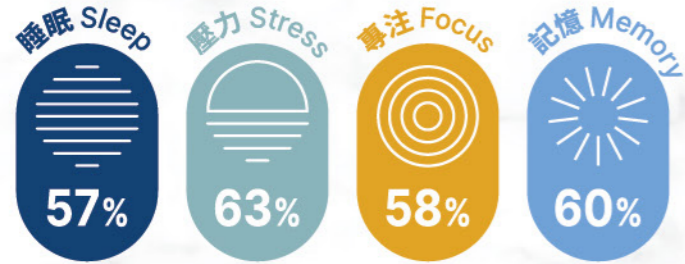


93% 消費者關注一項或以上
有關心理健康的核心需求
更驚人的是全球大多數成年人
表示他們存在認知健康問題

93% of consumers reported one or more concerns related
to mental wellbeing core needs.¹
Astoundingly, most adults around the globe say they have
mental wellbeing issues.



全新 MYND360™ 產品系列推出突破性營養補充品及用心配製的搭配產品，幫助
消費者擁有更好的睡眠、保持專注、減輕壓力，並增強記憶力——讓您成功在望。
MYND360™ introduces groundbreaking new supplements and mindfully formulated
topicals that will help your customers sleep better, stay focused, skip the stress, and
strengthen their memory — your success is top-of-mind with MYND360™.

1. GutCheck Multi-Country Brain Health Consumer Research, 2020



Learn More
了解更多



當睡眠質素下降，您的記憶力、
集中力、精神壓力統統受到影響

Poor sleep quality leads to adverse influences on focus,
memory matters, or stress struggles

強差人意的睡眠質素將會引起一個或以上的睡眠問題，
影響整體健康及日常生活。

更令人擔心的是，若我們無法從根本解決睡眠問題，
只會持續加深其帶來的負面影響。

Poor sleep quality can lead to various sleep problems, which can negatively affect our overall health and daily life.
If we fail to address these sleep challenges, the negative impacts are likely to worsen.



您知道嗎？
您的整體健康與睡眠質素息息相關！
Do you know that sleeping quality greatly
impacts your overall health?

研究指出，46% 受訪者表示沒有獲得足夠的睡眠，
當中有 70% 受訪者表示近年已開始面臨一種或多種睡眠問題。
Research shows that 46% of interviewers say they are not getting enough sleep,
and 70% have started experiencing one or more sleep challenges in recent years.²



睡眠對整體健康至關重要
擁有良好的睡眠質素，有效支持健康發展
SLEEP IS CRITICAL for overall health and supports the above areas



2. Nu Skin report on Ocean Cognitive Opinions & Needs, Sept 2022; Mintel, November 2021; Philips 2021

MYND360™

360°療癒身心 煥新每一天
Everyday is My New Day



您睡得好嗎？
Did you sleep well?

了解MYND360™
Learn More About MYND360™

Calming Night



癒好眠 PEACEFUL NIGHT

服用一次即可減輕壓力
讓您擁有更好的睡眠
Reduce feeling of stress and
support better sleep quality



L-theanine
茶葉萃取物(茶氨酸)



Saffron
番紅花萃取物



Lactium
乳蛋白肽

96%

用家表示睡眠質素得以改善
96% of subjects noted
improvement in sleep quality³

98%

用家反映對偶爾焦慮
的感受有所改善
98% improvement in in HAM-A score
measuring feelings of occasional anxiousness⁴

- 支持改善睡眠質素
Supports improved sleep quality
- 安全、溫和且不會造成依賴的睡眠支援
Safe, gentle, non-habit-forming sleep support
- 有助醒來時感覺更精神、減少昏沉
Helps you wake up feeling refreshed and less groggy
- 支持健康的生理時鐘
Supports a healthy circadian rhythm

- 有助減低壓力感
Helps reduce feelings of stress
- 支持放鬆及正面的情緒
Supports relaxation and a positive mood
- 有助平靜的感覺
Aids in a feeling of calm
- 有助於減低壓力感以支持更好的睡眠
Helps reduce feelings of stress to support
a better night's sleep

3. Statistically significant results over placebo from an unpublished clinical trial commissioned by Nu Skin. In a double-blind, placebo-controlled, 28-day study, 40 healthy adults with self-reported sleep disturbance received a placebo or MYND360 Peaceful Night blend.
4. Statistically significant vs. placebo. Unpublished clinical trial commissioned by Nu Skin. In a double-blind, placebo-controlled, 30-day study, 60 healthy, moderately stressed adults received a placebo or MYND360 Peaceful Night blend.

Revive Memories



醒腦力 MIND FULL

強大配方煥醒至強腦力
Effective blend to support strong memory



Astaxanthin
蝦紅素



Grape Extract
葡萄萃取物



Vitamin E
維他命 E

46%

提升記憶和學習
有關的表現達 46%⁵
46% improvement in compound
associated with memory and learning⁵

實驗證實配方能支持情節記憶和日常記憶
Clinically shown to support improvements to episodic and everyday memory

支持強大記憶力及健康大腦功能
Supports strong memory and healthy brain function

改善因年齡增長所引致的記憶力問題
Helps support memory as you age

支持廣泛記憶功能
(短期記憶、延遲記憶、視覺記憶、工作、說話語文和回憶)
Supports a broad range of memory functions including
short-term, delayed, working, verbal, visual, language, and recall

5. Statistically Significant vs. Placebo. In a double-blind, placebo-controlled, 12-week study, 100 healthy adults with self-reported memory/attention problems received a placebo or MYND360 Mind Full blend.

Work Focus



專注速 SHARP FOCUS

服用一次即可加強專注
Support focus after one dose



Caffeine
咖啡果萃取物



Vitamin B6 & B12
維他命 B6 & B12



Choline
膽鹼

支持敏銳的頭腦和更好的反應時間
Supports a sharp mind, improved reaction time

為神經元和認知能力提供營養支持
Provides nutritional support for neurons and cognition

含有支持大腦功能的維他命
Supports improved concentration, mental clarity, and healthy brain function

改善集中力、頭腦清晰和健康的大腦功能記憶
Contains essential vitamins that support brain function

Refreshing Moment

煥采潔膚露 ENERGIZING HAND AND BODY WASH

滋潤肌膚煥發神采
Moisturizing while energizing



97%

用家表示喜歡使用該產品時皮膚的感覺。
97% users say,
"I like how the product feels on my skin."

煥活芳香療法為思緒注入活力與精神
Revitalizing aromatherapy helps provide positive mood support,
it helps energize and uplift your mind

配方含有α-羧基酸 (AHA) 以促進細胞更新，
確保肌膚保 持滋潤和健康
Contains skin-loving alpha-hydroxy acid (AHA) that promotes cell turnover,
ensuring your skin stays moisturized and healthy



Green Apple Ginseng Fragrance
青蘋果人蔘香氣



Energizing Formula
煥采配方

Relaxing Time



舒壓身體乳 Relaxing Body Cream

鎮靜舒緩零壓生活
Revitalizing aromatherapy helps
provide positive mood support



Peaceful Woods Fragrance
平靜的森林香氣



Calm Formula
舒壓配方

100%

用家表示喜歡肌膚使用後的感覺。
100% users say,
"I like the way my skin feels after application."

放鬆芳香療法提供正面的情緒支持
Relaxing aromatherapy helps provide positive mood support,
prepare the mind and body for relaxation

配方為受壓力的肌膚提供鎮靜及舒緩作用
Calms and soothes stressed skin. Helps soften skin
to leave it looking and feeling silky smooth and refreshed