

COLLAGEN PLUS

PROFESSIONAL INFORMATION - COLLAGEN PLUS

SCHEDULING STATUS: **S0**

COMPLEMENTARY MEDICINE: HEALTH SUPPLEMENT

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

1. NAME OF THE MEDICINE

COLLAGEN PLUS, Sachets.

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Qualitative and Quantitative declaration:

Each sachet contains:	2 500,0 mg
Collagen Hydrolysate	
Lutein	5,0 mg
<i>Triticum aestivum</i> L (wheat) [oil extract]	70,0 mg

Sugar free

Contains sweetener: steviol glycosides 68.7 mg / sachet

Contains wheat (gluten). May contain traces of the following allergens: Fish and products thereof, milk and products thereof (including lactose), soy, celery, mustard and products thereof, sulphur dioxide and sulphites.

For full list of excipients, see section 6.1

3. PHARMACEUTICAL FORM

COLLAGEN PLUS sachets contain an off-white powder with red specks.

4. CLINICAL PARTICULARS

4.1 Therapeutic indications

COLLAGEN PLUS

- contains antioxidant that helps protect cells against cell damage caused by free radicals
- is a source of the essential amino acid lysine to help in collagen formation

4.2 Posology and method of administration:

Posology:

Mix one stick pack into 100 ml of water. Consume within first few minutes of mixing. Take once daily, preferably with a meal containing oil/fat.

Special populations: No data are available.

Paediatric population: Not recommended for children under the age of 18.

4.3 Contraindications

Do not take **COLLAGEN PLUS**:

if you are if you are hypersensitive (allergic) to wheat (gluten) or any of the other ingredients of **COLLAGEN PLUS**.

4.4 Special warnings and precautions for use

Consult your doctor prior to use, especially if you have a medical condition or are taking prescription medication. Do not exceed recommended daily dose.

4.5 Interaction with other medicines and other forms of interaction

No known interactions.

4.6 Fertility, Pregnancy and lactation

The safety of **COLLAGEN PLUS** in pregnancy and lactation has not been established. Consult a health care practitioner prior to use if you are pregnant or breastfeeding your baby.

4.7 Effects on ability to drive and use machines

COLLAGEN PLUS should have no or negligible influence on the ability to drive and use machines.

4.8 Undesirable effects

COLLAGEN PLUS can have side-effects.

Gastrointestinal disorders:

Less frequent: Mild gastrointestinal disturbances.

Should the patient's general health worsen or if any untoward effects are experienced while taking **COLLAGEN PLUS** treatment should be stopped.

Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicine is important. It allows continued monitoring of the benefit/risk balance of the medicine. Health care providers are asked to report any suspected adverse reactions to SAHPRA via the "6.04 Adverse Drug Reactions Reporting Form", found online under SAHPRA's publications: <https://www.sahpra.org.za/Publications/Index/8>

4.9 Overdose

None known. Treatment is supportive and symptomatic.

5. PHARMACOLOGICAL PROPERTIES

Pharmacological classification

34.13 Other

5.1 Pharmacodynamic properties

Not applicable.

5.2 Pharmacokinetic properties

Not applicable

5.3 Preclinical safety data

Not applicable.

6. PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Carotene colourant, citric acid, natural flavouring, steviol glycosides from Stevia, silicon dioxide.

6.2 Incompatibilities

Not applicable.

6.3 Shelf life

24 months.

6.4 Special precautions for storage

- Store at or below 25 °C.
- Keep the container well closed.
- Protect from light and moisture.
- Keep in the original container until ready for use.
- Do not use if sachet integrity is affected

6.5 Nature and contents of container

COLLAGEN PLUS sachets contain an off-white powder with red specks

30 **COLLAGEN PLUS** sachets are packed into a cardboard box.

6.6 Special precautions for disposal and other handling

No special requirements.

7. HOLDER OF CERTIFICATE OF REGISTRATION

Nu Skin South Africa,
22 Magwa Crescent,
Waterfall City,
Ground and 1st Floor,
Midrand 1682,
South Africa

8. REGISTRATION NUMBER

To be allocated.

DATE OF PUBLICATION OF THE PROFESSIONAL INFORMATION

To be allocated.