

# JOIN V BODY FITNESS CHALLENGE (STEP 1)

INSTALL & REGISTER V BODY EXPERTS APP



 ageLOC

# NU SKIN HKMC OFFICIAL WEBSITE



The screenshot shows the Nu Skin HKMC official website. The main banner features a person running on a path. The text on the banner reads: "TR90", "90 DAYS TO PROVE IT", "SHAPE UP FOR GOOD, FORCE FOR GOOD". Below the banner, the text reads: "Registration starts on 26th Apr! Fabulous prizes with total values close to HK\$1 million!". There are four rounds of the Challenge. Participants of V Body Fitness Challenge who achieve the highest record of fat loss in each round will be awarded. As a meaningful event, NU SKIN shall commit a bag of Vitameal® donation to the needs in return of every 3-pound fat loss in the Challenge. Team: 5- 8 members (team leader & members inclusive). Below this, the text reads: "TAKE THE V BODY FITNESS CHALLENGE". Underneath, the text reads: "INSTALL & OPERATION GUIDELINE". A yellow box highlights the first step: "Step 1: install the V Body Experts App". A yellow arrow points from the banner to the right, indicating the next step in the process.

Step 1: install the V Body Experts App

Step 2: Form or join a team here

Step 3: Upload measurement data

s/pharmanex/ageloc/agelOC\_TR90\_HK/V\_Body\_Fitness\_Challenge.html#

**Step1** : Visit Nu Skin HKMC website & click on the Challenge promotion poster

**Step2** : Click "Install" the V Body Experts App

# INSTALL V BODY EXPERTS APP

## iOS

1. Scan the QR code on the right to  
download & install NU APP STORE

( Skip to next step if you have install NU APP Store already )

2. Download **V Body Experts App** in NU APP



iOS

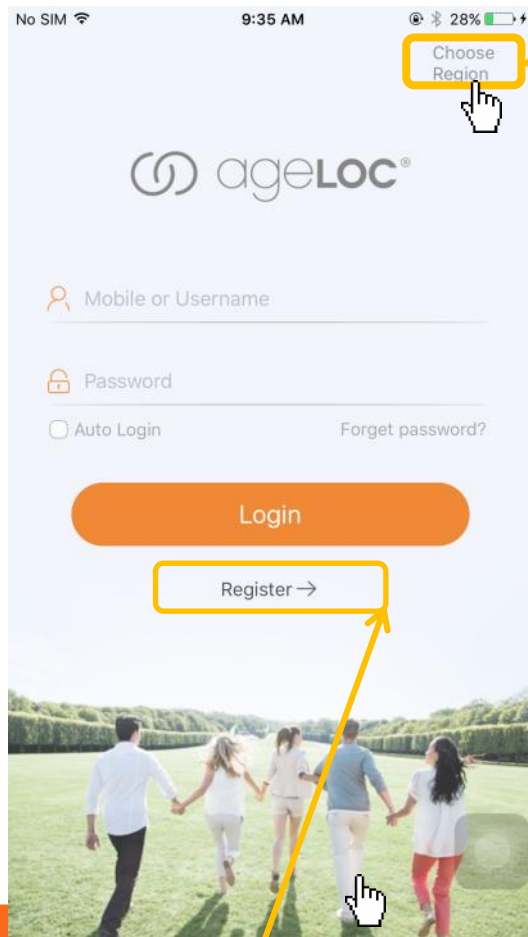
## Android

Scan the QR code on the right to download  
& install **V Body Experts App**



android

# REGISTER V BODY EXPERTS APP



**Step2 : Click "Register"**

**Step1 : Click [Choose Region] , select [Hong Kong] / [Macau]**  
**Remarks : Require to select district for login/register/forget Password**

**Step3 : Fill in all required info, Click here to receive Security Code**

**Step4 : Click "Next"**

**Step5 : Fill in "My Profile"**

Field	Value	Unit
Name*	读书人	
Height*	160	cm
Gender*	<input checked="" type="radio"/> Male <input type="radio"/> Female	
Birth*	1989-11-13	
TR90 Use Date	2016-04-14	
Initial Weight*	90	kg
Initial Fat Ratio*	40	%
Ideal Weight*	45	kg
Ideal Fat Ratio*	10	%
NO. CN NO.	Your ID	
Upline	15106176002	

**Registration completed!**  
**You can start invite your fellows to join the Challenge now!**

# JOIN V BODY FITNESS CHALLENGE (STEP 2)

REGISTER FOR THE V BODY FITNESS CHALLENGE



# NU SKIN HKMC OFFICIAL WEBSITE



The screenshot shows the Nu Skin HKMC official website. The main banner features a person running on a path, with the text "TR90" and "90 DAYS TO PROVE IT". Below the banner, the text reads: "SHAPE UP FOR GOOD, FORCE FOR GOOD". The registration details are as follows:

- Registration starts on 26th Apr! Fabulous prizes with total values close to HK\$1 million!
- There are four rounds of the Challenge. Participants of V Body Fitness Challenge who achieve the highest record of fat loss in each round will be awarded. As a meaningful event, NU SKIN shall commit a bag of Vitameal® donation to the needs in return of every 3-pound fat loss in the Challenge.
- Team: 5- 8 members (team leader & members inclusive)

The section "TAKE THE V BODY FITNESS CHALLENGE" includes an "INSTALL & OPERATION GUIDELINE" with the following steps:

- Step 1: Install the V Body Experts App
- Step 2: Form or join a team here

A yellow box highlights Step 2, with a yellow arrow pointing to it from the left. Below the steps, there are three images: the agelOC TR90 product, a diagram of the challenge structure, and a smartphone displaying the app interface.

**Step1** : Visit Nu Skin HKMC website & click on the Challenge promotion poster

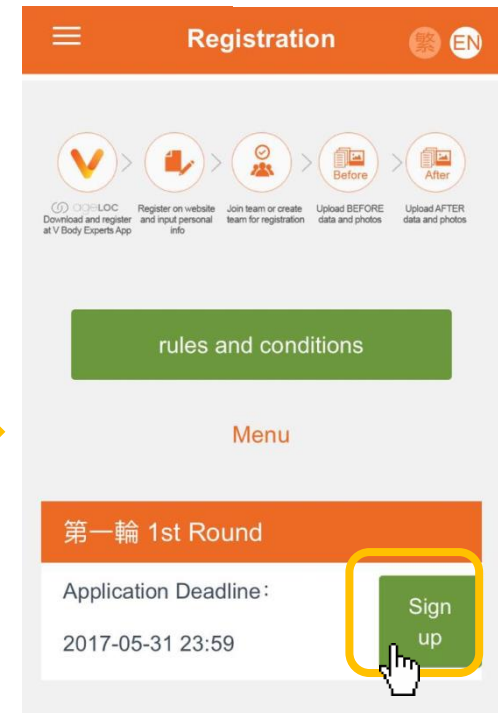
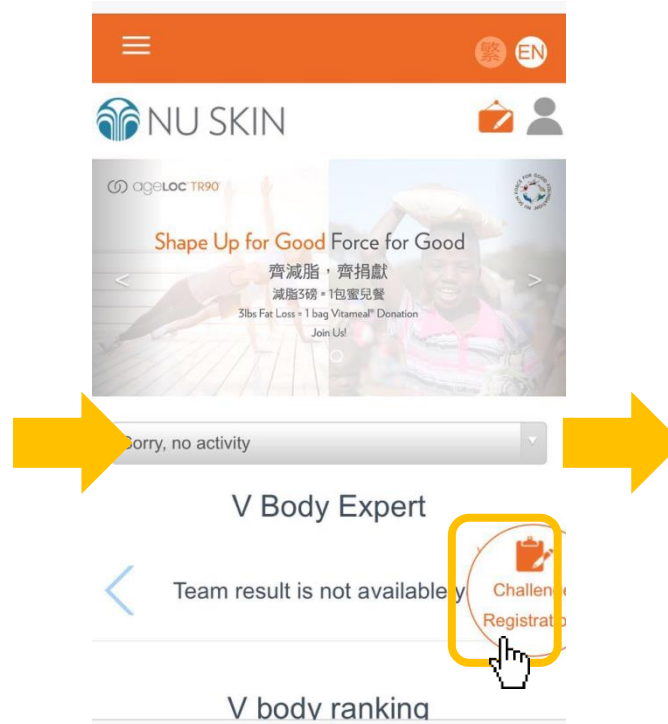
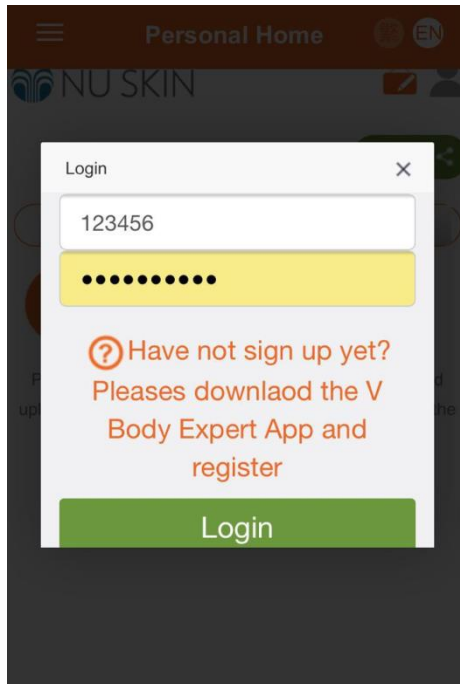
**Step2** : Click "Form or join a team here"

# JOIN V BODY FITNESS CHALLENGE

## HTTPS://VBODY.NUSKIN.COM.HK



1. Scan the QR code on the right to visit the Challenge website



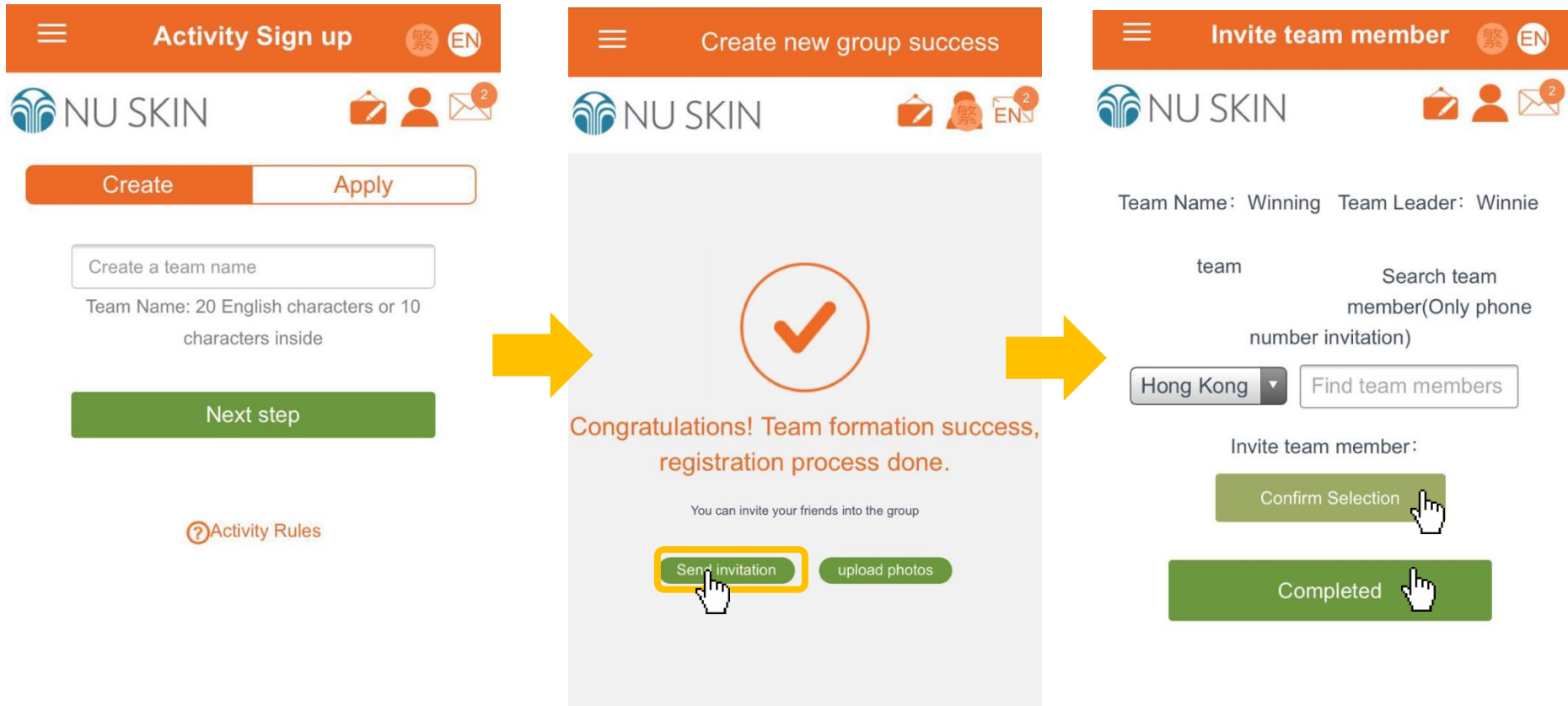
**Step1 :**  
Login with V Body Experts  
App ID & password

**Step2 :**  
Click "Challenge  
Registration" on front  
page

**Step3 :**  
Click "Sign Up"



# JOIN V BODY FITNESS CHALLENGE



**Step4 :**  
Create a Team Name

**Step5 :**  
Send invitation to form team

**Step6 :**  
Enter member phone number, click **"confirm selection"** & **"Completed"** . Team members will receive SMS to login to the website to accept the invitation.  
(Member need to login the website before they can receive the SMS invitation.)



# 參加V身達人挑戰賽



2017-4-25

Team Leader Yan invites you to join his/her team (yan group) in the competition, please accept or reject the invitation.

Accept

Refuse

Close

- 2017-4-25  
Your team does not meet the conditions of entry, the failure of the entry [【Click for details】](#)

● 2017-4-25



2017-4-24

Yan accepted your invitation and he/she is your team member now. Please monitor his/her to upload BEFORE photos and measurement data on time.

Close

- 2017-4-21  
Your team has started the competition already! Please upload measurement data and diet records accordingly. [【Click for details】](#)

● 2017-4-21



2017-4-25

Congratulations! Your submitted photo has been approved, the photo will be displayed on the photo wall on the home page. Please feel free to give a like to the photo.

Close

- 2017-4-25  
Your team does not meet the conditions of entry, the failure of the entry [【Click for details】](#)

● 2017-4-25

Team member receives invitation message

Team leader receives member in group message

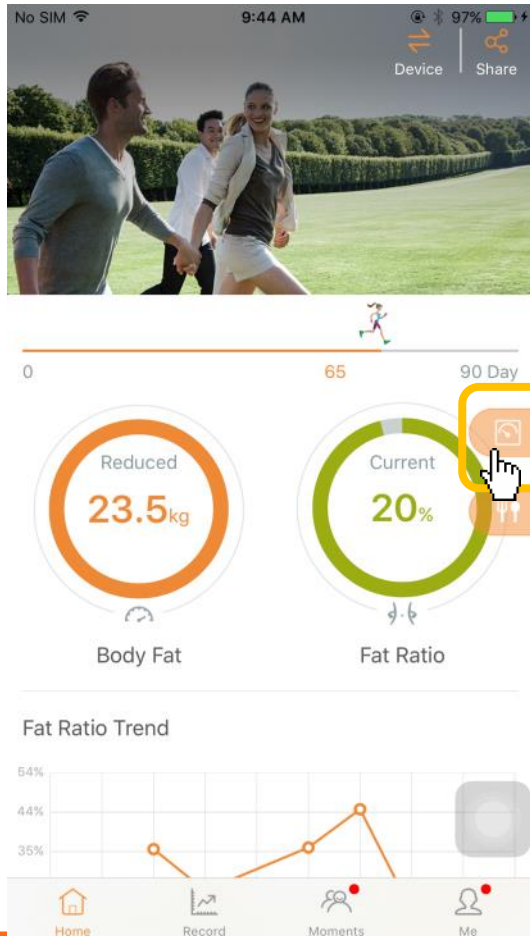
**Step7 :**  
Team members (4-7pax) join the group, leader can monitor and remind them to upload BEFORE body data to start the Challenge in time

# JOIN V BODY FITNESS CHALLENGE (STEP 3)

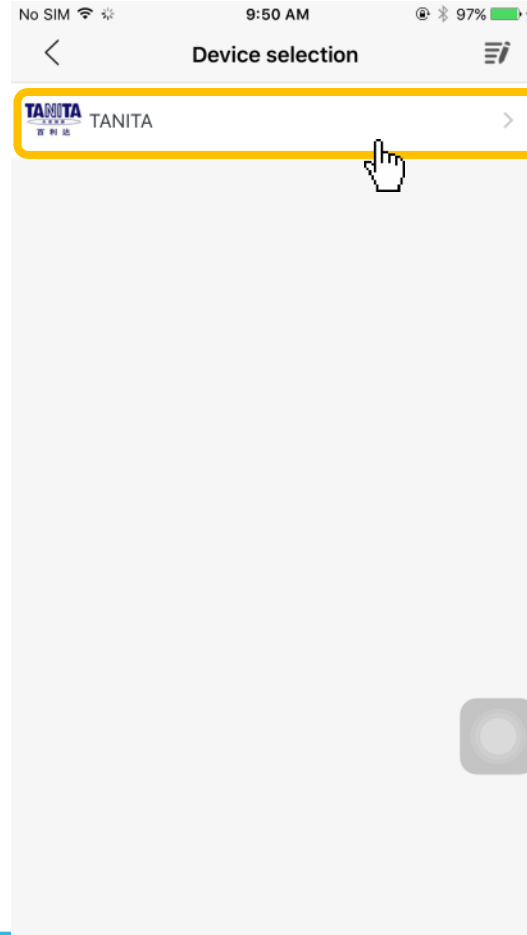
UPLOAD BODY MEASUREMENT WITH INNERSCAN



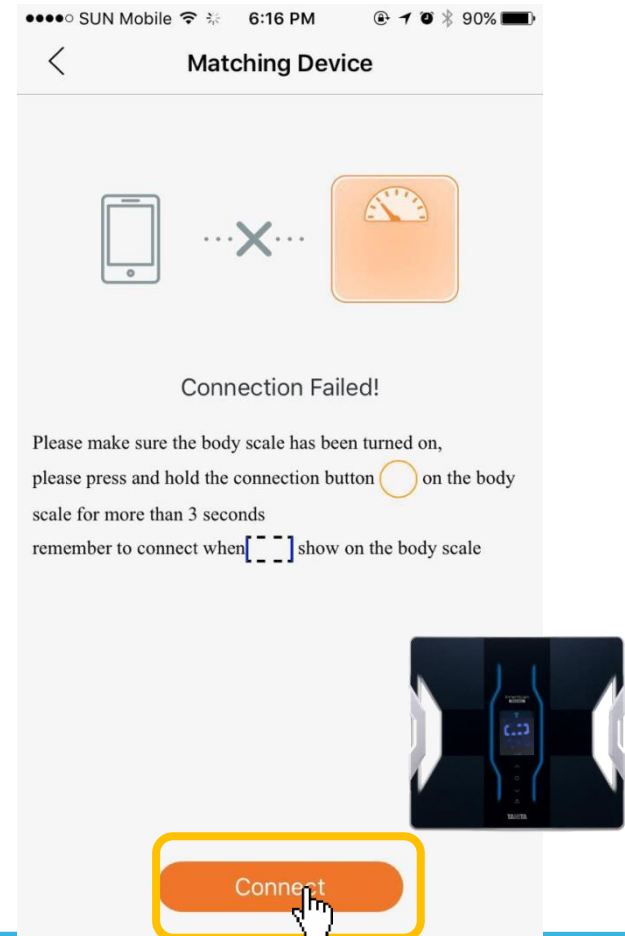
# CONNECT SCALE WITH V BODY EXPERTS APP



**Step1 :** Click the icon on homepage  
Make sure you have turn on the Bluetooth on your device

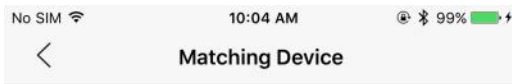


**Step2 :** Click here



**Step3 :** press the **O** button on innerScan (3 sec or above) and press **Connect** when you see a rectangular shown on the innerScan screen

# CONNECT SCALE WITH V BODY EXPERTS APP



TANITA1

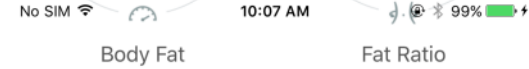
Account ID ① >



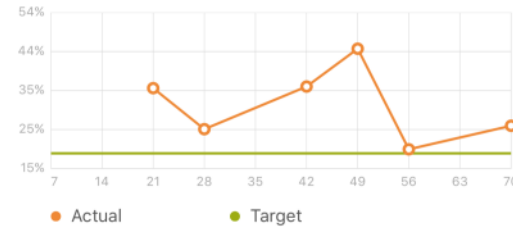
Connection Successful!

Start

Disconnect



Fat Ratio Trend



Physical Index

History >

Weight

58.3kg

Fat Ratio

33%  
obese

Visceral Fat

4level  
Standard

Bone Mass

2.3kg

Muscle Mass

36.8kg

Basal Metabolism

1197kcal

BMI

21.4  
Normal

Body Water

43.6%

Body Age

33

**Step3 :** Click **"Start"** ; when 0.00KG appear on the inner scan screen, you can step on the scale with bare feet

After all, body measurement will sync to the homepage of the APP.

# JOIN V BODY FITNESS CHALLENGE

FAQ



# FAQ

## Q: When I have to upload my body data?

### A:Initial (BEFORE) data^

Upload body measurement before the last registration day of each round

E.g. Team forms on 1 June 2017 – last day for initial data upload is 30 June, 2017

^ 1<sup>st</sup> time Bluetooth data sync from Innerscan to the TR90 APP since registration will be recognized as initial body measurement for the Challenge

### Final (AFTER) data

Final data shall be uploaded to TR90 APP within 7 days from the last day of each round of Challenge; or the data in APP which uploaded within 15 days prior the end day will be recognized as final data for the Challenge

E.g. 1<sup>st</sup> round Challenge end on 31 July, 2017 - last day for final data upload is 6 Aug, 2017. If there is no upload data during this period of time, system will take the last data record during 17 July to 31 July as final data for calculating the Challenge result.

Round	Registration & Start Period	Prescribed End Time
1stRound	26 Apr, 2017—31 May, 2017	31 Jul, 2017
2ndRound	1 Jun, 2017—30 Jun, 2017	31 Aug, 2017
3rdRound	1 Jul, 2017—31 Jul, 2017	30 Sep, 2017
4thRound	1 Aug, 2017—31 Aug, 2017	31 Oct, 2017

# FAQ

**Q: Can a Tanita RD-953 Innerscan connect to multiple mobile phones, to measure different people body data?**

**A:** Yes, a Tanita RD-953 Innerscan can connect to a number of mobile phones for different people measurement. However, only one phone can be connected each time, or the scale will not be able to identify the corresponding phone correctly.

**Q: Is it compulsory for team members to upload photo during registration period to enroll the Challenge successfully?**

**A:** No. Before & after photo is not required for registration but you are required to upload the before and after photos by the end of each round of competition in order to qualify for the competition.





# FAQ

**Q: How to confirm if the team form successfully?**

**A:** During the registration period, team leader will receive the event website message and SMS reminders, as long as the number of member reaches 5 and all the first data measurement done. Challenge will start after team leader reply and confirm the message. Reject the message if there are more members to join. Agree to start the Challenge until the number of member and information is completed.

**Q: Is it possible to use the same invoice which contains multiple purchase sets of ageLOC® TR90® products for prize redemption?**

**A:** No. Each NU SKIN distributor needs to bring the original sales receipt for the ageLOC® TR90® product since February 2017 to redeem prize. Every invoice is for single use only.

**Q: Can winners use the ageLOC® TR90® purchasing invoice that product has been refund/returns for prize redemption?**

**A:** No.



# FAQ

## **Q : How to upload video ?**

**A :** Participant can upload video once per month. Participant needs to submit a video capture screen photo and a Youtube video landing address under the personal home – photo & video management page.

## **Q : How to upload photos?**

**A :** Each group can upload 1 photo each day.

For before and after photo: Photo size should be within 1-5MB

For other photos: Photo size should be within 1-3MB; photo can be uploaded only after the competition starts.

All photos have to be reviewed before they are published to the competition website.

