

NU
SKIN®

*Product
Guidebook*





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The magic starts here. Experience the power of Nu Skin's famous anti-ageing ingredients.

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AGELOC®
unlock the secrets of youthful looking skin

The magic starts here. Experience the power of Nu Skin's famous anti-ageing ingredients. Together with the cutting-edge technology of our LumiSpa and Galvanic devices, the customised skincare of ageLOC Me, and everything in between, our ageLOC science offers all your skin needs to target the visible signs of ageing for a beautiful, youthful reflection.



GENTLE CLEANSE & TONE

ANTI-AGEING FOAMING CLEANSER & TONER 60 ML

Combine cleansing and toning into one simple step with ageLOC Gentle Cleanse and Tone. The luxurious dual-action formula softly foams to gently cleanse, replenish and hydrate your skin. It also helps to maintain its natural pH level, while our ageLOC ingredients work to tackle the visible signs of ageing skin at the source.

Use twice a day, both morning and night. Moisten face and neck with lukewarm water. Pump three times onto your fingertips and gently massage your face and neck, avoiding direct contact with the eyes. Rinse with warm water and pat dry. ageLOC Gentle Cleanse and Tone's package size and usage instructions are optimised to last for 30 days.

Not only will you save time in a busy schedule by combining your cleansing and toning tasks, you'll also experience the wonders of our patented ageLOC ingredients, which tackle the visible signs of skin ageing at the source. ageLOC Gentle Cleanse and Tone is also available as part of the ageLOC Transformation package.



FUTURE SERUM

ANTI-AGEING FACIAL SERUM 30 ML

ageLOC Future Serum and the power of its patented ageLOC ingredients blend reveal young looking skin in eight different ways. Target the visible signs of skin ageing at their source, hydrate and enjoy a smoother, firm skin structure with an even, radiant tone while reducing the appearance of pores and discolouration. That's some combo!

Before moisturising both morning and evening, pump twice onto your fingertips and apply the serum in an upward, outward motion to your face and neck, avoiding the eye area. ageLOC Future Serum's package size and usage instructions are optimised to last for 30 days.

ageLOC Future Serum is powered by our patented ageLOC ingredients, crucial in tackling the visible signs of ageing skin at the source. It's pretty great at multi-tasking, too – you'll experience eight different skin benefits in one small package! Future Serum is also available as part of the ageLOC Transformation package.



RADIANT DAY SPF 22

ANTI-AGEING DAY-TIME FACIAL MOISTURISER 25 ML

Lightweight and easy to use, ageLOC Radiant Day SPF 22 visibly brightens and hydrates skin while helping to resist the visible signs of skin ageing. This silky-smooth formula protects your skin from excessive sun exposure, leaves it feeling smooth and soft, and reduces the appearance of fine lines and wrinkles to deliver radiant, flawless looking skin.

Each morning, squeeze a pea-sized amount onto your fingertips and apply in an upward, outward motion to your face and neck, avoiding the eyes. ageLOC Radiant Day SPF 22's package size and usage instructions are optimised to last for 30 days.

ageLOC Radiant Day and ageLOC Transforming Night are siblings! Sharing many hydrating and anti-ageing ingredients, they ensure that your facial skin receives a stream of complementary benefits for optimal effect! ageLOC Radiant Day is also available as part of the ageLOC Transformation package.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



**TRANSFORMING
NIGHT**
ANTI-AGEING NIGHT-TIME
FACIAL MOISTURISING CREAM 30 ML

REASONS TO LOVE

Reduce the appearance of fine lines, wrinkles and pores with ageLOC Transforming Night, a rich hydrating cream which works together with your natural nightly renewal process to see you wake to smooth, supple skin. Fuelled by mild ingredients and our ageLOC blend, it hydrates, rejuvenates and tackles the signs of skin ageing at the source.

HOW TO USE

To complete your evening regimen, scoop a small amount of the product onto your fingertips and apply in an upward, outward motion to your face and neck, avoiding the eye area. ageLOC Transforming Night's package size and usage instructions are optimised to last for 30 days.

DID YOU KNOW

ageLOC Transforming Night and ageLOC Radiant Day are siblings! Sharing many hydrating and anti-ageing ingredients, they ensure that your facial skin receives a stream of complementary benefits for optimal effect! This product is also available as part of the ageLOC Transformation package.

A vertical, close-up microscopic image of skin cells, showing various sized cells with clear cell walls and some internal structures, set against a light blue background.

AGELOC SCIENCE

look as young as you feel

Meet ageLOC - the jewel in the Nu Skin crown. The product of years of scientific collaboration and unparalleled research, it has helped drive us into this new era of anti-ageing skincare.

Exclusive to Nu Skin, it's this technology that helps us help you. By tackling the visible signs of skin ageing at their source, the ageLOC products work to diminish their appearance and unlock a youthful new you.

INNOVATION THROUGH COLLABORATION

Innovation and collaboration lie at the heart of our success, driving Nu Skin to its role as a leader in the world of wellness and beauty with a wide range of patented formulas and technologies. It's this that sets us apart and helps us set the bar in the anti-ageing industry. By understanding and targeting the sources of ageing through our products, we can provide real solutions with clear, visible and demonstrable results.

But of course, we don't do this alone. Our team of in-house scientists thrive in an atmosphere dedicated to research and development. It's by forging collaborative relationships with leading research institutions that Nu Skin continuously develops amazing skin care products to take the industry by storm.

THE SCIENCE BEHIND THE MAGIC

Nu Skin is tackling the visible signs of ageing like never before. Working together with some of the world's leading anti-ageing researchers, Nu Skin's scientists have identified the key groups of genes that influence how we seem to age. Our exclusive ageLOC science targets these ultimate sources of ageing to develop products that help you look and feel younger.

THE BALANCE OF YOUTH

Identifying these key groups is just the first step – it's also important to understand how their activity can impact youthful looking skin. Rebalancing this expression profile is a subtle process; less of a light switch, and more of a dimmer. It's not so simple as switching them off or on – it's a matter of turning some down, and ramping others up. Nu Skin's ageLOC science works to get this balance right, creating new opportunities to support young looking skin.

AGELOC GALVANIC SPA AND AGELOC GALVANIC BODY SPA

expand your skin's youthful look from head to toe

The ageLOC Galvanic Spa helps to expand your skin's youthful look from head to toe, with interchangeable heads for the face, scalp and body. You'll watch in wonder as the appearance of fine lines and wrinkles is reduced, a radiant complexion comes to life, and your scalp and skin are revitalised. Designed to optimise the benefits of our accompanying products through galvanic current, the secret to young looking skin lies at your fingertips.

If you're impressed by that – and you should be – why stop there? Let us introduce the ageLOC Galvanic Body Spa. Simple to use, simpler to handle, targeting the visible signs of ageing skin has never been easier. Designed with simplicity in mind, its comfortable shape works together with the body's natural curves to optimise the effects of ageLOC Body Shaping Gel for a youthful looking you. Through pulsating galvanic current, Galvanic Body Spa offers a gentle and simple path to firmer, smoother looking skin, while reducing the appearance of cellulite for that young, toned look.





GALVANIC SPA

ANTI-AGEING SKIN REVITALISING DEVICE

When used with different Nu Skin products, this intuitive, modern device employs self-adjusting galvanic current commonly used in spas to help optimise their benefits. Smooth the appearance of fine lines and wrinkles, rejuvenate your complexion, and revitalise your skin's appearance. Bring the spa experience into your home with remarkable results.

Use together with the Galvanic Spa Facial Gels with ageLOC, Tru Face Line Corrector, ageLOC Nutriol Intensive Scalp & Hair Serum, or ageLOC Body Shaping Gel and the appropriate Galvanic Spa conductor. Following the specific usage instructions, apply the product on your skin. Attach the conductor and select from Application #1 to #5 as directed.

The device sets the level of current that each skin type needs, ensuring a comfortable and effective experience every time. Aside from the Galvanic Spa Facial Gels, your device also works with Tru Face Line Corrector, ageLOC Nutriol Intensive Scalp & Hair Serum, and ageLOC Body Shaping Gel, with specific benefits from each. Try them out!



GALVANIC SPA FACIAL GELS

REFRESHING & REVITALISING
ANTI-AGEING FACIAL GELS 8 X 4 ML

Bring the spa into your home and transform a tired, stressed complexion into a soft, youthful new you, targeting visible signs of skin ageing at the source with a simple two-step process. Skin is soothed, conditioned, and prepped, binding impurities, which are drawn from the pores by the current as the ageLOC blend reveals your youthful look – all in just 5 minutes!

Use the gels together with your Galvanic Spa device and Face Conductor 2 or 3 times a week. Smooth the Pre-Treat Gel onto your face and neck and begin by selecting Application #1 on your device for the first application. Keep the device in contact with your skin. Remove any excess product and repeat the process with the Treatment Gel, selecting Application #2.

Using the Facial Gels with the ageLOC Galvanic Spa and Face Conductor ensures you get the optimal benefits from these products.



GALVANIC SPA FACE CONDUCTOR

FACIAL CONDUCTOR

This handy tool offers the ideal surface to use with your Galvanic Spa Facial Gels. Its unique grooves create an area that captures more ageLOC product between the conductor and the skin, optimising the delivery of key ageLOC ingredients. As the Face Conductor is moved around the skin, fresh product is captured and moved into this critical area.

Use the facial conductor together with your Galvanic Spa device and Galvanic Spa Facial Gels with ageLOC 2 or 3 times a week. Smooth the Pre-Treat Gel onto your face and neck and begin by selecting Application #1 for 2 minutes. Keep the device in contact with your skin. Remove any excess product and repeat the process with the Treatment Gel, selecting Application #2 for 3 minutes.

This product is only suitable for use with the ageLOC Galvanic Spa and Galvanic Spa Facial Gels with ageLOC.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



**GALVANIC SPA
FOCUS AREA CONDUCTOR**
FOCUS AREA CONDUCTOR

The smooth, oval-shaped node of the Galvanic Spa System II Focus Area Conductor allows for better contact with your skin to help optimise the products' benefits.



**GALVANIC SPA
SCALP CONDUCTOR**
SCALP CONDUCTOR

This helpful comb-like conductor pulls easily through your hair, enabling crucial contact between the instrument and your scalp.



**GALVANIC SPA
BODY CONDUCTOR**
BODY CONDUCTOR

Formed with three rounded nodes to optimise product coverage, Galvanic Spa Body Conductor is easy to use together with specifically formulated products.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW

Press firmly to snap the conductor into place. Smooth a generous amount of Tru Face Line Corrector over one target area at a time. Apply to your eye area, forehead, nose or around your mouth. Do not rub in. Avoid direct contact with your eyes. Following the usage instructions for your device, repeat daily both morning and night.

You can use this handy add-on with both the ageLOC Galvanic Spa System II and Tru Face Line Corrector.

Press firmly to snap the conductor into place. After activating your Nutriol Hair Fitness Treatment, apply evenly by squeezing the applicator, allowing a few drops to flow onto the scalp until the whole vial is empty. Following the usage instructions for your device, repeat three times per week.

As the name suggests, the Galvanic Spa Scalp Conductor is a great addition to your ageLOC Galvanic Spa System II.

Press firmly to snap the conductor into place. Smooth a generous amount of ageLOC Body Shaping Gel over one target area (arms, legs, thighs or buttocks). Do not rub in. Following the usage instructions for your device, use once a day, 3 days a week on arms, abdomen, buttocks and/or thighs.

You can use your ageLOC Body Shaping Gel with both this device, and the Galvanic Body Spa!



GALVANIC BODY TRIO

ANTI-AGEING SKIN FIRMING TRIO

Our collection of the ageLOC Galvanic Body Spa, ageLOC Body Shaping Gel and ageLOC Dermatic Effects. We designed our device with a pulsating galvanic current, which research has shown to optimise the products' benefits. Together, our trio leaves you with a more contoured, smoother and firmer looking body.

For optimal results, use together with the Body Shaping Gel, once per day, 3 days a week on your arms, abdomen, buttocks and/or thighs. Apply the gel to the desired area then wet your hands before using the device to massage the area until the cycle ends. Wipe away any excess with a damp cloth and follow up with ageLOC Dermatic Effects!

Your device features a larger-than-ever ageLOC conductive surface, able to maximise product coverage for optimal visible improvements.



BODY SHAPING GEL

BODY CONTOURING GEL 150 ML

Used with the Galvanic Body Spa, this gel targets the sources of visible signs of skin ageing and smooths the appearance of cellulite for a firmer, contoured look. Formulated to refresh the skin, the visible signs of ageing are reduced, and the appearance of dimpled areas is evened out, all to help improve the overall look and feel of your skin.

For optimal results, use together with the Galvanic Body Spa, once per day, 3 days a week on your arms, abdomen, buttocks and/or thighs. Apply the gel to the desired area then wet your hands before using the device to massage the area until the cycle ends. Wipe away any excess with a damp cloth and follow up with ageLOC Dermatic Effects!

This gel, designed to be compatible with the Galvanic Body Spa device, is specially formulated to refresh your skin, while reducing the appearance of the visible signs of ageing. When used as directed, studies suggest that you'll see the effects of the Galvanic Body Spa/ageLOC Body Shaping Gel/ageLOC Dermatic Effects combo in around 12 weeks.



DERMATIC EFFECTS

BODY CONTOURING LOTION 150 ML

The ageLOC ingredients in Dermatic Effects tackle the visible signs of skin ageing at the source, while its formula helps smooth the appearance of cellulite and gives skin a firmer appearance for a youthful look. Leading edge optical technology instantly diffuses light for a smooth skin surface.

For optimal results when used together with your ageLOC Body Shaping Gel regimen, apply Dermatic Effects twice per day – once in the morning and once at night – to the skin of your arms, thighs, buttocks and/or abdomen.

Dermatic Effects is a lotion of many talents. It helps to increase cellular turnover to give your skin its natural radiant look, while you'll also experience moisturising benefits on a daily basis, smoothing your skin.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



introducing
AGELOC LUMISPA

Creating a full routine can be confusing and time-consuming, but it doesn't need to be. Introducing the ageLOC LumiSpa: a complete skincare device that can help tackle your most common concerns with fantastic results – and without wasting your morning.

Youthful looking skin begins with a thorough cleanse. In just two minutes, used twice per day with one of our Activating Cleansers as part of your skin care regimen, you'll begin to experience 7 amazing benefits that go beyond a simple cleanse:

- Thoroughly cleansed skin
- Radiance
- Smoothness
- Softness
- Reduced appearance of pores
- Clarity
- Freshness

Skincare doesn't stop at cleansing. Using LumiSpa Accent & IdealEyes with your device allows you to target the small, hard-to-reach areas around your eyes, reinvigorating and exfoliating with the gentle touch that this delicate skin needs.

- Leaves your eye area looking awake and refreshed.
- Diminishes the appearance of dark circles, puffy eyes, under-eye bags, and tired skin.
- Visibly lifts and firms the skin beneath your eyes, as well as your upper eyelids.

**Results based on a 4-week in-vivo consumer use study performed on 80 subjects with sensitive skin who used the ageLOC LumiSpa Activating Cleanser for Normal to Combination Skin with the Firm Silicone Head.*

***Results based on a 12-week in-vivo consumer use study featuring 150 female subjects with different skin types. Results extracted above correspond to subjects with normal to combination skin. Those subjects were instructed to use the ageLOC LumiSpa with the Normal Silicone Head and ageLOC LumiSpa Activating Cleanser for Normal to Combination Skin in place of their normal facial cleanser, morning and night.*



AGELOC LUMISPA

POWERFUL, GENTLE SKINCARE KIT 100 ML



ACTIVATING CLEANSER

CREAMY FACIAL CLEANSER FOR DRY SKIN 100 ML



ACTIVATING CLEANSER

CREAMY FACIAL CLEANSER FOR SENSITIVE SKIN 100 ML



The ageLOC LumiSpa simplifies facial skincare into one easy-to-use, handheld device. Used together with an Activating Cleanser twice per day, your skin will begin to experience 7 amazing benefits that go beyond a simple cleanse in just two minutes. The result? A youthful look and a bright, radiant complexion over time, with smoother, softer skin after a single use.

Wet your face with warm water and apply a generous amount of cleanser to your skin, avoiding your eye area. Wet the head of your device and power on. Glide it across your face in slow, broad strokes. Do not scrub or press hard. Every 30 seconds the device will pause for you to move to another part of your face. After use, rinse your face and pat dry.

Your LumiSpa device is waterproof, making it great for use in the shower. It's also highly automated – the device will pause to alert you if you are using it incorrectly and switch off automatically at the end of the cycle, making your skincare routine more convenient than ever! Pick it up together with your cleanser of choice.

Dry, flaky skin can be a challenge. It calls for a balance of cleansing and moisturisation. The ageLOC LumiSpa Activating Cleanser for Dry Skin is formulated with ingredients selected specifically to allow you to experience a mild cleansing that helps avoid uncomfortable tightness and maintains the natural moisture of your skin.

Wet your face with warm water and apply a generous amount of cleanser to your skin, avoiding your eye area. Wet the head of your device and power on. Glide it across your face in slow, broad strokes. Do not scrub or press hard. Every 30 seconds the device will pause for you to move to another part of your face. After use, rinse your face and pat dry.

Each Activating Cleanser joins the patented ageLOC ingredients, which target visible signs of ageing at the source, with ingredients selected to solve the issues of each skin type. Essential to the LumiSpa experience, they offer the comfortable grip and ideal cushion your device needs to guarantee our 7-in-1 solution for youthful looking skin.

If you have sensitive skin, cleansing isn't always easy. The ageLOC LumiSpa Activating Cleanser for Sensitive Skin brings an added feeling of comfort with a formula containing extracts of oat and Chinese pine to soften and soothe your skin. Its mild system gently and thoroughly cleanses while keeping dryness, itchiness and tightness in check.

Wet your face with warm water and apply a generous amount of cleanser to your skin, avoiding your eye area. Wet the head of your device and power on. Glide it across your face in slow, broad strokes. Do not scrub or press hard. Every 30 seconds the device will pause for you to move to another part of your face. After use, rinse your face and pat dry.

Each Activating Cleanser joins the patented ageLOC ingredients, which target visible signs of ageing at the source, with ingredients selected to solve the issues of each skin type. Essential to the LumiSpa experience, they offer the comfortable grip and ideal cushion your device needs to guarantee our 7-in-1 solution for youthful looking skin.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



ACTIVATING CLEANSER

CREAMY FACIAL CLEANSER FOR NORMAL TO COMBINATION SKIN 100 ML



ACTIVATING CLEANSER

CREAMY FACIAL CLEANSER FOR BLEMISH PRONE SKIN 100 ML



ACTIVATING CLEANSER

CREAMY FACIAL CLEANSER FOR OILY SKIN 100 ML

REASONS TO LOVE

The ageLOC LumiSpa cleanser for Normal to Combination Skin is formulated with a blend of algae and plant extracts that will leave your complexion feeling clean and refreshed. Not only will it keep your skin moisture balanced, it will also clear blocked pores in oily parts for those with the combination skin type.

Perfect for blemish control, this cleanser is formulated with ingredients selected specifically to help you reduce the appearance of breakouts, cleanse skin and clear pores without compromising on comfort, helping you keep blemish prone skin under control.

Looking to improve your skin's oily shine and blocked pores? The ageLOC LumiSpa Activating Cleanser for Oily Skin is formulated with Japanese knotweed to avoid excess oil build-up, while powerful antioxidants such as pomegranate extract leave what was once greasy skin looking radiant and refreshed.

HOW TO USE

Wet your face with warm water and apply a generous amount of cleanser to your skin, avoiding your eye area. Wet the head of your device and power on. Glide it across your face in slow, broad strokes. Do not scrub or press hard. Every 30 seconds the device will pause for you to move to another part of your face. After use, rinse your face and pat dry.

Wet your face with warm water and apply a generous amount of cleanser to your skin, avoiding your eye area. Wet the head of your device and power on. Glide it across your face in slow, broad strokes. Do not scrub or press hard. Every 30 seconds the device will pause for you to move to another part of your face. After use, rinse your face and pat dry.

Wet your face with warm water and apply a generous amount of cleanser to your skin, avoiding your eye area. Wet the head of your device and power on. Glide it across your face in slow, broad strokes. Do not scrub or press hard. Every 30 seconds the device will pause for you to move to another part of your face. After use, rinse your face and pat dry.

DID YOU KNOW

Each Activating Cleanser joins the patented ageLOC ingredients, which target visible signs of ageing at the source, with ingredients selected to solve the issues of each skin type. Essential to the LumiSpa experience, they offer the comfortable grip and ideal cushion your device needs to guarantee our 7-in-1 solution for youthful looking skin.

Each Activating Cleanser joins the patented ageLOC ingredients, which target visible signs of ageing at the source, with ingredients selected to solve the issues of each skin type. Essential to the LumiSpa experience, they offer the comfortable grip and ideal cushion your device needs to guarantee our 7-in-1 solution for youthful looking skin.

Each Activating Cleanser joins the patented ageLOC ingredients, which target visible signs of ageing at the source, with ingredients selected to solve the issues of each skin type. Essential to the LumiSpa experience, they offer the comfortable grip and ideal cushion your device needs to guarantee our 7-in-1 solution for youthful looking skin.



WHICH CLEANSER *is right for me?*

Customising the combination of device and cleanser is the best way to meet the unique needs of your skin. To ensure that the LumiSpa experience truly is something for everybody, we've created five different Activating Cleansers, each formulated to tackle the individual concerns of various skin types.

Discovering exactly which cleanser you need has never been easier. Just take a look at our quick and easy LumiSpa Skincare Quiz! Simply answer a few multiple-choice questions concerning the daily condition of your skin and we'll recommend the best kit for you – helping you to get your skincare right and take your experience to a higher level.

Head to www.lumispacecare.com to take the Quiz!



LUMISPA HEAD

HYGIENIC NON-ABRASIVE SILICONE HEAD

Soft and effective, the surface of our Silicone Head is hygienic and easier to clean than bristle heads typically found on the market. Its precise dual-motion technology allows for precise contact with the skin to help make the most of the Activating Cleansers. Use the Normal Head (as standard) or pick up the Firm Head for a rigorous cleanse.

The heads click easily in and out of your LumiSpa device. Remove the head after each use, rinse well, dry off and replace to help keep your device in tip-top shape. We recommend changing the head every three months for best results and better hygiene.

Notice the waves? It's the specific design and texture of the silicone heads that enable the precise contact and movement that the activating cleansers need to get to work on your skin. That's Nu Skin innovation at its finest.



AGELOC LUMISPA ACCENT HEAD & IDEALEYES*

FIRMING AND REFRESHING EYE CARE KIT

The latest attachment for your LumiSpa Device, the LumiSpa Accent Head with its Silicone Tip lets you target those small, hard-to-reach areas. Used with IdealEyes, the pair gently exfoliates, invigorates, and firms the delicate skin around your eyes, reduces the appearance of dark circles and puffiness, and firms and visibly lifts the upper eyelids.

Morning and night, gently apply ageLOC LumiSpa IdealEyes to clean skin beneath your eyebrows, in corners prone to crow's feet, and under your eyes. Avoid direct contact with eyes. Massage both eye areas for 30 seconds each with the ageLOC LumiSpa Accent Head, making sure to switch off your LumiSpa device after 1 minute.

When you've worked late, partied hard, or just wish you could catch some extra Z's, this pair will leave you looking refreshed and wide awake. ageLOC LumiSpa IdealEyes and the Accent Silicone Tip (available in blue and grey) can also be bought separately, helping you enjoy your LumiSpa Accent experience a little longer.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW

TRU FACE

Target your sign of ageing. Age your own way.

Target your visible signs of skin ageing and age your own way with this line of powerful, targeted solutions. Specially formulated to tackle specific skin ageing concerns, the Tru Face range is the ideal addition to your skincare routine, letting you pay special attention to the areas that need it most.





PRIMING SOLUTION
FACIAL TONER 125 ML

If you want to optimise the results of your skin care, this is a must-have as a first step after every cleanse. Featuring a series of amino acids which provide the building blocks of young-looking skin, it prepares your skin for what follows, helping to ensure you get the most out of the Tru Face range to guarantee youthful looking skin.

Use morning and evening, after cleansing, as your toner. Apply to your face and neck with a cotton pad, then follow up with Tru Face products and your Nu Skin moisturiser of choice.

Tru Face Priming Solution features a green tea extract, well-known for the anti-oxidant benefits that it provides.



LINE CORRECTOR

LINES AND WRINKLES FACIAL SMOOTHING GEL 30 ML

Every wrinkle tells a story – a unique tale of every frown, smile and laugh. Tru Face Line Corrector targets these visible signs of skin ageing, helping to soften the appearance of fine lines around your mouth, eyes and forehead, leaving wrinkles – and the stories they tell – much harder to see.

Apply both morning and night to lines around the eyes, mouth and forehead. Follow with your Nu Skin moisturiser of your choice. For optimal results, use with ageLOC Galvanic Spa and the Focus Area Conductor, selecting Application #3 for 2-5 minutes. Follow with your Nu Skin moisturiser of choice.

After just 4 weeks, a combination of Tru Face Line Corrector and ageLOC Galvanic Spa has shown to have better results on the appearance of fine lines than using Tru Face Line Corrector alone for 8 weeks*.

**Results obtained from a third-party professional assessment based on an 8 weeks in vivo single site single blind split face study.*



REVEALING GEL

GENTLE FACIAL EXFOLIATING GEL 30 ML

Tru Face Revealing Gel is ready to reveal your smooth, youthful looking skin. Thanks to a formula containing the PHAs lactobionic acid and gluconolactone, Revealing Gel delivers dewy hydration and protects skin from oxidative stress. The result? Bright, youthful looking skin.

Use morning and night after cleansing and toning. Squeeze a pea-sized amount onto your fingertip and lightly apply a thin layer over your face and neck. Do not rub or massage into the skin. Immediately follow it up with your favourite Nu Skin moisturiser.

Gluconolactone is used in Revealing Gel to reduce the appearance of pores and the visible effects of excessive sun exposure.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW

The availability of some products may vary per country. To check product availability consult the price list or visit www.nuskin.com



REASONS TO LOVE

HOW TO USE

DID YOU KNOW



**AGELOC
TRU FACE ESSENCE ULTRA**
FACIAL FIRMING SERUM 60 CAPSULES

Formulated with ageLOC ingredients, ageLOC Tru Face Essence Ultra tackles the visible signs of ageing at the source, while other ingredients improve the key component of firm skin to leave yours looking youthful. This serum also works to protect your skin from oxidative stress. You can definitely expect big things from every capsule!

ageLOC Tru Face Essence Ultra should be applied twice daily for optimal results and integrated into your daily regimen before moisturising. To apply, tear open one capsule per use, gently squeezing two or three drops directly onto the areas of most concern before applying the remaining product to the entire face.

What makes ageLOC Tru Face Essence Ultra so good? It's our dedication to making it the best it can be and updating its formula regularly since it first launched as Tru Face Essence in 2003. Since that time, we have launched Tru Face Essence Ultra in 2008, before this amazing product was made available in 2013.



**AGELOC
TRU FACE ESSENCE DUET**
NECK AND DÉCOLLETÉ CREAM & SERUM 2 X 15 ML

This duet works to help contour and tone the skin of your neck and décolleté, as well as reducing the appearance of fine lines and wrinkles. By providing moisturisation and smoothness, Tru Face Essence Duet helps leave your skin looking radiant. Containing ageLOC technology, it also tackles the visible signs of ageing at the source.

For optimal results, apply each morning and evening onto clean dry skin, before your day or night cream. Dispense one or two pumps into your hands by pressing evenly with two fingers, then mix gently and smooth over your neck and décolleté.

The skin on your neck and décolleté is different from the skin on your face: it is thinner, thus more sensitive to the first signs of skin ageing and is naturally less moisturised. Because of this, it's important to pick up a product designed especially for these areas – and Essence Duet is the perfect match!

TRU FACE

Experience the power of Tru Face

Tackling the visible signs of skin ageing can be a tough hill to climb. Our anti-ageing lines do a great job at helping to reduce the appearance of these tell-tale signs, but when certain areas need more attention than others? That's where Tru Face comes in. Specially formulated to tackle specific skin ageing concerns, this line of powerful, targeted solutions is the ideal addition to your skincare routine.



NU SKIN 180[®]
turn your complexion around

By enhancing your skin's cell renewal rate and diminishing the appearance of fine lines and wrinkles, the power of this anti-ageing regimen is the obvious choice for youthful looking skin.





**180°
FACE WASH**
ANTI-AGEING FACE WASH 125 ML

With a formula containing 10% active Vitamin C, a potent weapon to protect your skin against the visible signs of ageing, Face Wash is unique and extraordinary as an anti-ageing cleanser. Its rich, creamy formula targets age spots and discolouration, and works to firm skin and diminish the appearance of wrinkles for a fresh, youthful complexion.

Use both morning and evening as the first step of the 180° System. Moisten your face and neck with lukewarm water. Place a small amount onto your fingertips, then apply to your face and neck, avoiding contact with your eyes, working the cleanser into a lather. Rinse with warm water and pat dry.

Vitamin C is pretty important. It helps reduce the appearance of lines and wrinkles, as well as firm the skin.



**180°
SKIN MIST**
ANTI-AGEING FACE MIST 100 ML

180° Skin Mist contains elements obtained by breaking down rice protein to help reduce the appearance of lines and wrinkles and improve skin firmness. Together with mushroom extract to refine and tighten pores and a soothing HMW complex to soothe your skin, 180° Skin Mist brings you one step closer to a youthful looking complexion.

Use both morning and night as the second step of the Nu Skin 180° System. Lightly spray Skin Mist onto your face and neck, making sure to avoid your eyes.

More pores, smaller pores! We use mushroom extract in Skin Mist to help diminish the visible size of pores in your face and neck.



**180°
CELL RENEWAL FLUID**
GENTLE CELL RENEWAL SERUM 30 ML

Improving the appearance of your skin is easy and gentle with this powerful formula. It works to not only improve skin firmness, but also stimulate the skin cell turnover process through exfoliation. It also offers antioxidant protection and enhances hydration to leave it feeling smooth, while reducing the appearance of lines and wrinkles.

Use both morning and night as the third step of the 180° System, after your Skin Mist has dried. Fill the dropper to the 0.5ml mark, and dispense it into your hand, before applying the fluid evenly over your entire face, avoiding the eye area.

The soy isoflavones – active ingredients found in soy – are included in the formula to promote skin firming while smoothing lines and wrinkles.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



180° AHA FACIAL PEEL AND NEUTRALISER
ANTI-AGEING FACE PEEL 30 ML



180° UV BLOCK HYDRATOR SPF 18
ANTI-AGEING DAY CREAM 30 ML



180° NIGHT COMPLEX
ANTI-AGEING NIGHT CREAM 30 ML

REASONS TO LOVE

This useful double act, with a solution of 10% lactic acid, is scientifically proven to improve the visible signs of ageing and excess sun exposure without the recovery time needed after aggressive clinical peels. Effective alone or with the 180° System, this facial peel helps to stimulate cell turnover and diminish visible lines and wrinkles.

Featuring light-activated photosomes for added protection from the visible signs of excessive sun exposure, this technologically advanced moisturising cream works to both hydrate and protect your skin from UVB rays. What better way to start each morning?

Formulated to complement the nightly cell-renewal process of your skin, this light moisturiser helps to protect your skin from the effects of oxidative stress and the impact of your environment, as well as strengthening its protective barrier. Say goodnight to the visible signs of ageing and good morning to a youthful complexion with 180°.

HOW TO USE

Use the Facial Peel and Neutraliser after cleansing and toning in place of 180° Cell Renewal Fluid 3 times a week. Avoiding the eyes, gently swipe a single Facial Peel pad over your face and neck. Let the solution sit for at least 10 minutes. Finish up by gently wiping a Neutraliser pad across your face, then follow with your moisturiser of choice.

Use in the morning as the fourth step of the 180° System. Apply lightly in an upward, outward motion to your face and neck, avoiding the eye area.

Use each night as the fourth step of the 180° System. Apply lightly in an upward, outward motion to your face and neck, taking care to avoid your eyes.

DID YOU KNOW

The AHA Facial Peel Neutraliser features an extract of oat kernels, known to be rich in anti-oxidants to help soothe your skin.

A combination of shea butter and avocado oil provides rich moisturisation and help to reduce the appearance of visible wrinkles.

Great things often come from unexpected places. This formula contains oils from Macadamia nut and meadowfoam seed which help to maintain and protect the moisture barrier found in your skin.

NU SKIN'S 180° SYSTEM

your powerful, yet gentle, anti-ageing specialist

Made up of five key products, this advanced system represents a complete anti-ageing skincare regimen, dedicated to tackling the visible signs of ageing through the enhancement of your skin's natural cell renewal rate and by diminishing the appearance of fine lines and wrinkles. Bringing together the benefits of Nu Skin's 180° Face Wash, Skin Mist, Cell Renewal Fluid, UV Block Hydrator and Night Complex, this regimen will bring everything your skin needs to promote a youthful looking you, both night and day.





NUTRICENTIALS

Powered by nature, proven by science

We all want radiant skin, no matter what. But it isn't easy. We all experience stress, lack of sleep, pollution, and the impact of UV rays, all of which can take away that gorgeous glow. That's why we created Nutricentials. Through innovative science, we took the power and resilience of bioadaptive plant extracts that thrive in the harshest of conditions and turned them into something that works for your skin:

Our bioadaptive botanical complex, the secret to our bioadaptive skincare.

By helping your skin meet the challenges of your own ever-changing environment, Nutricentials helps keep it looking beautiful and radiant wherever life takes you, helping you make every day a great skin day.



HYDRACLEAN CREAMY CLEANSING LOTION

CREAMY GENTLE SOAP FREE
FACIAL CLEANSER 150ML

This gentle cleansing milk is a luxurious, creamy, soap-free facial cleanser, and is great at multitasking. It cleanses away dirt, excess oil, and makeup, all while helping to maintain your skin's natural moisture barrier. Its mild formula is infused with bioadaptive botanicals and skin conditioning ingredients which help to comfortably moisturise skin.

Gently massage HydraClean into the wet skin on your face and neck using your fingertips, then rinse thoroughly and pat dry. Follow up with one of our two toners, In Balance or Here you Glow. Use morning and evening.

Our formula contains a few ingredients which you may not expect to see – we use meadowfoam seed oil to hydrate and soften your skin, while a blend of skin conditioning agents and a compound from liquorice extract helps maintain its natural moisture barrier and leave it feeling soothed.



TO BE CLEAR PURE CLEANSING GEL

GENTLE SOAP-FREE
FACIAL CLEANSING GEL 150ML

Remove pore-blocking dirt and leave your skin feeling refreshingly clean. This powerful gel-to-foam formula cleanses away dirt, oil, and makeup while keeping your skin hydrated. The secret is the amino acid cleansing agents that clean pores and the moisturising ingredients that refresh and soothe the skin.

Gently lather the gel over your wet face and neck using your fingertips, then rinse thoroughly and pat yourself dry. Follow up with one of our two toners, In Balance or Here you Glow, repeating the process both morning and evening.

Other cleansers can rid skin of too much oil, leading to over-drying. Nutricentials To Be Clear features amino acid-based cleansers that form a gentle foam to clean pores and remove excess oil. At the same time, moisturising ingredients help your skin stay comfortably hydrated.



DAY AWAY MICELLAR BEAUTY WATER

MICELLAR CLEANSING WATER 250 ML

Put a fresh spin on cleansing and wipe away your day with Nutricentials Day Away. This gentle, no-rinse facial cleanser helps remove the dirt, oil, and makeup that build up on your skin throughout the day. It can even help your makeup remover get rid of long-lasting eye makeup like waterproof mascara!

Apply Day Away Micellar Beauty Water to a cotton pad. Wipe away makeup and debris. Repeat as needed until the skin is clean.

Micellar water (cleansing water powered by micelles) is known for its quick, convenient, and effective cleansing benefits. Nutricentials Day Away brings this classic experience to a whole new level with a formula that includes humectants like sodium PCA, glycerin, and propanediol to keep skin feeling soft, smooth, and hydrated.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



**IN BALANCE
PH BALANCE TONER**
REFRESHING FACIAL TONER 150ML



**HERE YOU GLOW
EXFOLIATING TONER**
EXFOLIATING FACIAL TONER 150ML



**CELLTRES ALWAYS RIGHT
RECOVERY FLUID**
FACIAL NOURISHING SERUM 30ML

REASONS TO LOVE

This light facial toner helps your skin stay balanced by helping it adjust to its optimal pH level. Formulated with glycerin and a moisture strength blend that features lactobacillus ferment, Aloe vera, sodium PCA, and sodium hyaluronate, it helps maintain your skin's natural moisture barrier, leaving it feeling refreshed and looking radiant.

This toner features a mix of hydroxy acids to leave your skin feeling soft, smooth, healthy, and visibly glowing, plus salicylic acid to help improve the appearance of existing spots. At the same time, its cleansing action lessens the chance of new spots forming. Your skin is left looking clean, clear, and radiant – ready for whatever comes next!

Keep your skin soft, radiant, and comfortable during the day, and help it bounce back from environmental stressors during the night. This fast-absorbing serum features our HydraFlex Blend to help meet your skin's hydration needs and a bioadaptive botanical blend to help protect against everyday stressors like late nights, busy days, and urban pollution.

HOW TO USE

After cleansing, apply the toner to your face and neck with a cotton pad in an upward and outward motion, then follow up with Celltrex Always Right.

After cleansing, apply Here You Glow to a cotton pad. Sweep the saturated cotton pad over face and neck in an upward, outward motion, avoiding the eye area. Allow to dry before following with serum and moisturiser. Use daily, morning and night.

After cleansing and toning, apply the serum to your face and neck in an upward and outward motion, then follow up with your favourite moisturiser.

DID YOU KNOW

pH balancing toners bring several key benefits to your skin. Not only do they bring a refreshing burst of hydration after cleansing, but they also help to balance your skin's pH levels, preparing your skin for the next steps of your daily routine, such as serums and moisturisers.

In our recent clinical trials, we saw some incredible results! 100% of participants said their skin looked more radiant* after using Here You Glow.

The HydraFlex Blend forms a soft, ultra-light shield that auto adapts to your environment, making sure your skin always has the hydration it needs. This means it will attract moisture when dry, but filter it away if your surroundings get hot or humid, so your skin always feels soft and comfortable.

**Results obtained from an in-house study including 25 participants who used Here You Glow Exfoliating Toner twice per day on their face for two weeks before self-evaluating their visible results.*



**THIRST FIX
HYDRATING GEL CREAM**
LIGHTWEIGHT FACIAL MOISTURISING GEL 75ML

Enjoy smoother, beautiful looking skin with this oil-free facial hydrating gel cream. A blend of bioadaptive botanicals helps increase your skin's natural resilience, protecting it against the effects of environmental stressors, while a unique biomimetic moisturising complex provides long-lasting hydration* by mimicking natural elements in your skin.

Apply a generous amount onto clean face and neck in an upward, outward motion. Use daily, morning and night.

Thirst Fix provides immediate hydration and up to 24 hours of continuous moisturisation*.

**Results obtained from a third-party professional assessment based on a 24-hour in vivo study performed on 32 healthy female and male subjects aged 18 and over. The moisturisation level of skin was measured using a corneometer in three areas; one area where Thirst Fix had been applied, alongside two areas for positive (glycerine) and negative (untreated) controls.*



**DEW ALL DAY
MOISTURE RESTORE CREAM**
RICH FACIAL MOISTURISING CREAM 75ML

Nutricentials Dew All Day soothes, softens, and smooths your skin while providing all-day moisture so you can look your best no matter what stressors come your way. All while a blend of bioadaptive botanicals helps your skin increase its ability to adapt to its environment, helping it to better bounce back from life's daily stressors, day in and day out.

Apply a generous amount onto clean face and neck in an upward, outward motion. Use daily, morning and night.

Our formula contains Pistachio nut oil and shea butter to soften and smooth skin. We have added Vitamin E and its derivative to protect against oxidative stress caused by negative environmental stressors.



**MOISTURIZE ME
INTENSE HYDRATING CREAM**
INTENSE FACIAL MOISTURISING CREAM 75ML

This ultra-luxurious face cream delivers a burst of moisture to your skin, leaving it soft, hydrated, and radiant for hours. It features a blend of bioadaptive botanicals that helps increase your skin's natural resilience, protecting it against the negative effects of environmental stressors, plus Evodia rutaecarpa fruit extract for visible radiance.

Apply a generous amount onto clean face and neck in an upward, outward motion. Use daily, morning and night.

With Moisturize Me, you won't need to worry about your skin's hydration needs. Your skin will stay comfortably hydrated all day and night!*

**Results obtained from a third-party professional assessment based on a 24-hour in vivo study performed on 32 healthy female and male subjects aged 18 and over. The moisturisation level of skin was measured using a corneometer in three areas; one area where Moisturize Me had been applied, alongside two areas for positive (glycerine) and negative (untreated) controls.*

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



DAY DREAM PROTECTIVE LOTION LIGHTWEIGHT DAY MOISTURIZER

LIGHTWEIGHT FACIAL DAY MOISTURIZER
WITH SPF 30 50ML

Day Dream Protective Lotion contains SPF 30 for added UVB protection, plus our bioadaptive botanical complex to help improve your skin's ability to adapt to the effects of stress, pollution, and oxidative stress. Carnosine, our blue light and infrared antioxidant ingredient, helps negate the effects of excessive exposure to blue light and infrared on your skin.



DAY DREAM PROTECTIVE CREAM CREAMY DAY MOISTURIZER

CREAMY FACIAL DAY MOISTURIZER
WITH SPF 30 50ML

Help your skin stay soft and hydrated with our daily moisturiser. This luxurious face cream contains SPF 30 for added sun protection and bioadaptive botanical extracts to help protect your skin from the effects of environmental stressors. Its blue light and infrared filtering ingredient also helps reduce the impact of excessive exposure to blue light and infrared.



SPA DAY CREAMY HYDRATING MASQUE

NOURISHING FACE
AND NECK MASQUE 100ML

If any nourishing facial mask could be called a spa-day-in-a-tube, it's this one. Made with bioadaptive botanical extracts, Spa Day contains a hydrating formula which helps lock moisture into the skin, reducing dryness and leaving you with a healthy glow. Whenever your skin needs a little extra moisturising "me time", you know just where to turn.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW

Apply a generous amount to the face and neck in an upward, outward motion. Use every morning.

Apply a generous amount to the face and neck in an upward, outward motion. Use every morning.

After cleansing, apply the masque liberally to your face and neck and let sit for 10 minutes, then rinse off with warm water.

We have added ginger root extract into our Day Dream formula – an antioxidant that increases skin's natural resilience to stress as it soothes, promotes skin luminosity and helps even skin tone.

This moisturiser contains Bisabolol sustainably harvested from the Candeia Tree – a naturally derived ingredient native to South America that soothes and hydrates as it helps protect skin against the adverse effects of exposure to daily environmental stressors.

Spa Day is powered by a special ingredient called saccharide isomerate – a humectant derived from plants that helps keep your skin looking dewy and radiant.



BRIGHTER DAY EXFOLIANT SCRUB

FACIAL CLEANSING SCRUB 100ML

This innovative exfoliant scrub removes dead skin cells and pore-blocking impurities to leave your complexion looking smooth and glowing bright. It is formulated with a blend of skin-conditioning agents that refreshes and soothes your skin for added post-scrub comfort. With a fresh scent and natural purple colour to delight your senses, Brighter Day is gentle-cleansing bliss.

Moisten skin with warm water. Apply in a gentle circular motion to face and neck for 30 seconds. Rinse with warm water and towel dry. Use twice a week as needed.

Unlike other exfoliants, our double-feature formula uses pomegranate enzymes to help loosen dead skin cells while natural exfoliating minerals remove them from your skin. Combining both enzymatic and physical exfoliation clears out dead skin cells more effectively than either would alone.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



CLEAR ACTION®

the past, present and future of clear skin

Breakouts are never welcome, and the visible signs they leave behind can often last longer than we'd like. With the Clear Action system, clinically proven to leave your skin clear and smooth, you can finally stand your ground against these signs – past, present and future.



FOAMING CLEANSER

FACIAL FOAMING CLEANSER FOR BLEMISH-PRONE SKIN 100 ML

Formulated to tackle the combination of excess oil and debris that often leads to breakouts on your skin, this lightly foaming cleanser thoroughly clears pores, reducing the appearance of breakouts and leaving your skin feeling fresh and clean.

The first step of your Clear Action System both morning and night. Dispense roughly the amount of a medium-sized coin into your palm and apply to dry face and neck in a circular motion, avoiding your eyes. Leave the foam to do its work for 1-3 minutes as it changes from white to clear, then rinse off with warm water and towel your skin dry.

The salicylic acid found in this formula is well known for its gentle exfoliation and effective cleansing. It works by bringing additional moisture to your skin.



TONER

FACIAL TONER FOR BLEMISH-PRONE SKIN 150 ML

Using a unique formula which combines liquorice extract, zinc PCA and a special union of Vitamin C & E, this advanced toner is the perfect solution to help manage the appearance of angry, red or oily skin, while providing a supply of antioxidants for skin protection.

Apply the toner both morning and night after cleansing. Begin by twisting the cap anti-clockwise to unlock the pump, then apply two pumps to a cotton ball or swab before rubbing it into your face and neck. Don't forget to relock the pump by twisting the cap in the other direction.

It might seem odd seeing a liquorice extract in a facial cleanser, but it does a great job. We use it to both soothe your skin and to help reduce the appearance of discolouration.



DAY TREATMENT

DAYTIME TREATMENT GEL FOR BLEMISH-PRONE SKIN 30 ML

With a combination of powerful ingredients, this lightweight gel helps to promote a clear, even complexion. While working to address the issues of present breakouts, it also helps to reduce discolouration from past breakouts and avoid the appearance of those still to come.

Apply each morning after using Clear Action Toner, dispensing a pearl-sized amount onto the tip of your finger before lightly smoothing it onto your face and neck in an upward, outward motion. Your skin may experience excessive dryness after use. To avoid this, begin by using a smaller amount once every 2-3 days to give your skin time to adjust.

This gel works to tackle the impact of blemishes past, present and future. The salicylic acid in its formula exfoliates and keeps pores clear, while the use of mandelic acid helps to reveal a smoother, clearer look to your skin.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



CLEAR ACTION NIGHT TREATMENT

NIGHT FACIAL GEL FOR BREAKOUTS 30 ML

REASONS TO LOVE

Wake up to healthy looking skin. Redefining the idea of beauty sleep, Clear Action Night helps to reduce the appearance of the signs of breakouts as you snooze, while working to deliver a smooth, clear, evenly-toned complexion.

HOW TO USE

After toning each night, dispense a pearl-sized amount of the gel onto the tip of your finger, then apply it to your face and neck in an upward, outward motion, making sure to avoid contact with your eyes.

DID YOU KNOW

Retinol in its formula helps Clear Action Night improve the appearance of uneven texture and discoloration caused by previous breakouts.



CLEAR ACTION® SYSTEM

tackle the impact of skin blemishes

Improve the appearance of breakouts past, present and future with the full Clear Action range, combined into one comprehensive system. Featuring the complete collection of Clear Action Foaming Cleanser, Toner, Day and Night Treatment, you'll find all you need to tackle the impact of skin blemishes right here.

Some individuals may experience increased photosensitivity while using the Nu Skin Clear Action System, meaning that the skin can react more quickly than usual when exposed to sunlight. Avoid prolonged exposure to direct sunlight after using Nu Skin Clear Action Day Treatment.



NU SKIN HERITAGE

discover the products that started it all

When it comes to skincare, we all need something a little different and moisturising is no exception. Our Nu Skin Heritage products cover your skin's hydration needs, whether light, rich, or a happy medium. Whichever you choose, simply add it to the core regimen you use each day to help keep your skin hydrated and looking healthy.





**NAPCA
MOISTURE MIST**

REFRESHING AND MOISTURISING SPRAY
FOR HAIR, FACE AND BODY 250 ML

Dewy-fresh skin is just a spray away with NaPCA Moisture Mist. Perfect for use with your hair, face and body, this easy to use spray leaves your skin feeling refreshed.

Spray generously on your face (making sure to close your eyes), hair or body whenever you feel the need for a refreshing wave of moisture.

There's no better feeling than a refreshing spritz of Moisture Mist on a hot day. It owes its moisturising goodness to the hyaluronic acid and sodium PCA in its formula.



**FACE LIFT
ACTIVATOR**

LIFTING & FIRMING FACE MASK - ACTIVATING
COMPONENT 75 G

Bring together two parts of a whole with Face Lift Powder and Activator. When combined, the pair works to temporarily smooth and tone the skin on your face and neck, leaving it looking smooth and young.

After cleansing, mix a teaspoon of Activator and Powder into the consistency of a thin lotion. Use immediately. Before the first application, test the lotion for irritancy on a small 5 cm area such as behind the ear. Apply evenly across face and neck, avoiding eyes. Let sit for 30 minutes, rinse off with warm water and pat dry. Use once or twice a week.

It's normal to feel your skin tighten slightly when using this mixture. This effect comes from the acacia in its formula – an ingredient which tightens and lifts your skin.



**FACE LIFT
POWDER**

LIFTING & FIRMING FACE MASK - POWDER
COMPONENT 75 G

Bring together two parts of a whole with Face Lift Powder and Activator. When combined, the pair works to temporarily smooth and tone the skin on your face and neck, leaving it looking smooth and young.

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It's normal to feel your skin tighten slightly when using this mixture. This effect comes from the acacia in its formula – an ingredient which tightens and lifts your skin.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



REJUVENATING CREAM

RICH FACIAL MOISTURISING CREAM 75 ML

REASONS TO LOVE

Ideal for those with mature or dry skin, Rejuvenating Cream helps improve the appearance of dry lines, while leaving skin feeling soft.

HOW TO USE

Apply the cream to your face and neck twice per day, after cleansing and toning, using a light, upward motion for your forehead and cheeks, while moving slightly downwards for your nose and chin. Being extra gentle, pat the cream upwards around your eyes.

DID YOU KNOW

With a blend of ingredients chosen for their ability to help leave your skin feeling soft and youthful, this cream is a must-have for those days where you – and your skin – are under pressure.



NU SKIN HERITAGE

For skin that stays youthful and resilient – even in the harshest conditions.

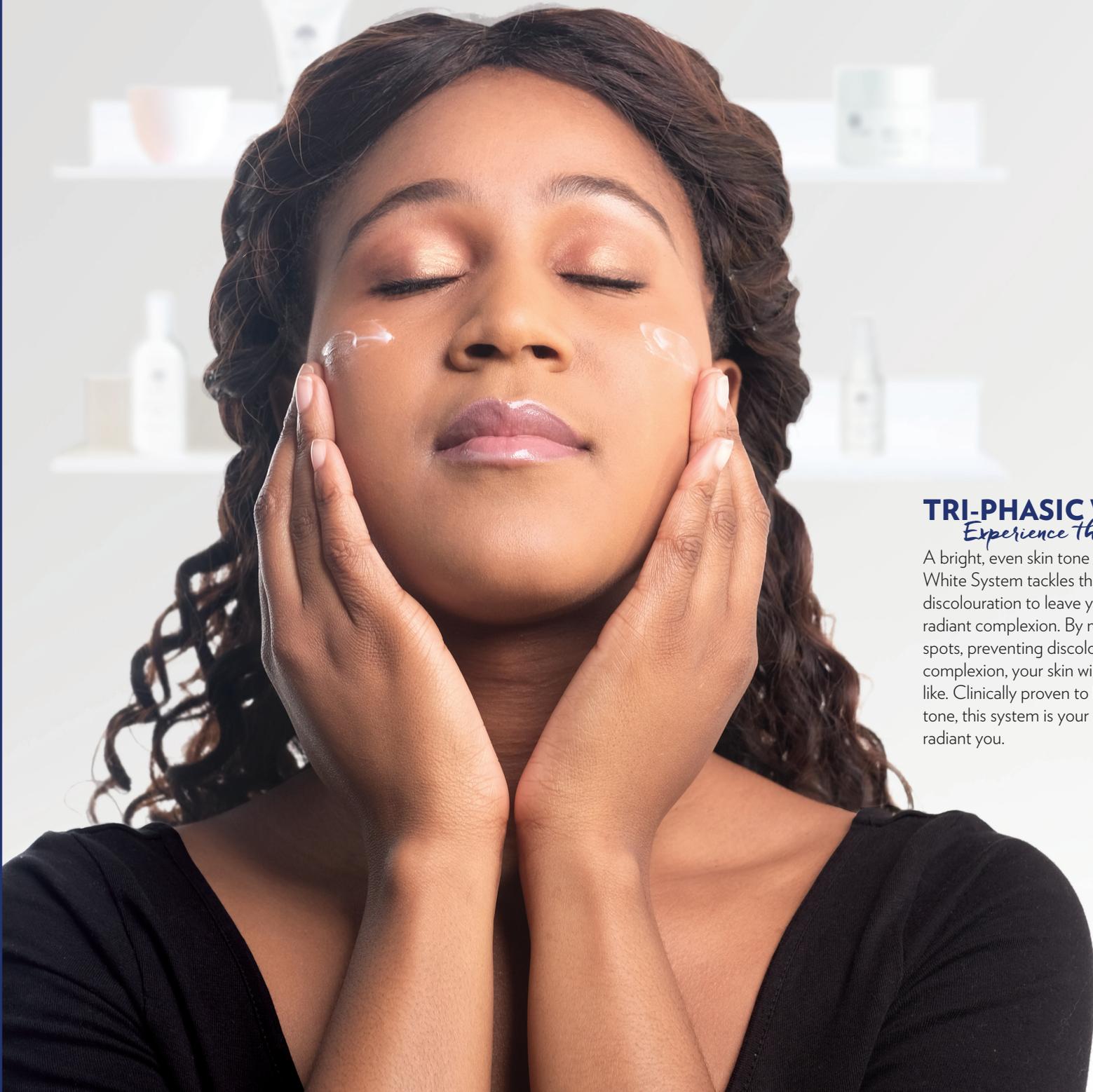
Whatever your skin's hydration needs – whether light, rich, or somewhere in between – our Nu Skin Heritage range is here to help take care of them.

Our Rejuvenating Cream is designed to help dry and mature skin feel softer, smoother, and less stressed, while reducing the appearance of fine lines. A special blend of active ingredients makes for a refreshing experience that will leave your skin feeling fresher and younger. Not a bad place to start, right?

If you feel like your skin needs a bit of a pick-me-up, look no further than Face Lift Activator and Powder. Used together, the pair tightens and lifts your skin, helps return radiance to your complexion, and temporarily diminishes the appearance of lines and wrinkles.

Your hydrating needs don't end at your front door, however, so we've got you covered when you're out and about as well. A simple spray of NaPCA Moisturising Mist is a great way to freshen up your hair, face and body, whether you're at home or on the road.





TRI-PHASIC WHITE™
Experience the science of brilliant skin.

A bright, even skin tone is never out of reach. The Tri-Phasic White System tackles the three different phases of skin discoloration to leave you shining bright with a luminous, radiant complexion. By minimising the appearance of dark spots, preventing discoloration and maintaining your beautiful complexion, your skin will be free to shine in whatever way you like. Clinically proven to help achieve glowing skin with an even tone, this system is your solution for revealing a brighter, more radiant you.



TRI-PHASIC WHITE MILK LOTION

ADVANCED DAY MILK LOTION MOISTURIZER 75 ML

This essential lotion helps your beauty shine through bright and clear to see you maintain a luminous complexion. Not only does it help to moisturise your skin, it also works to target the daytime factors that can trigger the appearance of skin discolouration.

Use in the morning as the fourth step in the Tri-Phasic White System after applying Tri-Phasic White Essence. Apply liberally to face and neck. Reapply as needed throughout the day. May also be applied to hands to help correct and protect from discolouration.

You're looking at a pretty advanced formula. It features exapeptide-2, which works to diminish the appearance of skin discolouration, and UVA/UVB protection (SPF 15) to help protect from harmful UV rays. You're in good hands!



TRI-PHASIC WHITE NIGHT CREAM

SPECIALLY FORMULATED NIGHT CREAM 30 ML

There's something to be said for beauty sleep. Tri-Phasic White Night Cream helps to avoid skin discolouration, revealing a more brilliant skin tone while you snooze.

Use in the evening as the fourth step in the Tri-Phasic White System after applying Tri-Phasic White Essence. Apply liberally to face and neck. May also be applied to hands to help correct and protect from skin discolouration.

This special formula features diacetyl boldine to target the appearance of skin discolouration while you sleep.



TRI-PHASIC WHITE TONER

NONACID CELL RENEWAL COMPLEX TONER 125 ML

Enhance your skin's bright look with Tri-Phasic White Toner. It features carnosine, a powerful antioxidant, to help protect the skin from oxidative stress and from future skin discolouration.

Use as the second step, morning and night, as part of the Tri-Phasic White System. Apply to cleansed face and neck with a cotton pad. Follow with the Tri-Phasic White Essence.

Tri-Phasic White Toner is what is known as a non-acid cell renewal complex – effective in targeting skin discolouration, to leave it with a luminous and even tone.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



TRI-PHASIC WHITE CLEANSER

ADVANCED FACE AND NECK CLEANSER 100 ML

By helping to diminish the appearance of discolouration on your skin's surface, Tri-Phasic White Cleanser sees you brighten your complexion every time you cleanse. The result? Silky soft skin with improved tone and texture.

Use as the first step, morning and night, as part of the Tri-Phasic White System. Moisten face and neck with warm water. Work a small amount into a light lather and gently massage over face and neck, avoiding eye area. Rinse thoroughly with warm water and pat dry.

We include creatinine in the formula of Tri-Phasic White Cleanser to help target the appearance of skin discolouration.



TRI-PHASIC WHITE ESSENCE

SKIN BRIGHTENING FORMULATION 30 ML

If you're looking for a brilliant, translucent skin tone, then you've come to the right place – Tri-Phasic White Essence is formulated with a brightening blend of ingredient technologies that works in multiple ways to illuminate your complexion.

Use as the third step, morning and night, as part of the Tri-Phasic White System after cleansing and toning. Apply to face and neck in a thin layer. Can also be used as a solution for spots, to target a small area of discolouration on the face and neck.

Our proprietary combo of ingredients includes Citrus Lemon Peel Extract, Wheat Germ Extract and Grape Seed Extract. It targets the series of reactions in the critical synthesis phase, while antioxidant activity helps to protect from oxidative stress at the same time.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW





TRI-PHASIC WHITE®
Reveal a brighter, more radiant you

The five great products that make up the Tri-Phasic White system work together to minimise the activation, synthesis, and expression phases of the skin discolouration process. Used morning and night, our comprehensive skin brightening system reduces the appearance of existing dark spots, uneven skin tone and discolouration, while helping to prevent the formation of new dark spots and discolouration. The result? A bright, beautiful complexion.

NU COLOUR®

enhance and illuminate your natural beauty

Look and feel like the goddess you are with Nu Colour. Blending intense colour with innovative skin care science, this line of powerful makeup and accessories enhances and illuminates the natural beauty of your eyes, lips and skin. Combine it with a quality skincare routine and NOTHING can keep you from revelling in all that makes you beautiful.





- Fair
- Sand
- Honey
- Medium Beige

ADVANCED TINTED MOISTURIZER SPF 15

TINTED MOISTURISER WITH SPF 15 40 ML

For flawless coverage and a healthy glow, look no further than the 3-in-1 Nu Colour Advanced Tinted Moisturiser. Providing all the benefits of a colour correcting cream, it helps balance and smooth your complexion while its anti-ageing ingredients reduce the appearance of fine lines and wrinkles. SPF 15 protects your skin from the undesirable effects of excessive sun exposure.

Spread the product over your skin using either your fingertips or a sponge, beginning at the centre of your face and moving outwards. For a natural, streak-free finish, make sure to blend the product into your hairline and finish the job with a light dusting of Nu Colour Finishing Powder.

By providing sheer, lightweight coverage, Advance Tinted Moisturiser reflects your skin's natural tone – with four exciting shades to choose from, you're bound to find the colour that just screams 'you!'



FINISHING POWDER

TRANSLUCENT LOOSE SETTING POWDER 30 G

Ensure a soft, flawless and colourless finish with this ultra-sheer powder. With a formula designed to help absorb any excess oil and reduce shine on your face, it's a no-colour-fits-all solution for every skin type and tone.

Dip your Nu Colour Powder Brush N°2 or puff in powder, tapping it on the side of the container to remove any excess. Gently dust your face, moving across your forehead and down your cheeks, making sure to avoid pulling, wiping, or tugging the powder across your skin.

Finishing Powder is the perfect addition to every look. It's great for setting your makeup, allowing eyeshadow and blush to glide on.



CURLING MASCARA

LONG LASTING CURLING MASCARA 9 G

Make your eyes pop and jaws drop with Nu Colour Black Curling Mascara. Specially formulated to separate your lashes and enhance their natural curl, it brings long-lasting curling power with no unsightly clumps for an extra magnificent glow that'll have all eyes on you when you enter the room.

Open the Mascara, rubbing the end of the applicator against the side to remove any excess. Hold your eyes open as wide as you can and gently brush over the lashes. Beginning at the root, gently pull the wand up to the tip of the lashes. If you see that your lashes are yet to separate, repeat the process until you see the desired effect.

The effectiveness of Curling Mascara is all about design – its easy-to-use brush is lightly curved, giving you long-lasting curling power and a wide-open look to your eyes.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



EYELASH TREATMENT

EYELASH STRENGTHENING GEL 5 ML

Condition and protect your lashes while leaving them looking stronger and thicker with this clear eyelash strengthening gel. Perfect to wear alone as an eye lash mask or as a primer, Eyelash Treatment not only leaves your lashes stronger than ever, but adds volume and thickness for a luscious, all-day look.



EYELASH CURLER

PRECISION EYELASH CURLER

This essential accessory works to boost and set the natural curl of your lashes. Perfectly designed to work with all eye shapes and lash types, it gently captures each strand, leaving them beautifully lifted and curled.



WATERPROOF MAKEUP REMOVER

WATERPROOF MAKEUP REMOVER FOR EYES AND LIPS 100 ML

Get rid of long-wearing makeup in an instant with this soon-to-be essential. It's gentle and effective bi-phasic formula works in two stages, removing makeup from your eyes and lips, while leaving those delicate areas soft and smooth – and making sure you end the day refreshed and makeup free.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW

Apply to your clean, dry lashes, beginning at the root and working up to the tip. To condition and strengthen your lashes, wear Eyelash Treatment alone either night or day.

We recommend you curl your lashes before applying your Mascara, elongating them and opening up your eyes. Simply open the curler, clamp and hold on your top lashes for 5 seconds, then repeat on your other eye.

Shake well to activate the formula – you'll see the colours blend, and it'll be ready to go. Apply the liquid to a cotton pad, then gently wipe away makeup from your eyes and lips.

Eyelash Treatment works great as a primer for our Curling Mascara – apply it first to improve the Mascara's special effects and keep your luscious look all day long.

This curler is the perfect way to complete your eyelash routine. Begin with Eyelash Treatment to strengthen your lashes before curling them, then finish off your look with Nu Colour Curling Mascara to get the lashes you always wanted.

You'll notice the two distinct layers straight away – an oil layer helps break down makeup, while a layer of water helps remove any residue and leaves your skin feeling refreshed. Just shake them up to activate the formula and watch the magic happen!



LIP PLUMPING BLM
LIP PLUMPING BALM 4,5 G

This refreshing, lightweight, moisturising balm smoothly glides across your lips, bringing them to life with a soft, plump look and the lightest dash of colour.

Wear alone to bring a plump look to your lips with a hint of colour or apply under lipstick or gloss as a protective base coat.

By adding menthol to the Lip Plumping Balm formula, we've made sure that every use feels cool and refreshing – a real treat for your lips!



○ Crystal Clear

CONTOURING LIP GLOSS
CONTOURING LIP GLOSS 15 ML

Kiss thin, undefined lips goodbye with this ultra-shiny, glide-on lip gloss. With this formula, you'll notice full, shapely, contoured looking lips. Perfect to wear alone, or over a colour of your choice, it's a must-have for unmissable lips.

Apply to dry, clean lips as often as desired throughout the day, either alone or over lipstick – to get optimal results, we recommend using it 3 times per day. Make sure not to moisten your lips before adding the gloss.

Contouring Lip Gloss is fantastic at bringing life to your Cupid's bow – the double curve of your upper lip – which tends to fade with age, bringing your full, shapely looking lips into the spotlight.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



POWERLIPS FLUID

LONG WEARING MATTE LIQUID LIPSTICK 3,1 ML

POWERLIPS FLUID *the choice is yours*

Whatever your mood, whatever your outfit, whatever your look – there’s a shade for you. With an incredible range of long-lasting colours and tones in metallic or matte, the choice is yours.

REASONS TO LOVE

Make the kissable unmissable with this unbeatable range of long-lasting lip colour. Created with our high-performance weightless formula, POWERlips Fluid takes just a single, one-step application to leave your lips feeling soft, cushioned, soothed and smoothed for an intense look that won’t smudge or transfer. Seriously powerful. Simply wow.

HOW TO USE

Begin with bare lips, first lining them slightly with the applicator before filling them in completely. To give your lips a smoother look, we recommend first preparing your lips with a moisturising lip balm. Just wait until it’s dry before applying your lipstick.

DID YOU KNOW

Our weightless formula doesn’t just look and feel great – it contains a blend of skin-conditioning and softening ingredients like avocado oil and vitamin E to leave your lips soft, smooth and drop-dead gorgeous.



POWERLIPS FLUID

Powerful lips for powerful woman

POWERlips Fluid brings more than stunning colour. Its high-performance, weightless formula goes on in – and stays on – in single step.

Take a look at the ingredients that make it so special.

Vitamin E: Well known for its anti-ageing and antioxidant benefits, it helps nourish, soften and moisturise your skin.

Beeswax: Calms, soothes, and conditions your skin while helping to protect against irritants.

Avocado Oil: Hydrates and softens your skin.

Koalin: A natural clay base that supports rich, long-lasting colour.

Silicones: Help maintain moisture and soften skin.





**FOUNDATION
BRUSH N°1**

SYNTHETIC ULTRA-SOFT FOUNDATION BRUSH

The ultra-soft Foundation Brush N°1, created with synthetic duo fibre bristles, is designed to create a flawless, natural finish with liquid makeup and helps to effortlessly build up coverage for an easy airbrushed effect. The perfect addition to any makeup set, this high-quality accessory will help achieve that radiant, polished look in no time.

Pump a small amount of foundation onto the back of your hand, then dip your brush into it and sweep it across your face in circular motions for a flawless finish.



**POWDER
BRUSH N°2**

SYNTHETIC ULTRA-SOFT POWDER BRUSH

A must-have for any of our powder fans out there, this beautifully crafted brush is the perfect tool to provide a smooth and even coverage, holding the powder to your skin for that seamless, natural look.

Place a small amount of loose powder on your brush and gently dab it on your face to absorb excess oils. Bring a warmer look to your face by applying your compact powder in a swiping motion all over it.



**BLUSH
BRUSH N°3**

SYNTHETIC ULTRA-SOFT BLUSH BRUSH

Designed for precise blush application, this angled brush is perfect for sculpting the contours of your cheeks, providing seamless definition with its ultra-soft synthetic duo fibre bristles.

To apply your blush, smile into the mirror, dabbing and tapping the desired colour onto your outer cheek bones.

REASONS TO LOVE

HOW TO USE



EYE BLENDING BRUSH N°4

SYNTHETIC ULTRA-SOFT EYE BLENDING BRUSH

This long, tapered brush expertly blends and softens shadow from outside to in, helping you bring your eyes to life like a pro.

Blend powder or creamy eye shadow onto your eyelids, or diffuse shadow along the creases.



EYE SHADOW BRUSH N°5

SYNTHETIC ULTRA-SOFT EYE SHADOW BRUSH

Make your eyes the centre of attention with the professional-quality Eye Shadow Brush N°5 – the perfect tool to seamlessly apply shadow to the entire eyelid and contour along the crease of your eye.

Pick up eye shadow with the brush, gently tapping off any excess. Sweep the bristles over your lower lid, or from lash line to crease.



EYEBROW BRUSH N°6

SYNTHETIC ULTRA-SOFT EYEBROW BRUSH

An essential accessory for defining your eyebrows, accentuating your eyes and creating the perfect brow makeup, this bevelled brush is designed to carefully apply and blend powders, helping you bring your desired look to life.

Use together with your Nu Colour Eyebrow Shaping Kit, applying the makeup along your natural brow line, before blending for a perfect finish.

REASONS TO LOVE

HOW TO USE

DIVIDENDS®

The must-have line for modern men

A sharp suit is nice, but it's nothing without a fresh shave to match. Dividends is Nu Skin's essential line for the modern man, with everything you need to make your shaving experience the highlight of your morning.



**NU SKIN®
FOR MEN**

**Dividends®
Aftershave Balm**

Shave-Minimizing
Antioxidant Defense

50 ml e (1.7 fl.oz.)

NU SKIN®



**NU SKIN®
FOR MEN**

**Dividends®
Shave Cream**

Cleansing
Exfoliating

200 g e (net wt. 7.0 oz.)

NU SKIN®



SHAVE CREAM FOR MEN

CLEANSING AND EXFOLIATING SHAVE CREAM 200 G

More than just a shave, Dividends Shave Cream cleanses, exfoliates and conditions as you shave for a comfortable, smooth feeling each morning. Formulated for comfort and convenience, a concentrated lather optimises razor glide and its creamy nature allows for the delivery of additional skin care benefits.

Place a moderate amount of cream onto a moistened hand and gently smooth onto your skin before shaving. After shaving, rinse thoroughly with warm water.

Dividends Shave Cream is great for use all over your body. Many women are fond of the cream when shaving their legs, particularly due to the smooth, comfortable after-feel.



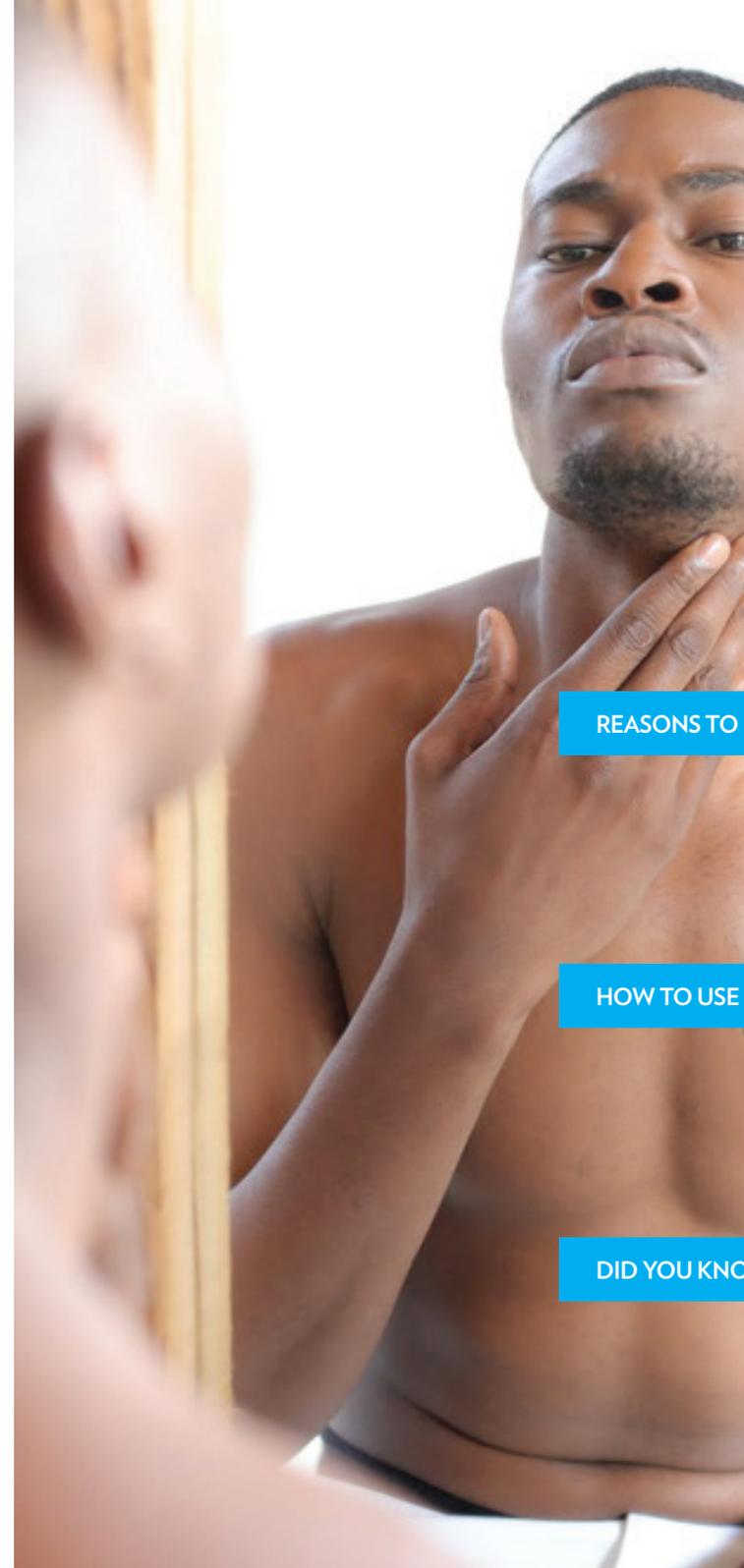
AFTERSHAVE BALM FOR MEN

SOOTHING AFTERSHAVE 50 ML

This comfortable aftershave balm makes facial hair appear softer, finer and less noticeable to help extend the results of your morning shave. It's great for the skin, too, with the Aloe Vera in its formula helping to both moisturise and soothe your skin.

Apply liberally to your face and neck after shaving.

We've added a blend of technologically advanced exfoliating ingredients to the Dividends Aftershave Balm formula to help reduce the appearance of razor bumps after shaving.



REASONS TO LOVE

HOW TO USE

DID YOU KNOW

SUNRIGHT®

make the most of your fun in the sun

Whether sunning it up on those bright summer days, or seeking a beautiful bronzed body all year round, there's no better way to enjoy your time in the sun while protecting and moisturising your skin than Sunright.



SUNRIGHT SPF 35 OR 50

SUN CREAM FOR FACE AND BODY 100 ML

Excessive sun exposure can lead to the visible signs of ageing popping up prematurely. Sunright 50 and 35 provide protection against both UVA and UVB rays, with their water-resistant, non-greasy formulas both soothing and protecting your skin while you enjoy the sunshine.

Apply a generous amount of cream evenly across all exposed areas. Reducing this quantity will lower the level of protection significantly. Massage into the skin 15 minutes before entering the sun or water. Reapply regularly to maintain protection, especially after perspiring, swimming or towelling off. Avoid extended exposure, even with sunscreen.

Both Sunright creams offer more than just protection from the undesirable effects of sun rays. They're formulated with Aloe Vera to moisturise your skin during UV exposure.



SUNRIGHT LIP BALM

LIPBALM SPF 15

A moisturising lip balm containing SPF 15, this Sunright favourite guards against chapping, protects your lips from excessive sun exposure, and helps them both look and feel smooth.

Convenient and user-friendly, simply apply Sunright Lip Balm liberally to your lips as often as you need.

Sunflower oil in the Sunright formula helps soften and moisturise your skin, while Vitamin E helps to protect it from oxidative stress caused by the cold, wind and sun.



SUNRIGHT INSTA GLOW

FACE AND BODY TINTED SELF-TANNING GEL 125 ML

Attaining that goddess-like glow has never been easier. No matter the season, Sunright Insta Glow guarantees a bronzed, sun-kissed finish as of 15 minutes*, without excessive sun exposure. Low odour and easy to use, the gel glides effortlessly onto the skin for a smooth, even, radiant colour.

Apply a thin layer of the gel to exfoliated, clean, dry, non-irritated and intact skin on your face and body in a circular motion, avoiding the eyebrows, delicate eye area, hairline and lips, then wash your hands well. Remove the gel from your knees, ankles and elbows, waiting a few minutes before getting dressed. Do not use on a daily basis.

Your beautiful sun-kissed glow will arrive after 15 minutes* or so – this gorgeous colour is a direct result of the caramel and gentle colouring ingredients included in the Insta Glow formula.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW

() Sunright Insta Glow Clinical Evaluation concerning the efficacy of 25 female subjects that applied the product to the face and arms and completed a self-assessment questionnaire at baselines and 15minutes post-application.*

EPOCH®

experience the rituals of the world

Through the work of leading ethnobotanists, Epoch carries the timeless knowledge and traditions of indigenous cultures from around the globe into the modern age. Experience Epoch and discover the secrets of nature; the world's rituals transformed into a range of face, hair and body products that indulge both body and soul.





ritual inspired
by polynesia

AVA PUHI MONI SHAMPOO AND LIGHT CONDITIONER

SHAMPOO AND LIGHT CONDITIONER
FOR ALL HAIR TYPES 250 ML

If you're a fan of the Epoch hair care range, this may be the product for you. Combining two products into one, this ethnobotanical shampoo and light conditioner makes use of the ava puhi extract in its formula to gently cleanse and hydrate your hair, leaving it clean, vibrant and lustrous.

Begin by wetting your hair, then place a small amount of the product into your hands. Gently massage this into your hair and scalp to create a light lather, moving it throughout your hair before rinsing thoroughly. Follow up with Epoch Conditioner for additional softening and conditioning if needed.

Generations of Polynesian cultures often squeezed nectar from the ava puhi bulb-like flower directly onto their hair, much like a modern shampoo. Times may have changed, but the principles – and the use of this fantastic flower – are very much the same.



ritual inspired
by the pacific
northwest

POLISHING BAR

SOAP-FREE BODY EXFOLIATING
CLEANSING BAR 100 G

Perfect for polishing your skin as you cleanse, this ethnobotanical bar effectively shifts dirt, excess oil and other debris without the use of soap, leaving your skin feeling fresh, clean and smooth.

Begin by dampening your skin, then apply the bar using a gentle, circular motion. Thoroughly rinse yourself off with warm water after use.

Epoch Polishing Bar is a great choice to buff impurities from your skin. It owes this trait to the presence of Siskú'pas – the ground bark of a coastal conifer treasured by the Cowlitz tribe of the Pacific Northwest for that very reason.



ritual inspired by
southeast asia

BABY HIBISCUS HAIR AND BODY WASH

GENTLE CLEANSER AND MOISTURISER
FOR BABIES 150 ML

Perfect for every bath time, this gentle hair and body wash is formulated with your little ones in mind. Formulated with an extract of hibiscus flower to gently soothe, cleanse and moisturise, Epoch Baby Hair and Body Wash ensures those special bath-time moments are wonderful for parent and child alike.

Support your child's neck and shoulders with one arm, holding them securely under your armpit. With your free hand, dispense the desired amount of foam onto their wet head and body. Gently massage the foam into their hair and skin, before rinsing them clean.

Various cultures throughout Southeast Asia have used the hibiscus flower for centuries. The flowers and leaves were crushed in boiling water to create an infusion and applied to the hair and scalp to cleanse, soothe and moisturise.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



*ritual inspired by
the pacific
northwest*

GLACIAL MARINE MUD

PURIFYING MUD MASK FACE AND BODY 200 G

Using a sea clay extract taken from a remote glacial estuary in Canada, Glacial Marine Mud creates an amazing face mask filled with skin-beneficial minerals. It works to soften and purify the skin by drawing out impurities and toxins, leaving it feeling clear and nurtured.



*ritual inspired by
Tropical asia*

BLEMISH TREATMENT

BLEMISH DIMINISHING GEL 15 ML

Epoch Blemish Treatment is formulated to help improve the appearance of your skin and ease the discomfort associated with breakouts, while its gentle botanical ingredients will leave your skin feeling soothed.

Before applying, make sure that your skin is thoroughly cleansed. Cover the area experiencing breakouts with a thin layer, up to three times per day. As your skin may begin to dry out in places, begin with a single application and increase gradually as needed. If dryness or peeling occurs, reduce usage to once per day, or every two days.

Our Blemish Treatment formula contains elements of Job's Tears – an amino rich plant traditionally used in tropical Asia to soothe the skin – well known for its ability to target blemishes.



*ritual inspired
by africa*

BAOBAB BODY BUTTER

RICH BODY MOISTURISER 125 G

Formulated with shea butter and the fruit pulp of the African Baobab tree, this lush cream delivers intense moisturisation to promote smooth and supple skin. These time-tested ethnobotanical ingredients protect the skin and help to enhance its resiliency, leaving it feeling soft, smooth, and hydrated.

Apply the cream liberally anywhere on your body – we recommend paying special attention to your knees, elbows, and any other areas most in need of intense hydration.

An extract of the Baobab fruit pulp, a long-time favourite of the people of Africa, is used to help moisturise and smooth dry skin. Nu Skin supports a reforestation initiative which focuses on planting fruit trees and conserving baobab trees in local villages – crucial to improving the lives of vulnerable children in Malawi.

REASONS TO LOVE

HOW TO USE

Apply a generous layer of mud to your skin, making sure to avoid your eye and mouth areas. Let it dry for 15 to 20 minutes, or until its colour changes to a light aquamarine, then rinse thoroughly with warm water. Repeat this process two or three times a week.

DID YOU KNOW

Legend has it that Native Americans of the Pacific Northwest tried (and failed) to use this mud for pottery. The clay didn't hold, but they soon noticed that their hands had become softer and smoother as a result. Fast forward to today, where we've refined this mud further to create the mask you know and love.





*ritual inspired by
central america*

SOLE SOLUTION

REJUVENATING FOOT CREAM 125 ML

Enhance the skin on your toes, heels and soles to leave them looking healthy and soft. With a non-sticky formula packed with moisturising ingredients, Sole Solution is perfect for clearing dead skin cells or dry skin from tired feet.



*ritual inspired
by polynesia*

FIREWALKER

MOISTURISING FOOT CREAM 100 ML

If you've been on your feet all day and your soles feel like they're on fire, we've got just the thing for you. Soothe those tired toes with Epoch Firewalker – a cool, refreshing cream inspired by the firewalkers of Polynesia.

Apply the cream directly to your feet in a smooth, massaging motion.

Polynesian Firewalkers often used leaves from the Hawaiian Ti plant to cool and soothe their skin after walking across hot coals. We've taken a leaf from their book, so to speak – including an extract of the plant in our formula, together with Babassu seed oil, a natural skin softener and moisturiser from South America.



*ritual inspired
by native america*

ICEDANCER

INVIGORATING LEG GEL 100 ML

Refresh and invigorate your legs with this cool and soothing ethnobotanical gel. With a fresh minty scent and a clear, non-sticky formula, IceDancer both feels and smells great – perfect for the end of a long day.

Massage the gel generously over your lower legs, calves, and behind your knees any time you wish. Wash your hands of any remaining gel to finish up.

Inspired by the culture of North-Western Native Americans, IceDancer contains Natural Wild Mint to soothe tired legs. Their hunters would often spend long days and nights on their feet, walking and running for hours before being able to rest. They would rub this herb directly onto their legs, giving them the energy to continue.

REASONS TO LOVE

HOW TO USE

Apply Sole Solution liberally to the affected areas on your feet after cleansing both morning and night, or as often as necessary – try to focus on areas where the skin is rough or dry. Do not rinse the product off – it's perfect for use under socks and overnight, when you'll wake up to amazing feet.

DID YOU KNOW

Inspired by the people of Central America, the Sole Solution formula features ethnobotanical ingredients such as crushed allspice berry to improve thick, rough patches of skin.



ritual inspired by
China

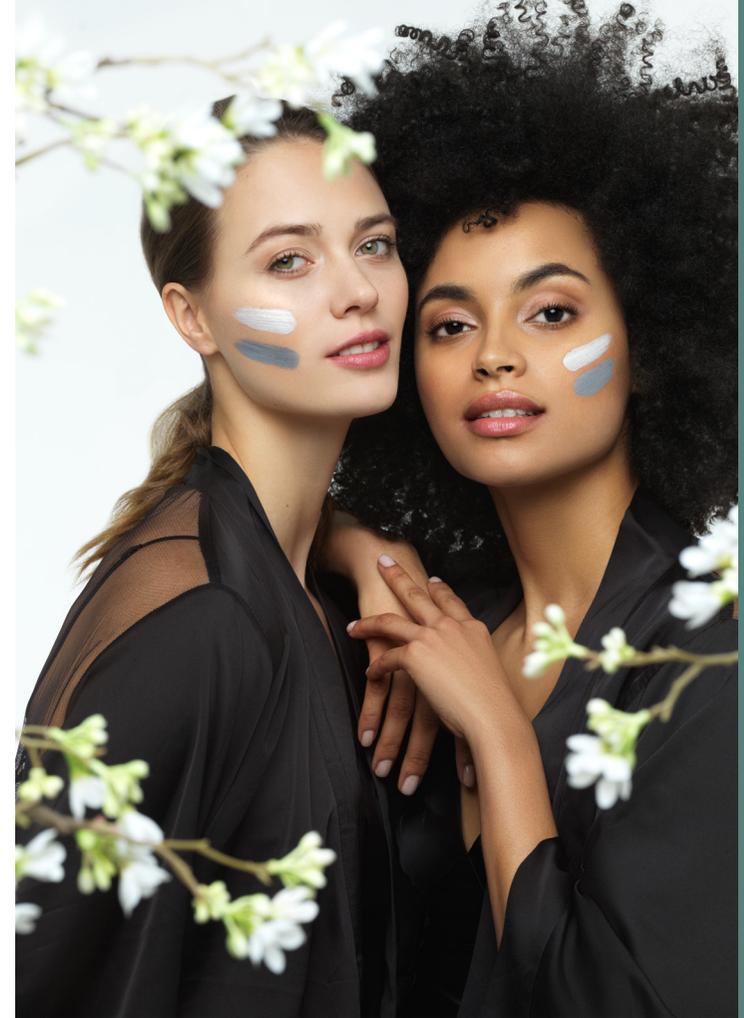
YIN AND YANG MASK

DETOX & NOURISH FACIAL MASK 75 ML

Epoch Yin and Yang Mask combines two key benefits, both detoxifying and nourishing the skin of your face for a fresh, luminous look. It contains a blend of kaolin and charcoal, as well as porcelain flower extract and the scent of ethnobotanical jasmine sambac, traditionally used in China, to promote a sense of inner harmony and a beautiful glow.

Gently apply an even layer onto clean, dry facial skin. Massage the mask to activate the microencapsulated charcoal until the colour changes from white to grey. Let the product sit on the skin no longer than 10–15 minutes. Rinse thoroughly with warm water. Use maximum two times a week.

The porcelain flower extract in Epoch Yin and Yang Mask is sourced through controlled environment agriculture (CEA), meaning it is grown in an enclosed environment, ensuring traceability and sustainability from seed to solution. All Nu Skin products which feature at least one CEA ingredient are marked with the Groviv logo, and THIS is the first.



FORCE FOR GOOD FOUNDATION

a belief in giving back

Nu Skin is built on the idea of giving back. It lies at the very core of who we are, and what we do. The Force for Good Foundation was born of this very ideal and has seen us lend our support to numerous fantastic causes around the world since 1996. The concept is simple; no matter how you contribute, whether that's through your generous donations, or through sales of our Epoch line, 100% of what you give goes to those who need it most – Nu Skin takes care of the rest.



DR. DANA®

Like skin care for your nails

Hands, feet, it doesn't matter – when it comes to taking care of your nails' appearance, Dr. Dana has you covered. New to the Nu Skin family, the Dr. Dana Nail Renewal System comes straight from the mind of Dr. Dana Stern, a dermatologist specialising in nail care. It's time to show those tips some TLC.

A manicure in a box? Nailed it!

3 easy steps. 10 easy minutes. Just follow these instructions and enjoy the nails you've always wanted. Nails that look healthy, lustrous and strong. You'll be showing them off in no time.

▶ Step 01: Glycolic Acid Prep for Nails

Ensure that your nails are dry, clean, and unpolished. Twist the pen – this might take a few tries the first time but keep at it – and coat the droplet evenly across the nails of one hand. Repeat for your other hand. Let it sink in completely, then move on to Step 02. Use once per week.

▶ Step 02: Perfect Grit Priming Wand

This multi-tasking wand primes your nails and removes any damaged surface nail cells. Brush your nails with Surface 01, 2-5 times until you notice a fine powder. Repeat with Surface 02, and then finish up with Surface 03, pressing harder and sweeping back and forth to get those nails glowing.

Use Surface 01 and 02 once per week. Use Surface 03 no more than once per day to boost shine.

▶ Step 03: Deep Hydrating Formula for Nails & Cuticles

Like in step 1, twist the silver pen and brush the product across the entire nail – share the love with the surrounding skin and the cuticles as well. Repeat this step to your heart's content throughout the week (no more than once per day).



NAIL RENEWAL SYSTEM NAIL CARE SYSTEM

Whether you feel like taking a break from manicures, or your nails are in desperate need of one, Dr. Dana Nail Renewal System has what you need to give your tips some TLC. Perfect for hands or feet, it's clinically proven to leave nails looking strong, smooth, and as visibly shiny as they would with a transparent polish – all in 3 easy steps, and just 10 minutes.

Step 1: Twist the Glycolic Acid Pen. Coat droplets evenly across dry, clean, unpolished nails. Allow product to absorb completely. Use no more than once per week.

Step 2: Brush nails with Surface 01 of priming wand 2-5 times. Repeat with Surface 02 and 03.

Step 3: Twist silver pen. Brush product across entire nail and surrounding skin for both hands, at most once per day.

While the whole system is pretty awesome, we're particularly fond of Step 03 – it's there you'll find Apricot, Coconut & Grapefruit Oils, helping to condition and hydrate your nails and cuticles.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



NU SKIN BODY CARE

give your body the gentle care it deserves

Nourish, condition and soothe your skin with each and every me-time moment – after all, it's the least it deserves. Nu Skin's entire body care range is formulated to offer that gentle, pampering touch from tip to toe, enriching every part of your skincare routine to leave your skin as soft as silk.





LIQUID BODY BAR

MOISTURISING BODY WASH 250 ML

This soap-free moisturising body wash brings the perfect balance of freshness and hydration. With a rich, creamy, pH-balanced formula, Liquid Body Bar gently removes dirt, oil and impurities while protecting the essential moisture barrier in your skin.

Apply the desired amount of product to your wet skin, working it into a lather and rinsing well. Follow up with your Nu Skin body moisturiser of choice.

Liquid Body Bar is a full sensory experience – its aromatic grapefruit fragrance refreshes the senses and smells amazing.



LIQUID BODY LUFRA

EXFOLIATING BODY SCRUB 250 ML

A soap-free exfoliating cleanser with a refreshing minty smell, Liquid Body Lufra provides essential exfoliation by gently scrubbing out surface impurities and dead skin cells. Whether you're in the middle of a harsh, dry winter or the heat of summer, step out of every shower with smooth, soft, vibrant skin.

Apply Liquid Body Lufra to dampened skin, working it gently into a lather before giving yourself a thorough rinse. Follow that with a round of Nu Skin Body Smoother and add in Perennial Intense Body Moisturiser to the areas that really need it. Repeat the whole thing two or three times a week.

Liquid Body Lufra uses finely ground walnut husks to exfoliate and clear away dry, rough patches of skin. Don't worry, though. It also has a gentle touch, coupling that with Aloe Vera to soothe and nurture as it does so.



BODY SMOOTHER

MOISTURISING BODY LOTION 250 ML

This light body moisturising lotion is quick to absorb, with a nourishing formula packed with the likes of Aloe Vera, algae extract and Vitamin E. Better yet, it works to condition and hydrate your skin without leaving a heavy, oily residue in its wake.

Smooth the lotion over your entire body right after bathing, making sure your skin is still slightly damp, working it in with a gentle massage.

Quick and easy to use, Body Smoother is quick to absorb, so try it out before getting dressed and get on with your day with no second thoughts.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



HAND LOTION

HAND CARE LOTION 125 ML

REASONS TO LOVE

With the gentle touch of Aloe Vera and Vitamin E, this light hand care lotion instantly moisturises dry, chapped skin, leaving it comforted and replenished, with hands that feel soft rather than sticky or greasy. Better yet, it's quickly absorbed, leaving you free to go about your business as soon as you're done.

HOW TO USE

Apply the lotion freely to your hands, paying particular attention to your knuckles and wrists.

DID YOU KNOW

Our hands can get some pretty rough treatment. Constantly coming into contact with rough objects, chemicals and soaps, they're more prone to dryness and damage than anywhere else on our body. That's why having a fast-absorbing hand lotion on... well, hand, is pretty important.







NU SKIN HAIR CARE

lifeless or luscious? the choice is yours

From shampoos to conditioners and hair masks, Nu Skin's Hair Care line is designed to take care of dry, normal and oily hair. You'll find all you need to repair damage and bring the lustre back to those lifeless locks for visibly younger, healthier looking hair.



MOISTURISING SHAMPOO

MOISTURISING SHAMPOO FOR DRY AND DAMAGED HAIR 250 ML

Moisturising Shampoo gently cleanses hair that has been overheated or overcoloured, while strengthening the cortex and protecting against nutrient loss. Its lipid-mimicking formula strengthens hair, improving its look and feel to leave your hair looking healthier and younger when used as part of the Nu Skin Hair Care System.

Massage the shampoo into wet hair and scalp, before rinsing thoroughly. If necessary, you can repeat this step. For best results, follow each wash with your Nu Skin conditioner of choice.

The moisturising talent of this shampoo is down to an extract of cotton bloom, which also works to smooth the cuticles in your hair and protect its keratin structure.



BALANCING SHAMPOO

MOISTURE BALANCING SHAMPOO FOR NORMAL TO OILY HAIR 250 ML

Perfect for daily use, this shampoo is the ideal balance of cleansing and moisturising. Cotton bloom extract smooths the cuticle and protects the keratin structure. When used as part of the Nu Skin Hair Care system, it also improves the look and feel of damaged hair, leaving it looking healthier and visibly younger.

Massage the shampoo into wet hair and scalp, before rinsing thoroughly. If necessary, you can repeat this step. For best results, follow each wash with your Nu Skin conditioner of choice.

Our Balancing Shampoo formula features cotton bloom extract to protect and strengthen keratin fibres in the cortex of your hair and wheat protein, rich in the amino acid cysteine, to replenish damaged hair.



CLARIFYING SHAMPOO

DEEP CLEANSING SHAMPOO FOR ALL HAIR TYPES 250 ML

Clarifying Shampoo provides a thorough clean, helping to rid your hair of harsh chemicals and environmental pollutants. By strengthening the hair cortex and without stripping your hair of its natural moisturisers, the look and feel of damaged hair is visibly improved, providing a younger and healthier appearance.

Use once a week in place of your Balancing or Moisturising Shampoo for a thorough cleanse. Massage the shampoo into your wet hair and scalp, then rinse until clear. For best results, follow up by using ReNu Hair Mask.

Shea Butter Seedcake Extract might sound more like a tasty snack than something you'd expect to find in your shampoo, but don't doubt its effectiveness. It acts as a cleaning agent to remove chlorine, nicotine and other environmental pollutants from your hair.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



**WEIGHTLESS
CONDITIONER**

VOLUMISING CONDITIONER
FOR ALL HAIR TYPES 250 ML



**RICH
CONDITIONER**

RICH CONDITIONER
FOR DRY AND DAMAGED HAIR 250 ML



**RENU
HAIR MASK**

DEEP CONDITIONING HAIR MASK
FOR ALL HAIR TYPES 100 G

REASONS TO LOVE

This conditioner works to bring luscious hydration to your hair without weighing it down, helping to maximise manageability. Repairing damaged hair improves both softness and smoothness for a healthier and younger look and feel.

With a low pH formula which lightly coats your hair in natural oil-mimicking lipids, this conditioner seals cuticles, helping to retain moisture and promote superior shine. Like all Nu Skin Hair Care products, it is great for damaged hair, leaving it both looking and feeling softer, smoother, younger and healthier.

Its formula seals, smooths and strengthens each cuticle, while hydrating and repairing the outer shaft of your hair to improve softness and smoothness. Used once a week, ReNu Hair Mask improves the look and feel of damaged hair to leave it looking younger and healthier.

HOW TO USE

Massage the conditioner into your wet hair and scalp, then rinse thoroughly, repeating if necessary. For best results, always use after your Balancing, Clarifying, or Moisturising Shampoo.

Massage the conditioner into your wet hair and scalp, then rinse thoroughly, repeating if necessary. For best results, always use after your Balancing, Clarifying, or Moisturising Shampoo.

Use once a week in place of Weightless or Rich Conditioner. After shampooing, work the mask evenly into wet hair, paying extra attention to ends and damaged areas. Leave the product in your hair for 5 to 10 minutes, then rinse thoroughly. For best results, use directly after Clarifying Shampoo.

DID YOU KNOW

The meadowfoam found in this formula offers volume to your hair, without weighing it down. By helping to keep a hold on moisture in the hair shaft, it also helps make hair appear fuller.

By mimicking hair lipids, shea butter fills in any cracks found in the cuticles to increase the strength of your hair.

With a formula featuring CS7, ReNu Hair Mask smooths cuticles to leave hair feeling softer, protects against cuticle abrasion and helps it resist breakage.



AGELOC NUTRIOL SCALP & HAIR SHAMPOO

SCALP & HAIR SHAMPOO
FOR THIN, STRESSED AND AGEING HAIR 200ML

ageLOC Nutriol Scalp & Hair Shampoo supports thin, stressed and ageing hair thanks to an exclusive blend of ingredients. It's proven to protect against colour fade & heat, while also helping to reduce hair breakage.

Apply a generous amount of shampoo to wet hair and gently massage into scalp and through hair. Rinse thoroughly with warm water. Follow with ageLOC Nutriol Scalp & Hair Conditioner. For optimal results, add ageLOC Nutriol Intensive Scalp & Hair Serum to your hair care regimen, twice per day used together with the ageLOC Galvanic Spa.

When used together as part of the complete ageLOC Nutriol Scalp & Hair System (Shampoo, Conditioner and Serum), your hair will appear more voluminous than ever, leaving you with full-bodied, healthy-looking locks you're sure to love.



AGELOC NUTRIOL SCALP & HAIR CONDITIONER

SCALP & HAIR CONDITIONER
FOR THIN, STRESSED AND AGEING HAIR 175ML

ageLOC Nutriol Scalp & Hair Conditioner provides nourishment and hydration with every use, helping to improve the condition of the scalp & thin, stressed and ageing hair by improving the strength of each strand from tip to root.

Use after ageLOC Nutriol Scalp & Hair Shampoo. Work an ample amount of conditioner evenly through wet scalp and hair, paying careful attention to ends and damaged areas. Wait for three to five minutes before rinsing. For optimal results, add ageLOC Nutriol Intensive Scalp & Hair Serum to your hair care regimen, twice per day.

This powerful conditioner contains shea butter and glycerine to help hydrate and nourish dry, damaged and over-processed hair.



AGELOC NUTRIOL INTENSIVE SCALP & HAIR SERUM

INTENSIVE SCALP & HAIR SERUM
FOR THIN, STRESSED AND AGEING HAIR 75ML

ageLOC Nutriol Intensive Scalp & Hair Serum features a formula uniquely paired with ageLOC Galvanic Spa, delivering essential ingredients to your scalp and roots for fuller, revitalised looking hair. This leave-on, non-greasy formula strengthens and fortifies the scalp day after day, helping thin, stressed and ageing hair look and feel thicker and healthier.

Use on dry or damp hair. Part hair to mist serum directly onto scalp and roots. Gently massage into scalp with fingers, comb away unruly strands, and begin your two-minute ageLOC Galvanic Spa application. Using the Scalp Conductor and Application #5, touch the conductor directly to scalp and move from front of hairline backward. Do not rinse. Style as usual.

When we asked a clinical grader to assess his subjects' hair after using the ageLOC Nutriol Scalp & Hair System for 6 months, the results were pretty impressive. They reported a 107% increase in volume, 106% increase in softness, an 84% increase in shine, and a 67% increase in thickness!

REASONS TO LOVE

HOW TO USE

DID YOU KNOW

AP 24®
freshen up your smile with every brush

From fresh breath, to bright teeth, to shimmering, shining lips, the AP 24 range has everything you need for a bright, picture-perfect smile, and the just-brushed feeling that comes with it.





WHITENING FLUORIDE TOOTHPASTE

WHITENING TOOTHPASTE 110 G

Brighten and whiten your teeth while hindering the formation of plaque with AP 24 Whitening Fluoride Toothpaste. A combination of ingredients lightens teeth, while a refreshing vanilla-mint flavour helps freshen breath for that long-lasting, clean, just-brushed feeling.

Brush thoroughly at least twice a day, or after each meal unless otherwise directed by a dentist or physician. Feel free to alternate with AP 24 Anti-Plaque Fluoride Toothpaste. For children under 6, we recommend using a pea sized amount of toothpaste and supervising their brushing habits to limit the risk of excess swallowing.

This toothpaste features a unique combination of ingredients which works to polish and cleanse your teeth.



SMILE POP LIP GLOSS

REFRESHING LIP GLOSS 5.1 ML

With AP 24 Smile Pop, you'll find yourself with a smile that tastes just as good as it looks. This refreshing lip gloss combines a hint of vanilla-mint with Vitamins E and C to keep your lips soft, smooth, supple and, you betcha – delicious! There's no better way to emphasise your lips for a bright and shiny smile.

AP 24 Smile Pop is simple to use thanks to its pillowy applicator – apply gentle strokes to dry lips (do not apply to wet lips) after each brush for a refreshing, clean, picture-perfect smile. It's great for use alone or over other lip colours to enhance your beautiful smile.

Smile Pop Lip Gloss works great with other Nu Skin products like Powerlips Fluid, or any other coloured lipstick of your choice for added shine.



BRIGHT SMILE DUO

WHITENING TOOTHPASTE 110 G

Your perfect duo for that selfie-ready smile. Our favourite toothpaste gives you the confidence to flash that winning smile, brightening and whitening your teeth while fighting the formation of plaque. AP 24 Smile Pop combines the same hint of vanilla-mint with Vitamins E and C to keep your lips soft, smooth, supple and, you betcha – delicious!

Brush your teeth thoroughly at least twice a day, or, better yet, after each meal if you can spare the time, unless otherwise directed by a dentist or physician. AP 24 Smile Pop is simple to use thanks to its pillowy applicator. Apply gentle strokes to dry lips (do not apply when wet) after each brush for a refreshing, clean, picture-perfect smile.

How do you know that these products go perfectly together? Because they both share the delicious flavour of vanilla and mint! An ideal combo for a soft, bright, and delicious smile!

REASONS TO LOVE

HOW TO USE

DID YOU KNOW

PHARMANEX

real beauty starts from within

While we love helping you look your best, we're committed to helping you feel your best, too. The Pharmedex range boasts a collection of innovative food, complimentary medicines and programmes designed to nourish and protect your body, making sure that you can discover the best you from both the outside in, and inside out, with Nu Skin.



TEGREEN 97®

DISCIPLINE-SPECIFIC COMPLEMENTARY MEDICINE
30/120 CAPSULES

Green tea consumption provides catechins which is a source of antioxidants for the maintenance of good health. Antioxidants can help maintain our health by capturing free radicals which are formed in the body. Tēgreen 97® is a proprietary, extract containing catechins as source of antioxidants and other polyphenols found naturally in green tea.

Take one (1) to four (4) capsules daily; preferably one (1) or two (2) each morning and evening with a meal.

Preparations of Green tea leaves have been used traditionally in China for thousands of years and now also modern science has identified certain benefits from catechins in green tea leaves.



BONE FORMULA

HEALTH SUPPLEMENT 180 CAPSULES

Bone Formula contains a mixture of vitamins and minerals such as Calcium, Vitamin D, Vitamin K, Magnesium and Manganese to contribute to the maintenance of normal bones.

Each day, take three (3) capsules with breakfast and two (2) capsules in the evening with food and drink.

Calcium contributes to the maintenance and development of strong bones and teeth, while vitamin D helps in the normal absorption of calcium and phosphorus.



CORDYMAX CS-4®

DISCIPLINE-SPECIFIC COMPLEMENTARY MEDICINE
120 CAPSULES

Experience the goodness of the Cordyceps Sinensis Mushroom with CordyMax CS-4®. We've taken standardised mycelium – obtained through fermentation – and packed it into this handy product. Enjoy!

Take two capsules, two or three times per day, with food and drink.

The cordyceps sinensis mushroom is mainly found in the heady heights of the Tibetan plateau.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



AGELOC® VITALITY
DISCIPLINE-SPECIFIC COMPLEMENTARY MEDICINE
180 CAPSULES

ageLOC Vitality offers a well-chosen blend of key ingredients Cordyceps sinensis, Pomegranate and Panax Ginseng which targets the following three dimensions: Support of physical performances, help to maintain energy levels and support mental well-being. ageLOC Vitality will help you feel fully engaged in your active lifestyle.

Take three capsules of ageLOC Vitality twice daily.

Panax ginseng is a pretty exotic root, often found growing in places like Korea, north-eastern China, and far-eastern Siberia. While sometimes confused with the likes of American ginseng, Siberian ginseng, and Panax pseudoginseng, they share little in common but the name.



MARINE OMEGA
HEALTH SUPPLEMENT 120 SOFT GEL CAPSULES

This health supplement contains fish oil and sustainably sourced Antarctic krill oil which are a source of eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) for the maintenance of a good health.

Take two (2) softgels with 250 ml of liquid with your morning and evening meals.

Antarctic krill are small, shrimp-like crustaceans found in the Antarctic waters of the Southern Ocean – tough little critters!



G3 BLENDED FRUIT DRINK 2PK
2 X 750 ML

G3 is based on a cocktail of 9 fruit juices. A delicious source of vitamin C, it's a great choice for the whole family.

Shake the bottle well before drinking and enjoy!

G3 contains the carotenoids beta-carotene and lycopene. Carotenoids is a family of pigments found in fruits and vegetables and are primary responsible for their red, orange and yellow colours.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW

S3



LIFEPAK+ HEALTH SUPPLEMENT 60 SACHETS

Packed with well-known vitamins, minerals and herbal extracts, LifePak+ helps to keep you at your best each and every day.

Take the contents of one (1) LifePak+ sachet: four (4) coated tablets at the same time once a day with 250 ml of liquid with your meal.

We see the term 'balanced diet' all the time, but it's never all that clear exactly what that means. Essentially, it should include macronutrients – fats, proteins and carbohydrates – and micronutrients – vitamins and minerals – to meet our daily nutritional needs.

The availability & usage of some products may vary per country. To check product availability in your local market, visit www.nuskin.com. Please read the instructions on the packaging carefully before use.



TR90®
transform the way you eat, move, and live

Nothing worth having comes easy, but you don't have to do it alone. TR90, the playful wellbeing programme, helps you transform your life by changing the way you Eat, Move and Live. Complete with meal replacements, an empowering guide, and frequent updates, we'll be right by your side every step of the way.





TR90 WELLBEING PROGRAMME

A 90 DAY WELLBEING PROGRAMME

Rediscover your curious and confident self with TR90. It's a weight management programme based on nutritional science, the power of natural ingredients, and a personal support system. Give TR90 a try for 30 days or more. With the help of meal replacement bars, botanical-rich drinks and carefully calibrated natural supplements – plus an exercise and diet plan – you'll certainly find the best way to shape your life.

The programme runs for 90 days. For the first 2 weeks of the programme, mix 1 sachet of JS with a glass of water. Take 1 Complex C tablet 3 times per day, and 1 Complex F tablet 4 times per day, 15-20 minutes before eating for 90 days. Swap one main meal for an M-Bar and glass of water. Follow the advised eating and activity plan.

You won't be going through your journey alone – we'll be sending out regular tips, tricks and helpful advice both via email and through social media.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW



TR90 V-SHAKE VANILLA
VANILLA-FLAVOURED VEGAN PROTEIN SHAKE



TR90 V-SHAKE CHOCOLATE
CHOCOLATE-FLAVOURED VEGAN PROTEIN SHAKE



**TR90
Complex C**
FOOD SUPPLEMENT 90 CAPSULES

REASONS TO LOVE

Discover TR90 V-Shakes: the vegan-friendly protein shake the whole planet can enjoy. This delicious vanilla flavoured shake has plant-based protein and contains no artificial colours or preservatives, making it an ideal way to optimize your diet.

Discover TR90 V-Shakes: the vegan-friendly protein shake the whole planet can enjoy. This delicious chocolate flavoured shake has plant-based protein and contains no artificial colours or preservatives, making it an ideal way to optimize your diet.

Whether you enjoy it as part of the TR90 Wellbeing Programme or prefer to take it alone, this sour cherry supplement combines the benefits of tart cherry (*Prunus cerasus*) fruit powder with cocoa and pomegranate.

HOW TO USE

Mix 25 g of TR90 V-Shake powder with 500 ml of cold water. Remember to fill the shaker with liquid first, then add the protein powder and shake well for 20-30 seconds. If you do not have a scoop, 25 g is equal to approximately two tablespoons.

Mix 25 g of TR90 V-Shake powder with 500 ml of cold water. Remember to fill the shaker with liquid first, then add the protein powder and shake well for 20-30 seconds. If you do not have a scoop, 25 g is equal to approximately two tablespoons.

Take one (1) capsule three (3) times per day. Preferably, take 15-20 minutes before meals with a large amount of water.

DID YOU KNOW

The TR90 V-Shakes are suitable for everyone - and even those over 65 who just want to keep up with the kids!

Each serving of the V-Shake contains 19 grams of protein, sourced from pea and brown rice, and is lactose-free, gluten-free, and soy-free - fantastic for a protein snack, or as part of your breakfast.

While it's important to remember that supplements should never be used to replace a varied and balanced diet, they can definitely help support one.

Coming soon in 2021

Coming soon in 2021



**TR90
Complex F**
SUPPLEMENT 120 CAPSULES

Whether you enjoy it as part of the TR90 Wellbeing Programme or prefer to take it alone, this botanical food supplement is designed to get you primed and ready for whatever transformation you're looking for. It contains a blend of ingredients including citrus fruit, onion, grape, cayenne pepper, red orange and a green tea extract.

Take one (1) capsule four (4) times per day. Preferably, take 15-20 minutes before meals with a large amount of water.

The green tea extract in Complex F can help to protect your cells against oxidative stress.



**TR90 M-BAR
LEMON CRISP**
MEAL REPLACEMENT BAR 30 PACK

Easily integrated into your lifestyle, a single bar replaces one main meal per day. Your fast-paced lifestyle often has you rushing out the door with no time for complete meal. The TR90 M-Bars are a meal replacement which can be easily integrated into your lifestyle as it is. The bars are convenient, discrete and ready for use on-the-go. Try this mouthwatering lemon flavour today! Each box consists of 30 bars.

Eat the bar with a glass of water.

Like all meal replacements, each M-Bar consists of an appropriate amount of proteins, in a convenient and easy way. Vitamins, minerals, fibres and the right quantity of fats/carbohydrates to fuel your body. Make sure to enjoy them with an adequate daily fluid intake, regular exercise and as part of a varied, balanced diet!



TR90 JS
DISCIPLINE SPECIFIC MEDICINE
15 SACHETS

Composed only of botanical ingredients like prickly pear cactus, red orange, pomegranate and saffron, TR90 JS is the perfect drink for your morning routine, and to kick off the first two weeks of your TR90 experience.

Each morning, mix one sachet of powder into a glass with 250ml of water, or your favourite beverage if you prefer.

The ingredients in TR90 JS are lovingly harvested in the regions of California and the Mediterranean.

REASONS TO LOVE

HOW TO USE

DID YOU KNOW

FORCE FOR GOOD

A culture of giving back

At Nu Skin, we want to be a Force for Good through caring for our planet, improving the lives of children, nourishing future generations and investing in our global community.



NU SKIN
FORCE FOR GOOD
FOUNDATION

The Nu Skin Force for Good Foundation improves children's health, education, and economic circumstances, offering hope for a brighter future.

Nu Skin is built on the idea of giving back. It is the very core of who we are, and what we do. The Force for Good Foundation was born of this very ideal and has seen us lend our support to numerous fantastic causes around the world since 1996. The concept is simple; because Nu Skin covers 100% of the Foundation's administration and overhead costs, no matter whether you contribute through your generous donations, or through purchasing our unique Epoch line, 100% of what you give goes to our partnering non-profit organisations.

OUR PROJECTS

- **School of Agriculture for Family Independence (SAFI):** teaching sustainable agriculture in Malawi at the Mtalimanja Village School.
- **Seed of Hope:** helping the reforestation initiative thanks to donations made through the sales of our Epoch Baobab Body Butter.
- **Seacology:** creating win-win conservation partnerships that help island communities build infrastructure now and preserve their marine habitats for generations to come.
- **Epidermolysis Bullosa Medical Research Foundation:** funding research to find a cure for the devastating skin disease Epidermolysis Bullosa (EB).
- **Wells of Hope:** providing clean water through our borehole project in Malawi. Every new well provides access to clean water for approximately 500 people.



NOURISH the CHILDREN

A for-profit social initiative empowering future generations one bowl at a time.

No child should ever go hungry. That's the belief behind Nu Skin's Nourish the Children initiative. With VitaMeal, we provide highly nutritious food developed by Nu Skin's very own nutrition scientists. You can purchase VitaMeal like regular products except the bags are donated directly to children in Malawi through a third-party non-profit organisation such as Feed the Children. Each 30-meal bag of VitaMeal contains 30 child-size portions, enough to provide the vitamins and minerals needed to nourish a child for an entire month. And when you give, we also give. For every donation of a VitaMeal five-pack, or every eight bags purchased, Nu Skin will add one more.

It is important to highlight that it is a for-profit programme with regular product commissions and profit. But this is precisely what makes the programme sustainable; the incentive around the sale helps ensure that VitaMeals are sold and promoted on a regular basis. Currently, more than 120,000 children receive VitaMeal each day, so it's important that it remains a continuous, sustainable effort. This is also how we have reached no less than 700 million meals donated worldwide since its birth in 2002. And we are not stopping there. With our VitaMeal plants in Malawi and China, the Nourish the Children initiative is able to help create new jobs and economic opportunities in the communities that your generosity helps to sustain.

Nu Skin is a for-profit distributor of nutritional and skin care products and is traded on the New York Stock Exchange (NUS). Nourish the Children is an initiative of Nu Skin and is registered in some states as a commercial co-venture. The initiative enables Nu Skin's brand affiliates and customers to purchase VitaMeal from Nu Skin and donate it to charitable organisations to help solve the complex world problem of feeding malnourished children. The price of VitaMeal includes the cost of manufacturing, general overhead, distribution and sales. As is the case with other Nu Skin products, brand affiliates are paid commissions and Nu Skin earns a profit margin from each sale of VitaMeal.

Please refer to the trademark glossary page on www.nuskin.com for a list of all trademarks.





SUSTAINABILITY

*Embracing sustainable practices today
that enhance a resource-rich tomorrow.*

Sustainability is so much more than just a buzzword to Nu Skin. We are committed to keeping our global communities clean, safe, and protected for the future. This is a daunting task, but we're proud to make it our mission to embrace sustainable practices today to enhance a resource-rich tomorrow. We have made concrete commitments around our 3 P's: People, Product and Planet. We have already made impactful and measurable changes on our top 20 products and we have pledged to have all of our products' sustainability improved by 2030.



COMMUNITY OUTREACH

*Creating a strong global family by
empowering our local communities.*

Our Community Outreach focuses on local Force for Good efforts throughout the world. In Europe, Middle East and Africa, we have partnered with the European Leukodystrophies Association (ELA). Since early 2020, we have been raising money for ELA through direct donations via a third-party platform (Alvarum) and through the sales of our Pharmanex TR90 V-Shakes. The association supports children who are suffering from this rare disease and their families in various European countries. But it is important to highlight that ELA also funds clinical research to find a cure for children affected by leukodystrophy around the world.

For more information or to contribute to these initiatives,
please visit www.forceforgood.org





NU
SKIN.



 FSC
www.fsc.org

MIX
From responsible
sources

FSC® C014767