



# Transcriptional profiling to identify genes controlling human skin aging

Anne Lynn S. Chang, M.D.<sup>1</sup>, Robert Spitale, Ph. D.<sup>1</sup>, Eduardo Torre<sup>1</sup>, Bharathi Lingala, Ph.D.<sup>1</sup>, Howard Y. Chang, M.D., Ph.D.<sup>1</sup>  
Dale G. Kern, MS<sup>2</sup>, Steve M. Wood, Ph.D.<sup>2</sup>, Helen E. Knaggs, Ph.D.<sup>2</sup>

<sup>1</sup>Stanford University School of Medicine, Department of Dermatology, <sup>2</sup>Nu Skin International

## BACKGROUND

➤ Human skin aging occurs at different rates, with some individuals showing less effects of aging than others, despite environmental insults

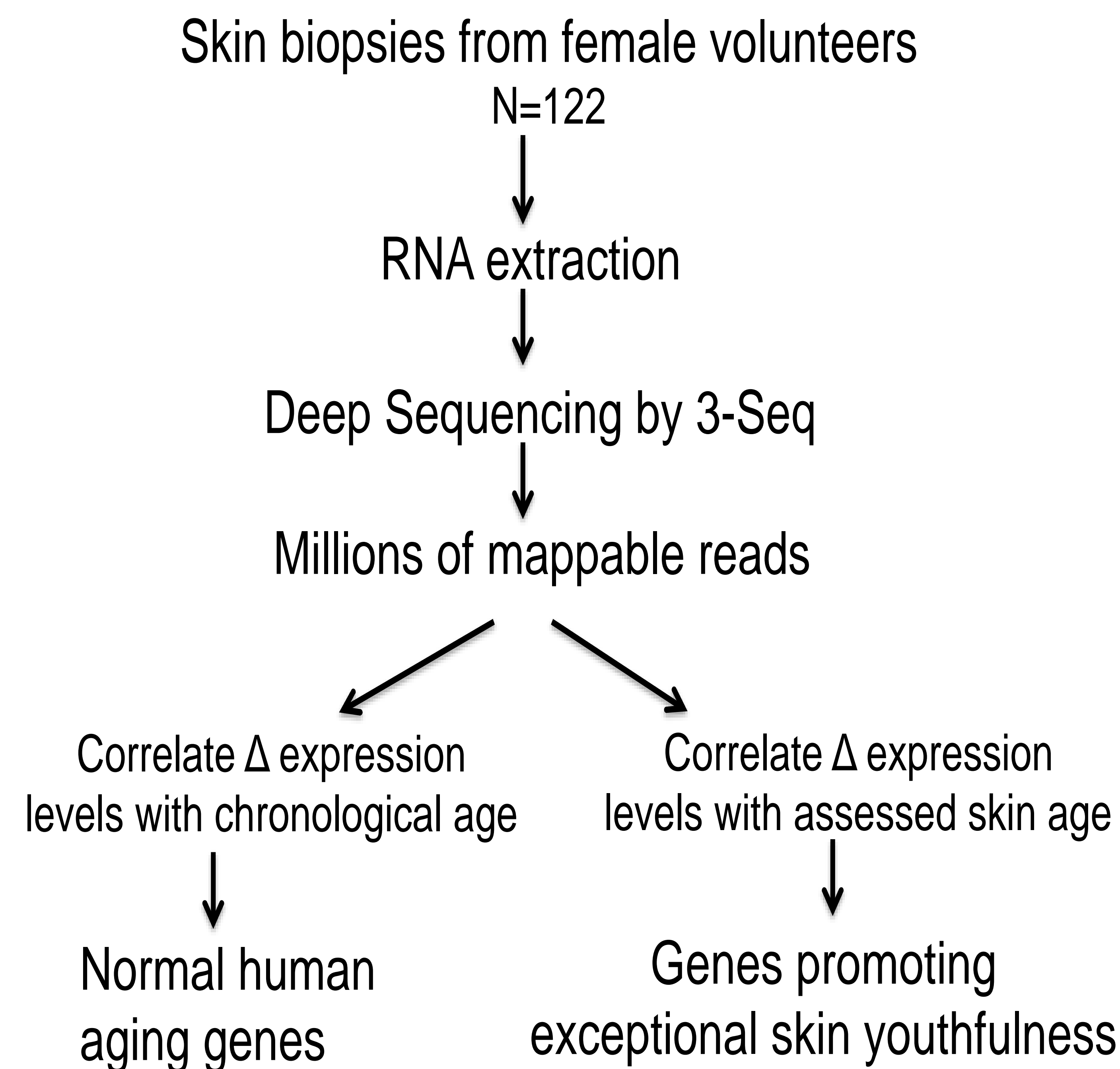
## OBJECTIVE

- To identify gene expression profiles which associate with normal human aging
- To identify gene expression profiles which associate with exceptionally youthful skin aging

## METHODS

- IRB approved protocol
- Inclusion criteria:
  - female volunteers from Northern California
  - aged ≥ 18 years old
  - Fitzpatrick skin type I or II
  - in general good health as assessed by the investigator
- Exclusion criteria:
  - prior use of prescription medications to improve the appearance of aging skin
  - Prior facial cosmetic procedures
  - dermatologic conditions on the face
  - use of self-tanner two weeks prior to enrollment

## STUDY DESIGN



*Additional clinical parameters to be assessed:*

- Association with fat accumulation
- Association with biomarkers of oxidative stress

## RESULTS

- Skin aging assessments by dermatologist raters blinded to chronological ages have identified the top 10 individuals with skin youthfulness
- The remaining 112 individuals will form the basis of normal aging gene expression profiles from the 3<sup>rd</sup> to the 9<sup>th</sup> decade of life

## LIMITATIONS

This study is limited by sample size.

## CONCLUSIONS

- While this study is still in progress, identification of master regulators may lead to novel pathways which promote healthy skin aging

## FUNDING

This study was sponsored by NuSkin International.

## ACKNOWLEDGEMENTS

We are indebted to Shruthi Rangaraj for technical assistance.