®
Draw out the bad, reveal the good.
Extract impurities, remove dead skin cells and nurture skin with more than 50 beneficial minerals and trace elements. Legend has it that indigenous people may have tried to make pottery from this special mud. They were unsuccessful because of its fine particle size, but noticed their hands were softer and smoother.
200g
Item No. 97110809

EPOCH® DEODORANT®
Delivers a natural approach to freshness.
Featuring Citrus aurantium amara, this underarm formula glides on easily and soothes skin, without leaving annoying white marks on clothes.
50g
Item No. 97110802

EPOCH® BLEMISH TREATMENT
Stop unsightly breakouts in their tracks.
Blemish Treatment combines proven pore-clearing ingredients with Job’s tears, used historically in Asia to reduce redness. Also contains yarrow, burdock and chamomile extract to soothe skin and clear up complexions.
15ml
Item No. 97110845

EPOCH® POLISHING BAR
Polishes your skin while you cleanse.
Containing Glacial Marine Mud® and Tsuga heterophylla (ground bark) – used by Native Americans of the Pacific Northwest to exfoliate skin – this soap-free cleanser helps to remove impurities and excess oil.
100g
Item No. 97110803

EPOCH® FORCE FOR GOOD COLLECTION
Care for your skin and the world around you.
Item No. 97137347

MTALIMANJA VILLAGE PROJECT
The Build a Village project’s objective is to build a “living classroom” village where farmers from across Malawi can come to be educated and trained in numerous disciplines, such as farming, drip irrigation, forest conservation and much, much more. The Mtalimanja Village, which welcomed the first group of Malawian farmers and their families in September 2007, is the most ambitious, far-reaching project Nu Skin® has ever undertaken to help the people in Malawi – not just for a season or a year, but for generations to come. By purchasing the Epoch® Force for Good Collection, in addition to the US$0.25 donated to the Nu Skin Force for Good Foundation® from each Epoch® product sold, Nu Skin® will donate €4 to the Nu Skin Force for Good Foundation® Build a Village project.
For more information, please visit www.forceforgood.org.
HAIR

Ava puhi moni shampoo and conditioner.

For generations, Polynesians have squeezed nectar from the Ava puhi bulb directly onto their hair to cleanse and condition it. With Epoch®, now you can experience the conditioning, smoothing and shine enhancing benefits of Ava puhi moni.

EPOCH® BABY HIBISCUS HAIR AND BODY WASH

No tears – just bath-time smiles.

This tearless wash contains hibiscus flower extract, used by traditional cultures in Southeast Asia and Central America to help moisturise and maintain a healthy looking scalp while cleansing the skin and hair. Dispenses conveniently from a one-hand, easy to use foamer.

250ml
Item No. 97102897

EPOCH® AVA PUHI MONI ANTI-DANDRUFF SHAMPOO

Fights dandruff on a daily basis.

This botanical shampoo is formulated with clematis leaves – used traditionally by Native Americans to treat dry, flaking skin. Unlike other anti-dandruff shampoos that leave your hair flat and sticky with an antiseptic smell, this daily shampoo contains Ava puhi moni to keep hair soft and silky and has a fresh, clean scent.

250ml
Item No. 97102810

EPOCH® AVA PUHI MONI CONDITIONER

Hair made in paradise.

This ethnobotanical conditioner is formulated to keep hair looking shiny, healthy and beautiful. Perfect for use with Ava puhi moni Anti-Dandruff Shampoo.

250ml
Item No. 97102812

EPOCH® AVA PUHI MONI SHAMPOO AND LIGHT CONDITIONER

Cleanses and hydrates hair.

Two products in one, this rich ethnobotanical shampoo and light conditioner gently cleanses and hydrates, leaving your hair clean, vibrant and lustrous.

250ml
Item No. 97102811
Blended with the best of skin care science, this colour line enhances and illuminates your natural beauty – bringing the best of Nu Skin® to colour. An extension to good skin care, Nu Colour® cosmetics protect, correct and improve the natural look of your skin.
COMPLEXION-ENHANCING

By marrying the latest technology with ingredients that are weightless and pure, Nu Skin® has produced a collection of products that will define and highlight your natural beauty.

COMPLEXION

TINTED MOISTURIZER SPF 15
So sheer, so natural, so beautiful.
Mirror and reflect your natural skin tone with this lightweight, tinted moisturiser. Features microprism powders to impart an even, healthy glow, skin beneficial vitamins A and E, oil-free moisture and SPF 15 for environmental protection.
40ml
Please see chart for item number.

MOISTURSHADE LIQUID FINISH SPF 15
Soft, radiant colour.
Featuring SPF 15 for environmental protection, this velvety-smooth, medium-coverage foundation blurs imperfections and evens skin tone, providing a luminous look.
30ml
Please see chart for item number.

CONCEALER
What flaws?
Superior polymer technology creates a solid cream concealer that weightlessly offers long-lasting, buildable coverage. Supplements skin with beneficial vitamins and botanicals.
2.65g
Please see chart for item number.

CUSTOM COLOUR MOISTURSHADE WET/DRYPressed Powder¹
Two finishes in one for flawless coverage.
This versatile, long-wearing powder acts as a silky finishing powder by day and a beautiful matte foundation by evening. Apply dry to set makeup and reduce shine or sponge on damp for maximum coverage and a flawless finish.
11.3g
Please see chart for item number.
¹Compact sold separately.

FINISHING POWDER
Lock in your look.
This ultra-sheer loose powder helps to set foundation and blush to create a flawless, natural finish – and it won’t crease or cake.
30g
Item No. 97161201

CUSTOM COLOUR MOISTURSHADE WET/DRYPressed Powder COMPACT²
Refresh your look throughout the day.
Insert your preferred shade of Custom Colour MoisturShade Wet/Dry Pressed Powder into this convenient compact and you have everything you need to maintain your flawless look all day long. Features a mirror and wet/dry applicator sponge.
1 piece
Item No. 97101211
²Colour refill sold separately.

COMPLEXION TINTED MOISTURIZER SPF 15

<table>
<thead>
<tr>
<th>Shade</th>
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<tbody>
<tr>
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<tr>
<td>Sand</td>
<td>97161102</td>
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<tr>
<td>Beige</td>
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MOISTURSHADE LIQUID FINISH SPF 15

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Concealer

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Custom Colour MoisturShade Wet/Dry Pressed Powder

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<td>Vanilla Beige</td>
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<td>Buffed Ivory</td>
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<tr>
<td>Soft Amber</td>
<td>97160407</td>
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</table>
CUSTOM COLOUR DESIRED EFFECTS EYE SHADOW

COOL | WARM | NEUTRAL
--- | --- | ---
Smoke* | Shell* | Pearl Green*
97160221 | 97160202 | 97160218
State Grey* | Azalea Pink* | Sandy Gold*
97160222 | 97160205 | 97160215

*While supplies last.

EYES

CUSTOM COLOUR DESIRED EFFECTS EYE SHADOW

The gorgeous eyes you were meant to have.

Featuring jojoba and micro-powders for a smooth, easy to blend texture, this fade and crease resistant formula is available in a range of customisable, velvety-soft shades.

7g

Please see chart for item number.

CUSTOM COLOUR DESIRED EFFECTS EYE SHADOW COMPACT

Customise your eyes.

Create your own look by pairing your favourite Custom Colour Desired Effects Eye Shadow shades in this convenient compact.

1 piece
Item No. 97102756

*Colour refills sold separately.

LIPS

REPLENISHING LIPSTICK

Irresistible, younger looking lips.

This velvety smooth lipstick enhances the appearance of your lips with rich, non-feathering colour and the added protection of hydroxytyrosol. This patented ingredient provides powerful antioxidant, tissue-nurturing benefits for smooth, youthful looking lips.

4g

Please see chart for item number.

CONTOURING LIP GLOSS

Gloss your way to fuller, more youthful looking lips.

This ultra shiny, long-wearing gloss features an oligopeptide to define and contour the lips, focusing on the “cupids’ bow.” Clinically proven to stimulate collagen production, this peptide helps you to achieve full, shapely, youthful looking lips. Wear alone or over your favourite shade of Nu Colour® Replenishing Lipstick.

14.16g

Please see chart for item number.
COSMETIC BRUSH SET
A makeup artist’s secret.
This six-piece high-quality brush set is designed to give you perfect application for any look you choose. Its pearlescent white handle is stylised with beautiful brushed gold accents.
6 pieces
Item No. 97136722

BRONZING PEARLS
Bronze it up with a simple sweep.
Featuring silky, pearlised powder spheres in a blend of five different shades, these are the perfect touch for any complexion. Brush on to add a hint of sun-kissed radiance for a healthy, vibrant glow.
30g
Item No. 97165501

BRONZING BRUSH
Use with Nu Colour® Bronzing Pearls for a glowing complexion.
1 piece
Item No. 97123467

CHEEKS

BRONZING PEARLS
Bronze it up with a simple sweep.
Featuring silky, pearlised powder spheres in a blend of five different shades, these are the perfect touch for any complexion. Brush on to add a hint of sun-kissed radiance for a healthy, vibrant glow.
30g
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1 piece
Item No. 97123467

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A makeup artist’s secret.
This six-piece high-quality brush set is designed to give you perfect application for any look you choose. Its pearlescent white handle is stylised with beautiful brushed gold accents.
6 pieces
Item No. 97136722

NU COLOUR® COSMETIC BAG
Give your beauty essentials a stylish new home.
Made of micro-fibre and includes brown leather accents, this stylish case conceals a well-structured cosmetic bag.
1 piece
Item No. 96997544

NU SKIN® MIRROR
See the skin difference.
This slim line, compact mirror is encased in a resilient plastic case to bring it anywhere you go.
1 piece
Item No. 97102774
FROM THE INSIDE OUT

In addition to helping you look your best, we are committed to optimising the way you feel. Pharmanex® offers a complete approach, with nutritional supplements formulated to nourish and protect your body. With dedicated scientists and affiliations with scientific institutions around the world, our research and development engine produces innovative products.
Pharmanex® has created comprehensive supplements that provide the body with good levels of interesting vitamins and minerals. It is important to have a varied and balanced diet, and a healthy lifestyle.
Staying healthy throughout one’s life begins with eating right. There is a growing number of scientific evidence demonstrating the health benefits of specific nutrients. A healthy diet needs to have a balance of macronutrients (fats, proteins and carbohydrates) and micronutrients (vitamins and minerals) to meet the needs for human nutrition.

LifePak®+ will bring you a significant amount of the required vitamins and minerals that will target nine important functions of your body.

60 sachets containing 4 tablets

Item No. 85343742 Fr - Se
85433743 cz - gb - hu - nl
85883742 at - be - ch - de - fr - it - lu
85893742 dk - es - ie - is - no - pl
85833742 pt - ro - sk

LIFEPAK®+
Your foundation for a lifetime of health.
Pharmanex® has created a comprehensive micronutrient supplement that provides the body with beneficial levels of important vitamins and minerals, as well as a complete arsenal of botanicals. LifePak®+ provides key nutritional benefits that are substantiated by science.

9 FUNCTIONS IN ONE FORMULA

1. Cognitive Function
   - Iodine, Zinc, ...

2. Skin Health
   - Niacin, Biotin, ...

3. Antioxidant Network Defense
   - Selenium, Manganese, Vitamin C, ...

4. Bone Health
   - Calcium, Vitamin D, ...

5. Vision
   - Vitamin A, Vitamin B2 & Zinc

6. Cardiovascular Health
   - Vitamin K, Calcium, ...

7. Immune System Support
   - Vitamin C, Zinc, Copper, ...

8. Metabolism
   - Vitamin B1, Iodine, Copper, ...

9. Thyroid Function
   - Iodine & Selenium

Don’t let your guard down
Your body is constantly exposed to sunlight, pollution and stress that can weaken your skin’s protective barrier. With its advanced formula, LifePak®+ provides vitamin C, which contributes to the protection of cells from oxidative stress.

ESSENTIAL NUTRITIONALS ADR PACKAGE, WHICH CONTAINS LIFEPAK®, MARINE OMEGA AND JVI®
For more information on how to benefit from this special promotion, ask your Distributor.
MARINE OMEGA

Marine Omega is a food supplement rich in omega-3 fatty acids, containing Eicosapentaenoic Acid (EPA) and Docosahexaenoic Acid (DHA), which provides 1,200 mg/day of omega-3 fatty acids with krill and fish oil. EPA and DHA contribute to the normal function of the heart. In addition, DHA contributes to maintenance of normal brain function and normal vision.

120 softgels

Item No. 85893536 CZ, DK, IE, IS, NO, SE
85883536 AT, BE, DE, FR, IT, LU, NL
85435536 HU, RO, SK
85283536 ES, PL, PT

JVI®

Joie de Vivre - Get a taste for life

JVI®, a tasty and delicious beverage, is made up of nine frequently consumed European fruits and vegetables and three unique fruits (wolfberry, sea buckthorn and acerola). The latter are especially known for their high content of vitamins and minerals, especially vitamin C, and have traditionally been consumed in South American and Asian cultures, as part of a healthy diet. This orange coloured beverage is rich in vitamin C and copper, source of biotin and contains carotenoids. Vitamin C and copper contribute to the protection of cells from oxidative stress and to the normal function of the immune system. For a radiant look from inside out, vitamin C, copper and biotin contribute respectively to normal collagen formation for the normal function of skin, normal skin pigmentation, and maintenance of normal skin.

2x 750 ml bottles

Item No. 85433762 HU, RO, SK, CZ, PL
85893762 GB, IE, DK, SE, NO, IS, FI
85883762 BE, NL, LU, DE, CH, AT, FR, IT, ES, PT

SUPPORT FOR A STRONG FOUNDATION

To sustain optimal health, a balanced diet containing vitamins, minerals and other nutrients is recommended, together with a healthy lifestyle. With the demands of a busy routine, the additional intake of selected nutrients can complement your normal diet on a daily basis. LifePak®, JVI® and Marine Omega are specifically designed to help provide you with the nutritional foundation to strive in today’s world.
HOW DO I KNOW MY CAROTENOID LEVELS?

The Pharmanex® BioPhotonic Scanner, developed by scientists at a top American research university, is a unique tool that measures carotenoid levels non-invasively in skin tissues using the long-accepted science of Raman spectroscopy.

By simply placing the palm of your hand in front of the Scanner’s safe, low-energy blue light, you will obtain a reading representing the carotenoid levels in your skin - your Skin Carotenoid Score (SCS) - within seconds.

The BioPhotonic Scanner technology is patented and is a fast and convenient way to determine whether your supplements, such as LifePak®+ and JVi®, are increasing your Skin Carotenoid Score.

MONEY BACK GUARANTEE

After taking SCS Certified supplements, if your SCS does not increase, your money will be refunded*.

*Visit www.nuskin.com for complete guarantee details.

“Thanks to the Pharmanex® BioPhotonic Scanner, it is possible to clearly show how LifePak®+ increases the Skin Carotenoid Score.”

Károly Vácz, Nu Skin® Distributor

PHARMANEX® BIOPHOTONIC SCANNER

S3 BIOPHOTONIC SCANNER

An upgraded version of the S2 Everest Scanner. Smaller, faster and portable. Available from April 2014 to all qualified Distributors.
SOLUTIONS

Formulated to meet the demands of everyday life.

Today’s lifestyles demand more from our bodies than ever before. Our Pharmanex® Solutions products contain only pure, high-quality ingredients in safe and beneficial amounts. Each one provides the targeted nutrients our bodies need to keep up with our daily routines – providing real-life solutions for real-life demands.
“I have been using R² for about 4 months already and can say that when I started using it I felt an enormous wave of energy, it became my second birthday.”
Elena Leonova, Blue Diamond Executive, Russia

“I am on a high energy level the whole day. And even after a demanding day, I can concentrate very well in the evening.”
Doris Postelt, Diamond Executive, Germany

Over time, our bodies can become less effective at protecting our cells from oxidative damage and our cells begin to accumulate cellular waste and by-products. Decrease of physical vigour, reduced mental acuity and the lack of sexual drive are common signs of ageing – ultimately, what we call the loss of vitality.

Are you ready to feel young? You are not alone. Taken in the evening, R² Night helps you to start each day feeling refreshed. Taken in the morning, R² Day helps you to feel recharged and take control of a new day.

R² DAY
R² Day offers a wonderful blend of key ingredients such as Cordyceps sinensis, Pomegranate and Panax ginseng, which targets the following three dimensions to:
• Increase physical performance.
• Help maintain mental capacities.
• Help maintain good sexual relations.
180 capsules

R² NIGHT
R² Night contains a blend of carefully selected botanical extracts: red orange, broccoli seed and grape seed. In addition, it also contains selenium, a beneficial mineral that contributes to the protection of cells from oxidative stress.
60 capsules

item No. 85283901 C2 - ES
85883901 DE - AT - BE - LU - FR - NL
85893901 DK - GB - IE - SE
85153901 IT - PT
85433901 RO - SK – HU
TR90® M-BAR
Your on-the-go meal
Delicious meal replacement bars available in two flavours: Chocolate and Lemon Crisp. They offer the right amount of high quality proteins that contribute to the growth and maintenance of muscle mass in a convenient and easy way. TR90® M-Bar.

• Brings all the nutritional requirements of one main meal into one bar.
• Can easily be integrated into your lifestyle.
• Removes the guesswork.
• Is convenient, discreet and ready for use on-the-go.
• Is the ideal solution for busy individuals.

Chocolate - 60g/bar
Lemon Crisp - 59g/bar

Item No. TR90® M-Bar Chocolate (30 bars)
97138409 AT - BE - CH - DE - FR - LU - NL
97138401 DK - GB - IE - IS - PT
97138413 HU - RO
97138403 CZ - SK
97138407 FI - SE
97138405 ES - NO
97138411 IT

TR90® M-Bar Lemon Crisp (30 bars)
97138410 AT - BE - CH - DE - FR - LU - NL
97138402 DK - GB - IE - IS - PT
97138414 HU - RO
97138404 CZ - SK
97138406 FI - SE
97138408 ES - NO
97138412 IT
FLEXCARE®
Your body’s joints enable you to enjoy movement, with the primary function of holding the skeletal structure of your body together. Simply stated, the joints act as the glue.
The cartilage found in joints acts as a cushion between the bones. Maintaining healthy joints should be a lifelong goal achieved by adopting a healthy lifestyle. Elements of healthy living that help maintain healthy joints include sustaining a healthy body weight, regular and appropriate exercise and maintaining a nutritious and healthy diet.
FlexCare® contains vitamin C, which contributes to normal collagen formation for the normal function of cartilage and gums.

120 capsules
Item No. 85883231 BE - LL - NL
85845231 CZ - HU - RO - SK

CORDYMAX Cs-4®
CordyMax Cs-4® is a proprietary, standardised extract of Cordyceps sinensis mushroom that helps to tone the body and to protect the liver and kidneys. Our exclusive CordyMax Cs-4 formula is recognised in China as the fermented cordyceps mushroom product, offering interesting benefits. Over 15 years of extensive scientific research resulted in this Cs-4 strain. In fact, CordyMax Cs-4® has been placed under intellectual property protection and can boast being the first strain recognised by the Chinese government.
CordyMax Cs-4® is manufactured according to the Pharmanex 6S Quality Process and is standardised by High Performance Liquid Chromatography (HPLC) - an instrument used to determine the chemical makeup of any sample - to guarantee potency and consistent results of active ingredients.

120 capsules
Item No. 85873442 DK - GB - IS - NL
85433442 CZ - HU - RO - SK

BIOGINKGO
If you feel you have been slightly forgetful lately, give yourself a mental performance boost. Ginkgo biloba extract, present in BioGinkgo, will help you to maintain memory with age decline and to preserve cognitive function while helping to protect your cells and tissues from oxidation.

60 capsules
Item No. 85873441 BE - GB - IT - LU - NL - SE
85433441 CZ - HU - RO - SK

OPTIMUM OMEGA®
Pharmanex® Optimum Omega® is a food supplement that provides fish omega-3 fatty acids including EPA (eicosapentaenoic acid), DHA (docosahexaenoic acid) and deodorised garlic extract. EPA and DHA contribute to the normal function of the heart.
Vitamin E, present in Optimum Omega®, preserves product freshness by preventing omega-3 from oxidative damage.
Under the strict Pharmanex® 6S Quality Process for efficacy and safety, Pharmanex® sources fish that meet all its quality requirements.

60 softgels
Item No. 85883103 AT - BE - CH - DE - FR - LL - NL
85893103 DK - FI - GB - IE - IS - NO - SE
85283103 CZ - IT - PL
85433103 HU - RO - SK
Part of the body’s complex immune system includes a formidable arsenal of cells called Natural killer cells. These cells recognise a seemingly infinite number of organisms considered as foreign to the body and directly attack and destroy them. They also destroy damaged or compromised cells that occur naturally within the body as part of the cellular regeneration process.

Reishi is a wood-rotting fungus occurring as a shelf-like form on the sides of trees and stumps. In old Chinese texts, Reishi is a highly praised mushroom. For more than 2000 years, the people of Asia have utilised the benefits of the rare, deep forest Reishi mushroom.

IgG Boost® contains a standardised extract of bovine colostrum. This colostrum has an extract standardised to 50% IgG content, making it many times more concentrated than other colostrum products on the market today.

IgG Boost® is purified from excess first milk of cows in the dairy industry and meets the strict Pharmanex® 6S Quality Process for safety and efficacy.

*Not suitable for people with a milk allergy.

Protect your body with Tēgreen 97®
Green tea has been used traditionally in China for thousands of years for its various benefits and now modern science has identified antioxidants in green tea.

Tēgreen 97® is a proprietary, concentrated extract containing polyphenols and catechins found naturally in green tea.

30 capsules
- Item No. 85283440 AT - BE - CH - DE - FR - IT - LU - NL
- 85893440 DK - FI - IS - NO - SE
- 85433440 CZ - HU - RO - SK

120 capsules
- Item No. 85883529 AT - BE - CH - DE - FR - GB - IE - IT - LU - NL
- 85893529 DK - FI - IS - IT - NO - PT - SE

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- Item No. 85283440 AT - BE - CH - DE - FR - IT - LU - NL
- 85893440 DK - FI - IS - NO - SE
- 85433440 CZ - HU - RO - SK

120 capsules
- Item No. 85883529 AT - BE - CH - DE - FR - GB - IE - IT - LU - NL
- 85893529 DK - FI - IS - IT - NO - PT - SE

IgG BOOST®
A baby’s immune system at birth is vulnerable to the unfriendly microorganisms of a new environment. Nature can help provide a biological defence with colostrum, a mother’s first milk. One particularly active component of both human and bovine colostrums is Immunoglobulin G, or IgG.

IgG Boost® contains a standardised extract of bovine colostrum. This colostrum has an extract standardised to 50% IgG content, making it many times more concentrated than other colostrum products on the market today.

IgG Boost® is purified from excess first milk of cows in the dairy industry and meets the strict Pharmanex® 6S Quality Process for safety and efficacy.

*Not suitable for people with a milk allergy.

Protect your body with Tēgreen 97®
In a study published in the official publication for the American Society of Dermatologic Surgery, 41 women aged 25 to 75 were given Tēgreen 97® twice a day. They experienced an improved appearance of their skin.


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In a study published in the official publication for the American Society of Dermatologic Surgery, 41 women aged 25 to 75 were given Tēgreen 97® twice a day. They experienced an improved appearance of their skin.

OVERdrive®
Athletic performance depends on numerous important factors. One of the most important is proper nutritional status. OVERdrive® is formulated to provide nutrients, including vitamins and minerals:

• Vitamin B5, B6 and B12 contribute to normal energy-yielding metabolism and to the reduction of tiredness and fatigue.

• Chromium contributes to the maintenance of normal blood glucose levels.

• Antioxidants like vitamin C and E and grape seed contribute to the protection of cells from oxidative stress.

• Grape seed extract contributes to a healthy blood pressure.

90 tablets
Item No. 85283151HU - PL
85863151AT - BE - DE - DK - FR - LU - NL - NO - SE
85893151GB - IE - IS - IT
85433151CZ - RO - SK

FLEXCRÈME™
FlexCrème™ is a unique and proprietary mixture of cetylated fatty acid esters including Cetyl Tallowate. It targets areas surrounding joints and muscles. Simply rub this fast-acting, penetrating cream onto these areas and get back to an active, mobile life. FlexCrème is easy to apply and quickly absorbed by the skin.

60ml
Item No. 85873521 all markets except ES - IE - PL - PT

PHARMANEX® PILL BOX
Designed with your convenience in mind, this transparent, three-compartment pill box can be carried in your purse or pocket.

1 piece
Item No. 97136127 all markets
Nu Skin®

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the appearance of the skin will be visually more visible. Through its beneficial effect on skin renewal, by indigenous South American cultures as a natural kernels of the babassu palm. Used for generations - extracted from Babassu oil cobalamins (vitamin B12).

GLOSSARY

Amino acid - an acid that increases skin cell turnover, helps reduce the appearance of fine lines and wrinkles and promote smoother, clearer skin cell turnover, helps reduce the appearance of uneven texture and acne remnant marks.

Amino acid - a building block of protein. More than 20 different amino acids are used by the body to manufacture different proteins in muscle, hair, skin, blood and other tissues.

Aminogen - a scientific selection of 16 different amino acids that supply essential building blocks for youthful looking skin.

Antioxidant - a compound which helps capture free radicals.

AP-24® - a patented oral care ingredient with dimethicone and surfactants that leaves a smooth, clean feeling on the teeth.

arNOX - a powerful free radical generator found on the surface of cells and within the body. arNOX is an age-related enzyme that is believed to contribute as a source of ageing skin. arNOX levels in the human body have been shown to be associated with a person’s appearance.

arSuperMarkers - age-related super markers or “arSuperMarkers” is a term Nu Skin® coined that describes components of body chemistry that influence how we age.

Ascorbic acid - also known as vitamin C. Vitamin C contributes to the protection of cells from oxidative stress and contributes to normal collagen formation for the normal function of skin.

Ava puhi extract (Zingiber zerumbet) - nectar from the bulb of the ava puhi plant. Used for centuries by Polynesians to soften and condition hair.

B Vitamins - a family of water soluble vitamins that contributes to normal energy-yielding metabolism, maintenance of skin, mental performance and immune system. These include thiamine (vitamin B1), riboflavin (vitamin B2), niacin (vitamin B3), pantothenic acid (vitamin B5), pyridoxine (vitamin B6), biotin (vitamin B7), folic acid (vitamin B9) and the cobalamins (vitamin B12).

Babassu oil (Orbignya oleifera) - extracted from kernels of the babassu palm. Used for generations by Indigenous South American cultures as a natural moisturiser.

Bamboo extract - a powerful ingredient blend which makes the appearance of fine lines and wrinkles less visible. Through its beneficial effect on skin renewal, the appearance of the skin will be visibly more youthful.

Bentonite clay - this natural clay, derived from volcanic ash, acts as a magnet to remove dulling skin cells and toxins, then polishes skin for a fresh, bright complexion.

Biophotonics - a field of study that uses light to measure biomarkers in living organisms.

Brown seaweed - highly mineralised and rich with amino acids and antioxidants. Aids in the absorption and retention of moisture.

Burdock root extract (Arctium lappa) - historically used to help troubled complexions.

Cactus - an extract that helps the skin look moist and radiant.

Calcium - is the most abundant mineral in the human body. Calcium contributes to normal blood clotting, normal energy-yielding metabolism, normal muscle function and the normal function of digestive enzymes. Calcium is also needed for the maintenance of normal bones and teeth.

Carotenoids - an important category of fat soluble compounds. Abundantly found in nature and responsible for many of the reds, oranges and yellows we see in fruits and vegetables. Some examples of carotenoids are beta-carotene, lycopene, lutein and astaxanthin.

Cetyl fatty acid esters - an all natural form of a fatty acid treated with alcohol and used by the body as an emulsifier and lubricant.

Chamomile extract (Anthemis nobililis and Chamomilla recutita) - known for its soothing, conditioning and softening effects.

Citrus aurantium amara - used by various cultures throughout China and the Caribbean, especially Haiti, as a refreshing, natural deodoriser. Though introduced into Europe in the eleventh century. The citrus aurantium amara (a small orange called a Seville orange) became very popular, not only for its delightful sweet and sour taste, but also for its refreshing scent and deodorising properties.

Clematis vitalba leaves - used for generations by Native Americans to soothe flaky, dry skin.

Coenzyme Q10 (CoQ10 or Ubiquinone) - an important, natural antioxidant with the ability to regenerate and support other antioxidants. Topically, coenzyme Q10 promotes essential cellular energy for a radiant, youthful appearance.

Collagen - a protein that provides structure, strength and elasticity to the skin and other tissues throughout the body.

Costrumol - costrumol is the mother’s first milk produced after the birth of her offspring. Differs from regular milk in that it has a higher concentration of immune supporting proteins.

Colorless carotenoid (Dunaliella salina extract) - a unique antioxidant produced from algae grown in the Mediterranean Sea. Helps protect the skin from environmental hazards.

Copper - Copper contributes to normal energy-yielding metabolism, normal functioning of the nervous system, normal hair pigmentation, normal skin pigmentation, normal function of the immune system and the protection of cells from oxidative stress.

Cordyceps sinensis - a mushroom prized in China since ancient times that helps to tone the body, and protect the liver and the kidneys.

Cordyline terminalis - Hawaiian ti leaves treasured for hundreds of years by Polynesians for their skin-soothing properties.

Cortex - surrounds the core of the hair. The cortex gives hair its special qualities such as elasticity and curl. The cortex also contains granules of melanin, the hair’s pigment which is produced when the hair is growing in its follicle.

Cotton bloom extract - smoothes the cuticle, protects the keratin structure and moisturises naturally with seven actively synergistic oligosaccharides.

CS-7 - smoothes cuticles to provide shine that lasts through repeated shampooing.

Cuticle - is the outermost portion of the hair shaft. The cuticle is responsible for much of the mechanical strength of the hair fibre. Made of flattened cells that overlap like the tiles on a terracotta roof, the cuticle protects the inside of the hair shaft from damage.

DHA (Docosahexaenoic acid) - is an omega 3 fatty acid that contributes to normal brain function and normal vision. Fish oil is a good source of DHA.

Di- and tri-peptides - derived from hydrolysed rice protein; improve the skin’s recovery process after stress; stimulate cell renewal and synthesis of dermal proteins for improved firmness and a decrease in lines and wrinkles.

DNA (Deoxyribonucleic acid) - the genetic material found in nearly every cell of the human body. DNA contains the genetic information necessary for building and maintaining an organism. DNA usually exists as a double strand held tightly together, creating a double helix.

DPA (Docosapentaenoic acid) - is an omega 5 fatty acid. Together with DHA, EPA contributes to the normal function of the heart. Fish oil is a good source of EPA.

Ethocyn® - patented anti-ageing ingredient that improves the skin’s elastin content, the key component of firm skin.

Ethnobotanicals - plants used by indigenous cultures for skin benefits.

Eucalyptus - combined with menthol and peppermint oil to provide a cooling and invigorating sensation on the skin as well as a bold refreshing scent.

Free radicals - unstable molecules in the body that seek, attack and damage neighbouring molecules, making a continuing chain reaction of free radical formation and molecular damage. This chain reaction can lead to damage of cell membranes, DNA and tissue proteins.

Genes - the basic unit of heredity in living organisms. Genes are functional sections of DNA that hold the information to build, maintain and regenerate cells and pass genetic traits to offspring. Some of these traits are immediately visible, such as eye colour or number of limbs and
some express themselves later on in life, such as rate of ageing, health.

Ginkgo biloba - a botanical extract from the ginkgo tree that will help you to maintain memory with age decline and preserve cognitive function while helping to protect your tissues from oxidation.

Glucolactone - a polyhydroxy acid found naturally in skin cells. Its molecular structure makes it gentle and non-irritating to the skin while providing clinically proven anti-ageing benefits such as antioxidant protection, moisturisation and skin barrier.

Glucosamine - a powerful ingredient blend which makes the appearance of fine lines and wrinkles less visible. Through its beneficial effect on skin renewal, the appearance of the skin will be visually more youthful.

Grape seed extract (Vitis vinifera) - contributes to the protection of the cells from oxidative stress.

Green tea (Camellia oleifera and Camellia sinensis) - used as a cosmetic ingredient, it is an antioxidant that helps to soothe troubled skin and even out skin tones. Green tea contains several polyphenols.

Heat shock proteins - unique technology that enhances the skin's ability to protect against heat and UV stress, ensuring optimum cellular health.

Hibiscus flower extract (Hibiscus rosasinensis) - used throughout Polynesia, Southeast Asia and Central and South America for creating an infusion to cleanse, soften and soothe.

HMW Complex - this exclusive Nu Skin® ingredient combination includes hypnea muscosiformis extract, mugwort extract and willow herb. It works to soothe and calm the skin.

Horse chestnut (Aesculus hippocastanum) - an extract from a flowering tree that invigorates and energises the skin.

Hyaluronic acid - a moisturising compound found naturally in the skin. Selected for its capacity to bind moisture to the skin’s surface.

Hydroxytyrosol - a free radical scavenging polyphenol found in extra virgin olive oil that promotes smooth, flawless skin.

IBR-Dormin® (Narcissus tazetta extract) - a natural compound in the narcissus bulb. Scientifically shown to enhance cellular durability and improve the skin’s natural defence against environmental aggressors.

Immunoglobulins - a general term for antibodies. In response to exposure to foreign substances, all mammals produce these specific immune proteins.

Job’s tears extract (Coix Lacryma-Jobi) - derived from seeds of an ornamental grass. Historically used in Asia to soothe the skin.

Jojoba oil (Simmondsia chinensis) - a natural moisturiser derived from the seeds of a desert shrub that helps hair and skin look and feel soft.

Kelpadelle extract (Macrocytis pyriforma) - brown marine kelp extract. Helps preserve youthful collagen and elastin for healthy looking skin.

Krill oil - marine oil extracted from crustaceans offering a natural combination of phospholipids, astaxanthin and EPA/DHA fatty acids.

Lactic acid - see Alphahydroxy acid.

Lavender extract (Lavandula angustifolia) - used since ancient times as a cleansing ingredient.

Manganese - in biology, manganese ions function as cofactors for a large variety of enzymes with many functions. Contributes to normal energy-yielding metabolism and the protection of cells from oxidative stress.

Marine diatoms (Diatomaceous earth) - fine particles from planktonic algae used to gently exfoliate dead skin cells.

Meadowfoam seed oil (Limnanthes alba) - natural emollient. Moisturises and conditions skin.

Mentha arvensis - a natural wild mint that cools and revives the skin. Used by south-western Native American tribes.

Micronutrients - nutrients that we need in only small quantities, such as vitamins and minerals. Micronutrients carry out hundreds of vital functions within the body.

Minerals - essential micronutrients that are required in the diet because they cannot be produced by the body. They function as cofactors in many reactions in the body.

Mullein (Verbascum thapsus) - a flowering plant indigenous to the American Southwest, which is used by Native Americans for its soothing effects.

Mushroom extract (Fomes officinalis) - a natural astrigent shown to improve skin tightness and firmness as it diminishes the appearance of pores.

NaPCA (Sodium PCA) - a humectant that attracts and binds moisture to the skin.

Natural killer cells - are a type of lymphocyte (a white blood cell) and a component of the immune system. These cells play a major role in the host-rejection of infected cells.

Natural sterols - have a high water holding capacity and give hair a moist, smooth feel.

Oligopeptide - enhances lip definition and fullness by promoting collagen production.

Omega 3 fatty acids - Omega-3 fatty acids are polyunsaturated fatty acids. Main sources are krill and fish oil, egg and plant oils (flaxseed oil), EPA and DHA are the most important fatty acids.

Oxidation - a reaction caused to the body’s cells by the action of free radicals. Over time, oxidised cells become weaker and less able to perform all their functions properly.

Panthenol - member of the vitamin B family. A revitalising moisturiser and conditioner for both skin and hair.

Palmitoyl pentapeptide-3 - sends age reversing signals to collagen-producing cells to help reduce the appearance of fine wrinkles and lines.

Papain - an enzyme from the tropical fruit papaya that helps eliminate build up in pores.

Pea extract - a powerful ingredient blend which makes the wrinkles less visible by stimulating the production of collagen.

Peppermint oil (Mentha piperita) - a natural plant oil that cools, invigorates and stimulates the skin.

Phosphatidylcholine - derived from soy. Helps protect cell membranes and maintain skin fluidity.

Photosomes - DNA enzymes derived from marine plankton. They defend and support the skin and help to repair the impact of UV radiation. Lipid encapsulation provides enhanced bioavailability.

Pistachio oil (Pistacia vera) - a nut oil rich in fatty acids that moisturises and softens the skin.

Polyhydroxy acids (PHA) - see Gluconolactone and Lactobionic acid.

Polymer technology - creates a solid cream concealer that weightlessly offers smooth, long-lasting, buildable coverage without the use of petrolatum or heavy waxes.

Polyphenols - polyphenols are molecules that plants produce to defend themselves against various external aggressors. The pigments that indicate that fruits and vegetables are ripe are also part of the polyphenol family. They are also called phytocchemicals or phytonutrients.

Pomegranate - a deep-red, many seeded fruit native to Persia. Pomegranate contains polyphenols such as flavonoids.

Premocin - a proprietary ingredient blend that puts Tru Face® ingredients where they can do the most good.

Proteins - are large biological molecules consisting of one or more chains of amino acids. Proteins perform a vast array of functions in the body including metabolic reactions, replication of DNA and transport of molecules. Used by the body for building tissues, proteins are found in meat, eggs, dairy products, nuts, grains, fruits and vegetables.

Pumpkin enzymes (Lactobacillus/Curcurbita pepo fruit ferment extract) - proteolytic enzymes derived from pumpkin that help exfoliate and slough off dead skin cells.

Reishi mushroom (Ganoderma lucidum) - Reishi is a wood-rotting fungus occurring as a shelf-like form on the sides of trees and stumps. In old Chinese texts, Reishi is a highly praised mushroom. For more than 2,000 years, the people of Asia have utilised the benefits of the rare, deep forest Reishi mushroom.

Retinol - a pure form of vitamin A that helps smooth fine lines and wrinkles, increase skin clarity and bring radiance to the complexion. Vitamin A also contributes to normal iron metabolism, to the maintenance of normal skin, vision and immune system.

Saccharide isomerate - binds moisture to the skin, reducing dryness and giving skin a healthy glow.
**Salicylic acid** - a betahydroxy acid that promotes skin exfoliation. Used for both anti-ageing and anti-acne benefits.

**SeaLastin (Chlorella vulgaris extract)** - derived from algae grown off the coast of France. Helps protect the support structures of skin.

**Selenium** - cofactor in the function of the enzyme glutathione peroxidase which contributes to the protection of cells from oxidative stress caused by free radicals.

**Shea butter (Butyrospermum parkii)** - a rich emollient that enhances the skin’s natural barrier function and increases moisture levels.

**Soy lipids (Glycine soja)** - protect the skin’s delicate moisture barrier. Help skin stay soft and hydrated.

**Strawberry extract (Fragaria vesca)** - helps soothe skin and reduce the appearance of pores.

**Sunscreen** - an active ingredient that helps prevent sun damage by absorbing harmful UV radiation.

**Tocopherol** - also know as vitamin E, which contributes to the protection of cells from oxidative stress.

**Tricalgoxyl® (kelp sulfated oligosaccharides)** - extracted from brown algae. Rich in polysaccharides, which provide an optimal environment for abundant hair.

**Urea** - a highly effective and powerful humectant. Urea penetrates deep into the outermost layer of the skin to hydrate and protect dry, damaged skin. In higher concentrations, urea can help reduce scales and calluses.

**Vitamin A** - see Retinol.

**Vitamin C** - see Ascorbic acid.

**Vitamin D** - a fat soluble vitamin obtained from dietary sources or produced by skin cells when exposed to sun light. Contributes to the maintenance of normal bones and immune system. Synthesis of vitamin D in the skin by the action of sunlight is insufficient to meet requirements in European countries, especially during winter months when there is little sunlight exposure.

**Vitamin E** - see Tocopherol.

**Vitamin K** - this fat soluble vitamin contributes to normal blood clotting and to the maintenance of normal bones.

**Vitamins** - essential micronutrients that are required in the diet because they cannot be produced by the body. Vitamins can act as antioxidants and coenzymes, compounds necessary for numerous reactions within the body.

**Walnut shell powder (Juglans regia)** - ground from the English walnut to create a mild abrasive for softer, smoother skin.

**White tea extract (Camellia sinensis)** - an antioxidant high in catechins; helps protect and restore the skin’s natural resiliency.

**Yarrow (Achillia millefolium)** - a plant extract that helps soothe the skin.

**Youth Gene Clusters** - functional groups of genes that share characteristics associated with youthfulness. Youth Gene Clusters are a key arSuperMarker.

**Zinc** - a trace mineral essential to more than 70 enzyme reactions in the body. Zinc contributes to the protection of cells from oxidative stress, the maintenance of normal bones, vision and skin. It also contributes to normal cognitive function.

**Zinc PCA** - a sebum reducer.
The formula for great skin

Healthy, beautiful looking skin can be a reality for everyone, regardless of age. By following a few simple rules and then caring for your skin with efficacious products, you have the formula for youthful, smoother, healthy looking skin now and in the future.

### APPENDIX 1

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<td>20’s</td>
<td>Even though your skin is moist, smooth and supple, your skin cell renewal rate is beginning to slow. The result is accumulation of excess dead skin cells that give your complexion a dull appearance.</td>
<td>This is a great time to establish a beneficial skin care regimen. • Use a cleanser developed to help remove dirt and dead cells to uncover your youthful radiance. • Follow with a toner to restore pH balance. • Apply a product to preserve youthful collagen and elastin. • Try at-home microdermabrasion to quickly and gently polish your skin, removing dull skin cells and toxins. • Try a weekly spa treatment at home to remove toxins and increase circulation.</td>
<td>• Pure Cleansing Gel • pH Balance Matifying Toner • Nu Skin® Clear Action® Foaming Cleanser • Nu Skin® Clear Action® Toner • Celltrex® CoQ10 Complete • Moisture Restore Day SPF 15 Combination to Oily Skin • Tru Face® Skin Perfecting Gel • Polishing Peel • ageLOC® Edition Nu Skin Galvanic Spa System® II</td>
</tr>
<tr>
<td>30’s</td>
<td>The effects of UV radiation (sunlight) and environmental pollution are beginning to show on your complexion. As collagen production declines, paired with repetitive facial movements, you may start noticing wrinkles around your eyes, mouth and forehead.</td>
<td>Keep a cleanser, toner, moisturiser and sunscreen as part of your daily regimen and include a product that boosts collagen production to help fill in and smooth over those noticeable lines. • Find a treatment that contains polyhydroxy acids (PHAs) to help stimulate cell renewal and enhance skin’s radiance for a smoother, more youthful looking complexion. • Try at-home microdermabrasion to quickly and gently polish your skin, removing dull skin cells and toxins. • Try a weekly spa treatment at home to remove toxins and increase circulation.</td>
<td>• ageLOC® Gentle Cleanse &amp; Tone • Pure Cleansing Gel • pH Balance Matifying Toner • ageLOC® Radiant Day SPF 22 • Moisture Restore Day SPF 15 Combination to Oily Skin • ageLOC® Transforming Night • Tru Face® Line Corrector • Tru Face® Instant Line Corrector • Tru Face® Revealing Gel • Polishing Peel • ageLOC® Edition Nu Skin Galvanic Spa System® II</td>
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<tr>
<td>40’s</td>
<td>Your skin’s sebum production slows down, resulting in dryer skin. You are also losing fat beneath your skin’s outer layer, which means your skin is more fragile and is beginning to sag. Elasticity is reducing and you may notice deeper wrinkles. In short, your complexion has lost its youthful glow.</td>
<td>You may benefit from an antioxidant rich cleanser and a hydrating moisturiser. • Find a product containing pro-collagen peptides that help soften lines and wrinkles around the mouth, eyes and forehead. • Choose a product designed to help elastin production and fight the early signs of sagging chin and jaw. • Consider a comprehensive, intense system to jump-start your skin care regimen. • Try a weekly spa treatment at home to remove toxins and increase circulation.</td>
<td>• ageLOC® Gentle Cleanse &amp; Tone • Creamy Cleansing Lotion • pH Balance Toner • ageLOC® Radiant Day SPF 22 • Night Supply Nourishing Cream • ageLOC® Transforming Night • Tru Face® Line Corrector • Tru Face® Essence Ultra • ageLOC® Future Serum • Nu Skin® 180°® Anti-Ageing System • ageLOC® Edition Nu Skin Galvanic Spa System® II</td>
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<tr>
<td>50’s+</td>
<td>The pigment cells in your skin may clump together more, creating “age spots”. Your skin has lost much of its firmness and tone and may be drier, itchy and more sensitive to allergens. Your skin is thinner and more fragile.</td>
<td>In addition to cleansing, toning and moisturising, consider a skin brightening system to reduce skin discolouration and achieve a more even tone. • Choose a product designed to help increase elastin production while slowing elastin degradation to help firm up sagging and undefined skin around the chin, eyes and jaw. • Try a weekly spa treatment at home to remove toxins and increase circulation.</td>
<td>• ageLOC® Gentle Cleanse &amp; Tone • Nu Skin® 180°® Face Wash • Tru Face® Priming Solution • ageLOC® Radiant Day SPF 22 • Tru Face® Ultra • Moisture Restore Intense Moisturizer • ageLOC® Transforming Night • Tru Face® Line Corrector • Tru Face® Revealing Gel • Tru Face® Essence Ultra • ageLOC® Future Serum • ageLOC® Edition Nu Skin Galvanic Spa System® II</td>
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No matter what your age is, always remember to use a daily sunscreen to help reinforce your natural skin defences and include fresh fruits and vegetables in your diet.

The above information is a guide to typical skin features through different ages. Lifestyle, environment and genes all play a part in how your skin looks and feels, so you may find that products suited to your skin’s specific needs may fall under a different age category than your actual age.
## Individualised skin care treatment guide

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<tr>
<td>Appearance of Pores</td>
<td>X X X X</td>
<td>X X X</td>
<td>X X X</td>
</tr>
<tr>
<td>Dark Circles/Under Eye Puffiness</td>
<td></td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Breakouts</td>
<td></td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Oiliness</td>
<td>X X</td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>Dry Skin</td>
<td></td>
<td>X</td>
<td>X X</td>
</tr>
<tr>
<td>Antioxidant Protection</td>
<td>X X X X</td>
<td>X X X</td>
<td>X X</td>
</tr>
</tbody>
</table>

### Note:
* Only one core system should be used at a time.
** Using multiple products that target cell turnover like hydroxy acids is a duplication and may potentially increase skin sensitivity. Contact your local Customer Service for detailed product recommendations.
*** Only one spa product should be used per sitting.
# Individualised hair care treatment guide

Which Nu Skin® hair care products will suit my hair?*

<table>
<thead>
<tr>
<th>Hair Type/Condition</th>
<th>SHAMPOO</th>
<th>CONDITIONER</th>
<th>WEEKLY TREATMENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Normal to oily &amp; fine hair</td>
<td>Balancing Shampoo</td>
<td>Weightless Conditioner</td>
<td>Clarifying Shampoo &amp; ReNu Hair Mask (once a week)</td>
</tr>
<tr>
<td>Normal to oily hair seeking sleek, straight styles</td>
<td>Balancing Shampoo</td>
<td>Rich Conditioner</td>
<td>Clarifying Shampoo &amp; ReNu Hair Mask (once a week)</td>
</tr>
<tr>
<td>Oily hair desiring volume</td>
<td>Balancing Shampoo</td>
<td>Weightless Conditioner</td>
<td>Clarifying Shampoo &amp; ReNu Hair Mask (once a week)</td>
</tr>
<tr>
<td>Very oily hair</td>
<td>Balancing Shampoo</td>
<td>Weightless Conditioner</td>
<td>Clarifying Shampoo &amp; ReNu Hair Mask (1 or more times a week)</td>
</tr>
<tr>
<td>Very dry hair</td>
<td>Moisturizing Shampoo</td>
<td>Rich Conditioner</td>
<td>ReNu Hair Mask (1 to 2 times a week)</td>
</tr>
<tr>
<td>Very dry &amp; heavily treated hair</td>
<td>Moisturizing Shampoo</td>
<td>Rich Conditioner</td>
<td>ReNu Hair Mask (2 or more times a week)</td>
</tr>
<tr>
<td>Dry to normal hair</td>
<td>Moisturizing Shampoo</td>
<td>Weightless Conditioner</td>
<td>ReNu Hair Mask (once a week)</td>
</tr>
<tr>
<td>Dry to normal hair seeking sleek, straight styles</td>
<td>Moisturizing Shampoo</td>
<td>Rich Conditioner</td>
<td>ReNu Hair Mask (once a week)</td>
</tr>
<tr>
<td>Highly exposed to environmental pollution (swimmers hair)</td>
<td>Moisturizing Shampoo</td>
<td>Rich Conditioner</td>
<td>Clarifying Shampoo &amp; ReNu Hair Mask (1 to 2 times a week depending on hair’s condition)</td>
</tr>
<tr>
<td>Course &amp; curly hair</td>
<td>Moisturizing Shampoo</td>
<td>Rich Conditioner</td>
<td>Clarifying Shampoo &amp; ReNu Hair Mask (once a week)</td>
</tr>
<tr>
<td>Thick hair preferring products with ethnobotanical ingredients</td>
<td>Epoch® Ava puhi moni Shampoo and Light Conditioner</td>
<td>Epoch® Ava puhi moni Conditioner</td>
<td>Clarifying Shampoo &amp; ReNu Hair Mask (once a week)</td>
</tr>
<tr>
<td>Hair with dandruff problems</td>
<td>Epoch® Ava puhi moni Anti-Dandruff Shampoo</td>
<td>Conditioner of your choice</td>
<td>Clarifying Shampoo &amp; ReNu Hair Mask (once a week)</td>
</tr>
<tr>
<td>Hair loss or hair thinning</td>
<td>Nutriol® Shampoo</td>
<td>Conditioner of your choice</td>
<td>Nutriol® Hair Fitness Treatment &amp; ageLOC® Edition Nu Skin Galvanic Spa System® II</td>
</tr>
</tbody>
</table>

*The results will vary depending on hair density, type, texture, condition and personal style.
A CULTURE OF GIVING

Nu Skin’s culture of giving unites the Nu Skin family of Distributors, customers and employees in innovative humanitarian efforts that multiply the company’s ability to nourish and empower children around the world.
Since 1996, the non-profit Nu Skin Force for Good Foundation® has granted more than US$25 million to life-changing projects to help improve the lives of children around the world. Since Nu Skin® covers all administrative and overhead costs for the foundation, 100% of donations from generous Distributors, and from sales of our unique Epoch® personal care line and nourishing VitaMeal are used directly to improve the health, education and economic opportunity of children. Major projects include:

- Teaching sustainable agriculture in Malawi with the Mtalimanja Village School of Agriculture for Family Independence (SAFI) and Seeds of Hope reforestation initiative.
- Providing schools and education resources to island children through Seacology.
- Funding research to find a cure for the devastating skin disease Epidermolysis Bullosa (EB).

For more information or to make a difference with your contribution, please visit www.forceforgood.org
Fortunately, with Nu Skin®’s Nourish the Children® initiative, now one serving of VitaMeal is donated to a child in need every second. Nourish the Children® is an innovative business initiative that facilitates ongoing VitaMeal purchases, donations and distribution. This unique social entrepreneurial network of Nu Skin® Distributors and customers results in millions of life-saving meals reaching malnourished children around the world every month.
Nu Skin® scientists collaborated with a leading expert in child malnutrition to develop VitaMeal. One bag of VitaMeal holds 30 child-sized meals—enough to provide the vitamins and nutrients necessary to nourish a child for a month. Since 2002, more than 250 million meals have been donated through the Nourish the Children® initiative.

MAXIMISING YOUR IMPACT
For every VitaMeal 5-pack donation, Nu Skin® also donates one bag of VitaMeal. For all other VitaMeal donations, Nu Skin® matches one bag for every eight bags purchased.

With VitaMeal plants in Malawi, South Africa and China, the Nourish the Children® initiative is also helping create new jobs and economic opportunities.

www.nourishthechildren.com
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*Some markets/specific regions or islands are excluded from this discount plan.

For more information about Nu Skin’s business opportunity and products, please contact your Nu Skin Distributor.