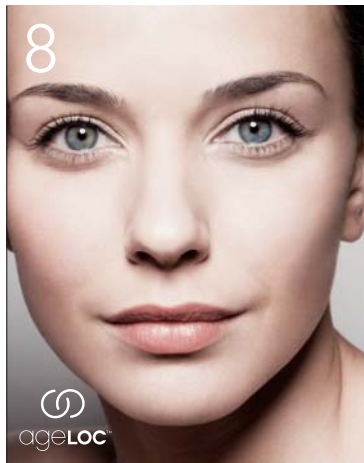




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NUTRITIONALS  
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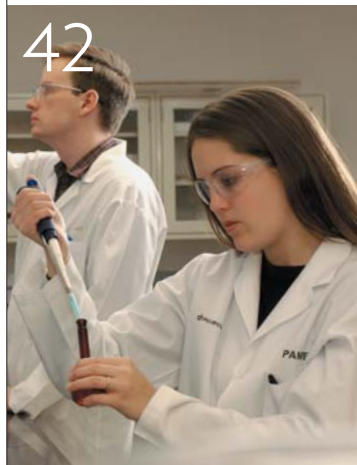


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SOLUTIONS  
Formulated to meet the demands  
of everyday life.

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PHARMANEX SCIENCE  
More than 100 scientists stand  
behind our products.

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6S QUALITY PROCESS  
A complex set of highly  
integrated activities.

# A NEW ERA IN ANTI-AGING



**S3**  
gâc superfruit blend  
with lipocarotenes  
750 mL  
1 PT 9.35 FL OZ

PHARMANEX®

## lifepur

- DNA PROTECTION\*
- CARDIOVASCULAR HEALTH\*
- IMMUNE SYSTEM SUPPORT\*
- BONE HEALTH\*
- NETWORK ANTIOXIDANT DEFENSE\*
- BRAIN HEALTH\*
- NUTRITION/METABOLISM\*
- EYE HEALTH\*
- SKIN HEALTH\*

\* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Our world-renowned scientists have created a comprehensive product line to help you defy the aging process, minimizing its effects both inside and out. And now, with our exclusive ageLOC™ technology, a new era in anti-aging has arrived. Imagine having a personal team of health and beauty experts, equipped with the precise tools to help you look and feel younger than your actual age—for the rest of your life. With Nu Skin and Pharmanex, you do. And this is just the beginning. [Get ready to experience an incredible new you.](#)



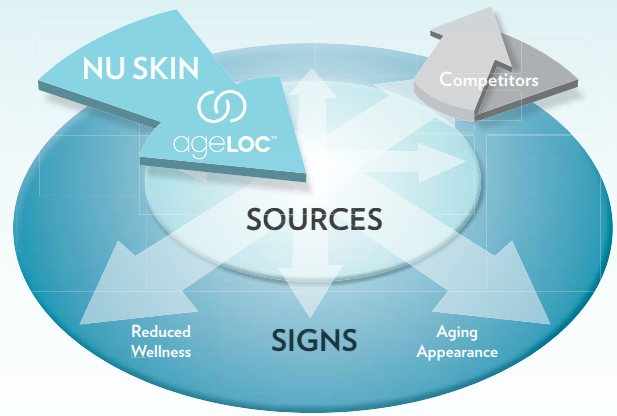


Time will never tell.

HAVE YOU EVER WONDERED WHY SOME PEOPLE LOOK NATURALLY YOUNG FOR THEIR AGE? NOW NU SKIN HAS UNLOCKED THE SCIENCE BEHIND THEIR SECRET WITH AGELOC.™



NU SKIN'S PATENT-PENDING AGELOC TECHNOLOGY TARGETS BOTH SIGNS AND INTERNAL SOURCES OF AGING THAT AGE US FROM THE INSIDE OUT.



We target the sources and the signs of aging.

## ONE KEY AGING SOURCE

In a revolutionary skin care breakthrough, new research has discovered a hidden aging enemy. Over time, our personal levels of this aging enzyme begin to increase. High levels of this internal free radical generator can cause us to look years older than we should. Only Nu Skin's exclusive ageLOC technology can help slow this free radical production at its source in the epidermis—helping you control your skin's future.

For additional information, go to [www.ageloc.com](http://www.ageloc.com)

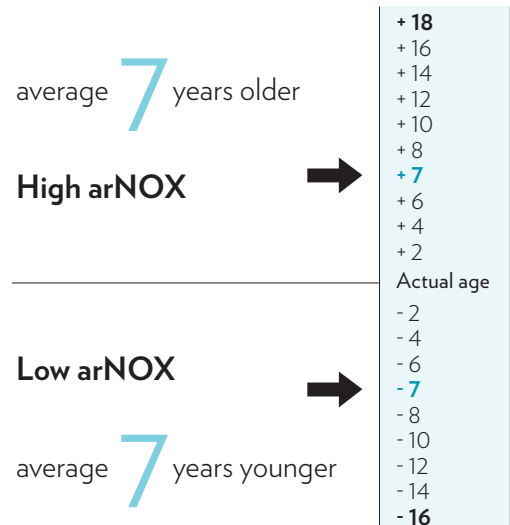
## LOOK YOUNGER

ageLOC is now available in Galvanic Facial Gels (p. 11).

**COMING SOON** (LATE 2009):

A Daily Skin Care System with ageLOC™

This cutting-edge system and super serum will deliver the benefits of ageLOC to your skin daily, revealing a firm, luminous complexion. Not only will these products help slow an internal source of aging—for years of youthful looking skin—they will also help correct signs of aging for immediate results everyone will notice. These products will complement Galvanic Spa Facial Gels with ageLOC technology, for optimal absorption and delivery of key active ingredients.



A recent study at Stanford University has shown:

- Individuals with **high levels of arNOX** appear to be an average of **seven years older** than their actual age.
- Individuals with **low arNOX levels** are clinically graded to look an average of **seven years younger** than their actual chronological age.

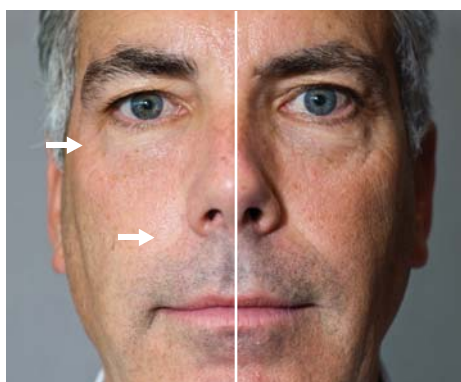
# GALVANIC SPA® SYSTEM II

## the power of a spa treatment in the palm of your hand

Reveal a youthful appearance with the Galvanic Spa System II. This ultimate home spa treatment revives and invigorates your skin, smoothes lines and wrinkles, and lifts and firms the look of your skin. Newly reformulated facial gels feature ageLOC™ technology to slow both the signs and a source of aging. Scalp treatments help increase your hair's natural density and fullness, while body treatments visually smooth and reduce the appearance of cellulite. Get results you can see now with benefits that last into the future.



Treated  
(Results after two weeks of treatment, three times a week)



Treated  
(Results after four weeks of treatment, three times a week)



Untreated  
(Results after four weeks of treatment, three times a week)

\* The results achieved may not be typical and your results may vary.



### ageLOC™ SPA PACKAGE

A special collection of Galvanic Spa® products. See [www.nuskin.com/za](http://www.nuskin.com/za) for details.

Item 48 126021 White  
Item 48 126107 Black

### GALVANIC SPA® SYSTEM II

Professional spa treatments—  
no appointment necessary.

Smooth the appearance of lines and wrinkles, rejuvenate your complexion, revitalize your scalp, and renovate your body with the patented Galvanic Spa System II. The system includes the Galvanic Spa System II Instrument (available in black or white), an instrument stand, four interchangeable heads, an owner's manual, instruction cards, two AAA batteries,\* and a convenient matching carrying case.

White 48 003867 R 3,768.05  
Black 48 101319 R 3,768.05

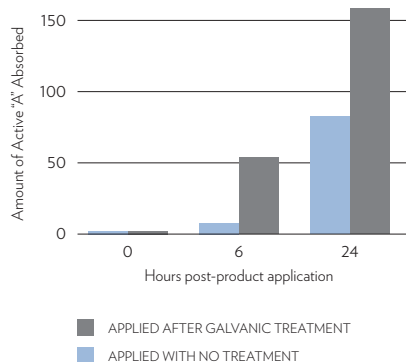
\* Already installed. Not sold separately.

For additional information, go to [www.ageloc.com](http://www.ageloc.com)

## GALVANIC TREATMENTS LEAVE SKIN MORE PERMEABLE

A recent study by a third-party lab shows at both 6 and 24 hours there is an increase in the ability of Active "A" to enter the galvanic-treated skin. Galvanic treatment increases absorption making active ingredients more available for skin improvement.\*

\* Active "A" is an active skin care ingredient found in one Nu Skin treatment product.



\* The results show the impact of using quality skin care in combination with a Galvanic treatment. See p. 21 for product information.

## SCALP



### NUTRIOL® SHAMPOO

Head-turning results for your head of hair. Featuring Tricalgoxyl® (a clinically proven seaweed derivative), this daily shampoo is formulated both for regular use and for use with Nutriol Hair Fitness Treatment to restore fullness and shine.

Item 48 101219 R 393.25 4.2 oz.

### NUTRIOL® HAIR FITNESS TREATMENT

Helps hair look and feel more abundant. This leave-in treatment remineralizes the scalp and hydrates the hair with Tricalgoxyl. For optimal results use with the Galvanic Spa II instrument.

Item 48 101218 R 750.75 12 vials



## FACE

## SPOT



### GALVANIC SPA® <sup>NEW</sup> FACIAL GELS WITH ageLOC™

Slow visible signs of aging at the source. Newly reformulated Facial Gels contain all of the great benefits of the original gels but now Treatment Gel features ageLOC technology to help stop an internal source of future skin aging before it starts. Get results you can see now with benefits that last into the future.

Item 48 003876 R 521.95 4 vials each



Pre-Treatment

Treatment



### TRU FACE® LINE CORRECTOR

Smooths lines with the power of peptides. This advanced formula features a revolutionary pro-collagen peptide that helps minimize the appearance of moderate to deep lines around your mouth, eye area, and forehead in just four weeks.\*

Item 48 102704 R 499.07 1 oz.

\* For new clinical data, go to [www.nuskin.com/za](http://www.nuskin.com/za).



## BODY



### GALVANIC SPA® II BODY SHAPING GEL\*

Take action and smooth away cellulite. Featuring theobromine and golden chamomile, this clinically proven advanced gel helps promote a firmer, more toned appearance. For optimal results, use with the Galvanic Spa II Instrument.\*

Item 48 102725 R 446.16 5 oz.

\* For an extension of benefits, use Dermatic Effects between Body Shaping Gel treatments.



### DERMATIC EFFECTS® BODY CONTOURING LOTION\*\*

The perfect partner for fighting cellulite. An eight-week clinical study showed a 55% reduction in the appearance of cellulite, a 37% improvement in skin firmness, and a 69% enhancement in skin smoothness.

Item 48 110270 R 464.75 5 oz.

\*\* Do not use the Galvanic Spa instrument with this product.



# CORE SYSTEMS

OUR CORE SYSTEMS ARE DESIGNED TO MEET THE INDIVIDUAL NEEDS OF YOUR SKIN: NU SKIN 180°® HELPS REPAIR SIGNS OF AGING; NU SKIN TRI-PHASIC WHITE® BRIGHTENS SKIN; NUTRICENTIALS® ENHANCES HEALTHY-LOOKING SKIN ; AND NU SKIN CLEAR ACTION® FIGHTS ACNE. FOR BEAUTIFUL SKIN AT ANY AGE, YOUR REGIMEN BEGINS HERE.

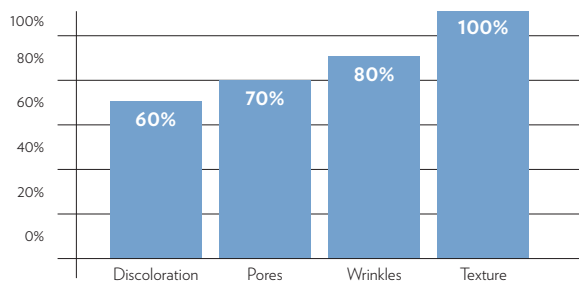
# NU SKIN 180°<sup>®</sup>

## anti-aging skin therapy system

Younger looking skin is just a week away. Designed to reverse the appearance of a full range of aging effects, this proven system helps diminish the appearance of lines and wrinkles, refines texture, and evens skin tone for a more youthful appearance. Each product delivers key benefits that are substantiated through clinical trials to visibly reverse the appearance of the effects of biological and environmental aging.

### NU SKIN 180°<sup>®</sup> EIGHT-WEEK CLINICAL STUDY

In a recent Nu Skin 180° clinical study conducted at a third-party testing lab, clinical graders assessed the skin improvements of 50 participants. After eight weeks, 100 percent of participants showed some improvement in overall radiance—a composite of all four attributes measured by ProDerm® (p. 19). According to the clinical grader assessments, the percentage of participants who exhibited improvement within the individual attributes and overall radiance was as follows:



**NU SKIN 180°<sup>®</sup> ANTI-AGING SKIN THERAPY SYSTEM**

The Nu Skin 180° System is clinically proven to help reverse the appearance of the effects of aging and start improving the overall appearance of the skin in just seven days. This powerful system consists of five products: Face Wash, Skin Mist, Cell Renewal Fluid, UV Block Hydrator, and Night Complex.

Item 48 101255 R 2,629.77

Add Nu Skin 180° to your ADR and save! Please visit [nuskin.com/za](http://nuskin.com/za) or call 080-09-81360 for details.





**NU SKIN 180° FACE WASH**

Cleanse away the signs of environmental aging.

Featuring 10% active vitamin C, this rich, creamy formula targets age spots and discoloration, firms skin, and helps support collagen production to diminish wrinkles.

Item 48 101251 R 427.57 4.2 oz.



**NU SKIN 180° SKIN MIST**

Beautiful skin today—healthier skin tomorrow.

Featuring di- and tri-peptides from hydrolyzed rice protein, this formula protects against future wrinkling and loss of firmness. Mushroom extract refines and tightens pores as exclusive, soothing HMW complex calms and protects skin.

Item 48 101253 R 377.52 3.4 oz.



**NU SKIN 180° CELL RENEWAL FLUID**

Reverse the years—without irritation.

Featuring a powerful 15% concentration of the polyhydroxy acid (PHA) gluconolactone, this formula gently but effectively targets signs of aging.

Item 48 101250 R 856.57 1 oz.



**NU SKIN 180° UV BLOCK HYDRATOR SPF 18**

Protect as you hydrate.

Formulated with light-activated photosomes, this technologically advanced sunscreen diminishes signs of past sun damage while defending skin against future harm from UVA and UVB rays.

Item 48 101254 R 627.77 1 oz.



**NU SKIN 180° NIGHT COMPLEX**

Wake up looking younger.

This rich nighttime moisturizer promotes DNA repair, protects against free radical damage, and strengthens the skin's protective barrier.

Item 48 101252 R 756.47 1 oz.



**NU SKIN 180° AHA FACIAL PEEL AND NEUTRALIZER**

Wipe away dull, aged skin in minutes.

Utilizing a 10% lactic acid solution, this scientifically proven formula sweeps away the appearance of aging and sun damage. Effective alone or as part of your Nu Skin 180° System, this powerful facial peel helps stimulate cell renewal and enhance collagen synthesis to create a smoother, younger look.

Item 48 101249 R 822.25 2 jars

Add Nu Skin 180° to your ADR and save! Please visit [nuskin.com/za](http://nuskin.com/za) or call 080-09-81360 for details.

# NU SKIN CLEAR ACTION®

## acne medication system

This comprehensive, clinically proven system will give you smoother, clearer skin as it fights past, present, and future signs of breakouts. Nu Skin Clear Action products are formulated with ingredients that deliver key benefits substantiated through clinical trials.

### NU SKIN CLEAR ACTION® ACNE MEDICATION SYSTEM

Clearing beyond the breakout.  
Collection of four products: Foaming  
Cleanser, Toner, Day Treatment,  
and Night Treatment.

Item 48 110391 R 1,256.97



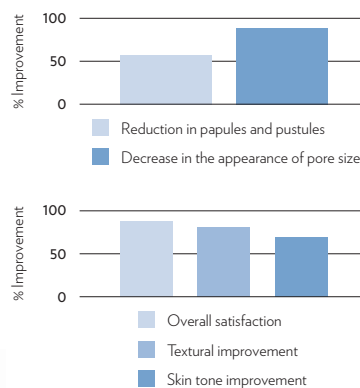
Before



After

### A CLEAR DIFFERENCE

The Nu Skin Clear Action System features unique ingredients that deliver visible results. In a clinical study, participants experienced:



### NU SKIN CLEAR ACTION® FOAMING CLEANSER

Penetrate pores to eliminate most blemishes. Formulated to disrupt the breakout causing union of oil, bacteria, and debris, this unique foaming cleanser features salicylic acid to clear pores and reduce most breakouts—leaving skin fresh and clean without feeling tight or dry.

Item 48 110388 R 313.17 3.4 oz.



### NU SKIN CLEAR ACTION® TONER

Promote a shine-free, clear complexion. This advanced toner calms angry, red skin and manages oil levels with licorice extract (soothes irritated skin), zinc PCA (helps control sebum levels), and a special blend of vitamins C and E (replenishes the natural antioxidant supply that is lost when your skin is fighting breakouts).

Item 48 110387 R 278.85 5 oz.



### NU SKIN CLEAR ACTION® DAY TREATMENT

Clear away the past, present, and future signs of acne. Protects and revitalizes your complexion. Mandelic acid erases the signs of past breakouts as it quickly fades dark spots on the skin's surface. Salicylic acid works to penetrate pores and dissolve the clogs that cause breakouts. Combined in a lightweight gel, these two clinically proven ingredients along with the powerful antioxidant, white tea extract, promote a clear, even complexion so you can face every day with confidence.

Item 48 110389 R 427.57 1 oz.



### NU SKIN CLEAR ACTION® NIGHT TREATMENT

Minimize the signs of breakouts while you sleep. Featuring salicylic acid, retinol, and patented alpha lipoic acid to diminish the appearance of remnant marks associated with past breakouts, this nighttime formula helps deliver a smooth, clear, evenly toned complexion.

Item 48 110390 R 427.57 1 oz.

# NUTRICENTIALS®

Nutricentials products are formulated with topically applied nutrients proven by research to naturally enhance the healthy appearance of skin. With key nutrients from the best daily diets around the world, products featuring Nutricentials ingredients are great for sensitive skin and help keep skin looking healthy and radiant from the outside in.



## NORMAL TO DRY

Normal to dry skin needs greater water-holding capacity. These products provide the perfect basis for your daily skin care regimen while protecting the skin's moisture barrier.

### CREAMY CLEANSING LOTION

Protects the skin's moisture barrier each time you cleanse.

The skin nurturing benefits of soy lipids help this soap-free cleanser keep skin soft and supple.

Item 48 110310 R 184.47 5 oz.

### PH BALANCE TONER

Primes skin for hydration and nourishment.

Featuring strawberry extract to return skin to its ideal pH while helping diminish the appearance of pores.

Item 48 110312 R 141.57 5 oz.

### MOISTURE RESTORE DAY PROTECTIVE LOTION SPF 15

**Normal to Dry Skin**

Hydrates and protects skin.

Featuring colorless carotenoids, this lotion enhances skin's resistance to the environment.

Item 48 102728 R 376.09 1.7 oz.

### NIGHT SUPPLY NOURISHING CREAM

Promotes skin flexibility and resiliency while you sleep.

This rich formula contains phosphatidylcholine, which enhances the skin's renewal process.

Item 48 102705 R 413.27 1.7 oz.

## COMBINATION TO OILY

Combination to oily skin needs to efficiently retain its own moisture without producing excess oils. These products help minimize shine and free pore-blocking debris while promoting skin softness.

### PURE CLEANSING GEL

Deep cleans and clarifies pores. This soap-free foaming formula contains papain, an enzyme from papaya, that frees pores of excess oil and debris.

Item 48 110309 R 198.77 5 oz.

### PH BALANCE MATTEFYING TONER

Reduces shine and the appearance of pores. Featuring strawberry extract to help pores look less noticeable and promote a radiant complexion.

Item 48 110313 R 178.75 5 oz.

### MOISTURE RESTORE DAY PROTECTIVE LOTION SPF 15

**Combination to Oily Skin**  
Healthy skin without the oil and shine. This lotion enhances skin's natural resistance to the environment and helps control excess oil and shine.

Item 48 102702 R 376.09 1.7 oz.

### NIGHT SUPPLY NOURISHING CREAM

Promotes skin flexibility and resiliency while you sleep. This rich formula contains phosphatidylcholine, which enhances the skin's renewal process.

Item 48 102705 R 413.27 1.7 oz.





# TARGETED TREATMENTS

IMPROVE THE APPEARANCE OF LINES AND WRINKLES AND ACHIEVE FIRMER, SMOOTHER SKIN WITH NU SKIN TARGETED TREATMENTS. DEVELOPED WITH LEADING RESEARCH INSTITUTIONS, THESE CUTTING-EDGE FORMULAS COMPLEMENT YOUR CORE SYSTEM TO DIMINISH SIGNS OF AGING, STRESS, AND ENVIRONMENTAL EXPOSURE AND RESTORE A HEALTHY, YOUTHFUL APPEARANCE.

# TRU FACE®

By adding Nu Skin® Tru Face products to your core regimen, you can enhance the benefits of daily maintenance, targeting the effects of aging to keep your skin looking smooth, supple, and even-toned.



## TRU FACE ESSENCE ULTRA

Get your bounce back.

Featuring Ethocyn®, coenzyme Q10, and a protective antioxidant network, this silky serum improves skin elastin, enhances skin firmness and elasticity, promotes cellular energy production, and helps prevent future signs of aging.

Item 48 102782 R 2,086.37 60 capsules



Before

After

## A Wrinkle in Time

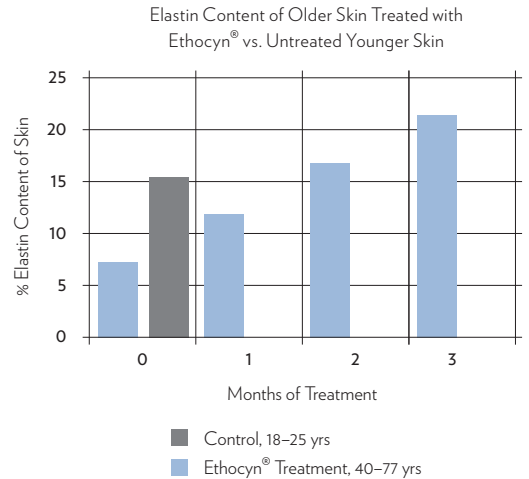
Judy G.

*After using the product on the worst side of my face, I have had some amazing improvements. My eye is open wider, the brow area is firmed, and the droopy eyelid skin appears much tighter.*

\* The results achieved by this Nu Skin distributor may not be typical and your results may vary.

## THIRD-PARTY CLINICAL STUDY

After two months of applying Ethocyn® twice daily the elastin production of aged skin (**40-77 yr. olds**) was restored to the same level as that of the much younger control group (**18-25 yr. olds**).



## TRU FACE LINE CORRECTOR

Smooths lines with the power of peptides.

This advanced formula features a revolutionary pro-collagen peptide that helps minimize the appearance of moderate to deep lines around your mouth, eyes, and forehead in just four weeks.\*

Item 48 102704 R 499.07 1 oz.

\* For new clinical data, go to [www.nuskin.com/za](http://www.nuskin.com/za).



## TRU FACE IDEALEYES®

Let your eyes show a younger you. Scientifically formulated to offer both immediate and long-term anti-aging benefits, this eye refining crème transforms your sensitive under eye area from dark, puffy, and aged to radiant, firm, and youthful.

Item 48 101241 R 513.37 .5 oz.

# ENVIRONMENTAL DEFENSE

Antioxidant-rich nourishing serums and advanced sunscreen ingredients protect and replenish with anti-aging benefits for vibrant, healthy looking skin.



## CELLTRES® COQ10 COMPLETE

A powerful network of antioxidant benefits. Featuring CoQ10 and a complete antioxidant network, this patent-pending technology promotes cellular energy production, allowing your skin to rebound beautifully from daily oxidative stress for a radiant, more youthful appearance.

Item 48 131809 R 536.25 .5 oz.



## SUNRIGHT® BODYBLOCK

Worry-free sun protection. Formulated with Parsol® 1789, Sunright BodyBlock provides protection against UVA and UVB radiation. This water-resistant, nongreasy formula contains SeaLastin, an ingredient harvested from seaweed, to protect collagen and elastin so skin looks its youthful best.

SPF 30  
Item 48 111332 R 313.17 3.4 oz.

# PEEL

Nu Skin® Polishing Peel rejuvenates dull, tired skin by drawing out impurities, removing dulling cell buildup, and promoting cell renewal. This invigorating formula will make you look and feel fantastic.



## POLISHING PEEL SKIN REFINISHER

Microdermabrasion at home. Clinically proven to provide results equivalent to a professional microdermabrasion session, this advanced formula features pumpkin enzyme to dissolve dead cell buildup and bentonite clay to remove toxins for a polished, smooth appearance.

Item 48 101215 R 313.17 1.7 oz.



# HYDRATE AND REPLENISH

It's important to maintain moisture balance in your skin. This facial moisturizer can be added to your core daily regimen to help you achieve the right hydration for a healthier appearance.



## NAPCA MOISTURE MIST

Dewy-fresh skin is just a spray away. Packed with natural moisturizing ingredients like NaPCA, hyaluronic acid, and urea, this oil-free formula helps your skin maintain a constant moisture level. The cool, refreshing mist is ideal for the body, too.

Item 48 101226 R 127.27 8.4 oz.



## REJUVENATING CREAM

A moisture boost for drier skin types. Formulated to address the special needs of dry skin, this rich cream improves your skin's moisture-binding capabilities with the hydrating power of hyaluronic acid. Daily use not only restores moisture, but also helps keep dryness from returning.

Item 48 110258 R 341.77 2.5 oz.





# TOTAL CARE

FROM REFRESHING BODY CLEANSERS TO NOURISHING MOISTURIZERS, OUR BODY CARE, HAIR CARE, MEN'S CARE, AND ORAL CARE PRODUCTS DELIVER SUPERIOR BENEFITS FROM HEAD TO TOE.

# BODY CARE

Nu Skin® body care products contain ingredients designed to nourish, condition, and soothe. With these advanced formulations, every inch of you will feel divine—day and night.



## LIQUID BODY BAR

Experience a new kind of clean. Featuring a unique blend of humectants to drench your skin with conditioning moisture, this soap-free formula gently cleanses the skin and protects its moisture barrier while awakening the senses with a refreshing grapefruit scent.

Item 48 101216 R 235.95 8.4 oz.

## BODY BAR

A bestseller, this bar is pure heaven. Great for the entire family, this soap-free formula gently washes away dirt and impurities, leaving skin fresh and clean. With a light grapefruit scent and soothing aloe vera, this bar is a bathroom staple.

Item 48 110353 R 141.57 4 oz. bar



## BODY SMOOTHER

Seal in moisture, lock in softness. Immediately after showering or bathing, smooth this quick-absorbing lotion on your slightly damp skin to lock in moisture, prevent tightness, and nourish skin with aloe vera, algae extract, and vitamins A and E.

Item 48 101239 R 178.75 8.4 oz.

# ORAL CARE

Featuring a patented plaque fighter and proprietary formula, AP-24® provides advanced oral health care. This product offers your mouth a fresh feeling while providing anti-plaque protection 24 hours a day.



## AP-24® WHITENING FLUORIDE TOOTHPASTE

Whiter, cleaner, healthier teeth in one dazzling formula.

This advanced toothpaste lightens teeth without peroxide while helping to prevent cavities and plaque formation.

Item 48 111155 R 140.14 4 oz.

# HAIR CARE

Transform the condition of your lifeless locks in just **7** days with Nu Skin® Hair Care. These scientifically advanced products begin to correct and prevent damage from mechanical, environmental, and biological aggressors after as little as one week of regular use—giving you visibly younger, healthier looking hair.



## MOISTURIZING SHAMPOO <sup>NEW</sup>

**An oasis for overworked tresses.** If overheating, overtreating, and overcoloring have left your hair looking dull and feeling weak, quench your hair's deep thirst with Nu Skin Moisturizing Shampoo. Featuring cotton bloom extract, natural sterols, and shea butter, this nourishing cleanser restores strength to the cortex in just seven days for radiantly replenished hair.

Item 48 101350 R 170.17 8.4 oz.

## BALANCING SHAMPOO <sup>NEW</sup>

**Don't deny your hair what it deserves.** Some shampoos strip away natural moisture, leaving hair dry, exposed, and dull. For uncompromised clean, Nu Skin Balancing Shampoo gently removes impurities with balanced hydration and returns the look of youthful strength and health to your hair in just seven days.

Item 48 101351 R 170.17 8.4 oz.

## CLARIFYING SHAMPOO <sup>NEW</sup>

**Uncover your hair's natural strengths.** Formulated with shea butter seedcake extract, Nu Skin Clarifying Shampoo attaches to buildup—including nicotine, chlorine, and environmental pollutants—and washes away the signs of aging. Your hair will feel clean, shiny, and manageable after just one wash, and it will look stronger and healthier in just seven days.

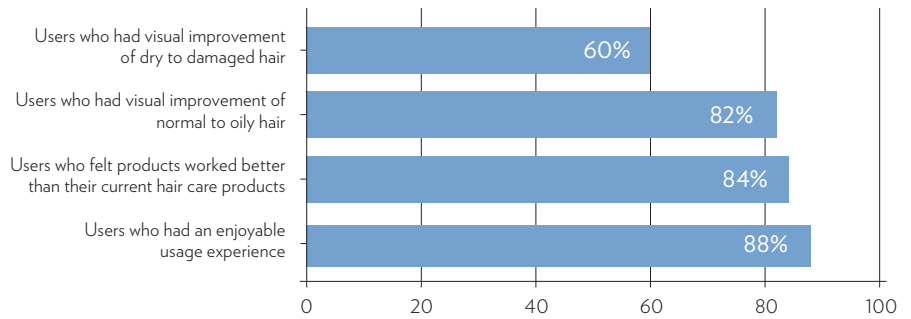
Item 48 101352 R 170.17 8.4 oz.

For additional information on usage, go to [www.nuskin.com/za](http://www.nuskin.com/za).

## NU SKIN HAIR CARE STUDY\*

Formulated with scientifically proven technologies and tested and proven to get visible results, Nu Skin Hair Care improves the condition of your hair by smoothing the cuticle for increased strength, shine, and manageability.

\* Based on results from a study in which 42 participants volunteered to use a complete set of the Nu Skin Hair Care products for seven days. Caucasian and Asian participants between the ages of 18-64 and with medium to long hair were selected and randomly assigned to use a pair of shampoo and conditioner every day and the weekly conditioning treatment once within the week.



Featured in  
*Women's Day*  
magazine

### RENU HAIR MASK <sup>NEW</sup>

**Lock in luster all week long.**  
Nu Skin ReNu Hair Mask provides critical hydration by penetrating the hair shaft and tripling the strength of damaged hair. Featuring CS7, an innovative cuticle smoothing agent that acts as cuticle glue to seal and strengthen each cuticle, this mask prevents split ends and breakage, making hair smooth, shiny, and manageable for up to seven days.

Item 48 101356 R 336.05 3.5 oz.

### RICH CONDITIONER <sup>NEW</sup>

**Indulge in a youthful shine.**  
Developed with a low pH to seal the hair cuticle for increased moisture retention, Nu Skin Rich Conditioner contains shea butter to drench the hair with lipids that mimic natural oils. And meadowfoam repairs damage and prevents breaking and weakening so your hair behaves, feels, and looks like younger, shinier hair in just seven days.

Item 48 101354 R 170.17 8.4 oz.

### WEIGHTLESS CONDITIONER <sup>NEW</sup>

**All the conditioning without the weight.**  
Featuring meadowfoam complex to repair and prevent damage and amino acids to maximize manageability, Nu Skin Weightless Conditioner gives you luscious conditioning without dragging your hair down. Hair feels more manageable instantly, and in just seven days this unique formula improves the condition of the hair shaft, promoting younger looking hair that feels full and looks radiant.

Item 48 101353 R 170.17 8.4 oz.



# EPOCH<sup>®</sup>

NU SKIN PARTNERS WITH THE WORLD'S LEADING ETHNOBOTANISTS—SCIENTISTS WHO STUDY THE POWERFUL RELATIONSHIP BETWEEN PLANTS AND INDIGENOUS CULTURES—TO CREATE THE EPOCH PRODUCT LINE. AND NU SKIN DONATES \$0.25 FROM EVERY EPOCH PRODUCT SALE TO THE NU SKIN FORCE FOR GOOD FOUNDATION. EXPERIENCE EPOCH AND DISCOVER A NEW WAY OF CARING FOR YOUR SKIN AND THE WORLD AROUND YOU BY GIVING BACK TO THE COMMUNITIES THAT SHARE THEIR WISDOM.

# BODY


Incorporating some of nature's most therapeutic ingredients, Epoch® face and body formulas contain skin beneficial botanicals that soothe and condition.

## BAOBAB BODY BUTTER

For the good of your skin.

This deliciously rich cream quenches your skin's thirst with shea butter and the fruit of the African baobab tree. These time-tested ethnobotanicals promote smooth, supple skin that stays touchably soft all day—while enhancing skin resiliency for even softer skin tomorrow.

Item 48 102781 R 374.95 3.5 oz.



**MALAWI SEEDS OF HOPE PROJECT**

What goes around comes around because \$0.25 from every Epoch Baobab Body Butter sale will be donated to the Nu Skin Force for Good Foundation for the Malawi Seeds of Hope project. Life would be insupportable in some parts of Africa without the baobab tree. One baobab can store as much as 120 thousand liters of water in its swollen trunk. During the dry season, these living reservoirs provide water and nourishment to the communities that surround them—keeping the communities alive.

The Malawi Seeds of Hope reforestation initiative will focus on planting and conserving trees, including the baobab, in local villages, providing and protecting precious resources for the people of Malawi.

For more information, please visit [www.forceforgood.org](http://www.forceforgood.org).

 PHARMANEX®



# ANTI-AGING FROM THE INSIDE OUT

In addition to helping you look your best, we're committed to enhancing the way you feel. Pharmanex offers a complete approach to anti-aging, with nutritional supplements formulated to nourish and protect your body against the ravages of time. Our reputation has been built on our unique, pharmaceutical approach to natural health care. With more than 100 dedicated scientists on staff and affiliations with 32 scientific institutions around the world, our research and development engine produces proprietary products that enable us to set new industry standards in anti-aging.

**YOUTHFUL SKIN BEGINS FROM WITHIN**  
To achieve optimal skin health, it's essential to support your skin not only on the outside, but also on the inside. In addition to providing your body with nutrients that support overall health, Pharmanex products also deliver key nutrients that specifically support your skin. These include vitamins C and E, CoQ10, alpha-lipoic acid, omega-3 fatty acids, green tea, lutein, and a host of other antioxidants that keep your skin looking young and healthy from the inside out.



# PHARMANEX® BIOPHOTONIC SCANNER

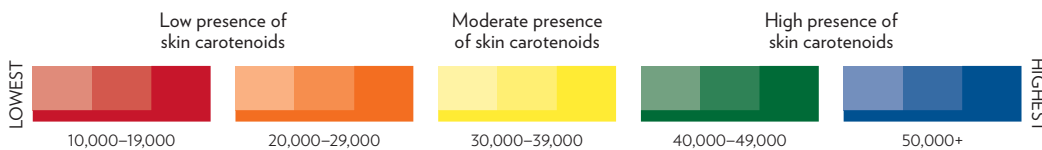


“Everyone should use the PHARMANEX BIOPHOTONIC SCANNER to learn their SKIN CAROTENOID SCORE.”

—Lester Packer, Ph.D., the “Father of Antioxidants”

## A HIGHER SKIN CAROTENOID SCORE OR YOUR MONEY BACK

Once you know your SCS, it’s time to improve it. Start by eating right, getting adequate exercise, and cutting out unhealthy habits. Then, take the supplements that provide the comprehensive antioxidant nutrition your body needs—SCS Certified supplements like LifePak® Nano and g3. If your SCS doesn’t increase, your money will be refunded. Visit [www.pharmanex.com](http://www.pharmanex.com) for complete guarantee details.



The Pharmanex BioPhotonic Scanner won the Stevie Award—the Oscars of the business world. For the first time in history, a network marketing company surpassed the competition and won.

# The Pharmanex® BioPhotonic Scanner is Changing the World of Supplementation.

## REVOLUTIONARY

The first of its kind, the unique Nobel Prize winning Raman Spectroscopy technology behind the development of the Pharmanex BioPhotonic Scanner is becoming recognized in the scientific community.

## CLINICALLY PROVEN

In addition to more than eight years of scientific research and study, new research shows that Pharmanex BioPhotonic Scanner technology is clinically proven to be a tremendous indicator of the body's complete antioxidant network.

## PATENTED

The Pharmanex BioPhotonic Scanner is globally protected by many key patents. The first key patent was issued by the United States Patent and Trademark Office on March 20, 2001.

“At age 47, I was scanned for the first time, and my score was 36,000. This totally got my attention. I thought that the product I was taking at the time was working, but obviously it was not. I then switched to LifePak Nano and g3 and within 60 DAYS, my score went from 36,000 to 64,000. In time, because of my score, I began to improve other areas of my life. I started exercising, I lost weight, I improved my diet—and now my score is 72,000.”

—Weston Blatter, Distributor

## PHARMANEX® BIOPHOTONIC SCANNER EVEREST EDITION

Scanner technology reaches new heights. Faced with the challenge of modifying a single Pharmanex BioPhotonic Scanner for use during a climb on Mount Everest, Pharmanex scientists made several exciting breakthroughs that have led to key improvements to the scanner. Now, the scanner has new features that make it more useful and convenient than ever before.

Find out how to turn your Pharmanex BioPhotonic Scanner into an Everest Edition at [www.pharmanex.com](http://www.pharmanex.com).

## NONINVASIVE

Scanning with the Pharmanex BioPhotonic Scanner measures only a small portion of the palm of the hand, making the scanner a noninvasive, practical method for testing that is suitable for every age.

## RESULTS IN MINUTES

Once an individual has placed their hand on the Pharmanex BioPhotonic Scanner, it's only minutes before their SCS is revealed.



## LIFEPAK® NANO

### Enhanced molecular delivery\*

A proprietary innovation in anti-aging protection with advanced bioavailability and maximum benefit. New CR-6 LipoNutrients® including nano carotenoids are infused with powerful omega-3 fatty acids (EPA and DHA) in a patent-pending process that helps you gain unprecedented anti-aging protection and increase your Skin Carotenoid Score (SCS). LifePak Nano is the first anti-aging supplement to optimize these nutrients using nanotechnology for advanced bioavailability in the body. Containing concentrated omega-3s with the same EPA and DHA levels as MarineOmega, LifePak Nano is designed to be the most scientifically advanced anti-aging supplement for adults.\*

60 two-sided sachets, 30 day supply  
Item 48 003610 R 1,914.77



### DON'T LET YOUR GUARD DOWN

Your body is constantly under attack. Sunlight, pollution, stress, and poor eating habits weaken your skin's protective barrier, making you look older. LifePak Nano is your source of defense. This advanced anti-aging formula provides the optimum amount of more than 60 antioxidants to promote cellular health and help protect your skin against free radical assault.

# LIFEPAK® NANO

## your foundation for a lifetime of optimal health

Imagine that your entire body is able to effectively utilize the nutrients you take in, day after day. That's LifePak Nano—complete, balanced anti-aging nutrition that's highly absorbable by your body. Now through nanotechnology even nutrients that are typically hard to absorb are more highly available.\* It provides key nutritional benefits that are substantiated by science and proven effective by the Pharmanex® BioPhotonic Scanner.



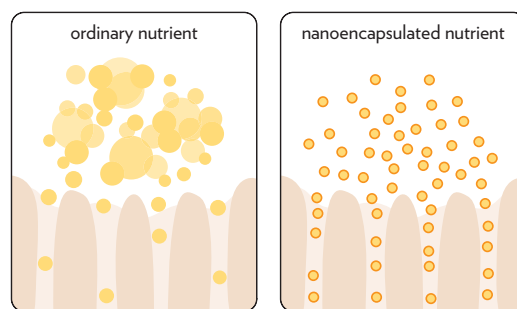
OR



Hard-to-absorb nutrients are now more highly available to your body.

Because of the nanotechnology in LifePak® Nano, you get the most nutritional benefit from every capsule.

Many important nutrients tend to cling together in the digestive tract making them difficult to absorb. Through a process called nanoencapsulation, individual molecules of nutrients are embedded into a single nanocapsule molecule. This process prevents nutrients from clinging together so they are individually dispersed and more available for easy absorption.\*



“With all of the traveling I do, I have a tough time staying healthy and feeling good. But I have found that by taking LifePak Nano and g3 regularly, I am HEALTHIER than ever and I feel great so I’m able to COMPETE AT MY HIGHEST LEVEL!”

— Travis Pastrana, 14 Time X Games Gold Medalist, 3 Time Rally America Champion

**TO GET ALL THE NUTRIENTS AVAILABLE IN ONE DAILY DOSE OF LIFEPAK® NANO YOU COULD EAT OR DRINK:**

- |   |   |
|---|---|
| 8 eggs ( <i>Vitamin A</i> )                     | 10 oz. salmon or halibut ( <i>Selenium</i> )                                |
| 1 cup cooked carrots ( <i>Beta-Carotene</i> )   | 1 cup walnuts ( <i>Copper</i> )   |
| 8 oranges ( <i>Vitamin C</i> )                  | 2 cups cooked lentils ( <i>Manganese</i> )                                  |
| 6 oz. canned tuna ( <i>Vitamin D</i> )          | 9 cups broccoli ( <i>Chromium</i> )   |
| 12 oz. almonds ( <i>Vitamin E</i> )             | 1.3 tomatoes ( <i>Lycopene</i> )  |
| 1/3 cup raw spinach ( <i>Vitamin K</i> )        | 0.4 cup cooked carrots ( <i>Alpha-Carotene</i> )                            |
| 16 cups peas ( <i>Thiamin</i> )                 | 100g yellow corn ( <i>Zeaxanthin</i> )                                      |
| 20 cups cooked spinach ( <i>Riboflavin</i> )    | 2–3 oz. wild salmon ( <i>Astaxanthin</i> )                                  |
| 7 oz. canned tuna ( <i>Niacin</i> )             | 1 cup green peas ( <i>Lutein</i> )  |
| 20 cups cooked soybeans ( <i>Vitamin B6</i> )   | 10 tbsp. soybean oil ( <i>other Tocopherols</i> )                           |
| 9 cups raw lettuce ( <i>Folate</i> )            | 2–3 oz. wild salmon ( <i>Marine Lipid Concentrate</i> )                     |
| 3 oz. clams ( <i>Vitamin B12</i> )              | 6 oz. rice ( <i>Molybdenum</i> )  |
| 3 cups cooked soybeans ( <i>Biotin</i> )        | 4 cups green tea ( <i>Catechins, Quercetin</i> )                            |
| 30 cups cauliflower ( <i>Pantothenic Acid</i> ) | 2 glasses red wine ( <i>Resveratrol, Grape Seed, Citrus Bioflavonoids</i> ) |
| 2 cups milk ( <i>Calcium</i> )                  | 0.3 cup soy milk ( <i>Isoflavones</i> )                                     |
| 5 oz. yellow corn ( <i>Phosphorous</i> )        | 350 cups cooked spinach ( <i>Alpha-Lipoic Acid</i> )                        |
| 2 baked potatoes with skin ( <i>Iodine</i> )    | 5 tbsp. canola oil ( <i>CoQ10</i> )   |
| 8 oz. tofu ( <i>Magnesium</i> )                 |   |
| 16 oz. turkey ( <i>Zinc</i> )                   |   |

**Note:** The number of servings indicated is necessary to equal single key antioxidants and other important nutrients found in LifePak Nano. Many of the foods selected are also sources of nutrients found in other foods chosen for this list. This list does not account for duplication of some nutrients.

\* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



g<sub>3</sub>

g<sub>3</sub> superfruit blend with lipocarotenes®

Taste g<sub>3</sub>—the superfruit juice that is validated by science with an abundance of cellular rejuvenation and immune support. Deliciously sweet, yet slightly tart, g<sub>3</sub> delivers anti-aging nutrition to fortify your defenses against the effects of a modern world.\*

## Gấc, the key ingredient in g3, has long been prized by the people of Southern Asia for the longevity and vitality it promotes.

Scientists have found that gấc holds unusually rich concentrations of lipocarotenes—a matrix of carotenoids and fatty acids that enables a greater absorption of carotenoid antioxidants into your body.

In fact, gấc has many unique properties that are still being discovered—powers that may go beyond what ordinary fruits can provide. One taste of the gấc in g3, and you'll know why it's called the "fruit from heaven."

Combine gấc with three other superfruits—Chinese lycium (wolfberry), Siberian pineapple (sea buckthorn), and cili fruit—and you have a 100% natural juice product with powerful, targeted health benefits validated by science. Add g3 to your daily diet and experience the demonstrated difference it can make in how you feel each day.\*

### g3: THE PERFECT BEAUTY BEVERAGE

Every day we battle natural forces that cause our bodies and skin to age. g3 features a unique blend of highly bioavailable carotenoids—lipocarotenes, which help prevent future signs of skin aging. This anti-aging beverage also contains a significant amount of vitamin C, which helps prevent elastin and collagen breakdown.

## IT'S ALL IN THE SCIENCE

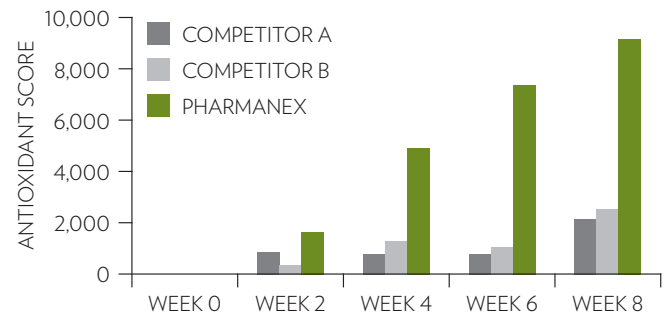
- :: Lipocarotenes® in g3 make antioxidants easier to absorb.\*
- :: g3 helps rejuvenate cellular function, promotes a healthy immune system, and supports eye, vascular, and prostate health.\*
- :: g3 is guaranteed to raise your Skin Carotenoid Score when taken as directed.\*
- :: g3 supplies a wealth of antioxidants that help protect your DNA and may help slow the common effects of aging.\*



"I love g3! After a glass in the morning I feel ALIVE, MOTIVATED and ENERGIZED!"

—Tanya Faux, World Champion Whitewater Kayaker

### G3 INCREASES SCANNER SCORES FOUR TIMES MORE THAN COMPETITOR JUICES.



#### Gấc superfruit blend.

The nutrient-rich juice from the prized gấc "superfruit" of Southern Asia contains ingredients that have been scientifically demonstrated to improve cellular function. Among gấc's potent phytonutrients is a unique and highly bioavailable form of carotenoids called lipocarotenes® that provide powerful antioxidant protection while supporting healthy immune function. g3 has a refreshing flavor that is deliciously sweet, slightly tart, and can be enjoyed daily by everyone in the family.\*

2 25 oz. bottles

Item 48 003648 R 1,036.75

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

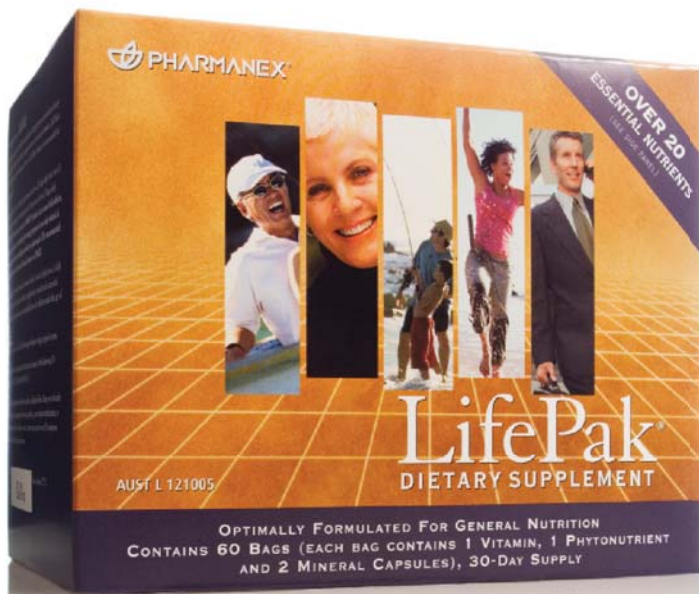




# NUTRITIONALS

customized products

Pharmanex has created comprehensive supplements to provide the body with optimal levels of important vitamins, minerals, and antioxidants.



**LIFEPAK®**

**Anti-aging formula.\***  
 LifePak is a comprehensive dietary supplement of important antioxidants, phytonutrients, vitamins, minerals, and other metabolic cofactors that help promote longevity, wellness, and vitality. The benefits of LifePak include powerful antioxidant protection, immune system support, cardiovascular support, comprehensive bone nutrition, and anti-aging benefits.\* Includes key ingredient innovations such as resveratrol polyphenols and an improved vitamin E blend.

60 packets, 30 day supply  
 Item 48 003680 R 950.95



**LIFEPAK® TEEN**

**For adolescents.**  
 LifePak Teen is a comprehensive dietary supplement that protects and nourishes growing bodies between the ages of 9–18 with a broad spectrum of antioxidants, vitamins, minerals, and trace elements providing optimum amounts of bone-building calcium and magnesium.\*

120 tablets, 30 day supply  
 Item 48 003421 R 356.07



**MARINEOMEGA**

**Omega-3 with krill oil.**  
 MarineOmega is a dietary supplement conveniently formulated to provide an optimal level of 1200 mg/day of ultra-pure omega-3 fatty acids and krill oil rich in EPA and DHA for optimal health and wellness, including helping to maintain normal heart function, brain function, immune health, and joint health.\*

120 softgels, 30 day supply  
 Item 48 003536 R 592.02

\* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.





## SOLUTIONS

formulated to meet the demands of everyday life

Today's lifestyles demand more from our bodies than ever before. Pharmedex® Solutions products contain only the purest, highest quality ingredients in safe and optimal amounts. Each provides targeted nutrients our bodies need to keep up with our daily routines—providing real life solutions for real life demands.

### CORDYMAX® CS-4®

#### Vitality and stamina.\*

Inspired by *Cordyceps sinensis*, a rare mushroom found in the Tibetan high plateau, CordyMax Cs-4 contains the highest concentration of active constituents available. Proven to be clinically effective, it aids in restoring energy, promoting longevity, enhancing stamina and vitality, and improving the quality of life, while reducing fatigue.\*

120 capsules, 20–30 day supply  
Item 48 003441 R 341.77

### CORTITROL®

#### Cortisol management.\*

Scientific evidence shows that maintaining normal levels of cortisol supports various aspects of human health. Cortitrol helps encourage calming and relaxing effects with TheaPure® and other natural ingredients scientifically shown to promote cortisol balance and support your ability to respond to situations more calmly.\*

60 capsules, 30 day supply  
Item 48 003518 R 547.69

### TĒGREEN 97®

#### Cell protection.\*

Catechins found naturally in green tea support healthy cell function and help protect cell structures, including DNA, by neutralizing potentially harmful free radicals. Each Tēgreen 97 capsule has the catechin equivalent of approximately seven cups of green tea, but is 99.5% caffeine free, making it one of the most potent antioxidant supplements on the market.\*

30 capsules  
Item 48 003440 R 227.37



### OVERDRIVE®

**Performance enhancement.\***  
Specially designed for individuals who engage in physical exercise, OverDrive supports multiple aspects of exercise performance and recovery. OverDrive provides a blend of B-vitamins, antioxidants, mineral cofactors, proteolytic enzymes, and unique electrolytes for normal energy metabolism promotion and post-exercise muscle recovery.\*

60 capsules, 30 day supply  
Item 48 003148 291.72

### NIGHTTIME FORMULA

**Promotes a restful night's sleep.\***  
Night Time Formula is an exclusive blend of high quality standardized extracts, including melatonin, valerian, passion flower, and TheaPure® to promote normal sleep cycles.\*

60 capsules, 30-60 day supply  
Item 48 003516 R 296.01



# PHARMANEX SCIENCE



## 100+ SCIENTISTS STAND BEHIND OUR PRODUCTS

Scientifically innovative, Pharmanex is THE DIFFERENCE. DEMONSTRATED.® Our innovative, quality product formulations and technologies are developed through collaboration and partnership with leading research institutions.

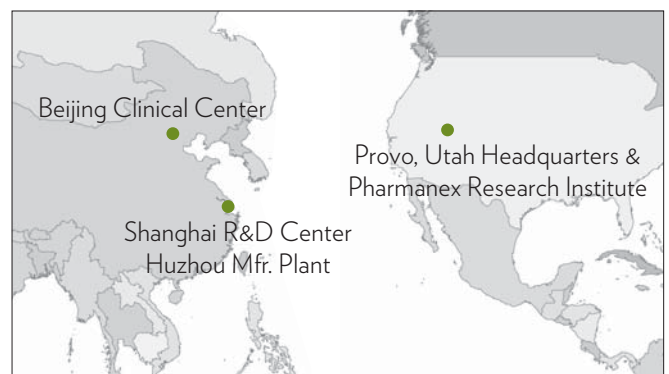
Pharmanex has always been based on science, and we believe that it's not science if you can't demonstrate it. The Pharmanex® BioPhotonic Scanner utilizes a revolutionary, clinically proven technology that demonstrates how well your supplements are working. No other company in the world can provide you with such a powerful tool that lets you demonstrate the difference for yourself.

A team of in-house scientists and a Scientific Advisory Board of some of the greatest minds in the scientific world demonstrate the Pharmanex commitment to research and development. Plus, we collaborate with 32 scientific institutions in conducting critical research, and we have three excellent internal research centers following a strict regimen of quantifiable product development standards called the 6S Quality Process. This diverse network promotes penetrating and clear-sighted discovery throughout every stage of the development process—producing some of the finest nutritional products and technologies in the industry.

We bring a passion for innovation and knowledge to everything we do. We are dedicated to helping people build healthier, more productive lives by providing the most effective products in the world. We truly demonstrate the difference in the supplement world.



PHARMANEX SCIENTIFIC ADVISORY BOARD



PHARMANEX R&D CENTERS

# 6S QUALITY PROCESS

The Pharmanex® 6S Quality Process involves a complex set of highly integrated activities that ensures every Pharmanex® product is absolutely safe and effective.

## 1. SELECTION

Teams of experts around the world exhaustively compile both historical and current intelligence about ingredients. Only those that pass extensive criteria for authenticity, efficacy, and safety are considered for use.

## 2. SOURCING

Once a selection is made, our experts travel the globe to investigate potential commercial sources. Pharmanex does not rely on vendors for quality assurance; we conduct our own evaluation of raw material sources for quality, concentration of active ingredients, and year-round availability in commercial quantities.

## 3. STRUCTURE

Our scientists carefully analyze the chemical structures of compounds found in natural products to identify not only the active constituents, but also any potentially unsafe compounds. This provides a “chemical fingerprint” to guide consistent manufacturing.

## 4. STANDARDIZATION

Although wide variations in active ingredients are characteristic of most natural products, each Pharmanex product contains the guaranteed amount of active ingredients. This is achieved through strict, often proprietary standardization processes. The end product ensures consistent quality.

## 5. SAFETY

Pharmanex sets the highest standards in the industry for product safety by conducting our own extensive safety studies against all available relevant data. Pharmaceutical-grade testing for the presence of microbes, pesticides, and heavy metals is conducted for all products from beginning to end.

## 6. SUBSTANTIATION

Pharmanex makes product claims that are substantiated by documented pre-clinical and clinical studies. Our adherence to documented proof instead of anecdotes differentiates Pharmanex from other supplement companies.



For more information about the Nu Skin ingredient glossary or the Professional Advisory Board, please visit [www.nuskin.com](http://www.nuskin.com).

For more information about the Pharmanex ingredient glossary or the Scientific Advisory Board, please visit [www.pharmanex.com](http://www.pharmanex.com).



# A CULTURE OF GIVING

NU SKIN'S CULTURE OF GIVING UNITES THE NU SKIN FAMILY OF DISTRIBUTORS, CUSTOMERS, AND EMPLOYEES IN INNOVATIVE HUMANITARIAN EFFORTS THAT MULTIPLY THE COMPANY'S ABILITY TO NOURISH AND EMPOWER CHILDREN AROUND THE WORLD.