

THE DIFFERENCE BEGINS WITH ME!



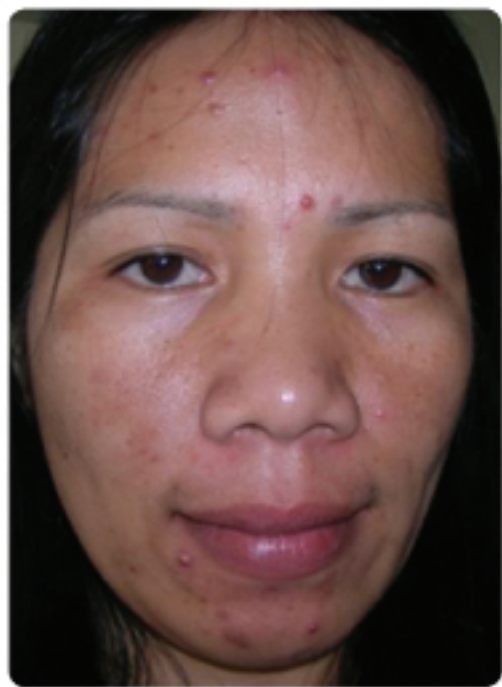
Busting Beauty Myths

Heard of several beauty myths that you don't know whether to believe or not? Here are some common ones and the truth behind them:

Washing your face a lot of times in a day will keep your skin looking fresh and youthful: False. While washing your face every morning and night is a must, over-washing more than twice daily may strip away your skin's natural oils—making your face look dry and leading your skin to go into over-production of those oils, causing acne.

Toothpaste is a good alternative to treating pimples: False. Although some toothpastes have ingredients that can make pimples dry up faster, those same ingredients dry up the rest of the surrounding skin as well, while its other ingredients could lead to irritation. Stick to face care products when it comes to acne, and just use that toothpaste for its intended purpose—your teeth.

The harder you rub when cleaning your face, the better: False. The skin on your face is more sensitive than the rest of your body, so exerting a lot of force when washing or cleaning it with a cotton ball actually does more harm than good. Keep in mind that products will not be more effective using this manner—effective products work because of the ingredients that they contain. Try Nu Skin's ageLOC Transformation Set and ageLOC Galvanic Spa for a truly transformational experience. These revolutionary product offerings target aging at its source, preserving the look of youth and minimizing the signs of aging.



BEFORE



AFTER

By a chance encounter with my upline executive, I got to know about the wonderful ageLOC Galvanic Spa II System. I began using it for my body. Within 6 weeks, I lost 5 inches around my waist. I am very excited about my transformation and it gives me so much confidence as no amount of exercise can achieve this kind of result!

My confidence in the product grew and I started with the ageLOC Transformation along with the ageLOC Galvanic Spa II System. 2 months after, the skin on my face greatly improved! From my overall skin texture to firmness. Thank you Nu Skin!

Marie Mating, 38 years old, Entrepreneur, Philippines

Disclaimer: Individual results may vary