

Epoch® Polishing Bar



Product Overview

Polishes your skin while you cleanse. Containing Glacial Marine Mud and sisku'pas (ground bark)—used by Native Americans of the Pacific Northwest to smooth the skin—this soap-free, all-over deep cleanser effectively cleanses while helping slough off dead skin cells for a smooth, clean feeling.

Target Audience

For all men and women who desire a deep cleansing bar for the body with skin polishing benefits. Ideal for all skin types.

Benefits

- Sisku'pas (*Tsuga heterophylla*) effectively removes dirt, excess oil, and other impurities without the use of soap.
- Gently polishes skin, leaving it fresh, clean, and smooth.
- Features more than 50 skin beneficial minerals and trace elements found in Glacial Marine Mud for deep skin conditioning.
- Safety-allergy-dermatologist tested.
- A donation of \$0.25 from each Epoch product sold goes to the Nu Skin Force for Good Foundation, a nonprofit organization committed to creating a better world for children by improving human life, continuing indigenous cultures, and protecting fragile environments.

Key Ingredients

- **Sisku'pas (*Tsuga heterophylla*)**—the ground bark of a coastal conifer treasured by the Cowlitz tribe of the Pacific Northwest, this ingredient (known as sisku'pas by the Cowlitz people) was used for its skin buffing effects.
- **Epoch Glacial Marine Mud**—containing more than 50 skin beneficial minerals and trace elements, including zinc and sea botanicals, Glacial Marine Mud is obtained from a remote glacial estuary in the Pacific Northwest. It absorbs impurities from skin (dirt, dead cells, and excess oil) without robbing precious moisture. Legend has it that indigenous people may have tried to

make pottery from this special mud. They were unsuccessful because of the mud's fine particle size, but noticed their hands were softer and smoother.

Usage/Application

Apply in a gentle, rotating motion to dampened skin. Thoroughly rinse with warm water.

FYI

- The Cowlitz tribe used sisku'pas for bathing before and during hunting expeditions. They also braided the bark to create a scrub for bathing.
- Trees are not cut down to gather the bark; our suppliers use only the discarded pieces that would otherwise be wasted (all Epoch ethnobotanical ingredients come from renewable resources).
- Epoch Glacial Marine Mud is refined through an exclusive homogenization process to provide a highly absorbent mud with impeccable consistency. This mud draws out impurities, removes dead skin cells, and nurtures skin with more than 50 skin beneficial minerals and trace elements, including zinc and sea botanicals.

Complementary Products

- **Epoch Glacial Marine Mud**—draws out impurities and renews skin, leaving it smooth and soft. If you use Epoch Polishing Bar on your body, you will love Epoch Glacial Marine Mud on your face.
- **Perennial®**—this all-over body moisturizer is great to use after a bath or shower with Epoch Polishing Bar. It provides intense moisturization and maximizes the skin's defense against environmental elements so your skin remains comfortably soft and healthy looking year round.
- **Epoch Everglide Foaming Shave Gel**—a rich, lathering shave gel for both women and men that cushions skin against the harsh effects of everyday shaving, promoting a smooth, close, comfortable shave. Great for shaving legs.

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Frequently Asked Questions

What is the difference between Epoch Polishing Bar and Body Bar?

Body Bar is a cleansing bar for the whole family, while Epoch Polishing Bar is exclusively formulated for deep cleansing and smoothing. Epoch Polishing Bar contains the bark of the sisku'pas (*Tsuga heterophylla*) to help exfoliate and polish the skin so it is left soft, smooth, and clean.

What are the red/orange stripes in Epoch Polishing Bar?

The red/orange stripes in Epoch Polishing Bar are the bark from the sisku'pas tree.

Are trees cut down to harvest the bark?

No, trees are not cut down to gather the bark; our suppliers use only the discarded pieces that would otherwise be wasted (all Epoch ethnobotanical ingredients come from renewable resources).

Is Epoch Polishing Bar for use on the face or the body?

Epoch Polishing Bar is a great way to cleanse the body. Not only does it remove dirt and impurities, but it also leaves skin feeling soft. People with very oily skin may choose to use Epoch Polishing Bar to cleanse the face—teenage boys particularly seem to like it—although Nu Skin has many cleansers designed specifically for use on the face.

What does it mean to “polish” your skin?

Polishing refers to a gentle type of exfoliation that leaves skin smoother by removing dead skin cells on the surface of the skin.

Ingredients

Sodium Cocoyl Isethionate, Stearic Acid, Water, Sodium Isethionate, Mud (Glacial Marine), Tsuga Heterophylla (Sisku'pas), Triclocarban, Tocopherol, Ascorbyl Palmitate, Allantoin, Sodium Chloride, Fragrance, Titanium Dioxide, Iron Oxides.