

 PRYSM iO™

真正的智能健康
Prysm iO™

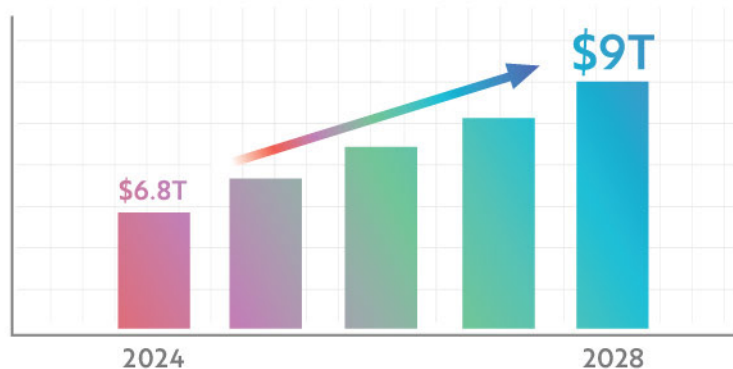


全球健康趨勢

Global Wellness Trends

隨著消費者需求增長，全球健康產業利潤預計於 2028 年達到 9 萬億美元。*

Driven by growing consumer demand, the global wellness industry is expected to reach \$9 trillion by 2028.*



我們每天投資營養補充品、健康食品和養生習慣，但這些邁向健康生活的努力，真的有效嗎？

Every day, we invest in supplements, healthy foods, and wellness routines — but are the steps you're taking toward a healthier life truly working?



我想知道
我的營養補充品
是否有效。

I want to know
my supplements are
working.

數位數據洞察

DIGITAL DATA INSIGHTS



我想要
個人化的產品推薦。

I want personalized
product
recommendations.

個人化

PERSONALIZATION



我想要
智能健康解決方案。

I want connected
health solutions.

健康趨勢

WELLNESS TRENDS

大趨勢推動需求

Megatrend driving demand



Say hello to
PRYSM iO™

劃時代 · 革命性 健康管理新科技

Unconventional · Revolutionary
Advanced technology for Health Management



Prysm iO™
高光譜掃描儀

You deserve to know

15 秒，足以改變您的人生 15 Seconds Can Change Your Life

只需 15 秒，Prysm iO™ 高光譜掃描儀的尖端技術即可隨時隨地提供精準的健康洞察。

Prysm iO™ 高光譜掃描儀是一款無痛及非侵入性的健康測量儀，為您提供精準的健康數據，幫助您了解自身的類胡蘿蔔素水平——提供至關鍵的身體健康指標。

這指標可讓您了解您正在服用的營養補充品與目前的生活方式是否有效改善健康。不論是在家中、健身房，或出行途中，只需輕鬆掃描，即時獲得個人化健康數據，支持您的健康之旅。

In just 15 seconds our advanced technology delivers precise health insights anytime, anywhere.

Prysm iO™ is a painless and non-invasive health data scanner, offers a highly accurate solution for understanding your carotenoid levels - a key insight into your overall antioxidant status.

Reading the health data is the first step in understanding whether your supplements and lifestyle changes truly make a difference for you. Whether at home, at the gym, or on the go, simply scan and receive instant, personalized health data to support your wellness journey.

Quantified Health

in ONE touch

健康

量化

指要

一瞬間



20+ 年開創性的抗氧化科學

20+ Years of Pioneering Antioxidant Science

Nu Skin 以創新科技引領健康進步

Nu Skin pioneers health advancement through innovative technology



2003

推出第一代
Pharmanex®
生物光子掃描儀

Original Pharmanex®
BioPhotonic Scanner
Launch



2011

推出 Scanner S2
Scanner S2 Launch



2013

推出 Scanner S3
Scanner S3 Launch



2025

推出史上最輕巧的
Prysm iO™
高光譜掃描儀

The Lightest Prysm iO™
Hyperspectral Scanner
Launch

一款真正智能的健康測量儀 善用創新工程技術 準確掌握您的營養健康

A Truly Intelligent Device
Empowered by Innovative Engineering
Truly Understand Your Nutritional Health



專屬高光譜科技
Exclusive
Hyperspectral
Technology



AI 演算法結合
拉曼光譜技術
AI Algorithm
referencing RAMAN
technology



數據庫逾 2,000 萬次
掃描資料
Insights informed by
20M+ Scan Data



設計輕巧
易於攜帶
Fits in Your Pocket



隨時隨地
獲得健康數據
More Accessible,
More Affordable



輕鬆分享
健康數據
Easy to Share



15 秒極速分析
獲得個人化健康數據
Fast – Only 15 Seconds to receive
personalized health data

高光譜吸收分析

Hyperspectral Absorption Analysis

皮膚 Skin

光電二極體 1
(PHOTODIODE 1)
測量 LED 發出的光



智能拉曼光譜技術

THE SPECTRAL Rai (RAMAN AI)



高光譜吸收
200,000+ 測量數據
Hyperspectral
Absorption
200,000+ measurements

人工智能演算法
Ai Algorithm

拉曼數據庫
Proprietary RAMAN
Technology

Prysm 分數

Prysm Score

Prysm 分數能反映您的皮膚類胡蘿蔔素水平。儀器會以顏色顯示分數，當儀器連接至 Nu Skin Prysm iO™ 應用程式時，會顯示相應的數值。

Prysm Score reflects the carotenoid levels in your skin. The device provides a color-based score, and when it's connected to the Nu Skin Prysm iO™ app, displays your corresponding numerical value.



紅色
較低的皮膚類胡蘿蔔素水平
Red
indicates a lower skin carotenoid level

紫色
較高的皮膚類胡蘿蔔素水平
Purple
indicates a higher skin carotenoid level

您的掃描結果代表什麼？

What Do Your Results mean?

	營養 Nutrition	生活習慣 Lifestyle	身體狀態 Fitness	營養補充品 Supplement
您的分數在紅色範圍 You Scored Red	您每日攝取少於 2 份的水果蔬菜。 You consume less than 2 servings of fruits and vegetables a day.	您的氧化壓力程度偏高。 You are exposed to higher levels of free radicals.	您的 BMI (體重質量指標) 偏高。 Your BMI (Body Mass Index) is higher than average.	您未有服用營養補充品。 You consume little to no nutritional supplements.
您的分數在橙色範圍 You Scored Orange	您每日攝取少於 2 份的水果蔬菜。 You consume less than 2 servings of fruits and vegetables a day.	您的氧化壓力程度偏高。 You are exposed to higher levels of free radicals.	您的 BMI (體重質量指標) 偏高。 Your BMI (Body Mass Index) is higher than average.	您未有服用營養補充品。 You consume little to no nutritional supplements.
您的分數在黃色範圍 You Scored Yellow	您每日約攝取了 2 - 3 份的水果蔬菜。 You consume 2 - 3 servings of fruits and vegetables a day.	您的氧化壓力程度偏高。 You are exposed to higher levels of free radicals.	您的 BMI (體重質量指標) 適中。 Your BMI (Body Mass Index) is normal.	您未有定期服用營養補充品。 You consume irregular to regular nutritional supplements.
您的分數在綠色範圍 You Scored Green	您每日約攝取了 4 - 5 份的水果蔬菜。 You consume 4 - 5 servings of fruits and vegetables a day.	您的氧化壓力程度中等。 You are exposed to moderate levels of free radicals.	您的 BMI (體重質量指標) 適中。 Your BMI (Body Mass Index) is normal.	您未有定期服用營養補充品。 You consume irregular to regular nutritional supplements.
您的分數在藍色範圍 You Scored Blue	您每日攝取多於 6 份的水果蔬菜。 You consume more than 6 servings of fruits and vegetables a day.	您的氧化壓力程度偏低。 You are exposed to lower levels of free radicals.	您的 BMI (體重質量指標) 適中。 Your BMI (Body Mass Index) is normal.	您有定期服用營養補充品。 You consume dedicated nutritional supplements.
您的分數在紫色範圍 You Scored Purple	您每日攝取多於 6 份的水果蔬菜。 You consume more than 6 servings of fruits and vegetables a day.	您的氧化壓力程度偏低。 You are exposed to lower levels of free radicals.	您的 BMI (體重質量指標) 適中。 Your BMI (Body Mass Index) is normal.	您有定期服用營養補充品。 You consume dedicated nutritional supplements.

氧化壓力帶來的隱形威脅

Oxidative Stress: The Invisible Threat

每天，您的身體都面臨一場隱形的戰鬥。氧化壓力是持續攻擊我們身體的微小損害，會導致身體內外衰老。即使擁有最健康的生活方式，您的細胞每天依然會承受數兆次的氧化攻擊。

Every day, our body faces a hidden battle against oxidative stressors. Oxidative stressors are tiny, relentless attackers that contribute to aging on the inside and outside of your body. Even with the healthiest lifestyles, our cells endure trillions of oxidative hits daily.

任何人都會受到影響 We Are All Impacted

氧化壓力包括：Oxidative stressors include:



細胞損傷實證

Witnessing Cellular Damage

相信大家都看過 — 當您切開一個蘋果，數分鐘後果肉就會開始變黃。

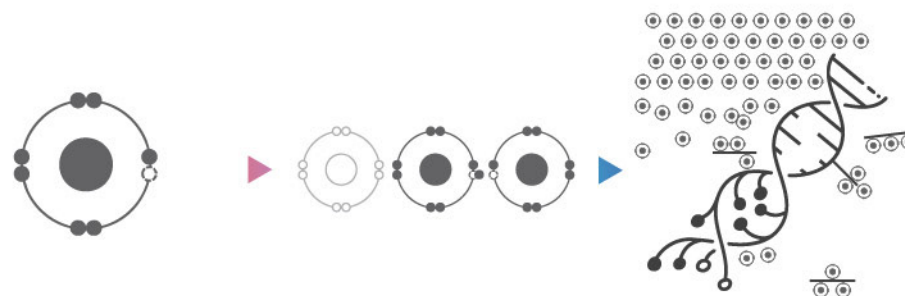
這種常見的變化正是由氧化作用引起，氧化作用是氧氣與細胞反應的自然過程。

Imagine slicing a crisp apple only to see it turn brown just a few minutes later. This familiar change is due to oxidation, a natural process where oxygen reacts with cells.



細胞內部的損傷

Cellular Damage On the Inside



氧化壓力是具有一個或多個不成對電子的高反應性分子。

Oxidative stressors are highly reactive molecules with one or more unpaired electrons.

當這些分子失去了電子，會變成「自由基」（又稱為氧化壓力）。而這些氧化壓力源亦會竊取其他電子，引發分子不穩定的連鎖反應。

These molecules lost their electrons will become "free radicals" (aka oxidative stressors).

The oxidative stressors then steal other electrons, setting off a chain reaction of molecular destabilization.

同樣的過程也會發生在您的身體裡，慢慢累積損害並加速衰老，進而影響您的長期健康。這些自由基分子更會破壞 DNA 和其他細胞結構，從而導致體內外衰老。

The same process happens in our bodies, slowly accumulating damage that can accelerate aging and compromise our long-term health. These free radical molecules damage DNA and other cell structures, which can cause aging on the inside and outside of the body.

如何防止氧化壓力？

How to Keep Oxidative Stress at Bay?



掌控您的抗氧化健康

Take Charge of Your Antioxidant Health

氧化壓力是我們所有人正面臨的挑戰。通過正確的生活習慣及富含抗氧化劑及強效營養補充品的飲食，您可以保護您的身體並支持長期健康。

Oxidative stress is a challenge we all face. But with the right lifestyle choices and a diet rich in antioxidants and powerful supplements, you can protect your body and support long-term wellness.

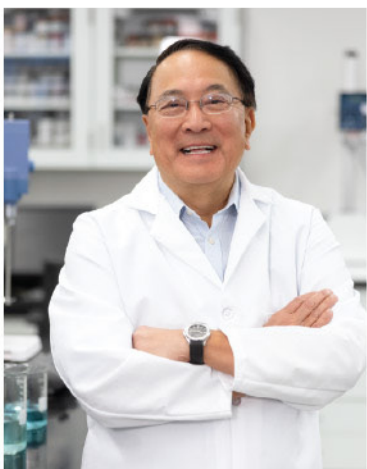


知識是邁向改變的第一步

Knowledge is the first step toward change

實驗認證 值得信賴

Lab-Tested, Life-Approved



「Nu Skin 運用科學和可量化的研究於我們的專有技術、創新科技和獨特產品中，成功在您身上實現與別不同的優秀產品效果。」

“We use scientific and quantifiable research in our proprietary technology, innovation and products to support the difference demonstrated in you.”

曾潤海博士
如新抗衰老科研顧問團主席
Joseph Chang, Ph.D. Chair, Nu Skin Scientific Advisory

科學證明 天然至臻

Nu Skin 抗氧化研究

Proven by Science, Perfected by Nature
Nu Skin's Antioxidant Research

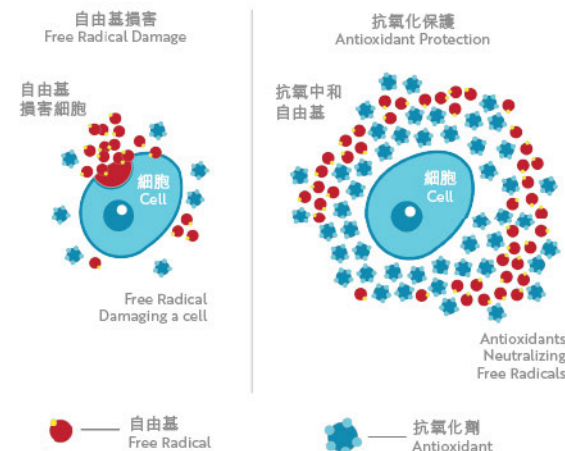


天然的解決方案：抗氧化劑

Nature's Solution: Antioxidants

抗氧化劑是人體的第一道防線。這些分子透過提供電子來中和氧化壓力，從而阻止細胞損害的連鎖反應，並抵消自由基的影響。

Antioxidants are our body's frontline defense. These remarkable molecules share their electrons to neutralize oxidative stressors, halting the chain reaction of cellular damage.



哪裡可以找到抗氧化劑？

Where Are Antioxidants Found?

值得慶幸的是，我們的身體會自然產生一些「內在」抗氧化劑。您亦可以從五顏六色的蔬果中獲得額外的「外源性」抗氧化劑。

Thankfully, our bodies naturally produce some “intrinsic” (meaning obtained internally) antioxidants. You can also get an extra boost of “extrinsic” antioxidants from colorful produce.



抗氧化劑的好處

Benefits of Antioxidants

- ✓ 支援心臟健康
Support heart health
- ✓ 增強免疫力
Strengthen immunity
- ✓ 促進健康的炎症反應平衡
Promote healthy inflammatory balance
- ✓ 支援大腦功能
Support brain function
- ✓ 促進腸道健康
Promote gut health
- ✓ 促進更年輕、更有光澤的肌膚
Promote more youthful-looking, radiant skin
- ✓ 支援眼睛健康
Support eye health
- ✓ 保持細胞健康，有助於減少衰老跡象
Preserve cellular health to help reduce signs of aging
- ✓ 支援新陳代謝健康
Support metabolic health

選擇 Prysm 認證產品 補充類胡蘿蔔素

Prysm certified products empower your body with essential carotenoids

類胡蘿蔔素是一種色彩鮮豔的抗氧化劑，它使許多水果和蔬菜呈現紅色、橙色和黃色。它能支援您體內的其他抗氧化劑，增強您對氧化壓力的防禦能力。最重要的是，類胡蘿蔔素是水果和蔬菜的良好生物標誌物，對健康非常有益！

Carotenoids are the vibrant antioxidants responsible for the reds, oranges, and yellows in many fruits and vegetables. They support other antioxidants in your body, reinforcing your defense against oxidative damage. Best of all, carotenoids are a good biomarker of fruits and vegetables that are super good for health!

認識 Prysm 認證產品

Understanding Prysm certified products

我們的科學家有信心 Prysm 認證產品有助提高您使用 Prysm iO™ 高光譜掃描儀測量的皮膚類胡蘿蔔指數 (Prysm 分數)。而 Nu Skin Pharmanex® 產品更榮獲全港排名第一綜合營養補充品品牌*，品質與功效絕對毋庸置疑！

Our current lineup of Prysm Certified products enhances various aspects of your wellness and can be measured using the Prysm iO™. (Prysm Score) Furthermore, Nu Skin Pharmanex® is Hong Kong's No.1 Brand in Combination Dietary Supplement*, demonstrating undeniable product quality and effectiveness in health and wellness!



Pharmanex® 的科學家們正在不斷開發新產品，與 Prysm iO™ 高光譜掃描儀一同提供更多支援健康的方法。

Pharmanex® scientists are continuously developing new products that will work alongside Prysm iO™ to provide even more ways to support your health.



一款全方位的營養補充品
以滿足人體日常的健康需求

Fuel your life with the
all-in-one supplement



如沛補充營養素
LifePak®

全方位產品配方含有維他命和礦物質、植物營養素、類胡蘿蔔素，比一般複合維他命更能完善您的整體營養及抗氧化網路。

The holistic product formula, which includes vitamins, minerals, phytonutrients, and carotenoids, optimizes your complete nutrition and antioxidant network much more effectively than standard multivitamins.

「超級水果」
木鱉果健康飲品

"Superfruit" gac
healthy fruit drinks



g3® 活能飲品
g3®

g3® 活能飲品含有南亞珍貴食材 - 「超級水果」木鱉果，它含有脂類胡蘿蔔素，擁有高生物利用度，可提供強效的抗氧化保護，同時支援健康的免疫功能。

產品配方更添加另外 3 種「超級水果」——枸杞、沙棘和刺梨，為身體提供多種益處。

"Superfruit" gac healthy fruit drinks g3® is a mixed fruit drink blend of the prized gac "superfruit" of southern Asia. There is a highly bioavailable form of lipocarotenes in the gac's potent phytonutrients that provide powerful antioxidant protection while supporting healthy immune function.

The product formula was developed with 3 additional superfruits — Chinese Lycium, Siberian Pineapple, and Cili Fruit that provide a variety of benefits to the body.

領先的抗衰老補充品
以支援身體抵抗
衰老影響的自然能力

The most advanced
anti-aging supplement
to support your body's
natural ability
to resist its effects



ageLOC® 悠沛®
ageLOC® YouthSpan

抗衰老補充品 - ageLOC® 悠沛® 透過 Nu Skin 在三十多年的科學研究基礎及對衰老關鍵基因作用機制的深入理解，並使用在典型飲食中難以找到的獨特營養配方而成，提供全面抗衰老防禦的健康效益。

This anti-aging supplement is built on over three decades of scientific research and a deep understanding of how key genes related to aging function. It features the unique blend of nutrients that are hard to find in a typical diet, providing comprehensive aging defence benefits.

強效的化合物有助
保護腦細胞免受氧化壓力

Powerful compound helps
protect brain cells from
oxidative stress



MYND360™ 醒腦力
MYND360™ Mind Full

產品配方含有蝦青素 - 一種來自藻類的獨特類胡蘿蔔素，具有親水和親脂肪的特性，能夠在細胞表面和細胞內部提供抗氧化保護。同時，亦有很多研究探討蝦青素對記憶力的影響。

Product contains astaxanthin - a unique carotenoid sourced from algae, featuring both water-loving and fat-loving properties that allow it to provide antioxidant protection on the surface of cells and within them. This compound has been studied for its effects on memory as well

富含膠原蛋白肽助您
由內而外煥發年輕光采

Rich in Bioactive Collagen
Peptides to promote a
youthful vitality from
within



水盈膠原美肌飲
Beauty Focus® Collagen+

水盈膠原美肌飲由葉黃素配製而成，葉黃素是一種從萬壽菊中提取的類胡蘿蔔素，已在臨床研究中證明可以改善肌膚光澤度。它通過抗氧化特性，保護肌膚免受氧化壓力的破壞性影響，包括藍光引起的氧化壓力。

Beauty Focus® Collagen+ is formulated with lutein — a carotenoid derived from marigold flowers and has been proven in clinical studies to improve skin radiance. It protects the skin against the damaging effects of oxidative stress, including that caused by blue light through its antioxidant properties.

強效類胡蘿蔔素保護眼睛
免受有害藍光的傷害

Powerful carotenoids
protect your eyes from
damaging blue light



明眸配方
Eye Formula

明眸配方含有臨床有效劑量的葉黃素和玉米黃素，可以透過多種抗氧化物質中和損傷效應，包括眼睛的晶狀體和黃斑區因持續暴露於產生自由基的因素中（例如紫外線輻射等）而產生的損傷。

Eye Formula contains clinically effective doses of lutein and zeaxanthin. It relies on a range of antioxidants to neutralize the damaging effects of free radicals, which can damage the lenses and macula of the eyes due to continuous exposure to free-radical-producing factors like ultraviolet light.

6S 品質措施

THE 6S PROCESS

最高品質保障 THE HIGHEST QUALITY AVAILABLE



1 選題 SELECTION

- 只選功效性、實驗性和安全性均符合標準的原料。
- 與全球專家及原料供應商合作，考量歷史性和創新性。
- Materials considered for use must pass criteria for effectiveness, suitability for formulation, and consumer safety.
- Work with experts and raw material suppliers around the world to gather both historical and new scientific insights.

2 來源 SOURCING

- 從產量、品質和關鍵成分的濃度等方面對原料的來源進行科學評估。
- 確保產品品質、原料在配方中的適用性，並即時監控原料在使用中的穩定性。
- 作為我們可持續發展計劃的一部分，我們評估成分來源，並使用可持續棕櫚油圓桌倡議 (RSPO) 等計劃來支援負責任採購的棕櫚油。
- Investigate potential commercial sources that can guarantee availability, quality, and concentration of key ingredient components.
- Ensure quality and suitability for product formulations, and monitor active ingredient concentration when applicable.
- As part of our sustainability initiative, we evaluate our ingredient sources and use programs like The Roundtable on Sustainable Palm Oil (RSPO) to support responsibly sourced palm oil.

3 規格 SPECIFICATION

- 設定規格，以此作為原料、活性成分及成品的審核基準。
- 建立原料標準，提供具體規範，來實現生產過程的一致性。
- 仔細分析產品所含活性成分，來確保生產過程和成品品質的穩定性。
- Set specifications to provide a basis for active compounds, ingredients, and criteria for finished products.
- Establish ingredients standards, and provide specific characteristics to guide consistent manufacturing.
- Carefully analyze products to identify the active components and ensure consistent manufacturing & product quality.

4 標準化 STANDARDIZATION

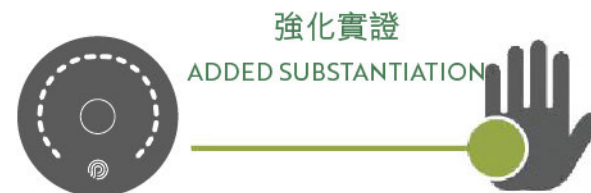
- 只選擇能夠保證有效成分劑量的原料。
- 堅持產品中有效成分達到足夠濃度，以確保功效。
- 所有成品都需經過檢測，符合了產品的規格要求，才能對外銷售。
- Select only those materials that provide the specified amount of these active constituent
- Strive to formulate products to contain ingredients at the concentration or strength shown to be efficacious.
- Products are tested to meet their finished good specifications before they leave the manufacturer.

5 安全 SAFETY

- 查閱現有科學資料，進行安全性研究，嚴格遵守相關產品安全標準。
- 分別為個人保養品和營養補充品進行產品安全標準試驗。
- 協力廠商檢測機構進行安全性驗證。
- Adhere to high product safety standards by reviewing scientific literature and conducting standard safety studies.
- Conduct standard tests specific to nutrition and personal care products respectively.
- Confirm safety and validate conclusions by using external testing groups.

6 實證 SUBSTANTIATION

- 產品宣稱皆來自科學文獻及 / 或研究試驗。
- 對關鍵成分進行臨床試驗，以確定成分有效性，來支援產品宣稱。
- Each product claim is supported by scientific literature and / or research studies.
- Conduct documented clinical studies to determine product and ingredient efficacy and support product and ingredient claims.



Prysm iO™ 高光譜掃描儀不僅符合 6S 品質措施，也為 Prysm 認證產品的有效性提供了實證。

Not only does the Prysm iO™ undergo the same 6S Process, it provides substantiation and proof of efficacy for our Prysm certified products.



Prysm 分數會根據您的生活習慣、飲食習慣、營養補充品和身體吸收類胡蘿蔔素的能力而有所不同。您可以通過以下方式來提高類胡蘿蔔素指數：

Your lifestyle, dietary habits, supplement intake, and body's absorption of carotenoids, affect the levels of carotenoids present in your body. You can improve your body's ability to absorb and retain carotenoids in the following ways:

避免氧化

Avoid Oxidation



- 污染、睡眠不足、吸煙或慢性疾病均會導致身體氧化壓力過高，繼而消耗身體類胡蘿蔔素以中和自由基。
- Pollution, poor sleep, smoking, or chronic illness can lead to high levels of oxidative stress, which can deplete carotenoids as your body uses them to neutralize free radicals.

均衡飲食

Boost Nutrition



- 多吃五顏六色的水果和蔬菜，是提升身體類胡蘿蔔素指數的最佳方法。
- 每天攝取至少 5 -10 份富含類胡蘿蔔素的水果和蔬菜。
- A diet rich in colourful plant foods is the most direct way to boost carotenoid levels.
- Aim to consume at least 5 to 10 servings of carotenoid-rich fruits and vegetables daily.

充足運動

Optimize Fitness



- 規律的運動習慣可以改善循環和新陳代謝，幫助身體更有效地吸收和分配營養。
- Regular physical activity can improve circulation and metabolism, helping the body absorb and distribute nutrients more efficiently.

攝取適合的營養補充品

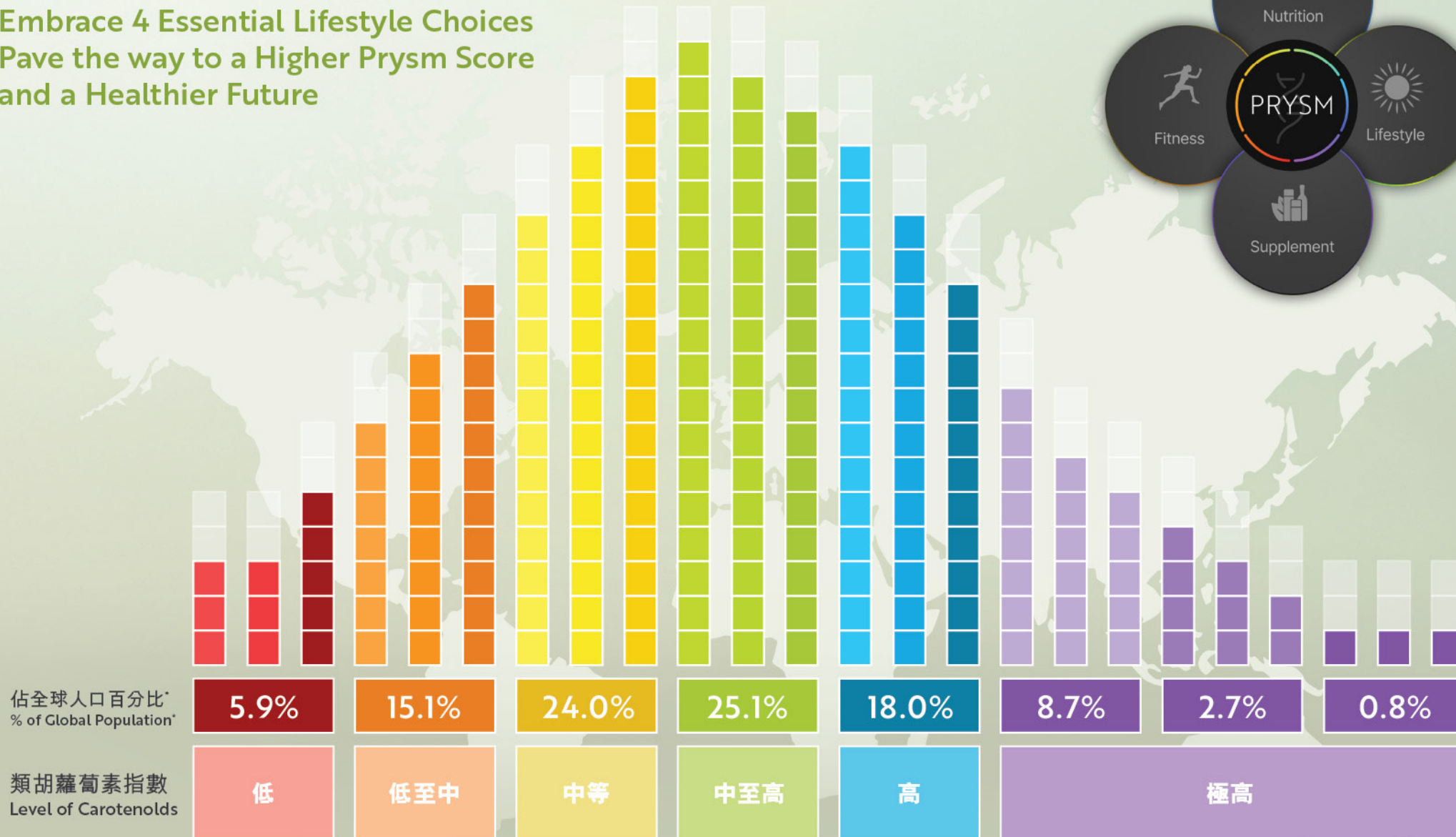
Smart Supplementation



- 為身體補充高品質、及高生物利用度的類胡蘿蔔素可以增加營養攝取，特別是較少攝取新鮮農產品或面臨高氧化壓力的消費者。
- 選擇 Prysm 認證產品，如如沛補充營養素和 ageLOC® 悠沛®，為身體提供足夠的類胡蘿蔔素
- Supplementation with high-quality, bioavailable carotenoids can help fill in nutritional gaps, especially for those with limited access to fresh produce or increased oxidative stress.
- Supplement with the Prysm products, such as LifePak® and ageLOC® YouthSpan, to provide your body with adequate carotenoids.

實踐 4 個關鍵生活方式 提升 Prysm 分數 實現健康未來

Embrace 4 Essential Lifestyle Choices
Pave the way to a Higher Prysm Score
and a Healthier Future



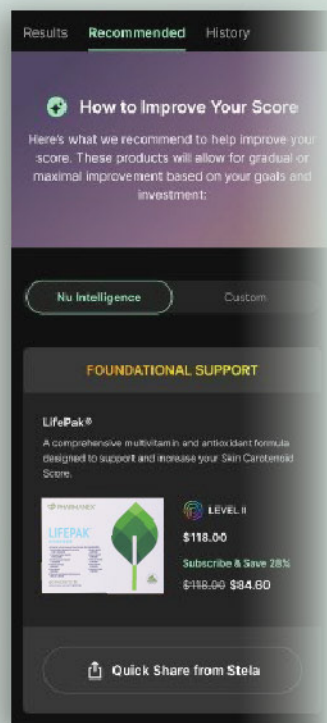
*Reference for training purpose only. Based on historic scan score with BioPhotonic Scanner. https://www.nuskin.com/en_PL/opportunity/business-tools/scanner/your_scanner_score.html

Prysm iO™ 應用程式

Prysm iO™ APP

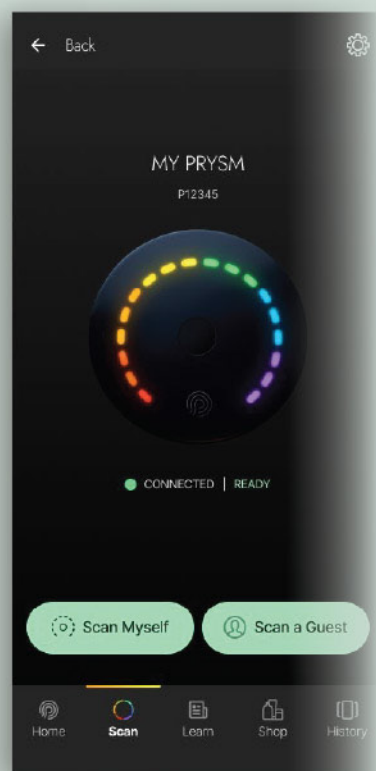
一鍵連接 智能健康

Instant connection to Intelligent Wellness



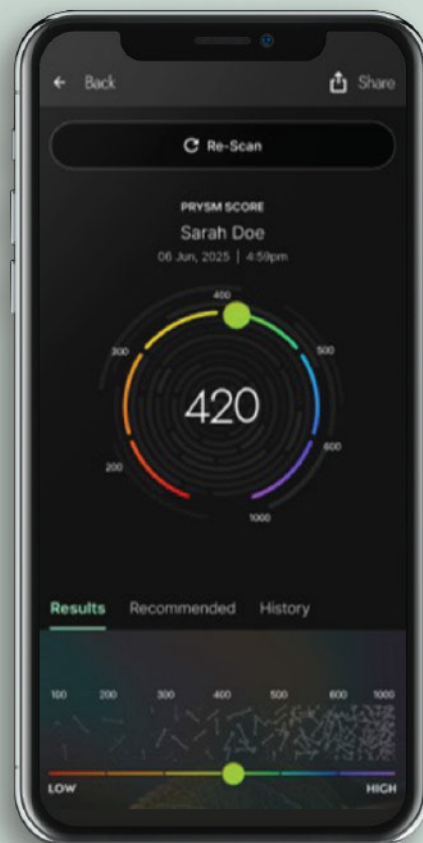
產品推薦

Product Recommendation

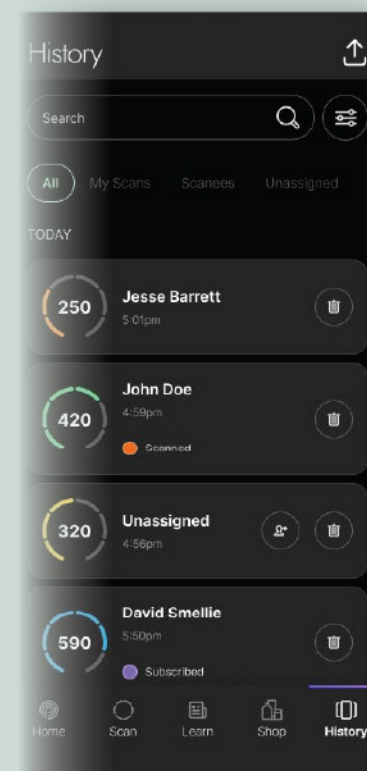


掃描自己及好友

Scan Myself / Guest

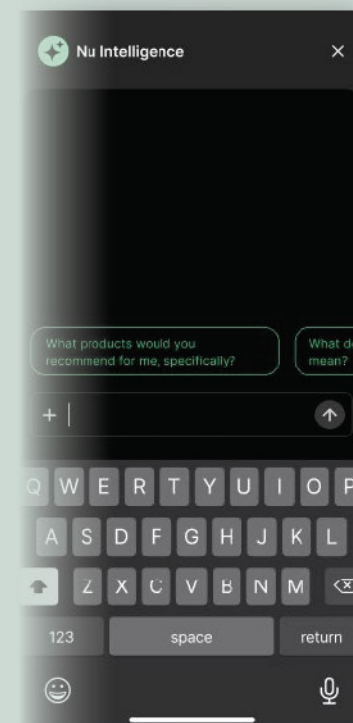


Prysm 分數及健康洞察
Prysm Score & Health Insights



掃描記錄

Scan History



AI 智能助手*

AI Assistant*



秉持科學之道，贏得全球信賴 UNMATCHED SCIENCE & CREDIBILITY



擁有超過 20 年
抗氧化科研領導地位

20 Years of Leadership in Antioxidant
Science



2024 年全球排名第一居家美容及
保健儀器系列公司*

World's #1 Beauty and Wellness Device
System Company in 2024*



首項研究榮登《美國營養學會》

The First Study Published in American
Society of Nutrition



更多學術出版與國際科研合作
正蓄勢待發

More Publications & Academic
Partnerships planned in 2025

*資料來源:Euromonitor International Limited;居家美容及保健儀器系列在零售銷售價格(RSP)上的全球排名,不包括可能提供套餐的沙龍服務;研究時間為2025年5月至7月。
Source: Euromonitor International Limited; At-Home Beauty and Wellness Device Systems on a total retail level in RSP, excluding salon services that may offer packages, research conducted May to July 2025.*