



#### GIRL WITH A CURL

The perm is back. Yup, you heard us! But don't dig up your shoulder pads just yet – the only perm that's making waves at the moment is an eyelash perm. We have to admit, we giggled when we first heard about the idea, but then we actually tried it for ourselves and really is a remarkably clever procedure. Lisa Jarvis, Johannesburg-based aesthetician, knows all there is to know about permanent make-up. "It's the working woman's answer to saving time and money," she explains. After an eyelash perm, you wake up with perfectly curled lashes – which cuts down on mascara expenses and saves you from using an eyelash curler. Results vary from person to person, VOILAI editor Nimi Pretorius had her lashes done and was blown away with the results.

The procedure itself is quick and easy and your lashes actually look thicker and healthier afterwards. The actual perm is completed in a three-step process: a gentle perming lotion is applied to the curled-up lashes, after which you can enjoy a 10-15 minute relaxation session. The perming lotion is gently removed and a neutraliser is applied before a further 10-15 minute relaxation session. Once the neutraliser is removed, your lashes are treated with a nourishing lotion, before the silicone pads and any glue residue are removed to reveal your new, beautifully curvy lashes. Et voila – your lashes never looked better!

FOR MORE INFORMATION VISIT [WWW.OURSECRETPMU.CO.ZA](http://WWW.OURSECRETPMU.CO.ZA). TO BOOK AN EYELASH PERM WITH THE LOVELY LISA, CALL 084 472 6478.

#### A SPA AT YOUR FINGERTIPS

After hearing so much about Nu Skin's Galvanic Spa, we decided to try it ourselves. Easy to use at home, it promises to smooth the appearance of fine lines and wrinkles, rejuvenate your complexion and revitalize your scalp.

The Galvanic Spa comes with a set of gels, each with their own purpose – and figuring out how to use it takes a while. Luckily, it comes with a handy DVD so it shouldn't take you long to get going. It's also important to know that, after purchasing the Spa, you'll have to stock up on the gels on a monthly basis if you want to maintain the results.

#### FIT FOR A PRINCESS

OK, so we all loved the dress (both of them, in fact), the hair and Kate Middleton's classic, elegant make-up on her big day. But did you know that she wore essie nailpolish on the big day?

Here's how you can nail Kate's elegant wedding style: manicurist Marina Sandoval applied a mix of Bourjois So Laque Nail Enamel in Rose Lounge and essie Nail Polish in Allure, a chic beige polish Essie Weingarten dedicated to Allure magazine years ago. And they all lived gorgeously ever after.

ESSIE NAILPOLISH (R99,95) IS AVAILABLE AT DIS-CHEM, FOSCHINI AND SORBET SALONS NATIONWIDE.



#### BRIGHT AND BEAUTIFUL

Fashion trends come and go, but a healthy, pearly white smile never goes out of fashion. That's where BriteSmile comes in!

With BriteSmile, it takes just over an hour to get a million dollar smile – without the matching price tag. That means, if you hurry up, you could have a gorgeous smile for your date tonight.

If you have any concerns about the risks involved with teeth-whitening procedures, you'd be happy to know that BriteSmile procedures are perfectly safe. Only approved professional dentists may perform the procedure and BriteSmile gels contain just 15% peroxide (compared to the 35%+ of other light-activated procedures.) Say cheesel!

VISIT [WWW.BRITESMILE.CO.ZA](http://WWW.BRITESMILE.CO.ZA) TO FIND YOUR NEAREST BRITESMILE DENTIST.



But, once you get the hang of it, just 10 minutes a few times a week will have your colleagues whispering about your real age and/or the size of your botox bill. After just one treatment, VOILAI MD Daleen Henning found her skin to be smoother and more radiant. Let's just say she's hooked! It's easy to see why stars like Tony Braxton swear by this little gadget to hide the signs of ageing – it really does give you dramatic, instant results. **✓**

THE NU SKIN AGELOC EDITION GALVANIC SPA SYSTEM II IS AVAILABLE FOR PURCHASE THROUGH INDEPENDENT NU SKIN DISTRIBUTORS OR ONLINE AT [WWW.NUSKIN.COM](http://WWW.NUSKIN.COM). IT RETAILS FOR R3 570,60. FOR MORE INFORMATION, CONTACT 0800 993 998.

